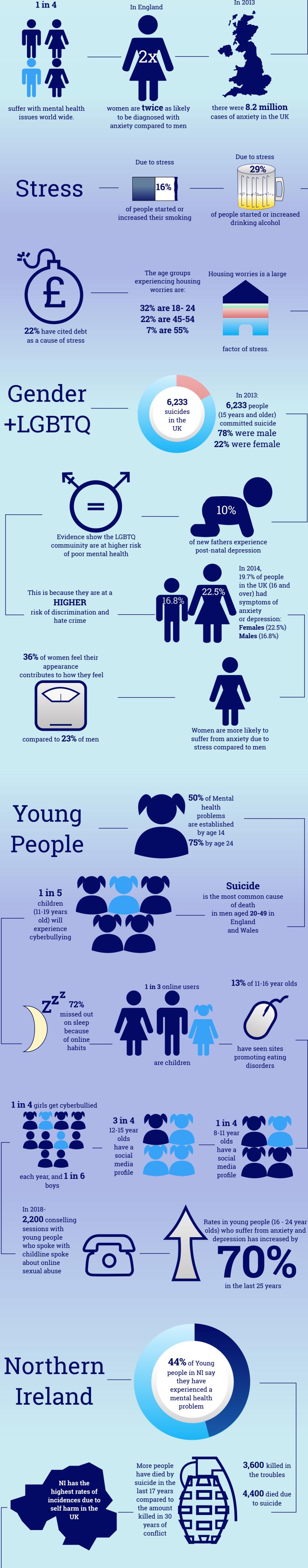
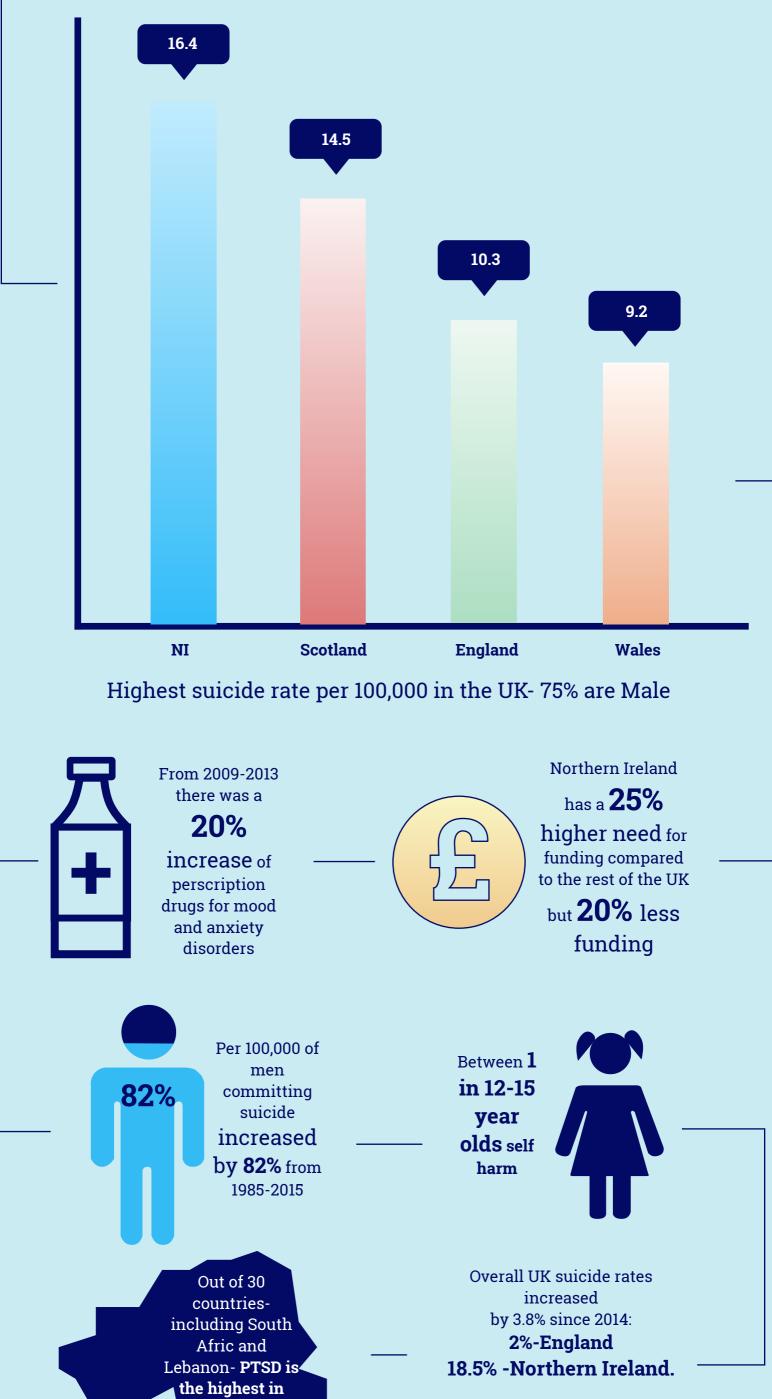
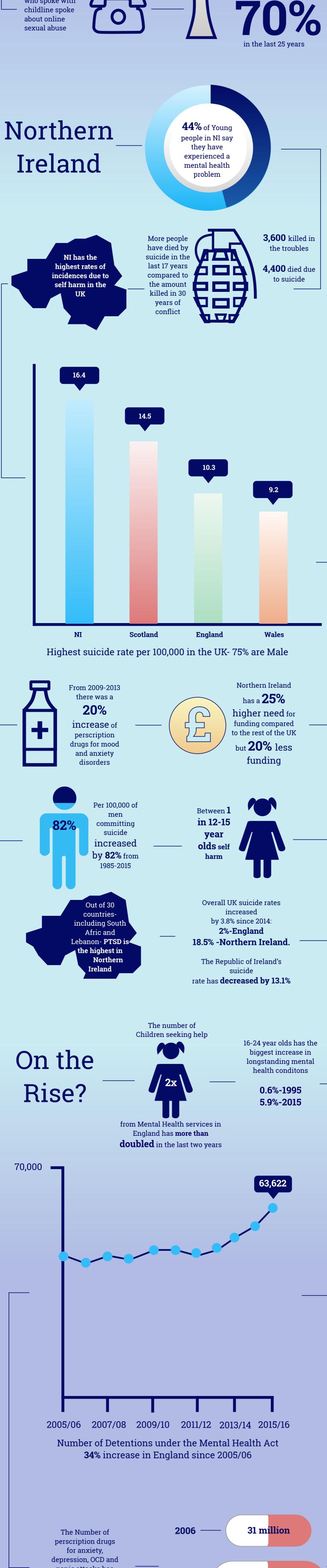
Mental Health in the UK 800,000 people die due to There are suicide every year Cases of mood disorders That is 1 every 40 seconds Mental Health is the overall in the UK including disease burden worldwide bipolar In 2013 1 in 4 In England there were **8.2 million** women are twice as likely suffer with mental health cases of anxiety in the UK issues world wide. to be diagnosed with anxiety compared to men Due to stress Due to stress 29% **Stress** 16% of people started or of people started or increased increased their smoking drinking alcohol The age groups Housing worries is a large experiencing housing worries are: 32% are 18-24 22% are 45-54 7% are 55% 22% have cited debt as a cause of stress factor of stress. Gender In 2013: 6,233 **6,233** people suicides (15 years and older) **+LGBTQ** in the committed suicide UK **78%** were male 22% were female 10% Evidence show the LGBTQ of new fathers experience community are at higher risk







panic attacks has increased by 65 million 2016 108.5% Number of young gamblers (11-19 year olds) has quadrupled in 2 years **12.8%** of 5-19 year olds are dealing with a mental disorder. With alot of the blame being place on TV ads and **Smart Phones** For anyone suffering from poor mental health- You are not alone Please seek help. The Samaritans -028 9066 4422 **Lifeline** -0808 808 8000 Childline - (Telephone) 0800 1111

Sources-https://ailsiseburns.github.io/infographic/sources.html