

Variable	Description
Height	The height of the individual in centimeters.
Weight	The weight of the individual in kilograms.
Blood Pressure	Blood pressure (systolic/diastolic) in mmHg.
Cholesterol Level	Cholesterol level in milligrams per deciliter.
BMI	Body Mass Index, calculated from height and weight.
Blood Glucose Level	Blood glucose level in milligrams per deciliter.
Bone Density	Bone density in grams per square centimeter.
Vision Sharpness	Vision sharpness on a scale from 0 (blurry) to 100 (perfect).
Hearing Ability	Hearing ability in decibels.
Physical Activity Level	Categorized as 'Low', 'Moderate', or 'High'.
Smoking Status	Categorical values including 'Never', 'Former', and 'Current'.
Alcohol Consumption	Frequency of alcohol consumption.
Diet	Type of diet, categorized as 'Balanced', 'High Protein', 'Low Carb', etc.
Chronic Diseases	Presence of chronic diseases (e.g., diabetes, hypertension).
Medication Use	Usage of medication.
Family History	Presence of family history of age-related conditions.
Cognitive Function	Self-reported cognitive function on a scale from 0 (poor) to 100 (excellent).
Mental Health Status	Self-reported mental health status on a scale from 0 (poor) to 100 (excellent).
Sleep Patterns	Average number of sleep hours per night.
Stress Levels	Self-reported stress levels on a scale from 0 (low) to 100 (high).
Pollution Exposure	Exposure to pollution measured in arbitrary units.
Sun Exposure	Average sun exposure in hours per week.
Education Level	Highest level of education attained.
Income Level	Annual income in USD.
Age	The target variable representing the age of the individual.