SLEEP DISORDER PREDICTION

Sleep disorders are increasingly recognized as significant health concerns affecting millions worldwide. Identifying and addressing these disorders early can significantly improve individuals' quality of life and overall health outcomes. Our project aims to leverage machine learning techniques, specifically linear regression, to predict the likelihood of sleep disorders based on various factors. This project utilizes a dataset containing various sleep-related parameters such as sleep duration, quality of sleep, stress levels, and other lifestyle factors.

```
In [1]: import numpy as np
   import pandas as pd

#for visualizaion
   import matplotlib.pyplot as plt
   import seaborn as sns

#vif
   from statsmodels.stats.outliers_influence import variance_inflation_factor
   from scipy.stats import shapiro, kstest, normaltest #hypothesis testing

from sklearn.model_selection import train_test_split

#Linear regression
   from sklearn.linear_model import LinearRegression

#evaluation metrics for regression
   from sklearn.metrics import mean_absolute_error, mean_squared_error, r2_score
```

Problem Statement To predict if the patient suffers from sleep disorder Target Column: Sleep Disorder

```
In [2]: df = pd.read_csv("SDP_dataset.csv")
    df
```

0 1		
()111)	
Out	_	

:		Person ID	Gender	Age	Occupation	Sleep Duration	Quality of Sleep	Physical Activity Level	Stress Level	BMI Category	Heart Rate	Daily Steps
	0	1	Male	27	ASD	6.1	6	42	6	Overweight	77	4200
	1	2	Male	28	Dr	6.2	6	60	8	Normal	75	10000
	2	3	Male	28	Dr	6.2	6	60	8	Normal	75	10000
	3	4	Male	28	Sales Rep	5.9	4	30	8	Obese	85	3000
3	4	5	Male	28	Sales Rep	5.9	4	30	8	Obese	85	3000
	•••											
	369	370	Female	59	Hospital Worker	8.1	9	75	3	Overweight	68	7000
	370	371	Female	59	Hospital Worker	8.0	9	75	3	Overweight	68	7000
3	371	372	Female	59	Hospital Worker	8.1	9	75	3	Overweight	68	7000
	372	373	Female	59	Hospital Worker	8.1	9	75	3	Overweight	68	7000
	373	374	Female	59	Hospital Worker	8.1	9	75	3	Overweight	68	7000

374 rows × 12 columns

Out[3]:		Sleep Duration	Quality of Sleep	Stress Level	Sleep Disorder
	0	6.1	6	6	No Disorder
	1	6.2	6	8	No Disorder
	2	6.2	6	8	No Disorder
	3	5.9	4	8	Sleep Apnea
	4	5.9	4	8	Sleep Apnea
	•••				
	369	8.1	9	3	Sleep Apnea
	370	8.0	9	3	Sleep Apnea
	371	8.1	9	3	Sleep Apnea
	372	8.1	9	3	Sleep Apnea
	373	8.1	9	3	Sleep Apnea

374 rows × 4 columns

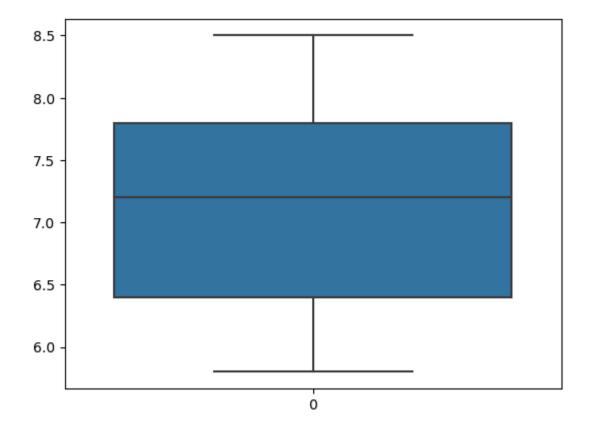
Exploratory Data Analysis (EDA)

```
In [4]: # Check the no of rows and columns of the data
        df1.shape
        (374, 4)
Out[4]:
        # Check for information
In [5]:
        df1.info()
        <class 'pandas.core.frame.DataFrame'>
        RangeIndex: 374 entries, 0 to 373
        Data columns (total 4 columns):
        # Column
                             Non-Null Count Dtype
            ----
                              -----
            Sleep Duration 374 non-null
                                             float64
            Quality of Sleep 374 non-null
                                             int64
            Stress Level
                              374 non-null
                                             int64
            Sleep Disorder
                             374 non-null
                                             object
        dtypes: float64(1), int64(2), object(1)
        memory usage: 11.8+ KB
In [6]:
       # Check for statistical information
        df1.describe()
```

```
count
                    374.000000
                                   374.000000
                                              374.000000
          mean
                      7.132086
                                     7.312834
                                                5.385027
                      0.795657
            std
                                     1.196956
                                                1.774526
                                     4.000000
                                                3.000000
           min
                      5.800000
           25%
                      6.400000
                                     6.000000
                                                4.000000
           50%
                      7.200000
                                     7.000000
                                                5.000000
           75%
                      7.800000
                                     000000.8
                                                7.000000
                      8.500000
                                     9.000000
                                                8.000000
           max
          # Check for no. of categories in target column
          df1["Sleep Disorder"].unique()
          array(['No Disorder', 'Sleep Apnea', 'Insomnia'], dtype=object)
 Out[7]:
 In [8]: # Count for each category in the target column
          df1["Sleep Disorder"].value_counts()
         Sleep Disorder
 Out[8]:
          No Disorder
                         219
          Sleep Apnea
                          78
                          77
          Insomnia
          Name: count, dtype: int64
 In [9]: # Check for missing values
          df1.isnull().sum()
         Sleep Duration
                               0
 Out[9]:
          Quality of Sleep
                               0
          Stress Level
                               0
          Sleep Disorder
                               0
          dtype: int64
In [12]: # Check For Outliers
          sns.boxplot(df1["Sleep Duration"])
          <Axes: >
Out[12]:
```

