




Pillars of Islam



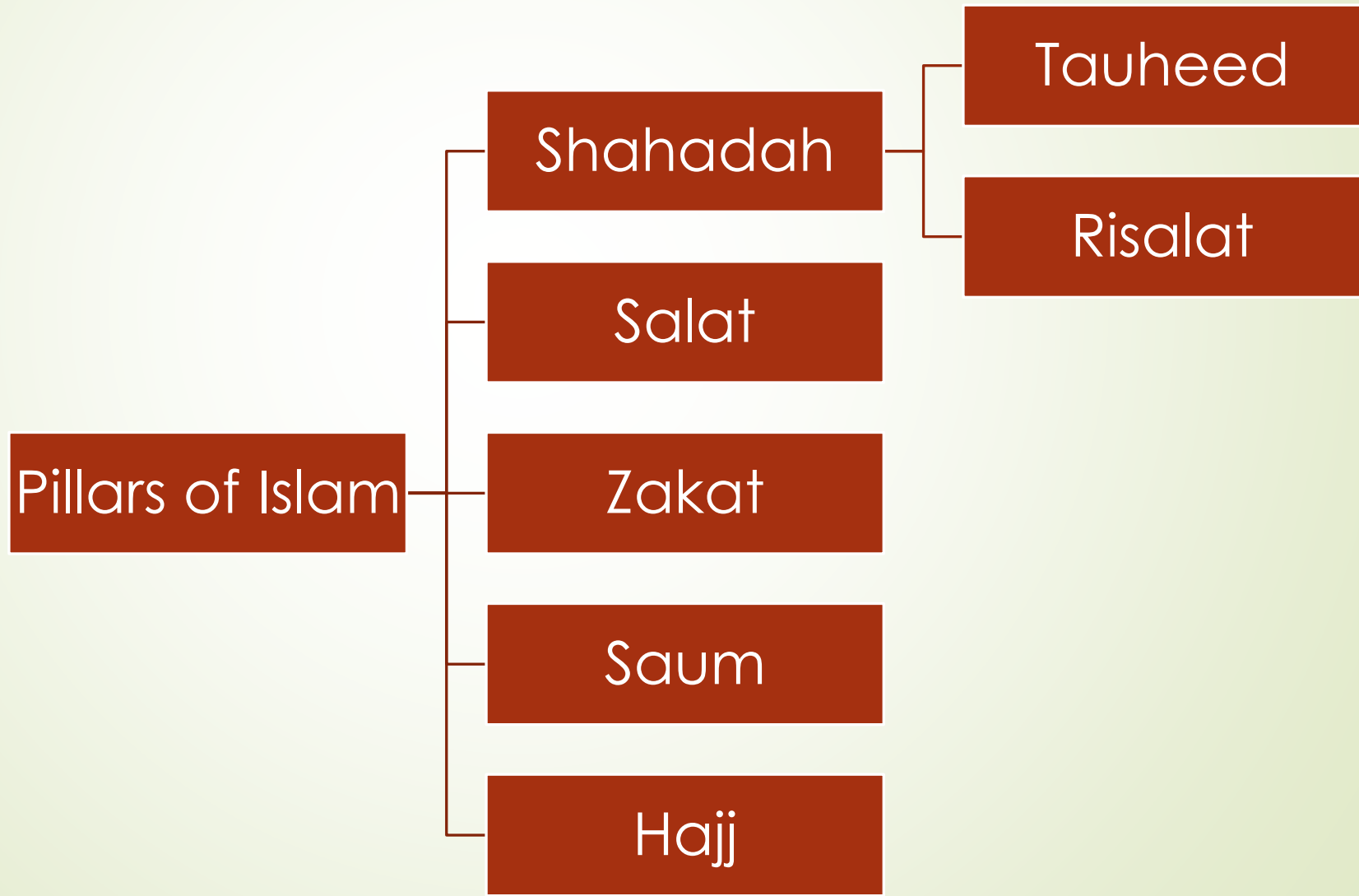
Rahmatullah Shaikh

Pillars of Islam

عَنِ ابْنِ عُمَرَ، قَالَ قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ "بُنِيَ الْإِسْلَامُ عَلَى خَمْسٍ شَهَادَةُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَنَّ مُحَمَّدًا رَسُولُ اللَّهِ وَإِقَامُ الصَّلَاةِ وَإِيتَاءُ الزَّكَاةِ وَصَوْمُ رَمَضَانَ وَحَجُّ الْبَيْتِ"

- Narrated by Ibn 'Umar: that the Messenger of Allah ﷺ said: "Islam is based upon five (pillars), the testimony of La Ilaha Illallah, and that Muhammad is the Messenger of Allah, the establishment of the Salat, giving the Zakat, fasting (the month of) Ramadan, and performing Hajj to the House.

Conti.



Shahadah/Kalima-e-Tayyibah

- There are two parts of Shahadah,
 - Tauheed
 - Risalat

فَاعْلَمْ أَنَّهُ لَا إِلَهَ إِلَّا اللَّهُ (محمد: 19)

So, be assured that there is no god but Allah.

مُحَمَّدٌ رَسُولُ اللَّهِ (الفتح: 29)

Muhammad SAW is the messenger of Allah.

Salat/Namaz

- The literal meaning of word Salat **صلوة** is “to pray” or “to worship”

انّها عبادة لله تعالى ذات اقوال و افعال مخصوصة تبدأ بالتكبير و تنتهى بالتسليم

To worship Allah SWT with prescribed and specific sayings and actions. It starts with *Takbeer* and ends with *Tasleem*.

- Why is the word "اقبوا" used in the Holy Quran while describing the command of prayer?

"اقبوا الصلوة"



"Between disbelief and faith
is abandoning the Salat."

Importance of Salat

- **It wipes out sins:**

- The Holy Prophet ﷺ said, "If there was a river at the door of anyone of you and he took a bath in it five times a day, would you notice any dirt on him?" They (his companions) said, "Not a trace of dirt would be left." Prophet ﷺ said, "there is the example of five prayers, with which Allah wipes out evil deeds."

