

## Ed 215 – Technology for Teaching and Learning 1

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Score: \_\_\_\_\_

Subject: \_\_\_\_\_ Schedule of Class: \_\_\_\_\_

### Creating ePortfolio as a Technology Tool

Task: Creating an ePortfolio (Google Sites or Wix)

1. Create an ePortfolio with the following parts
  - a. INTRODUCTION/ WELCOME PAGE
    - Introduction what is your portfolio about
    - Objectives of your e-portfolio

#### Dayon Kamo ,Sa Akoang Portfolio!

*A showcase of my academic journey and accomplishments.*

I invite you to explore my experiences as a college student. Discover my personal growth, notable achievements, and ambitious goals that have shaped my path. Prepare to be captivated, inspired, and enlightened as you unravel the layers of my educational journey.

#### Objectives:

Within this entire portfolio, it aims to:

- ✓ showcase academic goals that reflect a commitment to achieving excellence in my college journey;
- ✓ highlight academic and personal goals that promote holistic growth and development;
- ✓ reflect on my experiences and extract meaningful insights for well-defined plans for the future.



b. PERSONAL INFORMATION

□ Tell something about yourself

( you can include some pictures about your travel, friends, family, etc.)

**"MEET NIEÑA KATE"**

(*Conoce A Niña Kate*)



Hey there! My name is Nieña Kate, and I'm excited to share a little bit about myself with you. I have a bunch of things that I really enjoy. One of my favorite things to do is watch short videos. There's something so captivating about the concise and creative storytelling in those bite-sized clips. They're a great way to relax and unwind after a long day.

Now, let's talk about one of my pet peeves. You know what really annoys me? When someone enters the room while I'm peacefully sleeping and leaves the door wide open. It's like a double disturbance, and it disrupts my peaceful slumber. I appreciate privacy and a quiet environment when I'm catching up on some much-needed rest.

When it comes to hobbies, I find great pleasure in watching short videos (as mentioned earlier), but I also enjoy exploring different forms of entertainment. Whether it's binge-watching my favorite TV shows, discovering new movies, or diving into captivating books, I'm always seeking out new stories to immerse myself in and broaden my horizons.

Now, let's talk about a celebrity I admire. Hailey Bieber is someone I look up to. Her fashion sense, confidence, and positive influence make her a role model for me. I find her style inspiring, and her ability to use her platform for good is truly admirable.

When life gets a bit overwhelming, my go-to coping mechanism is going out alone. Taking some time for myself, whether it's going for a walk in nature, exploring new places, or simply enjoying my own company, helps me recharge and find balance. It's a way for me to reset and regain my focus.

**"THE KIND OF FAMILY I HAVE "**

(*El tipo de familia que tengo*)



Now, let me tell you a bit about my family. I come from a close-knit and loving family that means the world to me. There are four of us in total: my parents, my older sister, and myself. We share a deep bond and support each other through thick and thin.

One of my main responsibilities as a daughter is to maintain open and honest communication with my parents. I believe in sharing my thoughts, dreams, and concerns with them, as they have always been there to listen and offer their support and advice.

I also take pride in helping out around the house and contributing to the smooth functioning of our family life. Whether it's assisting with chores, running errands, or lending a helping hand whenever needed, I aim to alleviate the workload for my parents and create a harmonious environment.

Being a daughter means being a source of joy and happiness for my family. I strive to bring a positive and uplifting energy to our home, creating a warm and loving atmosphere that we all can thrive in.

**"MY FRIENDS: MY SOULMATE"**

(*Mis Amigas: Mi Alma Gemela*)



I am lucky to have a small group of friends who have been incredibly supportive throughout my life. Each of them has been there for me in different ways, providing valuable support and guidance.

One friend has always been a great listener, offering me advice and being a reliable source of comfort during tough times. Their presence has been a source of strength for me.

Another friend has a zest for adventure, constantly encouraging me to try new things and step out of my comfort zone. Their enthusiasm has inspired me to embrace new experiences and broaden my horizons.

I am grateful for a friend who shares my love for creativity. We often exchange ideas, collaborate on projects, and motivate each other to pursue our artistic passions.

Lastly, I have a friend whose intellect and thoughtfulness have expanded my understanding of the world. Engaging in deep conversations with them has broadened my perspectives and encouraged personal growth.

These friends have played important roles in my life, offering practical support, inspiration, and friendship. I appreciate their presence and the positive impact they have had on my journey.

