Evaluation of machine learning methods for 16S rRNA gene data

Running title: Machine learning methods in microbiome studies
Begüm D. Topçuoğlu 1 , Nick Lesniak 1 , Jenna Wiens 2 , Mack Ruffin 3 , Patrick D. Schloss 1†
† To whom correspondence should be addressed: pschloss@umich.edu
Department of Microbiology and Immunology, University of Michigan, Ann Arbor, MI 48109 Department of Computer Science and Engineering, University of Michigan, Ann Arbor, MI 40106
2. Department of Computer Science and Engineering, University or Michigan, Ann Arbor, MI 49109
 Department of Family Medicine and Community Medicine, Penn State Hershey Medical Center Hershey, PA

Abstract

Machine learning (ML) modeling of the human microbiome has the potential to identify the microbial biomarkers and aid in diagnosis of many chronic diseases such as inflammatory bowel disease, diabetes and colorectal cancer. Progress has been made towards developing ML models that predict health outcomes from bacterial abundances, but rigourous ML models are scarce due to the flawed modeling methods that call into question the validity of developed ML models. Furthermore, the use of black box ML models has hindered the validation of microbial biomarkers. To overcome these challenges, we benchmarked seven different ML models that use fecal 16S rRNA sequences to predict the presence/absence of colorectal cancer (CRC) lesions (n=490 patients, 261 controls and 229 cases). To show the effect of model selection, we assessed the predictive performance, interpretability, and computational efficiency of the following models: L2-regularized logistic regression, L1 and L2 support vector machines (SVM) with linear and radial basis function 12 kernels, a decision tree, random forest, and extreme gradient boosting (XGBoost). The random 13 forest model was best at detecting CRC lesions with an AUROC of 0.695 but it was slow to train (101.3 h) and hard to interpret. Despite its simplicity, L2-regularized logistic regression followed 15 random forest in predictive performance with an AUROC of 0.680, and it trained much faster (12 16 min). This study showed that we should choose ML models based on our expectations of predictive 17 performance, interpretability and our computational resources. It also established standards for 18 modeling pipelines of microbiome-associated ML models.

20 Importance

Prediction of health outcomes using ML is rapidly being adopted by human-associated microbiome studies. However, the developed ML so far are overoptimistic in terms of predictive performance and validity. Without rigorous ML pipelines, we cannot trust ML models. Before we can speed up progress, we need to slow down, define and start using good ML practices.

Background

Advances in sequencing technology and decreasing costs of generating 16S rRNA gene sequences have allowed rapid exploration of human associated microbiome and its health implications. 27 Currently, the human microbiome field is growing at an unprecedented rate and as a result, there is an increasing demand for methods that identify associations between members of the microbiome and human health. However, this is difficult as human associated microbial communities are remarkably complex, high-dimensional and uneven within and between individuals with the same disease. It is unlikely that a single species can explain a disease. Instead, subsets of those communities, in relation to one another and to their host, account for differences in health outcomes. Machine learning (ML) methods are effective at recognizing and highlighting patterns in complex microbial datasets. Therefore, researchers have started to explore the utility of ML models that use microbiota associated biomarkers to predict human health and to understand the microbial ecology of diseases such as liver cirrhosis, colorectal cancer, inflammatory bowel diseases (IBD), obesity, type 2 diabetes and others (1–11). However, currently the field's use of ML lacks clarity and consistency on which methods are used and how these methods are implemented [(12); 39 dadkhah gut 2019]. More notably, we commonly see ML practices such as using ML pipelines where there is no seperate held-out test dataset to evaluate model performance or reporting few or only the best outcomes of cross-validation. Even when there are seperate testing sets to evaluate model performance, we observe large differences between cross-validation and testing performances that indicate overfitting as well as large confidence intervals for testing performances (4, 13–19). Moreover, there is a lack of discussion on why a particular ML model is utilized. Recently, there is a trend towards using more complex ML models such as random forest, extreme gradient boosting and neural networks without a discussion on if and how much model interpretibility is necessary for the study (11, 20-22). Black box machine learning models require posthoc explanations to determine the feature importances in making a prediction. These explanations can be misleading and at times unreliable when making high-stake decisions about someone's health (23). The lack of transparency on model selection and interpretation as well as flawed modeling methods negatively impact model validity and reproducibiliyu. We need to strive toward

better machine learning practices by (1) implementing rigourous machine learning pipelines and (2)
selecting ML models that reflect the goal of the study as it will inform our expectations of model
accuracy, complexity, interpretibility and computational efficiency.

