



Simply Guacamole

This is so easy and so good. It's always the hit of the party and it's gone before anything else on the table.

Submitted by **Paulina** |

Prep Time: 25 mins

Total Time: 25 mins

Servings: 20

Yield: 5 cups

Ingredients

5 avocados - peeled, pitted, and mashed

2 tablespoons fresh lemon juice

$\frac{3}{4}$ cup minced green onion

$\frac{1}{2}$ cup minced fresh cilantro

salt and pepper, to taste

Directions

Step 1

Stir together the avocado and lemon juice in a serving bowl; add the green onion and cilantro; mix well. Season with salt and pepper. Serve immediately or store covered in refrigerator with avocado pits in the bowl to keep from browning.

Nutrition Facts

Per serving: 82 calories; total fat 7g; saturated fat 1g; sodium 5mg; total carbohydrate 5g; dietary fiber 4g; total sugars 1g; protein 1g; vitamin c 7mg; calcium 10mg; iron 0mg; potassium 262mg