**"IN TRAVELS, I FIND SERENITY "**

*(En los viajes encuentro )*



I don't go out much, but when I feel down or bothered, I find comfort by going to the sea or going camping. The sea has a calming effect on me. I love listening to the sound of the waves and taking in the wide-open ocean. Standing on the sandy beach, feeling the cool breeze and smelling the salty air, helps clear my mind and makes me feel peaceful. Similarly, when I go camping, I find solace in the simplicity of nature. Surrounded by trees and the quietness of the outdoors, I can forget about my worries and feel balanced again. These trips to the sea or camping have become my favorite getaways, giving me a chance to relax and recharge both mentally and emotionally.

**Before you continue scrolling through this portfolio, I would like to remind you that the content provided here only showcases the highlights of some activities and projects I created during my college years. I have chosen not to include some projects due to the lack of sufficient photos and videos. Please proceed.**

**( kindly include this Noynay, thanks! )**

c. ACADEMIC WORK / PORTFOLIO SECTIONS ( In any subjects)

- Projects: Showcase your best work, including descriptions and images.

***"1ON1 TALK: A HEARTFELT INTERVIEW WITH A TEACHER"***

*(Charla 1on1: Una entrevista sincera con una maestra )*



For my final project in the subject ED 124 Foundation of Special and Inclusive Education, I had the opportunity to interview a teacher who had experience teaching a special or gifted child during their time in service. The purpose of this interview was to gain insights into the challenges and successes encountered while working with these unique learners. This interview provided me with valuable insights into the challenges and successes encountered while working with special and gifted children. It reinforced the notion that special and inclusive education requires a multifaceted approach, involving individualized instruction, effective communication, collaboration, and the creation of inclusive learning environments. It has further motivated me to continue exploring this field and to advocate for the rights and needs of exceptional learners in my future endeavors.

***"STUDENTS COMMENTS ON FILIPINO VALUES"***  
*(Comentarios de estudiantes sobre los valores filipinos)*



In line with our subject on purposive communication, I conducted a project centered on exploring the significance of Filipino values during the Christmas season. The aim was to understand how students from different schools perceive and value Christmas and, more importantly, to identify the specific Filipino values that resonate with them during this festive time. Through this project, I have gained a deeper understanding of the Filipino values that underpin the Christmas season, as shared by students from different schools. It is my hope that this report will serve as a testament to the enduring significance of these values and inspire others to embrace and uphold them not only during Christmas but throughout the year.

***“ENGLISH 2D: A STATION ID”***

*(Inglés 2D: ID de estación)*



In our pursuit of understanding the intricate relationship between humans and the environment, our Environmental Science class embarked on a final project that aimed to shed light on the devastating impacts of climate change. We decided to create a Station ID and a documentary to document the stories of individuals who had been greatly affected by typhoons and other forms of climate change. Through interviews, gift-giving, and a heartwarming finale, our project aimed to raise awareness and inspire action for a more sustainable future. We witnessed firsthand the resilience and strength of individuals facing environmental challenges and realized the importance of collective efforts in addressing climate change. Our final project in Environmental Science was a transformative journey that aimed to shed light on the reality of climate change and its impacts on communities. Through the creation of a station ID and a documentary, we captured the stories of individuals affected by typhoons and other environmental challenges. By fostering empathy, raising awareness, and inspiring action, we hope to contribute to a more sustainable and resilient future for all.

- Assignments: Highlight academic or professional assignments that demonstrate your skills.

***"LETTERING ASSIGNMENT ON TD "***

*(Asignación de letras en TD )*



For our assignment in Introduction to Design and Fundamental Sketching, we were given the task of creating lettering from letters A to Z. Honestly, I found it quite challenging, considering that I'm not particularly skilled in this field. However, I decided to give it a shot, and surprisingly, I managed to create something that I actually like. I must admit, though, that the process wasn't easy. As someone who lacks experience in lettering, I had to put in a lot of effort and experimentation to come up with a design that I felt satisfied with. I spent hours refining each letter, trying different styles, and considering various compositions.

But you know what? Despite the initial difficulties, I found a sense of joy and fulfillment in the process. It was a chance for me to step out of my comfort zone and explore my creative side. Each stroke of the pen became a small victory, and with every letter that took shape, I gained more confidence in my abilities. Now, looking at the final result, I can't help but feel a sense of pride. The lettering may not be perfect by professional standards, but it's a representation of my personal growth and willingness to take on challenges. It's a testament to the progress I've made in this introductory course.

