

# README - 8 Week Plan for Cursor

## How to Use These Documents with Cursor

**Created:** January 26, 2025

**For:** Rocky Web Studio AI-First Development

**Status:** Week 1 Complete  | Weeks 2-8 Ready

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## Documents Created for You

### 1. 8\_WEEK\_PLAN\_Corrected.md (Main Implementation Plan)

**Purpose:** Complete roadmap from now through 8 weeks

**Status:**  Corrected and implementation-ready

#### What it contains:

- Week-by-week breakdown (Weeks 2-8)
- Specific tasks with time estimates
- Files to create/modify
- Acceptance criteria for each task
- Protection rules to prevent breaking changes
- Corrected database schemas (UUID-based, matches existing patterns)
- Implementation notes aligned with current codebase

#### How to use with Cursor:

- Open the document in Cursor
- Copy/paste a week's tasks into your planning tool
- Use as checklist during implementation
- Reference protection notes before modifying files
- Keep open while coding

#### Key Corrections Made:

-  Uses existing case studies schema (from `docs/SUPABASE_CASE_STUDIES_SCHEMA.md` )
  -  All tables use UUID (consistent with existing tables)
  -  Timestamps use TIMESTAMPTZ (not TIMESTAMP)
  -  Includes admin authentication notes
  -  Matches current codebase patterns
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### 2. CURSOR-PROTECTION-GUIDE.md (Critical!)

**Purpose:** Save you from accidentally breaking working features

**Status:**  Complete protection guide

#### What it contains:

- List of untouchable files (currently live)
- What NOT to do with each file
- Testing procedures before every commit
- Recovery instructions if something breaks
- Quick command reference
- Emergency recovery procedures

#### How to use with Cursor:

- **Read this FIRST** before modifying any existing code
- Before touching any file, check if it's in the "DO NOT MODIFY" list

- Use the testing checklist before every git commit
  - Reference the recovery section if something breaks
  - Keep this window open while coding
- 

### 3. 8\_WEEK\_PLAN\_ANALYSIS.md (Deep Dive Analysis)

**Purpose:** Detailed analysis of plan discrepancies and recommendations

**Status:**  Analysis complete

#### What it contains:

- Comprehensive analysis of original plan vs current codebase
- All discrepancies found
- Recommendations by priority (High/Medium/Low)
- Questions for clarification
- Codebase alignment notes

#### How to use:

- Reference if you want to understand why corrections were made
  - Review recommendations before making decisions
  - Use as technical reference
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### 4. 8\_WEEK\_PLAN\_SUMMARY.md (Executive Summary)

**Purpose:** Quick reference for key findings

**Status:**  Summary complete

#### What it contains:

- Quick findings (what's correct, what needed fixing)
- Key recommendations
- Critical files status
- Questions for clarification
- Next steps

#### How to use:

- Quick reference before starting work
  - Share with team/engineers for alignment
  - Use for planning discussions
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## Step-by-Step Workflow

### Before Starting Each Week

#### 1. Open 8\_WEEK\_PLAN\_CORRECTED.md

- Read the specific week's tasks
- Understand what files you'll create vs modify

#### 2. Check CURSOR-PROTECTION-GUIDE.md

- Verify any existing files you'll touch
- Read the protection rules for those files

#### 3. Create a git branch:

```
git checkout -b week-X-feature-name
```

Example: `git checkout -b week-4-case-studies-db`

## While Implementing Each Task

1. **Create new files freely** (new files are safe)
2. **If modifying existing files:**
  - Check if it's in the protection guide
  - Create backup: `git stash` or backup branch
  - Make changes carefully
  - Test: `npm run dev`
  - Verify no errors
3. **Follow the acceptance criteria** in the plan
4. **Run testing checklist** before committing (see below)

## Before Each Commit

1. **Run TypeScript check:**

```
npm run build
```

Expected: No errors

2. **Run local development:**

```
npm run dev
```

Expected: Server starts without errors

3. **Test the feature** you modified

- Visit the page/feature
- Test functionality
- Verify it works as expected

4. **Check browser console** (F12 → Console)

- Expected: No red errors (warnings usually okay)

5. **If modified layout/styles:**

- Run Lighthouse (F12 → Lighthouse → Generate Report)
- Check: Accessibility >90, Performance >91

6. **Review git changes:**

```
git status  
git diff
```

Verify: What files are changing? Are any protected files modified?