To showcase a rigorous ML pipeline and to shed light on how much ML model selection can affect 56 modeling results, we performed an empirical analysis comparing several different ML models using the same dataset and the same ML pipeline. We used a previously published colorectal cancer (CRC) study (3) which had fecal 16S rRNA gene sequences from 490 patients. CRC is a type of 59 cancer which the human-associated human microbiome is hypothesized to directly contribute to its development therefore fecal 16S rRNA gene sequences can be used to detect CRC. We built 61 ML models using fecal 16S rRNA gene sequences to predict healthy patients versus patients with 62 colorectal lesions that were identified by colonoscopy as screen relevant neoplasias (SRN). The study had 261 normal and 229 SRN samples. We established modeling pipelines for L2-regularized logistic regression, L1 and L2 support vector machines (SVM) with linear and radial basis function 65 kernels, a decision tree, random forest and XGBoost. Our ML pipeline utilized held-out test data to evaluate predictive performance and generalizability of each ML model. We used the area under the receiver operating characteristic curve (AUROC) as the predictive performance metric. The 68 median test AUROC varied from 0.601 to 0.695. Random forest had the highest median AUROC for detecting SRN. Despite its simplicity, the L2-regularized logistic regression was second best in predictive performance. In terms of computational efficiency, L1 SVM with linear kernel trained the fastest (0.202 hours, std \pm 0.028), while XGBoost took the longest (155.104 hours, std \pm 0.959). We also found that depending on how the data is split to create a held-out test set, the AUROC values of a ML model can vary up to 0.295 which highlighted the importance of performing many randomized modeling runs. This study established standards for microbiome-associated ML models 75 and underscored the importance of model selection.

77 Results

78 Model selection and pipeline construction

We used a cohort of 490 patients with 261 cases of SRN. For each patient, we had 6920 features (fecal bacterial abundances) and a two-class label that defines their colonic health (SRN or normal).

All the cases were independently labeled through colonoscopies. We established modeling pipelines for a binary prediction task with L2-regularized logistic regression, L1 and L2 support vector machines (SVM) with linear and radial basis function kernels, a decision tree, random forest and extreme gradient boosted decision tree (XGBoost) to emphasize the differences in model accuracy, complexity, interpretibility and computational efficiency due to model selection.

For regularized logistic regression and SVM with linear kernel we used L2 regularization to keep all potentially important features. For comparison, we also trained an L1 regularized SVM model with linear kernel. L1-regularization on microbiome data lead to a sparser solution (i.e., force many coefficients to zero). Finally, to explore the potential for non-linear relationships among features and the outcome of interest, we trained tree based models, decision tree, random forest and XGboost, as well as an SVM with non-linear kernel.

We established a ML pipeline where we train and validate each of the seven models [Figure 92 1]. We randomly split the data into training/validation and test sets so that the training/validation 93 set consisted of 80% of the full dataset while the test set was composed of the remaining data [Figure 1]. Since the cases are not uniformly represented in the data, the initial data-split was 95 stratified to maintain the overall label distribution in both the training/validation and test sets. Training/validation set consisted of 393 patients (209 SRN), while the test set was composed of 97 97 patients (52 SRN). The training/validation data was used for training purposes and validation of 98 hyperparameter selection (i.e. model selection), and the test set was used for evaluation purposes. Validation of hyperparameter selection was performed using repeated five-fold cross-validation on 100 the training/validation set [Figure 1]. Similar to the initial data-split, five-fold cross-validation was also 101 stratified to maintain the overall label distribution on the training and validation sets. We validated 102 the cross-validation performances of each hyperparameter setting over the 100 randomizations 103 and selected the best performing hyper-parameter setting in terms of AUROC to train the full 104 training/validation dataset [Figures S1 and S2]. We then used the held-out test set to evaluate the prediction performance of each ML model. The data-split, hyperparameter selection, training and testing steps were repeated 100 times to get a reliable and robust reading of model performance

108 [Figure 1].

Discriminative performance and generalizability of the seven models.