**"THE LITTLE ARTIST IN ME "**

(*La pequeña artista en mi*)



I am thrilled to share my experience working on our Arts Appreciation assignment, which involved creating an abstract piece and a coffee painting. Initially, I found it quite challenging to balance this project with my hectic schedule. However, I was determined to make it work and managed to find a way to allocate time efficiently, allowing me to execute my artworks beautifully. Despite the initial time constraints, I managed to embrace the creative process and fully immerse myself in the art-making journey. It was a fulfilling experience to see my ideas come to life on the canvas and witness the transformation of raw materials into meaningful pieces of art. This assignment not only challenged me to manage my time effectively but also allowed me to explore my artistic expression and appreciation for abstract art and coffee painting. It reminded me of the importance of finding balance amidst a busy schedule and the joy that comes from creating something beautiful.

- Presentations: Include slides or videos from presentations you've given.

Note: Regarding for this part Noynay, kindly attached here the video I sent. With thanks!

P.S. : Kindly put the video in the last part of this section, then continue.

***"LOOKALIKE: FEATURING THE LINGUISTS "***

*(Lokalike: Con las lingüistas )*



In our ENGL 122 Language, Culture, and Society class, our instructor challenged us to showcase our creativity. In our group photo, we portrayed renowned linguists. To put it briefly, each pair was assigned a linguist and tasked with creating a scenario centered around them. This unusual activity brought a unique energy to the class, as it was not something we frequently encountered. I take great pride in successfully adopting the mannerisms of my assigned linguist during our presentation. Through this presentation, I not only expanded my own linguistic horizons but also witnessed the diverse perspectives and imaginative talents of my classmates.

***"INSTRUCTIONAL MATERIAL MAKING"***

*(Fabricación de material educativo)*



During our Ed-215 Technology for Teaching and Learning 1 class, we had an interesting activity. We were asked to create traditional instructional materials as a contrast to modern ones. Each group had to present their materials, which required us to work together and communicate effectively. As we presented our materials to the class, our group stayed united and worked as a team. Looking back, this activity showed us the importance of working together and using different perspectives. It also made us appreciate the value of both traditional and modern teaching methods in education.

To wrap everything up, here are some clips from my presentation and those of my classmates. Enjoy watching!

**(INSERT VIDEO)**

- Publications: If applicable, include links or excerpts from any published work.

Leave this part blank. Don't include it in the portfolio. With thanks!

d. GOALS and REFLECTIONS

Academic Goals

***"ACHIEVING ACADEMIC SUCCESS: MY GOALS IN  
ACADEMIA"***

( Alcanzar el éxito académico: mis objetivos en la academia )



My three primary intellectual pursuits are as follows:

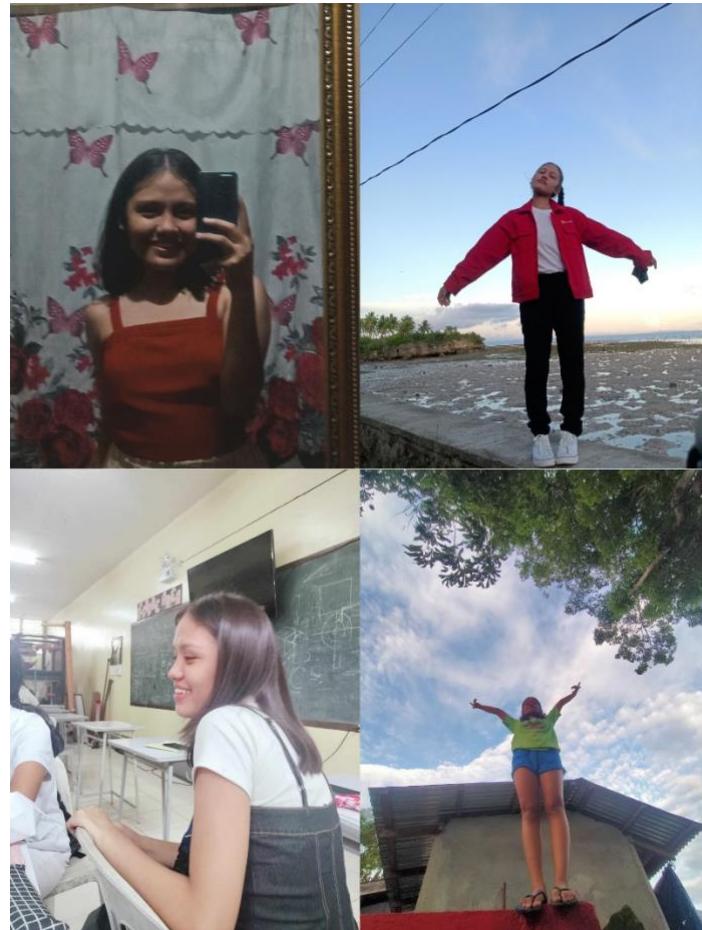
- 1) **Creating a well-structured study schedule:** I want to establish a clear and organized plan for my studies so that I can effectively manage my time, stay focused, and maximize my learning potential. A well-structured study schedule will help me prioritize tasks, avoid procrastination, and maintain a consistent study routine.
- 2) **Building strong reading stamina to read more books:** I am passionate about expanding my knowledge and exploring different subjects through reading. By developing strong reading stamina, I will be able to delve into more books, absorb information more efficiently, and broaden my intellectual horizons. This pursuit will enhance my critical thinking skills, vocabulary, and overall understanding of various topics.
- 3) **Achieving a GPA that allows me to remain in the university:** Maintaining a satisfactory GPA is important to me as it ensures my continued enrollment in the