- **The dearest action to Allah (SWT):**

- Abdullah bin Mas'ud (RA) narrated, I asked the Messenger of Allah ﷺ "Which action is dearest to Allah?" He ﷺ replied, "Performing As-Salat (the prayer) at its earliest fixed time."

Conti.

- **The First thing that will be asked:**

- The Prophet ﷺ said, The first of man's deeds for which he will be called to account on the Day of Resurrection will be Salat. If it is found to be perfect, he will be safe and successful; but if it is incomplete, he will be unfortunate and a loser.

- **The Key to Paradise:**

- The Prophet ﷺ said, The key to paradise is prayer and the key to prayer is **purification**.



Conti.

- **The best way to seek Allah's help:**
- Allah SWT said, "And seek help in patience and As-Salat (the prayer) and truly it is extremely heavy and hard except for Al-Khashi'un (True believers). (Al-Baqrah: 45)
- Allah SWT said, "Woe to those who pray, those who are heedless in their prayers. (Al-Ma'un: 4,5)
- Allah SWT said, "What put you into Saqar (Hell), They will say, we were not of those who used to offer their prayers." (Al-Muddatthir: 42,43)



Pre-Conditions of Salat

1. Purification of body (وضوء، غسل، تیمم)
2. Purification of cloths
3. Purification of place
4. Cover of SATAR (required parts of body)
5. Face to Qibla
6. Time of Prayer
7. Intention

Obligations of Salat

1. First Takbeer (تکبیر اولیٰ یا تکبیر تحریمہ)
2. Standing (قیام)
3. Recitation (قرات)
4. Kneel down (رکوع)
5. Prostrations (دو سجده)
6. Sitting in End (قعدہ اخیرہ)



