



FORCED

You have a right to choose...

If you or someone you know is being forced into a marriage, contact the FORCED MARRIAGE UNIT

Call 020 7008 0151

9am - 5pm Monday to Friday

Email fmu@fco.gov.uk

The Forced Marriage Unit offers confidential support and information. Confidential advice is also available from a large network of support groups, including the Police, the National Domestic Violence Helpline and women's refuges nationwide.

Waxa aad leedahay xuquuq aad wax ku dooran karto...

Haddii adiga ama qof aad garaneyso guur lagu qasbo, la xiriir QAYBTA GUURKA QASABKA AH.

Wac 020 7008 0151

inta u dhaxeysa 9:00 subaxnimo ilaa 5:00 galabnimo Isniin ilaa Jimce

Email fmu@fco.gov.uk

Waxaa kale oo laga heli karaa talo qarsoodi ah kooxo badan oo kuwa wax taageero ah, oo ay ku jiraan Booliiska, Qadka caawimaadda Qaranka eeRabshadaha Bulshada Lidka ku ah, iyo megengelyada dumarka wadanka oo dhan.