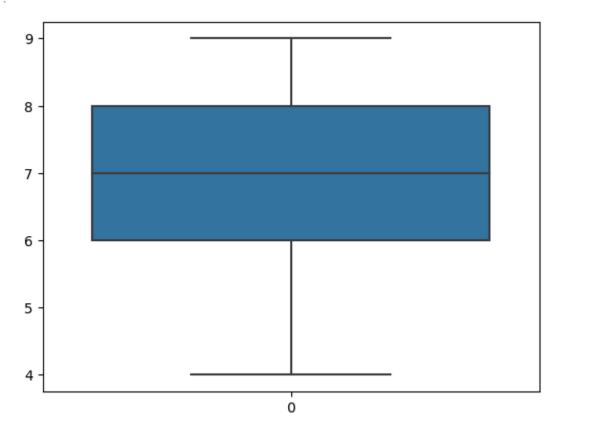
Sleep Duration Quality of Sleep Stress Level

Out[6]:



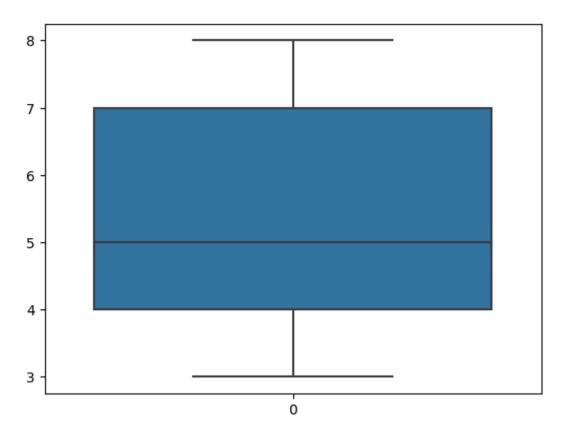
```
sns.boxplot(df1["Quality of Sleep"])
In [10]:
```

<Axes: > Out[10]:

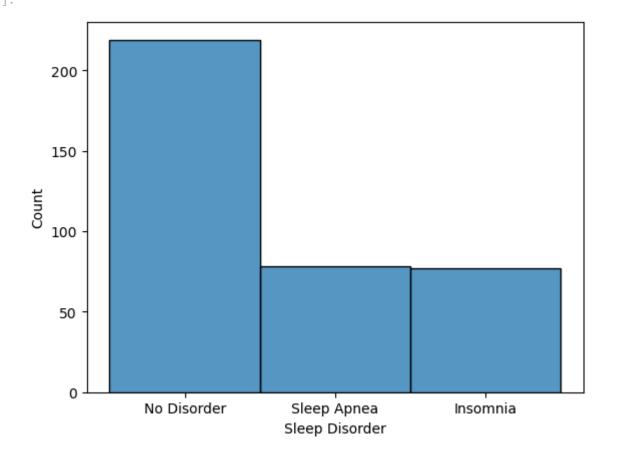


```
In [11]: sns.boxplot(df["Stress Level"])
         <Axes: >
```

Out[11]:



```
In [12]: sns.histplot(df["Sleep Disorder"])
Out[12]: <Axes: xlabel='Sleep Disorder', ylabel='Count'>
```