We evaluated the prediction performances of seven binary classification models when applied to 110 held-out test data using AUROC metric [Figure 1]. Random forest had significantly higher test 111 AUROC values than the other models for detecting SRNs when AUROC values were compared to the other six by Wilcoxon rank sum test (p < 0.01). The median AUROC of the random forest model 113 was 0.695 (IQR 0.044). L2-regularized logistic regression, XGBoost, L2-regularized SVM with linear 114 and radial basis function kernel AUROC values were not significantly different from one another. They had median AUROC values of 0.68 (IQR 0.055), 0.679 (IQR 0.052), 0.678 (IQR 0.056) and 116 0.668 (IQR 0.056) respectively. L1 SVM with linear kernel and decision tree had significantly lower 117 AUROC values than the other ML models with median AUROC of 0.65 (IQR 0.066) and 0.601 (IQR 0.059), respectively [Figure 2].

For each model, we compared the median cross-validation AUROC to the median testing AUROC.
The difference between the two should be low to suggest the model is not overfitting despite the large number of features. The largest difference between the two was in L1 SVM with linear kernel, 0.021, followed by SVM with radial basis function kernel and decision tree with a difference of 0.007 and 0.006, respectively [Figure 2].

We reported the testing AUROC values over 100 randomizations of the initial data-split. The results showed that depending on the data-split, the testing AUROC value showed great variability [Figure 2]. The testing AUROC values within each model varied 0.23 on average across the seven models. For instance, the lowest AUROC value of the random forest model was 0.59 whereas the highest was 0.81.

Interpretation of each ML model.

The ML models we built using L2-regularized logistic regression, L1 and L2 support vector machines (SVM) with linear and radial basis function kernels, a decision tree, random forest and XGBoost decrease in interpretibility as they increase in complexity. We interpreted L1 and L2 SVM with linear kernel and L2 logistic regression using the feature weights of the trained models. We ranked

the absolute weights of all the OTUs for each data-split. We calculated the median ranks of these 135 features over the 100 data-splits. In the three linear models, OTUs that had the largest median ranks and drove the detection of SRNs belong to family Lachnospiraceae, and Ruminococcaceae 137 (OTU01239, OTU00659, OTU00742, OTU00012, OTU00015, OTU00768, OTU00822, OTU00609), 138 genera Gamella (OTU00426) and genera Peptostreptococcus (OTU00367) [Figure 3]. Some of 139 the OTUs with the highest ranks were shared among the linear models. We explained the feature 140 importances in non-linear models using permutation importance on the held-out test data where we 141 randomly permuted non-correlated features individually and groups of correlated features together 142 (see methods) to calculate the effect of permuted OTUs or group of OTUs on testing AUROC. The top 5 OTUs with the largest negative impact on testing AUROC overlapped in tree-based models 144 [Figure 4]. Specifically, permuting *Peptostreptococcus* (OTU00367) abundances randomly, dropped 145 the predictive performances the most for all tree-based methods [Figure S3]. Decision tree, random forest and XGBoost models' predictive performance dropped from 0.6 base testing AUROC median 147 to 0.52, from 0.69 to 0.68 and from 0.68 to 0.65, respectively [Figure 4]. Decision tree was more 148 susceptible to The negative predictive impact of Peptostreptococcus in the decision tree model was followed by a Lachnospiraceae species (OTU00058) (0.6 base testing AUROC median to 0.58) 150 [Figure 4B]. 151

152 The computational efficiency of each ML model.

As the complexity of a ML model increased [Table S1], its training times increased as well [Figure 5]. Additionally, the more hyperparameters a model had [Table S1], the longer it took to train [Figure 5]. Linear models trained faster than non-linear models. L2 logistic Rregression and L1 and L2 SVM with linear kernel had training times of 0.2 hours, (std \pm 0.03), 0.2 hours, (std \pm 0.02), and 0.2 hours, (std \pm 0.02), respectively. Whereas, SVM with radial basis function kernel, decision tree, random forest and xgboost had training times of 4.4 hours, (std \pm 0.3), 59.6 hours, (std \pm 8.8), 83.2 hours, (std \pm 11.3) and 155.1 hours, (std \pm 1), respectively [Figure 5].

Discussion

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In this study we established a robust ML pipeline to use 16S rRNA sequence counts to predict a binary health outcome. We used a held-out test set to illustrate the difference between 162 cross-validation and testing AUROC values. When the differences between cross-validation and 163 test performance is low, this suggets the models will perform similar with similar data. In all seven 164 models, the differences in cross-validation and testing AUROC values did not exceed 0.021 which 165 suggests that these models will be able to test similar new data.