university. By striving for a strong academic performance, I can demonstrate my commitment to my studies, open up opportunities for scholarships or future educational pursuits, and lay a solid foundation for my future career or academic endeavors.

## □ Personal Goals

**"WHAT I ASPIRE TO HAPPEN IN THE NEAR FUTURE "**

*(lo que aspiro a que suceda en el futuro)*



As I reflect on my life and envision my future, I have established personal goals that truly resonate with me. I aim to be **proactive** in all aspects of my life, taking initiative and being proactive in pursuing my dreams and aspirations. By being proactive, I want to seize opportunities, face challenges head-on, and take full ownership of my actions and decisions.

**Prioritizing my health and well-being** is one of my utmost concerns. I am committed to maintaining a fit and healthy lifestyle by engaging in regular exercise, consuming nutritious meals, and prioritizing self-care. By staying physically active and taking care of my body, I empower myself to lead a vibrant and fulfilling life.

Motivation serves as a vital driving force behind my actions and accomplishments. I strive to keep myself **motivated** and inspired by setting clear goals, celebrating small victories, and seeking out sources of inspiration and personal growth. By nurturing my motivation, I can overcome obstacles, maintain focus, and continuously strive for excellence in all areas of my life.

These personal goals hold deep meaning for me, and I am fully committed to consistently taking steps towards their realization. I firmly believe that by embodying proactivity, prioritizing my health, staying properly hydrated, and nurturing my motivation, I will cultivate a purposeful and fulfilling life that aligns with my vision and values.

## □ Reflections on your experiences and what you've learned

### ***"WHAT LIVING IN NINETEEN YEARS HAS TAUGHT ME"***

*(Lo que me ha enseñado vivir en diecinueve años )*



As a **teenager**, I have had the opportunity to explore my interests, discover my passions, and learn valuable life lessons. It has been a time of self-discovery and growth, where I have learned to navigate new responsibilities and make important decisions that shape my future. Through both successes and failures, I have come to understand the importance of perseverance and resilience.

As a **college student**, I have been exposed to a higher level of education and a diverse range of ideas and perspectives. The college experience has taught me the value of critical thinking, independent learning, and embracing intellectual curiosity. It has been a period of personal and academic growth, where I have learned to manage my time effectively, collaborate with peers, and adapt to new challenges.

Being a **daughter** has been a profound and transformative experience. I have learned the meaning of unconditional love, respect, and gratitude towards my parents. They have provided guidance, support, and nurtured my growth throughout the years. The bond between parents and children is a source of strength and inspiration, and I am grateful for the wisdom and life lessons they have imparted to me.

As a **sister**, I have had the privilege of sharing a unique bond with my sibling. Through this relationship, I have learned the importance of empathy, compassion, and the value of true friendship. Siblings have been there to support, challenge, and inspire me, and I have grown as an individual through these shared experiences.

Friendships have played a vital role in my life, teaching me the significance of trust, loyalty, and genuine connections. **Friends** have been there to celebrate my successes, offer a listening ear during times of difficulty, and provide a sense of belonging. I have learned valuable lessons about communication, understanding, and the power of shared experiences.

