

إجابة أسئلة الودعة 1

We are what we eat



اللغة الإنجليزية

الفصل الدراسي الأول

2022 - 2023

10

Lessons 1&2

Exercise 1

Fill in the spaces with words from the list :

(absorb – combat – metabolize – nutrition – stimulant - neutralize)

1- Children need good.....nutrition.....to have healthy bodies.

2- The police are planning sterner measures tocombat..... crime.

3- Your body can take a longer time to...metabolize..... fats and give you energy.

4- Plants use their roots toabsorb..... moisture from the soil.

5- Caffeine, a mild ...stimulant....., can be found in coffee and tea.

Exercise 2

Set book

1- «We are what we eat.” Explain.

- If we eat healthy food, our bodies will grow healthy, and the opposite is true.

2- How can you keep healthy?

- I should do exercise and eat healthy food.

Lessons 4&5&6

Exercise 1

Fill in the spaces with words from the list :

(deficiency – organic – metabolism – supplement – RDA- grilled)

1-I take a vitamin ... supplement.. every day. It has helped me get better health.

2-Some elderly people suffer from iron ... deficiency in their diet.

3- ..Organic.. food is now widely available. It's healthy though costly sometimes.

4-The sauce tastes great with any number of .. grilled.. dishes, especially meat.

5-The body's ... metabolism.. is slowed down by extreme cold.

Exercise 2

Fill in the spaces with words from the list :

1-We on the project when the teacher came into the room.

- a.work b. were working c. are working d. worked

2-Dana broke her arm while shebaseball.

- a.is playing b. had played c. was playing d. played

3-We are going to attend an/amovie.

- a.interesting new American b. new interesting American
c.interesting American new d. new American interesting

4-My sister adopted abulldog.

- a. beautiful big white b. big white beautiful
c. white big beautiful d. bug beautiful white

5-I love my grandfather's car.

- a.green beautiful antique b. antique beautiful green
c.beautiful green antique d. beautiful antique green

6-We went on a/an/a cruise.

- a. incredible huge Italian b. huge Italian incredible
c. Italian huge incredible d. incredible Italian huge

7-They the lesson on the computer when the bell rang.

- a.type b. were typing c. are typing d. typed

8-My little brother was studying when I the room.

- a.am entering b. entered c. enter d. has entered

Lessons 7&8&9

Exercise 1

Fill in the spaces with words from the list :

(appeal to – crammed – eatery – fanatic – irresponsibly – malnutrition- wholesome- vegetarian)

1. She fed her baby on ... wholesome.. food to make him healthy and fit.

2. Those who act ... irresponsibly.. must not be left unpunished by law.

3. This book will definitely ... appeal to. teenagers and young adults.

4. He ... crammed.. all his books and toys into the small bookcase.

5. My brother is a sports... fanatic ...he attends all matches live in the stadium.

6. There's a nice ... eatery ...at the corner of 5th street. You should try it some time.

7. In Africa, there are a lot of children suffering from severe malnutrition...

Exercise 2

Set book :

1. What are the advantages and disadvantages of a vegetarian lifestyle?

Advantages:

- a) It contains a lot of vitamins
- b) It is rich in minerals and water.

Disadvantages:

- a) It can cause malnutrition
- b) Many vegetarians lack the RDA of iron, protein and Calcium

2. What are the characteristics of a good restaurant?

- good location. - fresh and healthy food. - fast and good service.



احرص على اقتناء مذكرة منصة البلاطي

- مذكرة شرح لكل درس.
- مذكرة أسئلة لكل درس.
- مذكرة إجابة أسئلة لكل درس.
- مذكرة امتحان لكل درس.
- مذكرة إجابة امتحان لكل درس.



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استمتع بتجربة التعلم
مع منصة البلاطي

الفصل الدراسي الأول

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