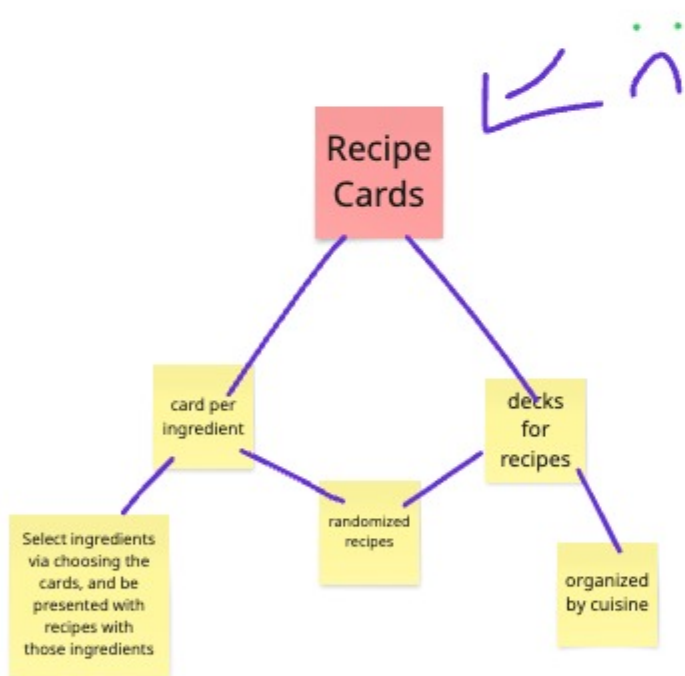
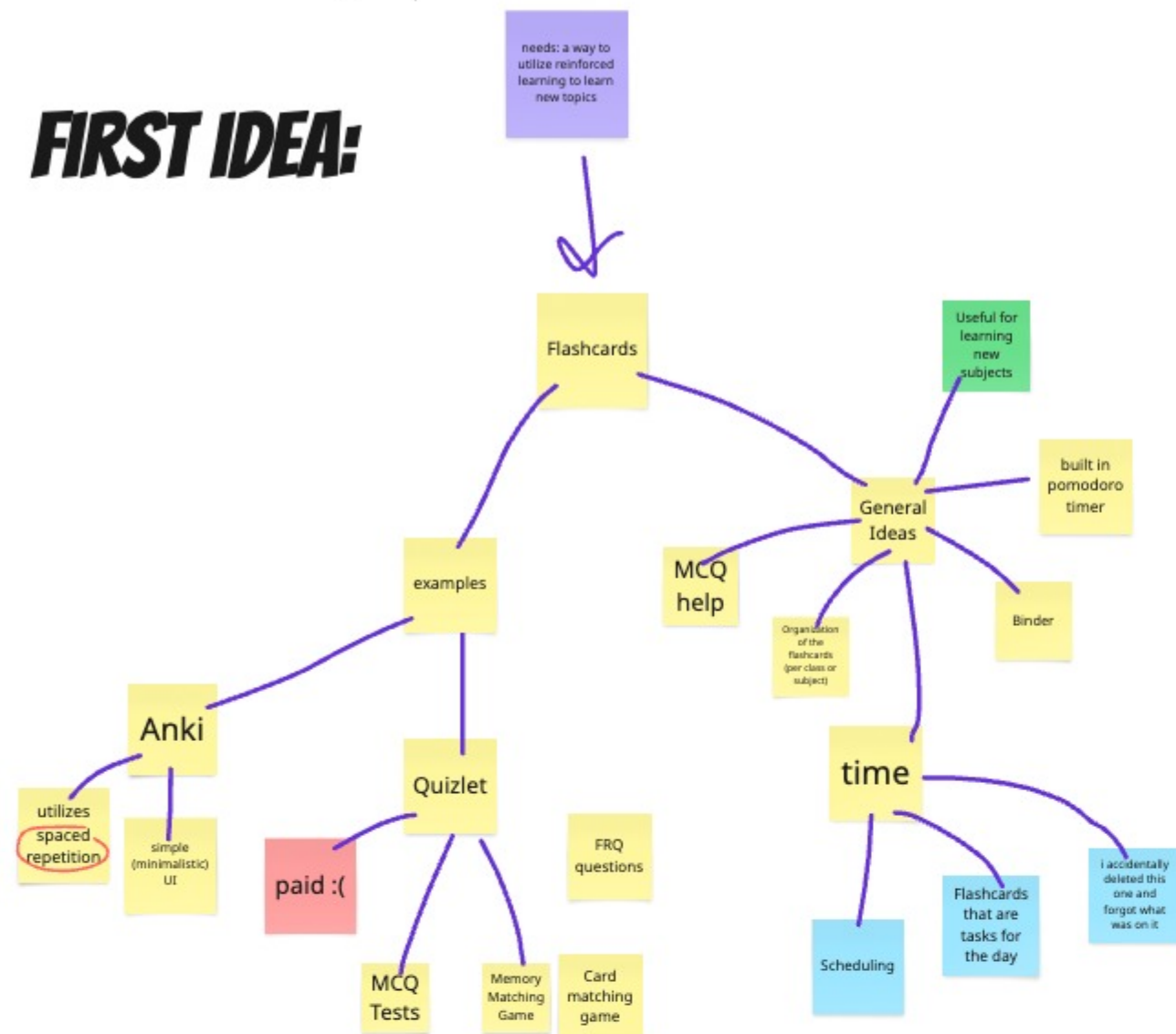
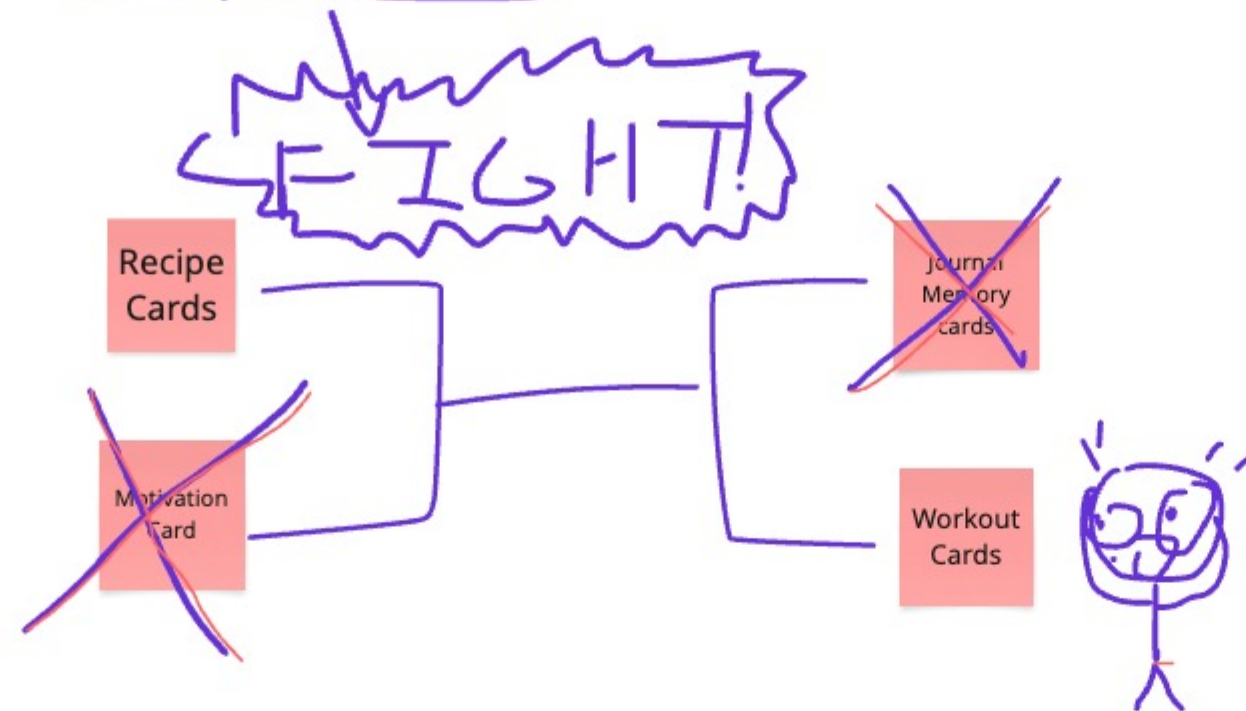