Feature Engineering

```
In [13]: # Convert whole data in numerical format
         df1.info()
         <class 'pandas.core.frame.DataFrame'>
         RangeIndex: 374 entries, 0 to 373
         Data columns (total 4 columns):
          #
              Column
                                 Non-Null Count Dtype
              ----
          ---
                                 -----
                                                 ----
              Sleep Duration
                                                 float64
          0
                                 374 non-null
              Quality of Sleep 374 non-null
                                                 int64
              Stress Level
                                                 int64
                                 374 non-null
              Sleep Disorder
                                374 non-null
                                                 object
         dtypes: float64(1), int64(2), object(1)
         memory usage: 11.8+ KB
         df1["Sleep Disorder"].unique()
In [14]:
         array(['No Disorder', 'Sleep Apnea', 'Insomnia'], dtype=object)
Out[14]:
In [15]:
         df1["Sleep Disorder"].replace({'No Disorder': 0, 'Sleep Apnea': 1, 'Insomnia': 2}, input
Out[15]:
              Sleep Duration Quality of Sleep Stress Level Sleep Disorder
           0
                        6.1
                                        6
                                                   6
                                                                0
           1
                        6.2
                                        6
                                                                0
           2
                        6.2
                                        6
                                                   8
                                                                0
           3
                        5.9
                                                                1
           4
                        5.9
                                        4
                                                   8
                                                                1
                                                   3
         369
                        8.1
                                        9
                                                                1
                        8.0
         370
                                                   3
                                                                1
         371
                        8.1
                                        9
                                                   3
                                                                1
         372
                        8.1
                                                   3
                                                                1
         373
                        8.1
                                        9
                                                   3
                                                                1
         374 rows × 4 columns
```

In [16]: df1.info()

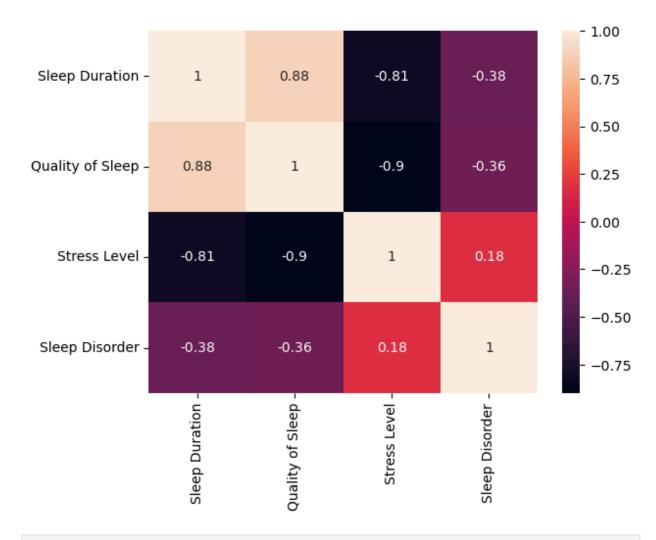
```
<class 'pandas.core.frame.DataFrame'>
RangeIndex: 374 entries, 0 to 373
Data columns (total 4 columns):
#
    Column
                     Non-Null Count Dtype
                     -----
0
    Sleep Duration
                     374 non-null
                                     float64
    Quality of Sleep 374 non-null
                                     int64
1
    Stress Level
                     374 non-null
                                     int64
    Sleep Disorder
                     374 non-null
                                     int64
dtypes: float64(1), int64(3)
memory usage: 11.8 KB
```

Feature Selection

Assumption 1: Linearity

There should be a linear relationship between independant and dependant variables. Therefore, to check the same we use correlation

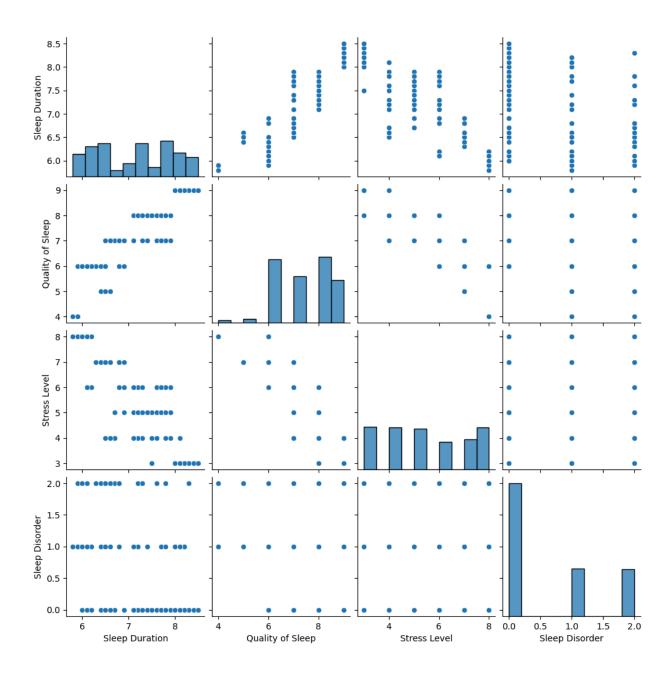
```
In [17]: # Correlation
           df1.corr()
                           Sleep Duration Quality of Sleep Stress Level Sleep Disorder
Out[17]:
            Sleep Duration
                                  1.000000
                                                  0.883213
                                                              -0.811023
                                                                              -0.382045
           Quality of Sleep
                                  0.883213
                                                  1.000000
                                                              -0.898752
                                                                              -0.357477
               Stress Level
                                                  -0.898752
                                                               1.000000
                                                                               0.181296
                                 -0.811023
            Sleep Disorder
                                 -0.382045
                                                  -0.357477
                                                               0.181296
                                                                               1.000000
In [18]:
           # Plotting Heatmap for correlation
```