In our ML pipeline we performed the 80%-20% random datasplit 100 times. The repetition of 167 the initial data-split to create a held-out test set is a crucial step in the ML pipeline to develop 168 generalizable ML models and to report reliable performance metrics for a ML model. Depending 169 on the data-split, there is the chance of being overoptimistic about the predictive performance of a model. In our study, we showed that there are differences in AUROC values between different 171 random data-splits in each of the models we tested. Our results showed that the testing AUROC 172 values varied 0.23 on average, depending on the data-split.

Our results also showed that we should choose to use ML models based on the goal of the study 174 and our expectations of predictive performance, interpretibility and computational burden. In terms 175 of predictive performance, all models except a decision tree and L1-regularized SVM with linear kernel behaved similarly. Random forest model had testing AUROC values statistically significantly 177 larger than others. However the second best model was L2-regularized logistic regression following 178 random forest with a median AUROC difference of only 0.015. The decision tree model performed poorly because it had no regularization. L1-regularized SVM with linear kernel also performed 180 poorly possibly because it was more sensitive to hyper-parameter tuning. In terms of interpretation, random forest is a more complex ML model and it can only be explained using methods such as permutation importance. On the other hand, L2-regularized logistic regression is easy to interpret 183 (i.e. regression coefficients of the trained model). If the goal of the study is to learn the ecology 184 behind a disease and to identify biomarkers, then easily interpretable models could be a better fit. 185 It is also important to consider the computational burden of developing ML models. Random forest 186 model was slow to train with upto r hours whereas L2-regularized logistic regression trained in r

188 minutes.

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Our study underscored the importance of performing a full grid search for hyperparameter settings when building a ML model. We first performed a granular grid search and then a full grid search on the limited range of possible hyperparameter settings. In the example of L1-regularized SVM with linear kernel, the model showed variability between different regularization coefficients (C).

193 Consideration of possible weaknesses

- What happens with imbalanced data The metric you use as the discriminative performance becomes important. Don't use accuracy. AUROC is good and random at 0.5 always.
 - What happens with smaller datasets Generalization performance depends on size. The more complex the model, more data you will need. Use linear models if you have little data.
 - Does the code work on any microbiome data? So if yu have a new sample, do you have the same OTUs? NO
 - Why did we use only one dataset?
 - Why not validate on other data instead of held-out testing set? Becuase we are comparing several methods on 1 dataset.
- What will the future data look like?

Relationship of results to previous literature and broader implications of having answered research question

206 Prospects for future progress

Subsample dataset and refit see how method behaves for 7 methods. (500->250->50)

Materials and Methods

Data collection and study population. The data used for this analysis are stool bacterial 209 abundances and clinical information of the patients recruited by Great Lakes-New England Early 210 Detection Research Network study. These data were obtained from Sze et al (24). The stool 211 samples were provided by recruited adult participants who were undergoing scheduled screening 212 or surveillance colonoscopy. Colonoscopies were performed and fecal samples were collected 213 from participants in four locations: Toronto (ON, Canada), Boston (MA, USA), Houston (TX, USA), 214 and Ann Arbor (MI, USA). Patients' colonic health was labeled by colonoscopy with adequate preparation and tissue histopathology of all resected lesions. Patients with an adenoma greater 216 than 1 cm, more than three adenomas of any size, or an adenoma with villous histology were 217 classified as advanced adenoma. Study had 172 patients with normal colonoscopies, 198 with adenomas and 120 with carcinomas. Of the 198 adenomas, 109 were identified as advanced 219 adenomas. Stool provided by the patients was used for 16S rRNA gene sequencing to measure 220 bacterial population abundances. The bacterial abundance data was generated by Sze et al, by processing 16S rRNA sequences in Mothur (v1.39.3) using the default quality filtering methods, 222 identifying and removing chimeric sequences using VSEARCH and assigning to OTUs at 97% 223 similarity using the OptiClust algorithm (25–27). 224

225 Data definitions and pre-processing.

The colonic health of the patient was defined as two encompassing classes; Normal or Screen Relevant Neoplasias (SRNs). Normal class includes patients with non-advanced adenomas or normal colons whereas SRN class includes patients with advanced adenomas or carcinomas. The bacterial abundances are the features used to predict colonic health of the patients. Bacterial abundances are discrete data in the form of Operational Taxonomic Unit (OTU) counts. OTU counts were set to the size of our smallest sample and were subsampled at the same distances. They were then transformd by scaling to a [0-1] range.

