# Statistics primer: Hypothesis testing

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### Foreword

the function of significance tests is to prevent you from making a fool of yourself, and not to make unpublishable results publishable [1]

at the end of the course, we will understand

Why Most Published Research Findings Are False. [3]

and will pledge to not make fools of ourselves too frequently.

### Statistical hypothesis testing

- Testing a working hypothesis
- Contrast an observed result to a *comparable* random distribution (assumptions!). If it is *different enough* from what we would expect by chance, then we might have an interesting result.

### The testing process

- 1. Set up a model of reality: null hypothesis  $H_0$  (no difference with random distribution; as opposed to alternative hypothesis  $H_1$ , there is a difference with random distribution)
- 2. Do an experiment, collect data
- 3. Compute the probability of the data in this model
- 4. Make a decision: reject  $H_0$  if the computed probability is deemed too small.

### Choosing a test statistic

- Continuous data (such as micro-array, quantitative proteomics,  $\dots$ ) and we want to compare means: t-test
- Count data (high-throughput sequencing) and we want to compare the number of reads between two conditions: negative binomial
- Gene set enrichment (is there an enrichment of genes with a specific function in my set of interesting genes): hypergeometric

Check what is used in the literature!

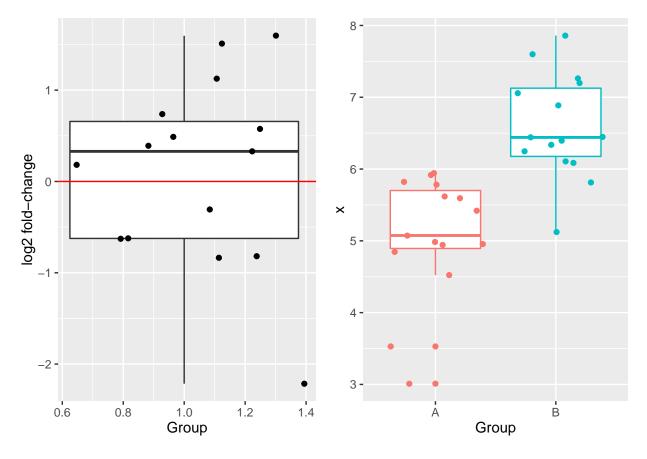
## Type of tests: (non-)parametric

- Parametric: assumption is that the data comes from a population that follows a probability distribution
- Non-parametric: no defined/fixed parameters

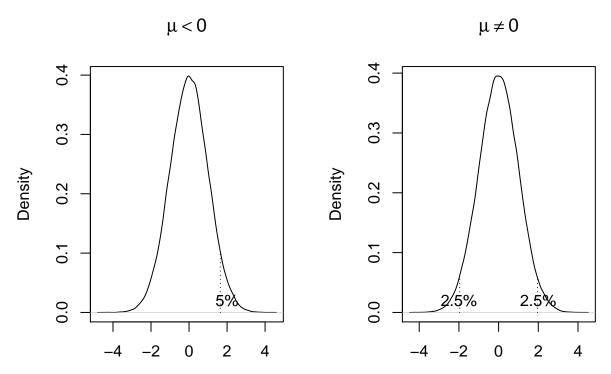
When assumptions are correct, a parametric test has more statistical power.

In practice, as most studies are under-powered, non-parametric tests are not an option.

## Types of tests: One-sample or two-sample tests

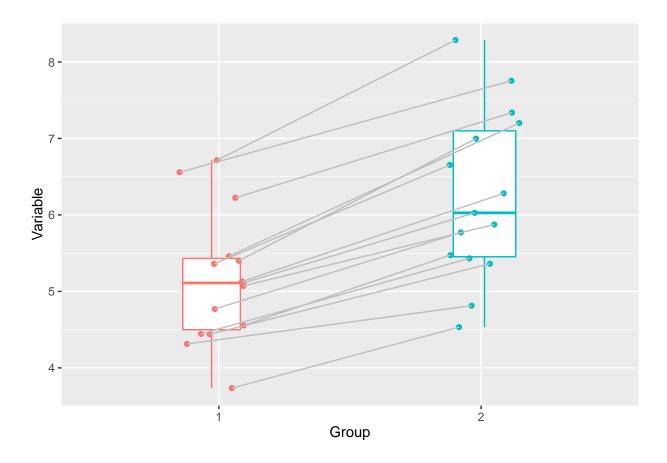


## One-sides vs two-sided tests



Types of tests: paired tests

Measurements in two conditions are paired.



## Working example: Student's t-test

Comparing means from 2 groups, continuous data.