In [22]: # Pairplot
sns.pairplot(df1)

D:\ANACONDA3\Lib\site-packages\seaborn\axisgrid.py:118: UserWarning: The figure layou
t has changed to tight
self._figure.tight_layout(*args, **kwargs)

Out[22]: <seaborn.axisgrid.PairGrid at 0x26f13753f90>



Assumption 2: No Multicolinearit

There should not be strong corelation between 2 independant features We check this by vif (variance_inflation_factor) vif = 1/R2_score

```
In [19]: df2 = df1.iloc[:,:3]
    df2
```

Out[19]:	SI	eep Duration	Quality of Sleep	Stress Level		
	0	6.1	6	6		
	1	6.2	6	8		
	2	6.2	6	8		
	3	5.9	4	8		
	4	5.9	4	8		
	369	8.1	9	3		
	370	8.0	9	3		
	371	8.1	9	3		
	372	8.1	9	3		
	373	8.1	9	3		
In [20]:	<pre>374 rows × 3 columns vif_df = pd.DataFrame() vif_df["Features"] = df2.columns vif_df</pre>					
Out[20]:		Features				
	0 Slee	p Duration				
	1 Qual	ity of Sleep				
	2 9	Stress Level				
In [21]:	<pre>vif_list = [] for i in range(df2.shape[1]): vif = variance_inflation_factor(df2.to_numpy(),i) vif_list.append(vif)</pre>					
In [22]:	vif_li	st				
Out[22]:	[309.59	93780212807	64, 244.1846036	09441568, 10		
T- [22].		FINATE II 3	:C 1:-+			
In [23]:	vit_df	["VIF"] = v	1+_list			

vif_df

```
VIF
Out[23]:
                  Features
            Sleep Duration 309.593780
          1 Quality of Sleep
                          244.184603
          2
                Stress Level
                           10.266207
In [24]: x = df1.iloc[:,:3] # independent features
          y = df1["Sleep Disorder"] # Target Feature
          xtrain,xtest,ytrain,ytest = train_test_split(x,y,test_size=0.2)
In [25]:
          xtrain.shape
In [26]:
          (299, 3)
Out[26]:
In [27]:
          ytrain.shape
          (299,)
Out[27]:
In [28]:
          xtest.shape
          (75, 3)
Out[28]:
          ytest.shape
In [29]:
         (75,)
Out[29]:
          Model Training
In [30]:
         lin reg = LinearRegression()
          lin_reg
Out[30]:
          ▼ LinearRegression
         LinearRegression()
         lin_reg_model = lin_reg.fit(xtrain, ytrain)
In [31]:
```

Assumption 3: Normality of Residual

lin_reg_model

▼ LinearRegression

LinearRegression()

Out[31]:

In this assumption we try to visualize the error using: check for assumption 3: visualization: kdeplot/histplot qqplot hypothesis testing: shapiro kstest normaltest

```
In [32]: ytrain
         25
                0
Out[32]:
         342
                0
         309
                2
         33
                0
         305
                1
                2
         190
                0
         341
                0
         317
         181
                0
         368
                1
         Name: Sleep Disorder, Length: 299, dtype: int64
In [33]: ytrain_predict = lin_reg_model.predict(xtrain)
In [34]: ytrain_predict
```

