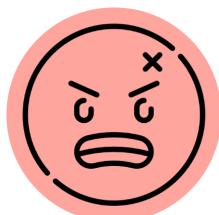




Song Name Artist Name

Song controls: Back, Forward, Volume, More

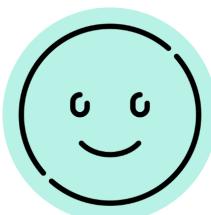
## Emotions



Angry



Anxious



Happy



Silly



Sad

## Goals



Be Mindful



Get Inspired



Destress

## Resources



### Parent/Teacher Guide

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### Meditation/Mindfulness

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### Audio Stories/Podcasts

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# Lavender

## About

[Our Idea](#)

[Our Story](#)



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