7. **Then commit:**

```
git commit -m "feat(scope): description"
```

Format: type(scope): description  
Types: feat , fix , docs , style , refactor , test , a11y

#### 8. Then push:

```
git push origin week-X-feature-name
```

## Quick Reference

### Week 2 (Next - Testing & Refinement)

**Tasks:** Testing, performance optimization, documentation

**Time:** 7 hours total

**Risk Level:**  Low (mostly reading/testing/documentation)

**Files:** Only documentation updates

**Start with:** 8\_WEEK\_PLAN\_CORRECTED.md → Week 2.1

#### Key Tasks:

- Manual testing & validation (3h)
- Performance optimization (2h)
- Documentation review & updates (2h)

### Week 3 (Case Study - AI Assistant)

**Tasks:** Second case study development

**Time:** 7 hours total

**Risk Level:**  Low (creating new files)

**Files:** New case-studies/ai-assistant/ files + screenshots

**Start with:** 8\_WEEK\_PLAN\_CORRECTED.md → Week 3.1

#### Key Tasks:

- Planning & documentation (2h)
- Case study development (4h)
- PDF generation (1h)

### Weeks 4-8 (Database Features, Admin UI, Optimization)

**Tasks:** Case studies database, admin UI, testimonials, leads, tender, optimization

**Time:** 30+ hours total

**Risk Level:**  Medium-High (creating many new features)

**Files:** Mix of new files and some modifications

**Start with:** 8\_WEEK\_PLAN\_CORRECTED.md → Week 4+

#### Key Tasks:

- Week 4: Database schema + admin UI (10h)
- Week 5: Testimonials system (6h)
- Week 6: Contact forms & lead capture (5h)
- Week 7: Tender submission (3h)
- Week 8: Optimization & scaling (6h)

## Critical Rules

## 1. Never Modify These Without Extreme Care

### ● Critical Files (DO NOT BREAK):

- `app/api/ai-assistant/route.ts` - Chat API endpoint
- `components/AIAssistantWidget.tsx` - Chat widget component
- `lib/clause.ts` - Claude API integration
- `app/layout.tsx` - Widget integration point
- `supabase/migrations/*.sql` - Database migrations (never revert)
- `.env.local` / Vercel env vars - Secrets and configuration

If you absolutely must modify these:

1. Read `CURSOR-PROTECTION-GUIDE.md` (the specific file section)
2. Create a backup branch: `git checkout -b backup-feature-name`
3. Make one small change at a time
4. Test immediately: `npm run dev` → test feature
5. Only then continue

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## 2. Always Test Before Commit

### Mandatory Testing Checklist:

```
# 1. TypeScript check
npm run build

# 2. Local development
npm run dev

# 3. Browser testing
# - Visit modified page/feature
# - Test functionality
# - Check F12 → Console (no errors)

# 4. If modified layout/styles
# - Run Lighthouse (F12 → Lighthouse)
# - Check scores (Accessibility >90, Performance >91)

# 5. If modified anything global
# - Test chat widget (visit homepage, click widget, send message)

# 6. Review changes
git status
git diff

# 7. Then commit
git commit -m "type(scope): description"
```

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## 3. If Something Breaks

### Quick Recovery Steps:

1. Check `CURSOR-PROTECTION-GUIDE.md` → "Emergency Recovery" section
2. Or: `git diff` (see what changed)
3. Or: `git checkout filename` (revert specific file)
4. Or: `git reset HEAD~1` (undo last commit, keeps changes)

5. Or: Restore from backup branch

6. Contact for help if unsure

#### Common Issues:

- Chat widget disappeared → Check `app/layout.tsx` (missing `<AIAssistantWidget />`?)
  - Chat not responding → Check `app/api/ai-assistant/route.ts` (API broken?)
  - TypeScript errors → Check `types/supabase.ts` (types outdated?)
  - Lighthouse dropped → Check colors/contrast, images, semantic HTML
- 

## 🎯 Success Formula

**Week 1 (Already Done) = Understanding the Codebase** ✅

**Weeks 2-8 = Building New Features Safely**

Following this plan means:

- ✅ Zero accidental breakage of working features
  - ✅ Smooth deployments every time
  - ✅ Type-safe code (100% TypeScript)
  - ✅ Accessible design (WCAG 2.1 AA)
  - ✅ Excellent performance (Lighthouse >91)
  - ✅ Complete features every week
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## 📞 Quick Help

**"I'm about to modify file X, is it safe?"**

- Check `CURSOR-PROTECTION-GUIDE.md` → Search for filename
  - If marked 🔴 = be very careful, read section first
  - If marked 🟡 = be cautious, test thoroughly
  - If not there = probably safe, but still test
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**"I got an error during npm run build"**

- Read the error message carefully
  - Check `CURSOR-PROTECTION-GUIDE.md` → "TypeScript Build Errors" section
  - Most likely: removed an import or changed a type
  - Fix: Add missing import or fix type
- 

**"The chat widget disappeared!"**

- Check `CURSOR-PROTECTION-GUIDE.md` → "Chat Widget Disappeared" section
  - Most likely: removed `AIAssistantWidget` from `app/layout.tsx`
  - Fix: `git checkout app/layout.tsx`
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**"Lighthouse score dropped"**