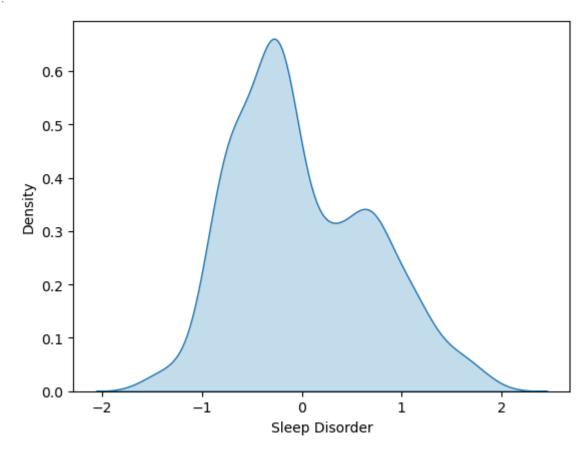
```
array([ 0.22980203,
                    0.23236999, 0.4216351, 0.7255982,
                                                          0.7255982 ,
                                 0.67108202,
                    0.97504512,
                                              0.4216351 ,
                                                          0.68548184,
        0.44735163,
        0.77703128, 0.94624547,
                                0.16653709,
                                             0.93492876,
                                                          0.31003475,
        0.23236999,
                    0.77446331, 1.41067403,
                                              0.20665346,
                                                          0.76571457,
        0.76571457,
                    0.76571457,
                                 0.23236999,
                                              0.32700254,
                                                          0.7255982 ,
        0.76006348,
                    1.04087802, 0.23236999,
                                             0.76571457,
                                                          0.16653709,
        1.38495749, 0.7255982, 0.23236999,
                                              0.76571457,
                                                          0.15213727,
        0.15213727, 1.41067403, 0.76571457,
                                              0.07755563,
                                                          1.45079039,
                    0.31003475,
                                                          1.45079039,
        0.15213727,
                                 1.38495749,
                                              0.7255982 ,
        0.97504512, 0.7255982 , 1.34484113,
                                             0.24676982,
                                                          0.31260272,
                                              1.45079039,
        0.7255982 ,
                    0.31260272, 0.31003475,
                                                          0.1120209 ,
        0.31260272,
                    0.27248636,
                                1.41067403,
                                              0.15213727,
                                                          0.68548184,
        0.1120209 , 0.15213727, 0.73691491,
                                              0.23236999,
                                                          0.76571457,
        0.97504512, 0.26991839, 0.32700254,
                                              0.16653709,
                                                          0.20665346,
        0.40723527,
                    0.7255982 , 0.16653709,
                                              0.93492876,
                                                          0.15213727,
        0.16653709, 0.32700254, 0.76571457,
                                             0.20665346,
                                                          1.67195281,
        0.76571457,
                    0.76571457, 0.16653709,
                                              0.24676982,
                                                          0.7255982 ,
        0.19225363,
                    0.1120209 , 0.7255982 ,
                                              0.97504512,
                                                          0.77703128,
                                             0.73691491,
                                                          0.73691491,
        0.36711891, 0.4216351, 0.26991839,
        0.73434695, 0.7255982, 0.07755563,
                                              0.20665346,
                                                          0.34140237,
        0.35015111, 1.37055767, 0.73691491,
                                              0.31260272,
                                                          0.20665346,
        0.7255982 , 0.40723527, 0.15213727,
                                                          1.28775697,
                                              0.40723527,
        0.15213727, 0.31003475, 0.23236999,
                                              0.35015111,
                                                          0.69679855,
        0.27248636, -0.05719329, 0.27248636,
                                                          0.1120209 ,
                                              0.8948124 ,
        0.36711891, 0.76006348, 0.44735163,
                                              1.3679897,
                                                          0.15213727,
                                                          0.77703128,
        0.93492876, 0.23236999, 0.80017985, 0.31260272,
        0.35015111, 0.76571457, 0.67108202,
                                              1.32787334,
                                                          0.19225363,
        0.68548184, 0.73691491,
                                 0.7255982 ,
                                              0.19225363,
                                                          0.77703128,
                   1.3679897 ,
                                             0.68548184,
                                                          0.26991839,
        0.73691491,
                                0.36711891,
        0.24676982, 0.16653709,
                                0.28688618,
                                              0.94624547,
                                                          0.68548184,
        0.80017985,
                    0.8948124 ,
                                 0.23236999,
                                              0.31003475,
                                                          0.16653709,
        0.76571457,
                    0.40723527, 0.19225363,
                                             0.8948124 ,
                                                          0.16653709,
        1.32787334, 0.8948124, 0.16653709,
                                              0.76571457,
                                                          0.20665346,
        0.15213727, 0.31003475, 0.27248636,
                                              0.7255982 ,
                                                          0.03743926,
        1.41067403,
                    0.27248636, 0.77446331, 0.31260272,
                                                          1.28775697,
        1.41067403, 0.26991839, 0.40723527, 0.76571457,
                                                          1.41067403,
        0.31260272, 0.12642073, 0.26991839,
                                              0.68548184,
                                                          0.1120209 ,
        0.26991839, 0.26991839, 0.36711891,
                                                          0.7255982 ,
                                             0.76571457,
        0.19225363, 0.8948124, 0.61656583, 0.77703128,
                                                          0.31003475,
        0.97504512, 0.73691491, 0.69679855,
                                              0.76571457,
                                                          0.7255982 ,
                    0.55073293, 0.26991839,
                                                          0.1120209 ,
        0.93492876,
                                              0.16653709,
        0.7255982 ,
                   1.37055767, 0.31260272,
                                                          0.73691491,
                                             0.77703128,
        1.45079039, 0.55073293, 0.77703128,
                                              0.69679855,
                                                          0.36711891,
        0.76571457,
                    1.71206917,
                                 0.31003475,
                                              0.15213727,
                                                          1.45079039,
                                              0.1120209 ,
        1.41067403,
                    0.77703128,
                                0.76571457,
                                                          0.40723527,
                                              0.7255982 ,
        0.44735163, 0.31260272, 0.9606453,
                                                          0.31003475,
        1.41067403, 0.31003475,
                                 1.67195281,
                                              1.41067403,
                                                          0.49621674,
                    0.1120209 ,
        1.32787334,
                                1.41067403,
                                              0.76571457,
                                                          0.16653709,
        0.27248636, 0.23236999,
                                0.93492876, 0.57644946,
                                                          0.93492876,
        0.27248636, 0.76571457, 0.73691491,
                                              0.73691491,
                                                          0.76571457,
        0.8948124 ,
                    1.04087802, 0.77703128,
                                              0.73691491,
                                                          0.68548184,
        0.31260272, 0.28688618, 0.40723527,
                                             0.15213727,
                                                          0.55073293,
                                              0.8948124 ,
        1.45079039, 0.73691491, 0.73691491,
                                                          0.20665346,
                    0.68548184, 0.97504512,
        0.35015111,
                                              0.27248636,
                                                          0.22980203,
        0.40723527,
                    0.77703128,
                                0.7255982 , 0.26991839,
                                                          0.76571457,
        0.73691491,
                    0.20665346, 0.8948124,
                                              1.67195281,
                                                          0.76571457,
        0.46175146,
                    0.8948124 ,
                                              0.7255982 ,
                                0.31260272,
                                                          0.40723527,
        0.4216351 ,
                    0.27248636, 0.22980203,
                                              0.68548184, 0.73691491,
        0.45610038, 0.76571457, 0.76571457,
                                              0.36711891, 1.37055767,
        0.23236999, 0.1120209, 0.16653709, 0.27248636])
```

```
In [35]: # Assuming you have fitted a linear regression model and obtained predictions
y_pred = lin_reg_model.predict(xtrain)

# Compute residuals
residual = ytrain - y_pred

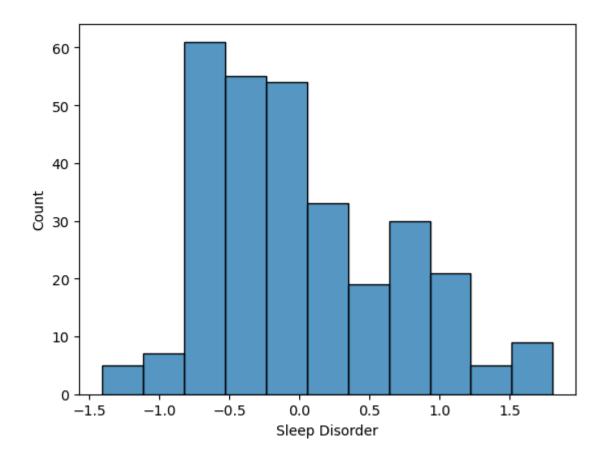
# Plot kernel density estimate of residuals
import seaborn as sns
sns.kdeplot(residual, fill=True)
```