- $H_0: \mu_1 = \mu_2$   $H_1: \mu_1 \neq \mu_2$

### Assumptions:

- data is normally distributed
- data are independent and identically distributed
- equal or un-equal (Welch test) variance
- t-test is robust to deviations.
- (All models are wrong. Some are useful)

# Welch test (t-test with unequal variances)

Two samples of sizes  $n_1$  and  $n_2$ 

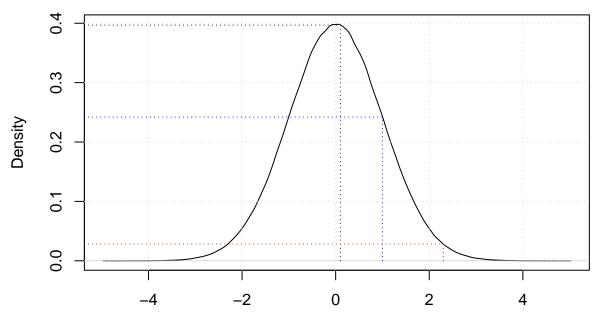
$$t = \frac{\bar{X_1} - \bar{X_2}}{s_{\bar{x_1} - \bar{x_2}}}$$

where

$$s_{\bar{x_1} - \bar{x_2}} = \sqrt{\frac{s_{x1}^2}{n_1} + \frac{s_{x2}^2}{n_2}}$$

How to we estimate how different we are from random

N(0, 1)



**p-value**: how (un)likely it would be to observe a value as extreme or more extreme under  $H_0$ .

### P-value

**p-value**: how (un)likely it would be to observe a value as extreme or more extreme under  $H_0$ .

If p-value  $\leq$  than (arbitrary) significance level  $\alpha$ , then we reject  $H_0$ .

### Avoid fallacy

The p-value is the probability that the data could happen, under the condition that the null hypothesis is true.

It is not the probability that the null hypothesis is true.

Absence of evidence  $\neq$  evidence of absence

### What can go wrong

	H0 is true	H0 is false
H0 is rejected	Type I error, FP	correct TP
H0 not rejected	correct TN	Type II error, FN

power of a test = 1 - type II

(FP: false positive, TP: true positive, FN: false negative, TN: true positive)

False discovery rate:  $\frac{FP}{FP+TP}$ 

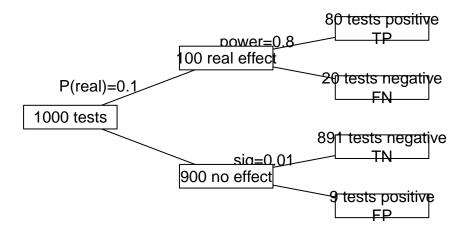
### In R

```
set.seed(1)
x \leftarrow rnorm(15, mean = 7, sd = 1)
y \leftarrow rnorm(15, mean = 5, sd = 1.2)
t.test(x, y)
##
##
    Welch Two Sample t-test
##
## data: x and y
## t = 5.4214, df = 27.998, p-value = 8.778e-06
## alternative hypothesis: true difference in means is not equal to 0
## 95 percent confidence interval:
## 1.259224 2.788685
## sample estimates:
## mean of x mean of y
## 7.100843 5.076888
```

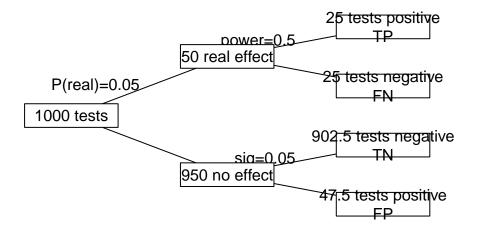
### But

Is the p-value really what we want? What is the probability that we make a fool of ourselves? What about the power of our test? Let's calculate a false positive rate.

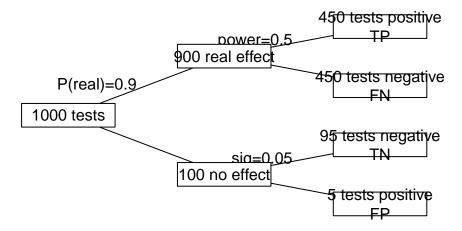
# False discovery rate: 9/(80+9) = 0.101

