Personal Care Products

Collection date of personal care product information:	
	(DD-MM-YYYY)

PERSONAL CARE PRODUCTS

How often does the participant use...

	Usually (>4 days a week)	Sometimes (1-4 days a week)	Rarely (< 3 days a month)	Never
Waterless hand sanitizer?	\circ	\circ	\circ	\circ
Liquid soaps that are not antibacterial?	0	0	0	0
Antibacterial liquid soaps?	\bigcirc	\circ	\circ	\circ
Deodorant or antiperspirant?	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Bug repellent?	\bigcirc	\circ	\circ	\bigcirc
Hair shampoo?	\bigcirc	\circ	\circ	\bigcirc
Hair conditioner?	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Hair dye?	\bigcirc	\bigcirc	\circ	\bigcirc
Hair spray?	\circ	\circ	\circ	\bigcirc
Gels, mousse, or other hair styling products?	0	0	0	0
Anti-aging or overnight creams?	\circ	\circ	\bigcirc	\circ
Facial cleansers, facial masks or deep cleansers?	0	0	0	0
Hand or body creams?	\circ	\circ	\circ	\circ
Commercial sunscreen?	\bigcirc	\circ	\circ	\bigcirc
Foundation makeup?	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Mascara?	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Chapstick, lip balm, or lipstick?	\bigcirc	\bigcirc	\circ	\bigcirc
Nail polish?	\circ	\circ	\circ	\bigcirc
Bath oil or gel?	\circ	\circ	\circ	\bigcirc
Aftershave (lotion, balm, or cologne)?	0	0	0	0
Fragrances, such as perfume?	\circ	\circ	\bigcirc	\circ
Contact lens solutions or eye drops?	0	0	0	0
Nasal sprays?	\bigcirc	\circ	\circ	\circ
Ear drops or ear wax removal products?	0	0	0	0

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Feminine hygiene products (e.g. sanitary pads; tampons)?

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Personal Care Products $\,$ - Instrument Version 2.0 Released September 2022 H3ABioNet & H3Africa Phenotype Standards

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05-09-2022 13:40