Out[35]: <Axes: xlabel='Sleep Disorder', ylabel='Density'>



```
In [36]: sns.histplot(residual)
```

Out[36]: <Axes: xlabel='Sleep Disorder', ylabel='Count'>



Hypothesis Testing

```
In [37]: stats, p_val = shapiro(residual)
    print(stats,p_val)

if p_val>=0.05:
        print("DATA is normally distributed")
        print("Null hypothesis H0 is true")

else:
        print("Data is not normally distributed")
        print("alternative hypothesis H1 is true")

0.9524638652801514 2.8675071206407665e-08
    Data is not normally distributed
    alternative hypothesis H1 is true

In [38]: df_float = df2.astype(float)
    df_float
```

Out[38]:		Sleep Duration	Quality of Sleep	Stress Level
	0	6.1	6.0	6.0
	1	6.2	6.0	8.0
	2	6.2	6.0	8.0
	3	5.9	4.0	8.0
	4	5.9	4.0	8.0
	•••			
	369	8.1	9.0	3.0
	370	8.0	9.0	3.0
	371	8.1	9.0	3.0
	372	8.1	9.0	3.0
	373	8.1	9.0	3.0

374 rows × 3 columns

```
In [39]: df3 = np.log(df_float)
    df3
```

Out[39]:		Sleep Duration	Quality of Sleep	Stress Level
	0	1.808289	1.791759	1.791759
	1	1.824549	1.791759	2.079442
	2	1.824549	1.791759	2.079442
	3	1.774952	1.386294	2.079442
	4	1.774952	1.386294	2.079442
	•••			
	369	2.091864	2.197225	1.098612
	370	2.079442	2.197225	1.098612
	371	2.091864	2.197225	1.098612
	372	2.091864	2.197225	1.098612
	373	2.091864	2.197225	1.098612

374 rows × 3 columns

```
In [40]: # residuals replaced with your actual residual
    residuals = np.random.normal(loc = 0, scale = 1, size = 100)

#shapiro-wilk test for normality
    statistic, p_value = shapiro(residuals)
    print("Shapiro-wilk test statistic:", statistic)
    print("p-value:", p_value)
```

```
# check if the residuals are normally distributed
if p_value >= 0.05:
    print("residuals are normally distributed")
else:
    print("residuals are not normally distributed")
```

