Insert I Million Rows By Data Generator
Tools Like Spawner

all Tools and Scripts are attached on github repository: https://github.com/Ahm7dKhalifa/Database-Design

Table Scan With one Million Rows Example

Note To Remember : Product Table is Heap , and Dose Not Has Cluster Index

SELECT * FROM [dbo].[Product] WHERE ID = 666666

The Result as you see on The Next Image , Read and Load All Rows To Return Only One Row