Forbidden Salat times

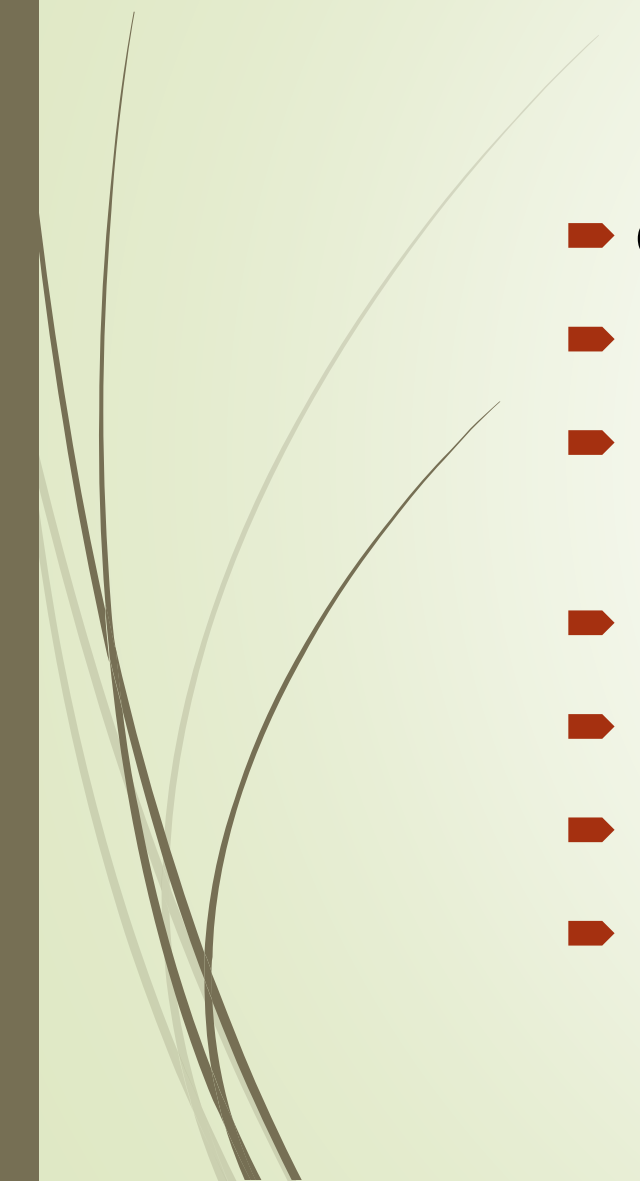
Namaz Calendar

The background is a light green color with a pattern of small, faint green circles. On the left side, there is a red arrow pointing to the right, with several thin, dark green curved lines extending from its base. The text is centered in the middle of the image.

What things distract you
during the prayer?



How to be concentrative in Salat?

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- Give your mind a break for a few minutes before praying.
 - Keep the greatness of prayer in your mind.
 - Make Sure to Get Rid of Things that Reduce Concentration in Prayer.
 - Plan which surahs and du'as you are going to recite.
 - Recite long verses in prayer.
 - Read the verses a little louder.
 - Understand the Holy Texts to Enhance your Attention.



Conti.

- Do not prolong the thoughts. Bring the mind back when ever you feel that focus has been lost.
- Fix your gaze.
- Remembrance of death.
- Exercise to develop attention (*Nawafil*)
- Do not rush away immediately after the prayer.
- Make Dua



Benefits of Salat

- It brings the worshiper closer to Allah SWT.
 - It teaches the self purification.
 - It teaches the worshiper discipline and punctuality.
 - It teaches to follow the leader.
 - It teaches concentration of mind & soul.
 - It makes a person pious.
 - It gets rid of laziness.
 - It safeguards one's physical and spiritual health.
 - It shows the concept of equality in Islam.
 - It is a source of forgiveness.
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