Model training and evaluation.

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Models were trained using the machine learning wrapper caret package (v.6.0.81) in R (v.3.5.0).

Within the caret package, we have made modifications to L2-regularized SVM with linear kernel function **symLinear3** and developed a L1-regularized SVM with linear kernel function **symLinear4** to calculate decision values instead of predicted probabilities. These changes are available at https://github.com/SchlossLab/Topcuoglu_ML_XXXX_2019/.

For L2-regularized logistic regression, L1 and L2 support vector machines (SVM) with linear and radial basis function kernels we tuned the **cost** hyperparameter which determines the regularization strength where smaller values specify stronger regularization. For SVM with radial basis function kernel we also tuned **sigma** hyperparameter which determines the reach of a single training instance where for a high value of sigma, the SVM decision boundary will be dependent on the points that are closest to the decision boundary. For the decision tree model, we tuned the **depth of the tree** where deeper the tree, the more splits it has. For random forest, we tuned the **number of features** to consider when looking for the best tree split. For XGBoost, we tuned for **learning rate** and the **fraction of samples** to be used for fitting the individual base learners. For hyperparameter selection, we started with a granular grid search. Then we narrowed and fine-tuned the range of each hyperparameter. The range of the grid depends on the ML task and ML model. A full grid search needs to be performed to avoid variability in testing performance. We can use hyper-band to help us with our hyperparameter selection (28).

The computational burden during model training due to model complexity was reduced by parallelizing segments of the ML pipeline. In this study we have parallelized each data-split which allowed 100 data-splits to be processed through the ML pipeline at the same time for each model.

We can further parallelize the cross-validation step for each hyper-parameter setting.

Permutation importance workflow. We created a Spearman's rank-order correlation matrix, corrected for multiple pairwise comparisons. We then defined correlated OTUs as having perfect correlation (correlation coef=1 and p<0.01). Other OTUs were permuted individually to get permutation importance but the correlated ones are grouped together and permuted at the same time. The reported OTUs that have impact on testing AUROC are reported in Figures xxx. If we want we can decrease the correlation coefficient to consider OTUs that are correlated with ecological consequences but this was out of the scope of this study but will be followed up in further

- 263 analyses.
- Statistical analysis workflow. Data summaries, statistical analysis, and data visualizations were performed using R (v.3.5.0) with the tidyverse package (v.1.2.1). We compared the AUROC values of the seven ML models by Wilcoxon rank sum tests to determine the best discriminative performance.
- Code availability. The code for all sequence curation and analysis steps including an Rmarkdown version of this manuscript is available at https://github.com/SchlossLab/Topcuoglu_ML_XXXX_2019/.

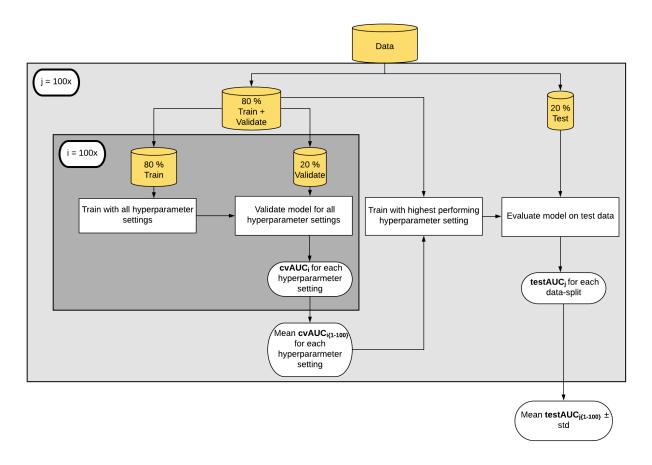


Figure 1. Machine learning pipeline showing predictive model training and evaluation flowchart. We split the data 80%/20% stratified to maintain the overall label distribution, performed five-fold cross-validation on the training data to select the best hyperparameter setting and then using these hyperparameters to train all of the training data. The model was evaluated on a held-out set of data (not used in selecting the model). Abbreviations: AUROC, area under the receiver operating characteristic curve