FIRST IDEA:

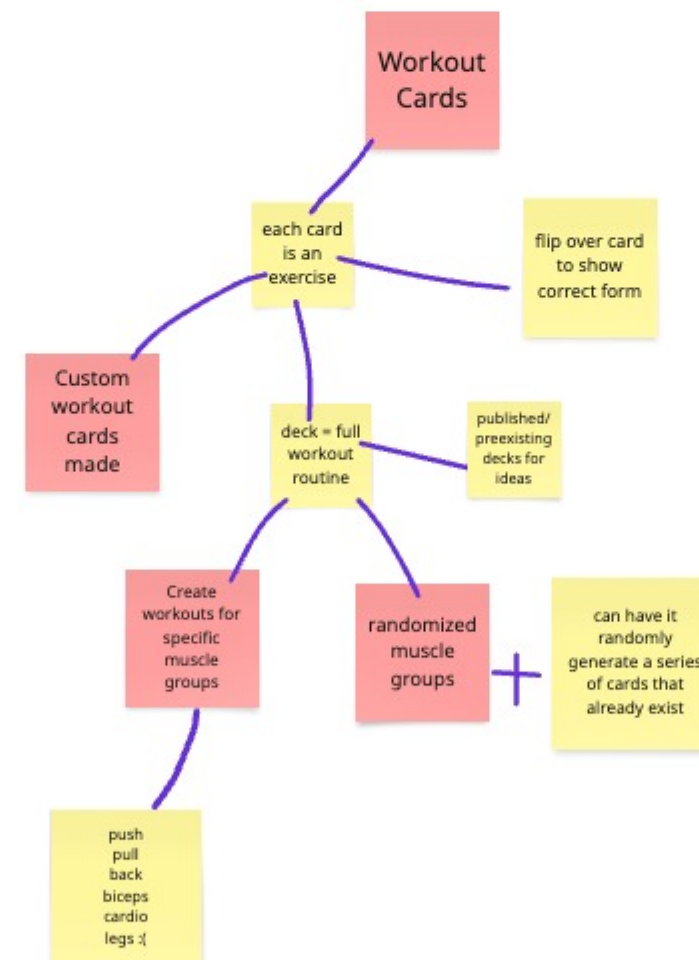


Good Ideas



Problem: Lack of organization and spiciness in working out

OUR IDEA:



FEATURES

- **CARDS FOR SPECIFIC WORKOUTS**
 - **BACKSIDE IS DIAGRAM OF PROPER WAY TO DO IT**
- **ORGANIZED BASED ON MUSCLE GROUPS OR WORKOUT TYPE**
- **SHUFFLE ABILITY TO BUILD A RANDOMIZED WORKOUT**
- **THEME/MOOD: BRIGHT + EXCITING**
- **STORE USER DATA ON WORKOUT VOLUME FOR PROGRESSIVE OVERLOAD**