

Academic Support

It can take some time to adjust to University academics. Now that you've experienced a set of midterms and completed some projects, consider if you might need support with your academics for the remainder of the year. Services that can help make school less stressful are available - whether you need someone to talk to, study tips, a math tutor, or feedback on your writing.

Academic Supports

- Reach out to the <u>Academic Success Centre</u> for accommodations and academic supports.
- Find a tutor through the <u>Infolink tutor registry</u>
- Talk with peers about managing student life through the <u>Peer Support</u> <u>Centre.</u>
- Care for stressors with support from Social Workers from <u>Wellness</u> <u>Supports</u>.
- Develop your writing with help from <u>Writing Services</u>
- Get 100 and 200-level Math and Stats tutoring with the <u>Decima Robinson</u> Support Centre

For more information on supports visit the **Student Service Centre**

