

The FREQ Procedure

Gender	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Female	1511	50.37	1511	50.37
Male	1489	49.63	3000	100.00

activity_level	Frequency	Percent	Cumulative Frequency	Cumulative Percent
High	691	23.03	691	23.03
Low	902	30.07	1593	53.10
Moderate	1407	46.90	3000	100.00

Smoking_Status	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Current	793	26.43	793	26.43
Former	1181	39.37	1974	65.80
Never	1026	34.20	3000	100.00

Alcohol_Consumption	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Frequent	742	24.73	742	24.73
None	1201	40.03	1943	64.77
Occasional	1057	35.23	3000	100.00

Diet	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Balanced	1183	39.43	1183	39.43
High-fat	662	22.07	1845	61.50
Low-carb	605	20.17	2450	81.67
Vegetarian	550	18.33	3000	100.00

The FREQ Procedure

Chronic_Diseases	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Diabetes	532	17.73	532	17.73
Heart Disease	493	16.43	1025	34.17
Hypertension	676	22.53	1701	56.70
None	1299	43.30	3000	100.00

Medication_Use	Frequency	Percent	Cumulative Frequency	Cumulative Percent
None	1198	39.93	1198	39.93
Occasional	739	24.63	1937	64.57
Regular	1063	35.43	3000	100.00

Family_History	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Diabetes	645	21.50	645	21.50
Heart Disease	453	15.10	1098	36.60
Hypertension	451	15.03	1549	51.63
None	1451	48.37	3000	100.00

Mental_Health_Status	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Exce	439	14.63	439	14.63
Fair	1009	33.63	1448	48.27
Good	1073	35.77	2521	84.03
Poor	479	15.97	3000	100.00

Sleep_Patterns	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Excessive	428	14.27	428	14.27
Insomnia	1053	35.10	1481	49.37
Normal	1519	50.63	3000	100.00

The FREQ Procedure

Income_Level	Frequency	Percent	Cumulative Frequency	Cumulative Percent
High	861	28.70	861	28.70
Low	916	30.53	1777	59.23
Medium	1223	40.77	3000	100.00

Education_Level	Frequency	Percent	Cumulative Frequency	Cumulative Percent
High School	883	29.43	883	29.43
None	627	20.90	1510	50.33
Postgraduate	606	20.20	2116	70.53
Undergraduate	884	29.47	3000	100.00