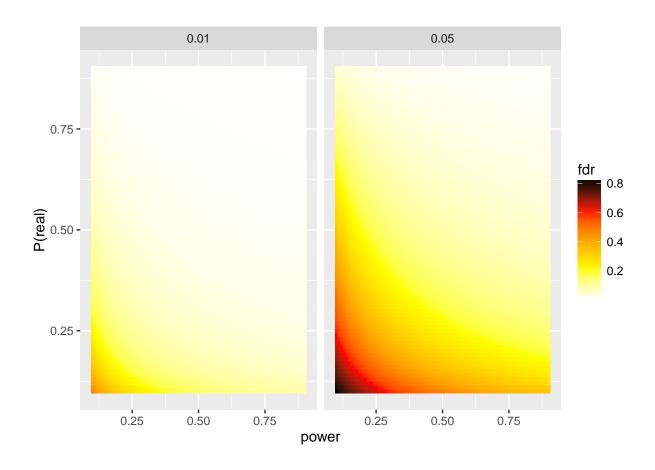


# False discovery rate: 47.5/(25+47.5) = 0.655



# False discovery rate: 5/(450+5) = 0.011

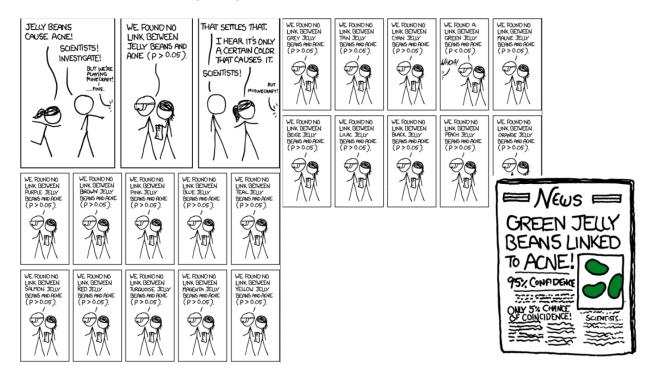




# Adjustment for multiple testing

A p-value informs us about a single test. What if we have 1000s or more tests?

## Jelly beans can cause (xkcd)



## Adjustment for multiple testing

A p-value informs us about a single test. What if we have 1000s or more tests?

As the number of comparisons increases, it becomes more likely that the some results will appear to differ by chance. Our confidence that a result will generalise to independent data should generally be weaker if it is observed as part of an analysis that involves multiple comparisons, rather than an analysis that involves only a single comparison.

For example, if one test is performed at the 5% level, there is only a 5% chance of incorrectly rejecting the null hypothesis if the null hypothesis is true. However, for 100 tests where all null hypotheses are true, the expected number of incorrect rejections is 5. If the tests are independent, the probability of at least one incorrect rejection is 99.4%. These errors are called **false positives** or Type I errors.

### Let's try it (1)

```
t.test(rnorm(5), rnorm(5))
```

```
##
## Welch Two Sample t-test
##
## data: rnorm(5) and rnorm(5)
## t = -0.28982, df = 7.1775, p-value = 0.7801
## alternative hypothesis: true difference in means is not equal to 0
## 95 percent confidence interval:
## -1.425908 1.113146
## sample estimates:
```

```
## mean of x mean of y ## 0.04253977 0.19892064
```

# Let's try it (1)

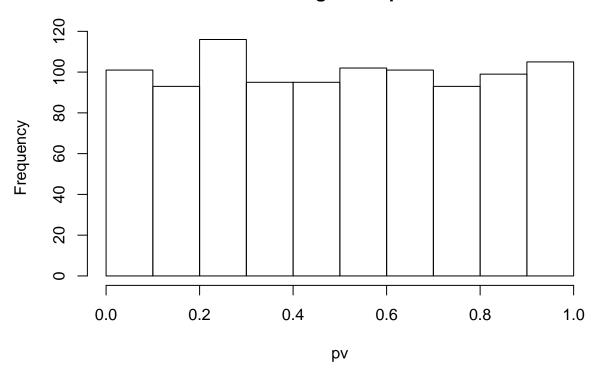
```
pv <- replicate(1000, t.test(rnorm(5), rnorm(5))$p.value)
head(sort(pv))</pre>
```

## [1] 0.001912827 0.002889056 0.002938096 0.003023485 0.003048599 0.003616450

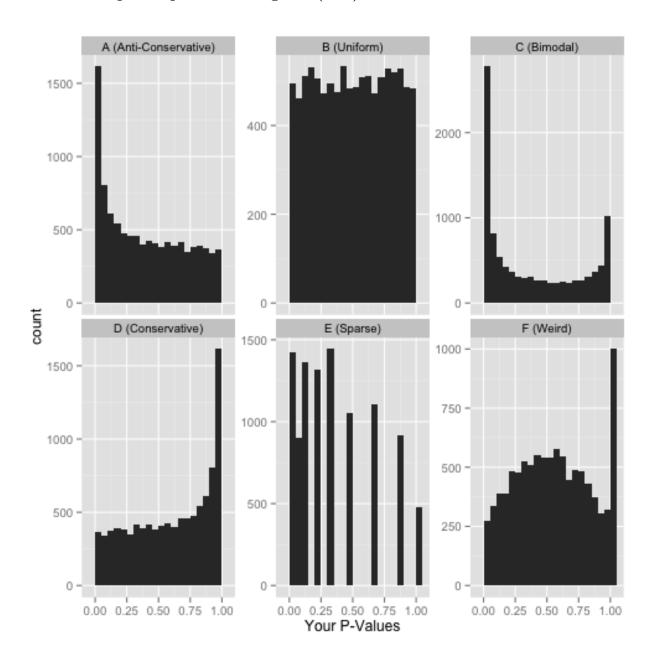
```
table(pv < 0.05)
```

```
## ## FALSE TRUE ## 956 44
```

