

Collection date for developmental milestones:

(DD-MM-YYYY)

## DEVELOPMENTAL MILESTONES

### Gross Motor Milestones

Is the participant able to sit unsupported?

- ☐ Yes  
☐ No  
☐ Not anymore

At what age did the participant first sit unsupported?

(Years)

At what age did the participant first sit unsupported?

(Months)

Is the participant able to crawl?

- ☐ Yes  
☐ No  
☐ Not anymore

At what age did the participant first crawl?

(Years)

At what age did the participant first crawl?

(Months)

Is the participant able to walk unassisted?

- ☐ Yes  
☐ No  
☐ Not anymore

At what age did the participant first walk unassisted?

(Years)

At what age did the participant first walk unassisted?

(Months)

### Fine Motor Milestones

Is the participant able to dress themselves?

- ☐ Yes  
☐ No  
☐ Not anymore

At what age could the participant dress themselves?

(Years)

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At what age could the participant dress themselves?

\_\_\_\_\_  
(Months)

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Social / Language Milestones

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Is the participant able to smile when prompted?

- ☐ Yes  
☐ No  
☐ Not anymore
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At what age did the participant smile when prompted?

\_\_\_\_\_  
(Years)

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At what age did the participant smile when prompted?

\_\_\_\_\_  
(Months)

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Is the participant able to speak with words?

- ☐ Yes  
☐ No  
☐ Not anymore
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At what age did the participant say their first words?

\_\_\_\_\_  
(Years)

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At what age did the participant say their first words?

\_\_\_\_\_  
(Months)

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Is the participant's speech intelligible (would a foreign speaker e.g. someone that doesn't live with the participant, understand the participant)?

- ☐ Yes  
☐ No  
☐ Not anymore
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Developmental Milestones - Instrument Version 2.0 Released September 2022  
H3ABioNet & H3Africa Phenotype Standards