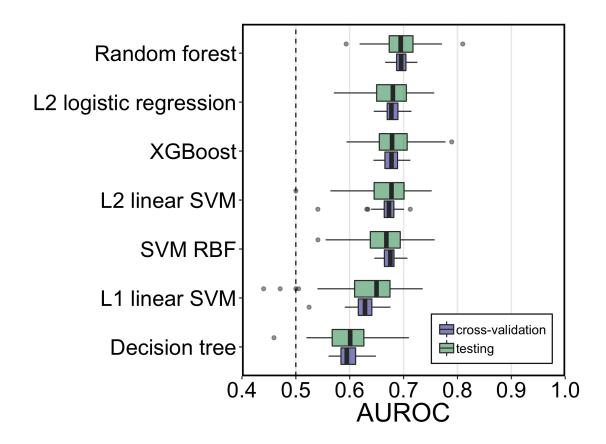


Figure 2. Generalization and classification performance of ML models using AUROC values of all cross validation and testing performances. The median AUROC for diagnosing individuals with SRN using bacterial abundances was higher than chance (depicted by horizontal line at 0.50) for all the ML models. Discriminative performance of random forest model was higher than other ML models. The boxplot shows quartiles at the box ends and the statistical median as the horizontal line in the box. The whiskers show the farthest points that are not outliers. Outliers are data points that are not within 3/2 times the interquartile ranges. Abbreviations: SRN, screen-relevant neoplasias; AUROC, area under the receiver operating characteristic curve; SVM, support vector machine; XGBoost, extreme gradient boosting

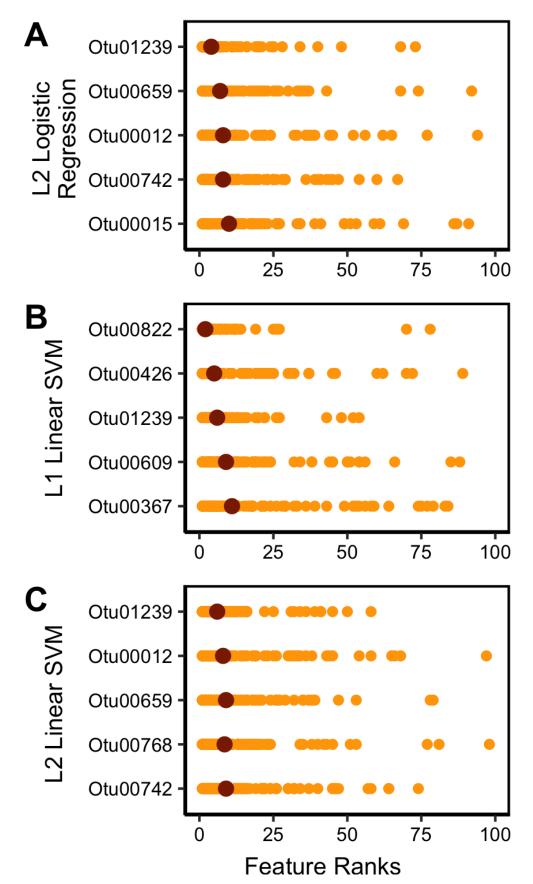


Figure 3.

Interpretation of the linear ML models. (A) L2 logistic regression coefficients (B) L1 SVM with linear kernel feature weights. The means weights and coefficients of the most important five OTUs for each model are shown here with the standard deviation over 100 data-splits. Similar OTUs had the largest impact on the predictive performance of L2 logistic regression and L2 SVM with linear kernel. Abbreviations: SVM, support vector machine; OTU, Operational Taxonomic Unit.