- Check `CURSOR-PROTECTION-GUIDE.md` → "Lighthouse Score Dropped" section
  - Most likely: changed colors or added heavy images
  - Fix: Run Lighthouse again to see which metric dropped, then fix
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**"I modified a protected file and something broke!"**

- Check `CURSOR-PROTECTION-GUIDE.md` → "Emergency Recovery" section
- Match your error to the symptom

- Follow the fix instructions
  - Verify: `npm run dev` → test feature
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## How to Read the Main Plan

Each week section in `8_WEEK_PLAN_CORRECTED.md` is formatted the same way:

```
WEEK X: FEATURE NAME
Dates: [ADJUST BASED ON TIMELINE] | Status: READY TO START

### X.1: Task Name (time estimate)
Goal: What we're trying to accomplish
Files to Create: List of new files
Files to Modify: List of existing files
(If modifying: reference CURSOR-PROTECTION-GUIDE.md)

Detailed instructions...

Output: What's complete when done
```

### Key Sections:

- **Goal:** What you're trying to achieve
  - **Files to Create:** New files (safe to create)
  - **Files to Modify:** Existing files (check protection guide first)
  - **Output:** What success looks like
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## Learning Tips

### For Cursor Users

1. **Paste the specific week's tasks into Cursor**
    - Let Cursor help you implement following the plan
  2. **Before accepting Cursor's code changes:**
    - Check if it modifies protected files
    - Verify it follows the acceptance criteria
    - Test before committing
  3. **Use Cursor's AI features:**
    - Ask Cursor to explain protected files before modifying
    - Use Cursor to generate new files (safer than modifying existing)
    - Let Cursor help with TypeScript types
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### For Developers

1. **Use `8_WEEK_PLAN_CORRECTED.md` as your sprint plan**
  - Break down week into daily tasks
  - Track progress with checkboxes
2. **Use `CURSOR-PROTECTION-GUIDE.md` before writing code**
  - Know what's safe to modify
  - Understand protection rules

- Know how to recover if something breaks

### 3. Use the testing checklist before every commit

- Don't skip steps
  - Verify everything works
  - Then commit with confidence
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## Document Relationships

```

8_WEEK_PLAN_CORRECTED.md (Main Plan)
  ↓ (references)
CURSOR-PROTECTION-GUIDE.md (Protection Rules)
  ↓ (protects)
Critical Files (app/api/ai-assistant/route.ts, etc.)

8_WEEK_PLAN_ANALYSIS.md (Deep Analysis)
  ↓ (informs)
8_WEEK_PLAN_CORRECTED.md (Corrected Plan)

8_WEEK_PLAN_SUMMARY.md (Quick Reference)
  ↓ (summarizes)
All Documents

```

### Workflow:

1. Start with `8_WEEK_PLAN_SUMMARY.md` (quick overview)
  2. Read `8_WEEK_PLAN_CORRECTED.md` (detailed plan)
  3. Reference `CURSOR-PROTECTION-GUIDE.md` (before modifying files)
  4. Use `8_WEEK_PLAN_ANALYSIS.md` (if you want technical details)
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## Final Notes

You've completed Week 1 successfully. 

These documents ensure the next 7 weeks are equally successful by:

-  Giving clear direction (what to build)
-  Protecting what works (don't break these files)
-  Providing safety nets (recovery instructions)
-  Setting quality standards (testing requirements)

**Follow the plan + Use the protection guide = Success.** 

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## Status Dashboard

Week	Status	Time Estimate	Risk Level	Start Document
Week 1	 Complete	7-11h	 Low	N/A
Week 2	 Ready	7h	 Low	8_WEEK_PLAN_CORRECTED.md → Week 2
Week 3	 Ready	7h	 Low	8_WEEK_PLAN_CORRECTED.md → Week 3
Week 4	 Ready	10h	 Medium	8_WEEK_PLAN_CORRECTED.md → Week 4
Week 5	 Ready	6h	 Medium	8_WEEK_PLAN_CORRECTED.md → Week 5

Week 6	<span style="color: blue;">●</span> Ready	5h	<span style="color: orange;">●</span> Medium	8_WEEK_PLAN_CORRECTED.md → Week 6
Week 7	<span style="color: blue;">●</span> Ready	3h	<span style="color: green;">●</span> Low	8_WEEK_PLAN_CORRECTED.md → Week 7
Week 8	<span style="color: blue;">●</span> Ready	6h	<span style="color: orange;">●</span> Medium	8_WEEK_PLAN_CORRECTED.md → Week 8

**Legend:**

- ✓ Complete
- ● Ready to start
- ● Needs attention
- ● Low risk
- ● Medium risk
- ● High risk

**Status:** Ready to Start Week 2

**Confidence:** 95% (corrected plan aligns with codebase)

**Next Action:** Read Week 2 section of `8_WEEK_PLAN_CORRECTED.md`

**YOU'VE GOT THIS.** 💪