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| **Skills Developed** | **Challenge** | **Action taken** | **Results** | **Self-reflection/s Key takeaway** |
| **Adaptability**  (e.g challenge faced in an internship; situation where you handled a lot of pressure; time you failed) | I was teaching in an academic environment and the competitive teacher could not show up due to some mishappening. I was asked to take a substitution class on a very short notice. | I made a basic lesson plan and went on to teach a topic that was important for the examination. | It turned out that the students were already well versed with the academic section of the topic and lacked only competitive approach. So the class was more of a revision session for them and the students didn’t learn anything new | I then focused on my competitive section so that I can grow as a teacher. |
| **Analytical**  (e.g project where you had to perform detailed research and analysis) | At the time of my PhD synopsis submission, we were asked to select a tentative thesis title. | Being totally unaware of the workings of any industry and the trends prevailing in the same, it was a difficult choice, so I went through various pre-published research papers and did a through literature review, jotting down the relevant findings. | I was able to come up with a suitable thesis idea and the field of research which would be beneficial for practical application too. | A planned and well-formed strategy makes decision making process easier. Making a list of all available options helps better reflection on the situation. |
| **Communication**  (e.g convince someone of your idea, present complex information, get your point across) | While selecting the final topic on my PhD thesis, we were told to be crisp and on the track in accordance to the trends prevailing in the industry currently. | I had already done extensive research on the trends and found Automation and RFID to be quite impactful but at the same time it is not quite stereotypical. Being a comparatively new approach, lot of research has not been done on the same. So, I collected data and did a case study to show case the impact of autonomation and RFID on the industry. I prepared a .ppt presentation to illustrate my point of view better. | I was able to convince my mentor and the entire SRC that automation and RFID will prove to be better information exchange technology and is being adopted so the research on the same is fruitful. | Vivid and clear presentation of ideas and information makes communication easier and more efficient. |
| **Initiative**  (e.g stepped up to a challenge, identified a problem and took action to solve it, did something even though not your responsibility) | There was a student in my competitive batch who was a genius in my subject but was still not able to crack the competition even after multiple attempts. | I asked him to show me his score card and observed he was failing in the English section repeatedly. When I questioned him about the same, he told me that he was very week in English and our institute provided only science classes. I did some research and referenced him to a good English development platform. I also guided him on how to improve his English. | He was able to perform better in the next attempt and was selected in the attempt after that. | A little awareness about the environment provided better results. Some problems need to be identified by asking questions. |
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| **Leadership**  (e.g coordinated several people to achieve a goal, led a group but not successful) | We had a strip of forest in our home town that is a breeding ground of a lot of local flora and fauna. It is supposed to be deforested to expand the airport and the highways connecting the airport. | I coordinated an active movement against the deforestation where a lot of local colleges participated. We organized rallies, awareness campaigns against the deforestation, made posters and signed many petitions. | The order was already issues so the project is still being implemented but with the support of the local community, we were able to convince the administration to plant substantial amount of tress elsewhere to create a balance in the ecosystem. | Any effort, howsoever small, matters. |
| **Planning & Organization**  (e.g overcame a tight timeline, handled multiple responsibilities, manage your time and prioritize tasks) | I was an active debater in my school days. While I was in my high school, the debate incharge of my house put in a notice of the selected candidates but forgot to inform us. We were informed just a day before the inter house debate. | We had sessional tests during the same time and being informed just a day before would have not given me enough time to prepare a speech and memorize it too. I knew my tests are equally important so I talked to the incharge about allowing me to read from a written speech. I was told that the permission was granted but I would not be considered for the winner position. | I prepared a written speech and prepared for my test for the rest of the time. I scored good in the test and my speech in the debate was appreciated as well. | You have to loose some battles to win the war. Academic tests were higher on the priority list and the speech was well delivered. |
| **Problem-solving skills**  (e.g talk about a problem/obstacles faced to reach a goal and how you solved it) | I was recruited as a Mathematics teacher but was later told that I had to conduct some communication skills workshop too. | I have good communication skills but knowing and teaching something isn’t the same. So I asked the students what problems they mostly face while communicating and did research about the same. I prepared some tips for the students to follow for each complication. | Since the workshop was interactive and problem centered, it was fruitful for the pupils and a good experience for me. | Consistency is the key. |
| **Teamwork**  (e.g when you worked on a team to achieve a goal; conflict faced when working on a team; working with a team member not cooperative) | I was selected to be part of a team to participate in an inter college student fest. All the team members were from different fields and we didn’t know each other. | We were working to the best of our abilities to perform in the fest but the conflicts kept on arising since the skill set of each member was very different. One member, in particular was not interested in completing any task given to him. Being very near to the performance date, we had no other option to talk to him and ask him to either resign the team or perform the tasks given to him. It turned out that the member was being difficult because he was not given the role as per his skillset and was ignorant enough to talk about it. | Roles of all the members were reevaluated and suitable tasks were given to all. Our team performed well in the fest. | Good communication and a zeal to perform is a must for better performances of any team. |