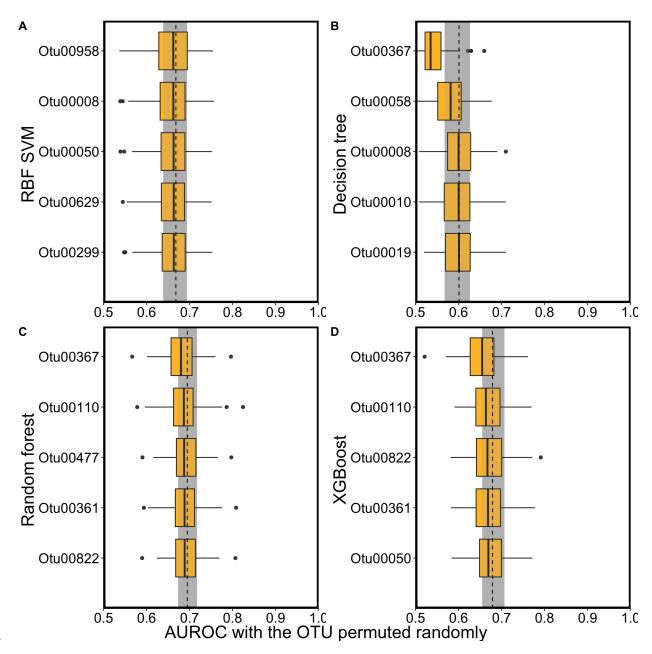


Figure 4. Explanation of the non-linear ML models. (A) SVM with radial basis kernel (B) decision tree (C) random forest (D) XGboost feaure importances were explanied using permutation importance using held-out test set. The gray rectangle and the dashed line show the IQR range and median of the base testing AUROC without any permutation performed. For all the tree-based models, a *Peptostreptococcus* species (OTU00367) had the largest impact on predictive performance of the model. Abbreviations: SVM, support vector machine; OTU, Operational Taxonomic Unit; RBF, radial basis kernel; OTU, Operational Taxonomic Unit.

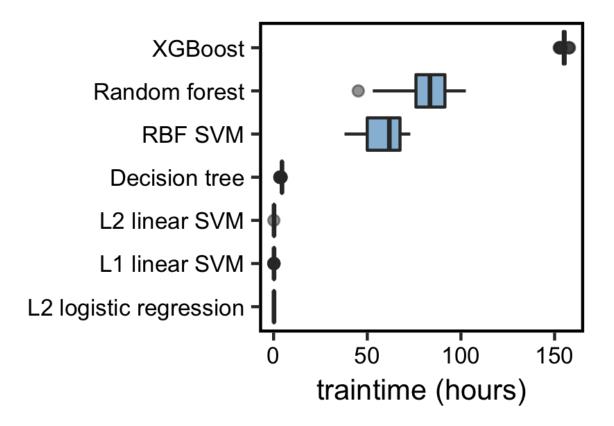


Figure 5. Computational efficiency of seven ML models. The traintimes for training and testing of each data-split showed the differences in computational efficieny of the seven models. The median traintime in hours was the highest for XGBoost and shortest for L2 logistic regression. The boxplot shows quartiles at the box ends and the statistical median as the horizontal line in the box. The whiskers show the farthest points that are not outliers. Outliers are data points that are not within 3/2 times the interquartile ranges. Abbreviations: AUROC, area under the receiver operating characteristic curve; SVM, support vector machine; XGBoost, extreme gradient boosting.

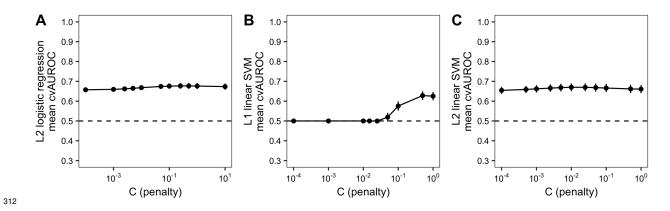
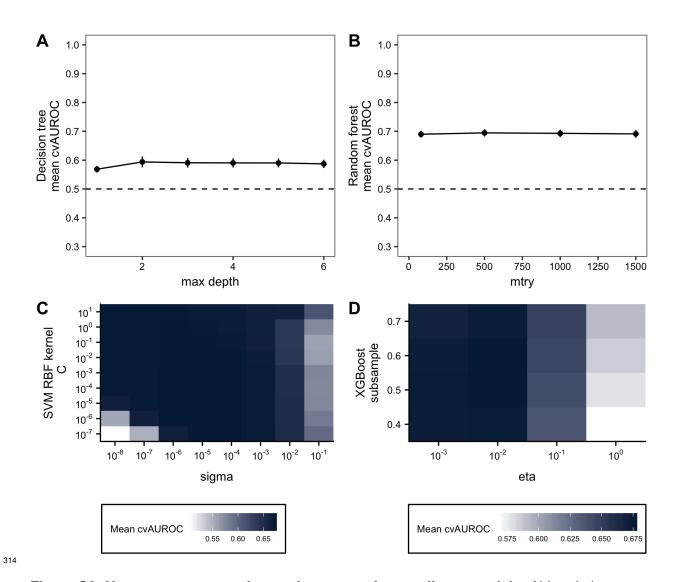


Figure S1. Hyperparameter setting performances for linear models. Abbreviations:



⁵ Figure S2. Hyperparameter setting performances for non-linear models. Abbreviations:

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