Shapiro-wilk test statistic: 0.9802603721618652

p-value: 0.13928022980690002

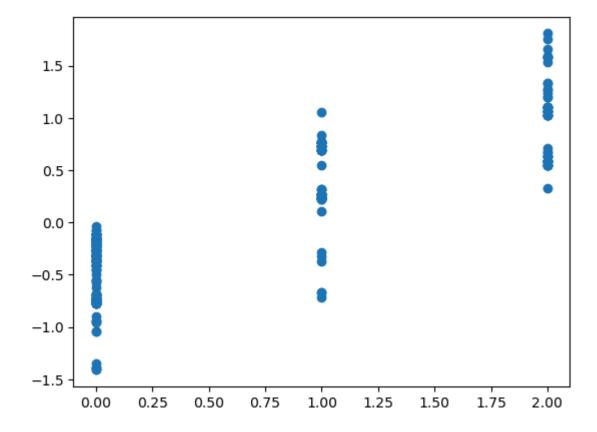
residuals are normally distributed

Assumption 4: Homoscadasticity

error variance = constant

In [41]: plt.scatter(ytrain, residual) #matplotlib visualization

Out[41]: <matplotlib.collections.PathCollection at 0x1db6cc27010>



Model Evaluation

```
In [42]: mse = mean_squared_error(ytrain,ytrain_predict)
    print(f"Mean Squared error : {mse}")

rmse = np.sqrt(mse)
    print(f"Root Mean Squared error : {rmse}")

mae = mean_absolute_error(ytrain,ytrain_predict)
    print(f"Mean Absolute error : {mae}")
```

```
r2score = r2_score(ytrain,ytrain_predict)
print(f"R2 score : {r2score}")
```

Mean Squared error : 0.46047490730821394 Root Mean Squared error : 0.6785830143086503 Mean Absolute error : 0.5692451605135611

R2 score: 0.25107485831280674

Model Evaluation for Testing:

```
In [43]: ytest
Out[43]:
         245
                2
         356
                1
         55
         258
                2
               . .
         112
                0
         235
                2
         42
                0
         159
                0
         354
         Name: Sleep Disorder, Length: 75, dtype: int64
In [44]: ytest_predict = lin_reg_model.predict(xtest)
         ytest_predict
        array([ 0.12642073, 1.45079039, 0.31260272, 0.76571457, 1.41067403,
Out[44]:
                 0.07755563, 0.7255982 , 0.20665346, 0.73691491, 0.46175146,
                 0.97504512, 0.73691491, 0.97504512, 0.36711891, 0.76571457,
                 0.93492876, 0.16653709, 1.41067403, 0.49621674, 0.1120209,
                 0.1120209, 0.15213727, 0.1120209, 0.22980203, 0.16653709,
                 0.63096565, 0.15213727, 0.97504512, 0.76571457, 0.73691491,
                 0.31003475, 1.45079039, 1.71206917, 0.97504512, 0.68548184,
                 0.1120209, 0.76571457, 0.97504512, 0.16653709, 0.40723527,
                 1.41067403, 0.69679855, 0.35015111, 0.8948124, -0.05719329,
                 0.8948124 , 0.80583093, 1.34484113, 1.41067403, 0.73691491,
                 0.27248636, 0.77703128, 0.76571457, 0.76571457, 0.27248636,
                 0.16653709, 0.8948124, 0.24676982, 0.44735163, 0.27248636,
                 0.97504512, 0.77703128, 0.31003475, 0.73691491, 0.20665346,
                 0.7255982 , 0.8948124 , 0.73691491, 0.31003475, 0.7255982 ,
                 0.73691491, 0.97504512, 0.31003475, 0.40723527, 0.31260272])
         mse = mean squared error(ytest,ytest predict)
In [45]:
         print(f"Mean Squared error : {mse}")
         rmse = np.sqrt(mse)
         print(f"Root Mean Squared error : {rmse}")
         mae = mean absolute error(ytest, ytest predict)
         print(f"Mean Absolute error : {mae}")
         r2score = r2_score(ytest,ytest_predict)
         print(f"R2 score : {r2score}")
```

Mean Squared error : 0.5624104925597672 Root Mean Squared error : 0.7499403259991871 Mean Absolute error : 0.6406265285308256

R2 score : 0.26701598224080414

Save Model into pickle file

```
In [46]: import pickle
In [47]: with open("lin_model.pkl","wb") as f:
             pickle.dump(lin_reg_model,f)
         def predictions(Sleep_Duration, Quality_of_Sleep, Stress_Level):
In [48]:
             # Create a DataFrame with the provided sleep parameters
             test_df = pd.DataFrame({"Sleep Duration": [Sleep_Duration],
                                      "Quality of Sleep": [Quality_of_Sleep],
                                      "Stress Level": [Stress_Level]
                                      })
             print(test df)
             # Load the trained model
             with open("lin_model.pkl", "rb") as f:
                 final model = pickle.load(f)
                 # Predict sleep disorder
                 sleep_disorder = final_model.predict(test_df)
                 print(f"Sleep Disorder: {sleep disorder}")
In [49]: # Example usage:
         predictions(6.1, 6, 6)
            Sleep Duration Quality of Sleep Stress Level
                       6.1
         Sleep Disorder: [1.38495749]
```

