Designing for the
autistic spectrum

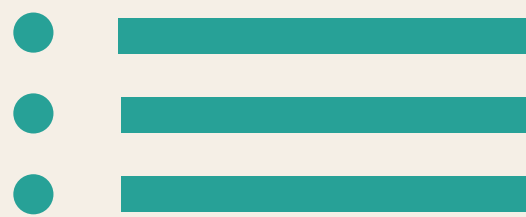## Do...

Don't...

use simple colours

Do this.

use bright contrasting colours

write in plain English
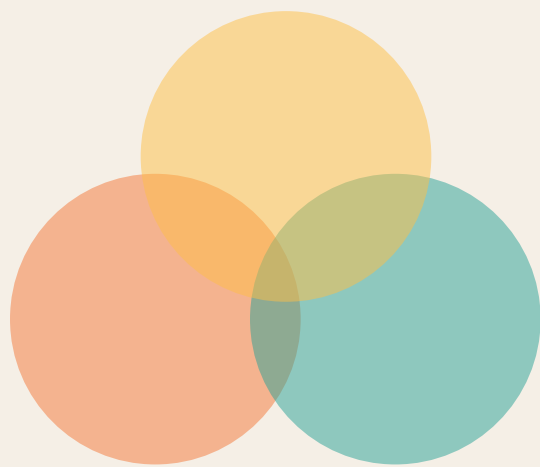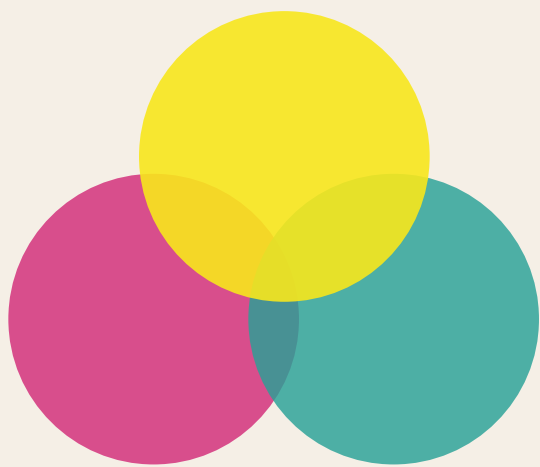
use figures of speech and idioms

use simple sentences and bullets

create a wall of text

make buttons descriptive

Attach files
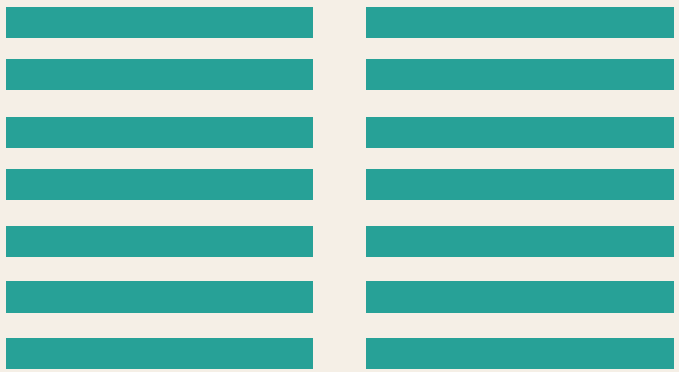
make buttons vague and unpredictable

Click here!

build simple and consistent layouts

build complex and cluttered layouts

provide different methods to find information

rely on only one way to get to that information