# Histogram of pv



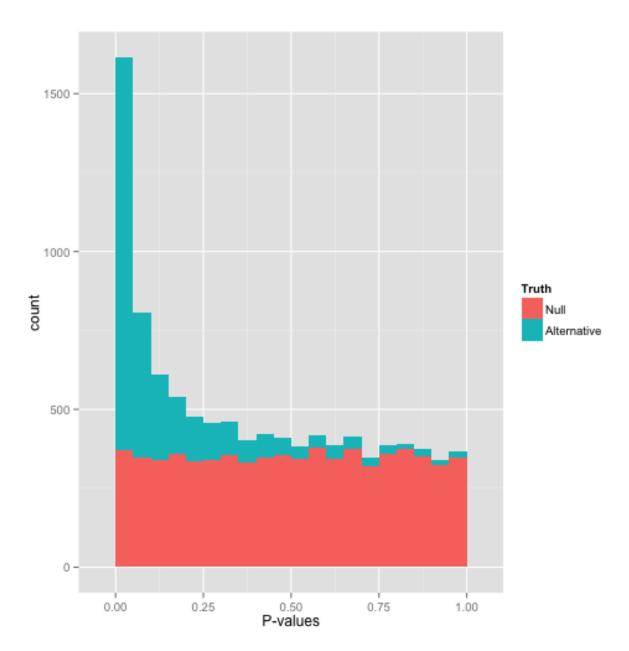
## How to interpret a p-value histogram (link)



### Adjusting for multiple comparisons

- Family-wise error rate (FWER) The probability of one or more false positives. Bonferroni correction For m tests, multiply each p-value with m. Then see if anyone still remains below  $\alpha$ .
- False discovery rate (FDR): The expected fraction of false positives among all discoveries.

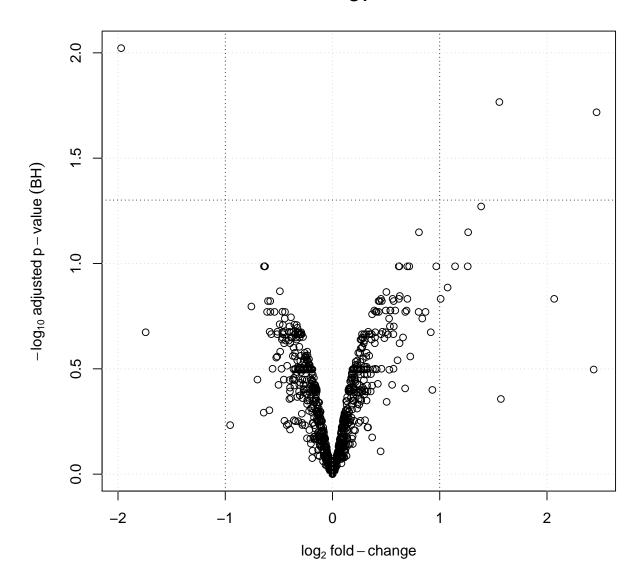
## FDR adjustment



Observed p-values are a mix of samples from a uniform (nulls) and anti-conservative (alternatives) distributions.

# Identifying positive candidates

Volcano plots: (adjusted) p-values vs effect size (fold-change)



## Why are most published research findings false

- fishing for p < 0.05 (p-hacking)
- under-powered studies
- poor data analysis practice

### Also

- Omitting null results
- Under-specified methods
- Weak experimental design

(see also the Reproducibility and the conduct of research)

### What can we do

- Beware of **arbitrary thresholds**, look for **outliers**: does changing one parameter suddenly change your biological results substantially?
- Consider **p-value and effect** (for example volcano plot).
- Look at confidence intervals.
- Beware of under-powered studies.
- Read up what is best in your field (there is some great work out there) for example the limma, edgeR, DESeq2 Bioconductor packages.
- Even if we don't see any effect, doesn't mean there is none. Significance testing is not a way to make unpublishable results publishable.

### References

- [1] David Colquhoun An investigation of the false discovery rate and the misinterpretation of p-values R. Soc. open sci. 2014 1 140216; doi:10.1098/rsos.140216.
- [2] Regina Nuzzo Scientific method: Statistical errors 2014 Nature 506, 150–152 doi:10.1038/506150a
- [3] Ioannidis JPA Why Most Published Research Findings Are False. 2015 PLoS Med 2(8): e124. doi: 10.1371/journal.pmed.0020124.
- [4] Statistics for biologists web collection.