# Evaluation of machine learning methods for 16S rRNA gene data

Running title: Machine learning methods in microbiome studies
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1 Abstract

### **Introduction**

Advances in sequencing technology and decreasing costs of generating 16S rRNA gene sequences have allowed rapid exploration of human associated microbiome and its health implications. Currently, the human microbiome field is growing at an unprecedented rate and as a result, there is an increasing demand for methods that identify associations between members of the microbiome and human health. However, this is an undertaking as human associated microbial communities are remarkably complex and uneven. It is unlikely that a single species can explain a disease. Instead, subsets of those communities, in relation to one another and to their host, account for the differences in health outcomes. Machine learning (ML) methods are effective at recognizing and highlighting patterns in complex microbial datasets. Therefore, researchers have 11 started to explore the utility of ML models that use microbiota associated biomarkers to predict human health and to understand the microbial ecology of diseases such as liver cirrhosis, colorectal 13 cancer, inflammatory bowel diseases (IBD), obesity, and type 2 diabetes (1-11). However, currently the field's use of ML lacks clarity and consistency on which methods are used and how these methods are implemented. Moreover, there is a lack of deliberation on why a particular ML model 16 is utilized. Recently, there is a trend towards using more complex ML models such as random 17 forest, extreme gradient boosting and neural networks without a discussion on if and how much model interpretibility is necessary for the study (11–14). The lack of transparency on modeling 19 methodology and model selection negatively impact model reproducibility and reliability. We need 20 to strive toward better machine learning practices by (1) implementing consistent, accessible and transparent machine learning methods; (2) selecting ML models that reflect the goal of the study as it will inform our expectations of model accuracy, complexity, interpretibility and computational efficiency.

To showcase transparent ML methodologies and to shed light on how much ML model selection can affect modeling results, we performed an empirical analysis comparing several different ML models using the same dataset. We used a previously published colorectal cancer (CRC) study (3) which had fecal 16S rRNA gene sequences and human hemoglobin concentrations from 490 patients. We built ML models using fecal 16S rRNA gene sequences and human hemoglobin

concentrations to predict patients with normal colons or patients with colonic tumors which are called screen relevant neoplasias (SRN). The study had 261 normal and 229 SRN samples. We established modeling pipelines for L2-regularized logistic regression, L1 and L2 support vector 32 machines (SVM) with linear and radial basis function kernels, a decision tree, random forest and XGBoost which are ML models that increase in complexity respectively. Our ML pipeline utilized held-out test data to evaluate generalization and prediction performance of each ML model. The mean test AUROC varied from 0.73 (std ± 0.04) to 0.82 (std ± 0.03). Random Forest and XGBoost had the highest mean AUROC for detecting SRN. Despite the simplicity, the L1-regularized linear 37 kernel SVM followed Random Forest and XGBoost in performance. In terms of computational efficiency, L2 logistic regression trained the fastest (0.001 hours, std ± 0.001), while XGBoost 39 took the longest (0.231 hours, std  $\pm$  0). We found that mean cross-validation and testing AUROC varied only 0.007, which highlights the importance of a seperate held-out test set and consistent preprocessing/splitting data for evaluation. Aside from evaluating generalization and classification performances for each of these models, this study established standards for modeling pipelines of 43 microbiome-associated machine learning models.

#### 5 Results

## 46 Model selection and construction

The data has 6921 features (6920 OTUs and FIT) and a two-class label that defines the colonic health of the patients (SRN or normal). We established modeling pipelines for binary classification with L2-regularized logistic regression, L1 and L2 support vector machines (SVM) with linear and radial basis function kernels, a decision tree, random forest and XGBoost to emphasize the differences in model accuracy, complexity, interpretibility and computational efficiency due to model selection. We randomly split the data into stratified training/validation and test sets 100 times with a 80/20 proportion [Figure 1]. For each data-split, training/validation set consisted of 393 patients (209 SRN), while the test set was composed of 97 patients (52 SRN). The training/validation data was used for training purposes and validation of hyperparameter selection, and the test set was used for evaluation purposes. Validation of hyperparameter selection was performed by randomly splitting

the training/validation set into stratified training and validation sets 100 times with a 80/20 proportion
[Figure 1]. For L2-regularized logistic regression, L1 and L2 support vector machines (SVM) with
linear and radial basis function kernels we tuned the **cost** hyperparameter which determines the
regularization strength where smaller values specify stronger regularization. For SVM with radial
basis function kernel we also tuned **sigma** hyperparameter which determines the reach of a single
training instance where for a high value of sigma, the SVM decision boundary will be dependent
on the points that are closest to the decision boundary. For the decision tree model, we tuned the **depth of the tree** where deeper the tree, the more splits it has. For random forest, we tuned the **number of features** to consider when looking for the best tree split. For xgboost, we tuned for
learning rate and the **fraction of samples** to be used for fitting the individual base learners. We
validated the prediction performances of each hyperparameter setting (Figure S1].

# The prediction and generalization performance of classifiers during cross-validation and when applied to the held-out test data.