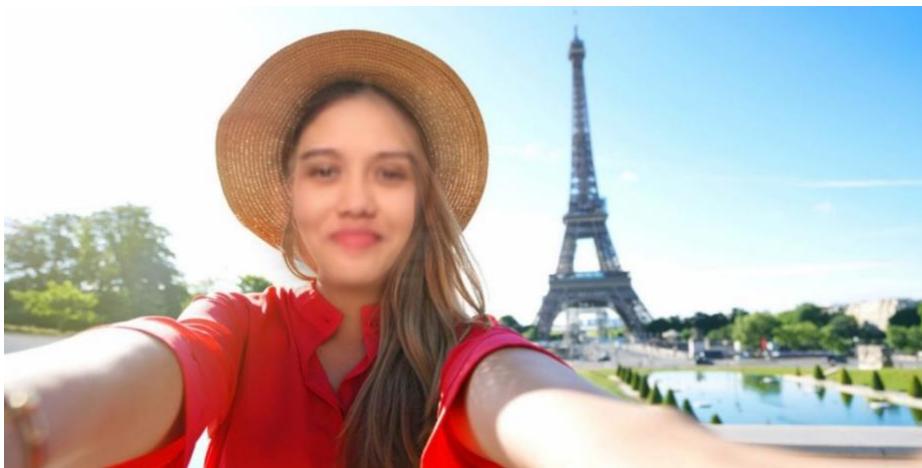
- Plans for the future

***"MAPPING MY FUTURE: A PLAN IN MOTION"***  
*(Mapeando mi futuro: un plan en marcha)*

Let me share with you my plans for the future. Please note that the picture does not represent me, and I have edited the face for privacy or other areas.



**Teaching:** I've recently been studying and I've discovered a deep passion for teaching. It's something I find incredibly fulfilling and meaningful. So, my plan is to pursue a career in the field of teaching. I want to make a difference in the lives of students by sharing knowledge, helping them learn, and supporting their growth.



**Working abroad:** Once I graduate, I have this strong desire to work abroad. It's been a dream of mine for a long time. I really want to immerse myself in different cultures, experience life in a foreign country, and gain valuable international work experience. I believe that working abroad will not only broaden my horizons but also allow me to learn from diverse perspectives and become a more globally aware individual.



**Agricultural business:** Another plan I have is to venture into the agricultural business. I've always been fascinated by the potential of agriculture and the importance of sustainable practices in this field. So, I'm considering starting my own agricultural business. I want to contribute to the development of sustainable farming methods, promote food security, and make a positive impact on the environment. It's an exciting opportunity to combine my passion for entrepreneurship with my interest in agriculture.

2. Please see RUBRICS in the second page.
3. Share your e-portfolio with your instructor. DO NOT Publish your work.
4. Please attached the screenshot of your output and the [link](#) as well. Link:

Screenshot:

**DEADLINE: January 18, 2024**

## RUBRICS in making an e-portfolio

Criteria	Exemplary (4)	Proficient (3)	Developing (2)	Needs Improvement (1)
<b>Content</b>	The e-portfolio includes a comprehensive and well-organized collection of work that demonstrates the student's skills, knowledge, and accomplishments.	The e-portfolio includes a variety of work that demonstrates the student's skills, knowledge, and accomplishments.	The e-portfolio includes some work that demonstrates the student's skills, knowledge, and accomplishments.	The e-portfolio includes very little work that demonstrates the student's skills, knowledge, and accomplishments.

<b>Organization</b>	The e-portfolio is well-organized and easy to navigate. The student has used clear and consistent headings, labels, and links.	The e-portfolio is organized and easy to navigate. The student has used headings, labels, and links.	The e-portfolio is somewhat organized, but it could be improved. The student has used some headings, labels, and links.	The e-portfolio is not well-organized and difficult to navigate. The student has not used headings, labels, or links effectively.
<b>Design</b>	The e-portfolio is visually appealing and easy to read. The student has used a consistent and professional design.	The e-portfolio is visually appealing and easy to read. The student has used a consistent design.	The e-portfolio is somewhat visually appealing and easy to read. The student has used some design elements.	The e-portfolio is not visually appealing and difficult to read. The student has not used design elements effectively.
<b>Reflection</b>	The e-portfolio includes thoughtful and insightful reflections on the student's work. The student has identified strengths and weaknesses, set goals, and made plans for improvement.	The e-portfolio includes some reflections on the student's work. The student has identified some strengths and weaknesses.	The e-portfolio includes very few reflections on the student's work. The student has not identified strengths or weaknesses.	The e-portfolio does not include any reflections on the student's work.
<b>Overall Effectiveness</b>	The e-portfolio is an excellent representation of the student's skills, knowledge, and accomplishments. It is well-organized, visually appealing, and includes thoughtful reflections.	The e-portfolio is a good representation of the student's skills, knowledge, and accomplishments. It is organized, visually appealing, and includes some reflections.	The e-portfolio is a fair representation of the student's skills, knowledge, and accomplishments. It could be improved in terms of organization, design, and reflections.	The e-portfolio is not a strong representation of the student's skills, knowledge, and accomplishments. It needs significant improvement in terms of organization, design, and reflections.