

## SSEH 1104 Active Leadership Recreational Activity Debrief

Working within your team, you will be required to prepare and present a group assignment based around your selected group activity challenge/s. You will be expected to reflect upon and demonstrate your understanding of the theoretical aspects of the unit and to draw upon these concepts in the context of your group activity experience.

**Content:** You will be expected to provide a balance between demonstrating an awareness of leadership theory developed through the lecture component of the unit, and a discussion of your active leadership experience during practical group activity challenges. A reference list used to support your work should be presented.

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**A description of the task:** Provide a clear and concise description of chosen challenges and relevance to the concepts presented

Discussion Notes	Information Required	Responsible team member/s

**Awareness of team development:** Discuss and reflect upon appropriate group development theory and link group's development to appropriate theory, providing justification.

Discussion Notes	Information Required	Responsible team member/s

**Planning:** Your group should present important components of group planning processes with links to task outcomes. You may consider; the aspects of safety and risk management you considered, goal selection, how you planned to maximise group cohesion, the allocation of roles and responsibilities within your group, decision making processes, any conflict resolution required, and recording the experience.

Discussion Notes	Information Required	Responsible team member/s

**Leadership styles:** Your group should demonstrate an awareness of leadership styles with comprehensive reflection of styles exhibited within the group, and their impact on group processes

Discussion Notes	Information Required	Responsible team member/s

**Leadership attributes:** Include a discussion on qualities of good leaders and how leaders can emerge in different situations. Reflect on the leadership attributes within the group and how these contributed (positive or negative) to the optimisation of group processes.

Discussion Notes	Information Required	Responsible team member/s

**Group dynamics and individual self-awareness:** Your group should demonstrate an understanding of concepts related to group dynamics with a detailed reflection of the groups' dynamics and impact on processes. You may discuss the influence of group cohesion and individuals self-awareness on group processes during the completion of tasks.

Discussion Notes	Information Required	Responsible team member/s

**AND**, an overall summary reflection of the group's development over the semester with appropriate links to theory.

**Presentation style:** You are encouraged to be creative in the way you present your group assignment. In your group, you will need to decide the best way to reflect on your experience and convey your messages (mixed media presentations are encouraged). We recommend that you consider possible presentation formats during the task planning stage, as documenting your progress as a group on an ongoing basis will be important.

Discussion Notes	Information Required	Responsible team member/s