We evaluated the prediction performance of seven binary classification models when applied to held-out test data over 100 data-splits using AUROC as classification performance metric. Random Forest and XGBoost had the highest mean AUROC for detecting SRN, 0.82 (std  $\pm$  0.033) and 0.814 (std  $\pm$  0.04) respectively [Figure 2]. L1 linear SVM had significantly lower AUROC values, 0.76 (std  $\pm$  0.054) and 0.742 (std  $\pm$  0.04) [Figure 2]. However, it also had significantly higher performances than L2 linear SVM, RBF SVM, L2 logistic regression and decision tree which had mean AUROC values of 0.74 (std  $\pm$  0.045), 0.73 (std  $\pm$  0.041), 0.745 (std  $\pm$  0.039) and 0.742 (std  $\pm$  0.04), respectively [Figure 2]. We also evaluated the generalization performance of each classifier by comparing their mean cross-validation AUROC and mean testing AUROC. We found that mean cross-validation and testing AUROC difference for each model was below 0.01.

## The complexity and interpretibility of each classifier.

We interpreted the feature weights of L1 and L2 SVM with linear kernel and regression coefficients
of L2 logistic regression using the training data. To get a sense of the most important features in
linear models, we calculated the mean weights of all the features over the 100 data-splits for each
model. [Figure 4]. In the three linear models, FIT was the feature that drove the detection of SRNs,

- <sub>85</sub> followed by eight OTUs which belong to family Lachnospiraceae and Ruminococcaceae (four with
- positive signs; Otu01239, Otu00742, Otu00008 Otu00659, and four with negative signs; Otu00015,
- Otu000150, Otu00609, Otu00629). To get the importance of features in non-linear models, we

## 88 The computational efficiency of each classifier.

- Linear models trained faster than non-linear models. L2 logistic Rregression and L1 and L2 SVM
- with linear kernel had training times of 0 min, (std  $\pm$  0), 13.8 min, (std  $\pm$  1.2) and 0 min, (std  $\pm$  0)
- 91 respectively. Whereas, SVM with radial basis function kernel, decision tree, random forest and
- xgboost had training times of 0 hrs, (std  $\pm$  0), 0 hrs, (std  $\pm$  0), 0 hrs, (std  $\pm$  0) and 0 hrs, (std  $\pm$  0),
- 93 respectively [Figure 4].

### 94 Conclusions

### 95 Materials and Methods

#### 96 Data collection

The data used for this analysis are stool bacterial abundances, stool hemoglobin levels and clinical information of the patients recruited by Great Lakes-New England Early Detection Research Network study. These data were obtained from Sze et al (15). The stool samples were provided by recruited adult participants who were undergoing scheduled screening or surveillance colonoscopy. Colonoscopies were performed and fecal samples were collected from participants in four locations: 101 Toronto (ON, Canada), Boston (MA, USA), Houston (TX, USA), and Ann Arbor (MI, USA). 102 Patients' colonic disease status was defined by colonoscopy with adequate preparation and tissue 103 histopathology of all resected lesions. Patients with an adenoma greater than 1 cm, more than three adenomas of any size, or an adenoma with villous histology were classified as advanced 105 adenoma. Study had 172 patients with normal colonoscopies, 198 with adenomas and 120 with 106 carcinomas. Of the 198 adenomas, 109 were identified as advanced adenomas. Stool provided by the patients was used for Fecal Immunological Tests (FIT) which measure human hemoglobin 108 concentrations and for 16S rRNA gene sequencing to measure bacterial population abundances.

The bacterial abundance data was generated by Sze et al, by processing 16S rRNA sequences in Mothur (v1.39.3) using the default quality filtering methods, identifying and removing chimeric sequences using VSEARCH and assigning to OTUs at 97% similarity using the OptiClust algorithm (16–18).

## 114 Data definitions and pre-processing

The colonic disease status is re-defined as two encompassing classes; Normal or Screen Relevant
Neoplasias (SRNs). Normal class includes patients with non-advanced adenomas or normal colons
whereas SRN class includes patients with advanced adenomas or carcinomas. Colonic disease
status is the label predicted with each classifier. The bacterial abundances and FIT results are the
features used to predict colonic disease status. Bacterial abundances are discrete data in the form
of Operational Taxonomic Unit (OTU) counts. There are 6920 OTUs for each sample. FIT levels
are continuous data present for each sample. Because the data are in different scales, features are
transformd by scaling each feature to a [0-1] range (Table 1).

## Learning the Classifier

To train and validate our model, labeled data is randomly split 80/20 into a training set and testing set. Then, seven binary class classifiers, L2 logistic regression, L1 and L2 linear suppor vector machines (SVM), radial basis function SVM, decision tree, random forest and XGBoost, are learned. The training set is used for training purposes and validation of hyperparameter selection, and the test set is used for evaluation purposes. Hyperparameters are selected using 5-fold cross-validation with 100-repeats on the training set. Since the colonic disease status are not uniformly represented in the data, 5-fold splits are stratified to maintain the overall label distribution on the training set.

### 31 Classifier Performance

The classification performance of learned classifier is evaluated on the labeled held-out testing set.

133 The optimal classifier with optimal hyperparameters selected in the cross-validation step is used to

produce a prediction for the testing set. The performance of this prediction is measured in terms of the sensitivity and specificity, in addition to Area Under the Curve (AUC) metrics. This process of splitting the data, learning a classifier with cross-validation, and testing the classifier is repeated on 100 different splits. In the end cross-validation AUC and testing AUC averaged over the 100 different training/test splits are reported. Hyperparameter budget and performance for each split is also reported. Figure 1. Generalization and classification performance of modeling methods AUC values
of all cross validation and testing performances. The boxplot shows quartiles at the box ends and
the statistical median as the horizontal line in the box. The whiskers show the farthest points that
are not outliers. Outliers are data points that are not within 3/2 times the interquartile ranges.

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