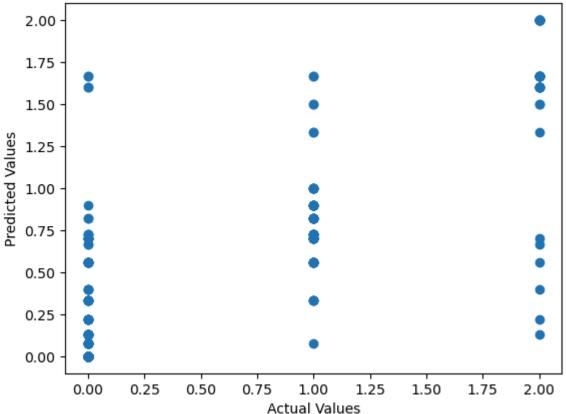
Model Training using Decision tree

Model Evaluation

```
In [61]: ytrain_pred = dt_reg_model.predict(xtrain)
```

```
In [66]:
         from sklearn.metrics import mean_squared_error, mean_absolute_error, r2_score
         import seaborn as sns
         import matplotlib.pyplot as plt
         ## For Training Data
         mse = mean_squared_error(ytrain, ytrain_pred)
         print(f"Mean Squared Error (MSE) : {mse}")
         print("*" * 60)
         mae = mean_absolute_error(ytrain, ytrain_pred)
         print(f"Mean Absolute Error (MAE) : {mae}")
         print("*" * 60)
         r2 = r2_score(ytrain, ytrain_pred)
         print(f"R-squared (R2) Score : {r2}")
         print("*" * 60)
         plt.scatter(ytrain, ytrain_pred)
         plt.xlabel("Actual Values")
         plt.ylabel("Predicted Values")
         plt.title("Actual vs. Predicted Values (Training Data)")
         plt.show()
```

Actual vs. Predicted Values (Training Data)



```
In [68]: from sklearn.metrics import mean_squared_error, mean_absolute_error, r2_score
         ## For Training Data
         mse = mean_squared_error(ytrain, ytrain_pred)
         print(f"Mean Squared Error (MSE) : {mse}")
         print("*" * 60)
         mae = mean_absolute_error(ytrain, ytrain_pred)
         print(f"Mean Absolute Error (MAE) : {mae}")
         print("*" * 60)
         r2 = r2_score(ytrain, ytrain_pred)
         print(f"R-squared (R2) Score : {r2}")
         print("*" * 60)
         Mean Squared Error (MSE): 0.17354564424798538
         Mean Absolute Error (MAE): 0.2410637894249934
         R-squared (R2) Score: 0.7177420655396932
         *********************
In [69]: from sklearn.tree import plot_tree
         # Assuming dt reg model is your trained DecisionTreeRegressor model
         plt.figure(figsize=(20,10))
         plot_tree(dt_reg_model, filled=True, class_names=["Maligant","Benign"])
         plt.savefig("dt.png")
         plt.show()
In [70]: ytest_pred = dt_reg_model.predict(xtest)
In [71]: | from sklearn.metrics import mean_squared_error, mean_absolute_error, r2_score
         ## For Testing Data
         mse = mean_squared_error(ytest, ytest_pred)
```

print(f"Mean Squared Error (MSE) : {mse}")

print("*" * 60)

Note: As Decision Tree Always Overfits on its Training data Overfitting: Low Bias and High Variance To overcome it we do Hyperparameter Tunning

Hyperparameter Tunning

```
from sklearn.model selection import GridSearchCV
In [72]:
         from sklearn.tree import DecisionTreeRegressor
         # Define hyperparameters to tune
         hyperparameters = {
             "min_samples_split": [2, 6],
             "min_samples_leaf": [11, 4],
             "max_depth": [None, 10, 20],
             "max_features": ["auto", "sqrt", "log2"]
         }
         # Initialize Decision Tree Regressor
         dt reg = DecisionTreeRegressor()
         # Initialize GridSearchCV with the decision tree regressor model and hyperparameters
         gscv = GridSearchCV(dt_reg, hyperparameters, cv=5)
         # Fit the GridSearchCV object to the training data
         gscv.fit(xtrain, ytrain)
         # Best parameters found by GridSearchCV
         print("Best parameters:", gscv.best_params_)
         # Best estimator found by GridSearchCV
         dt_reg_hyp_model = gscv.best_estimator_
         Best parameters: {'max_depth': 10, 'max_features': 'log2', 'min_samples_leaf': 4, 'mi
```

Best parameters: {'max_depth': 10, 'max_features': 'log2', 'min_samples_leaf': 4, 'min_samples_split': 2}

```
D:\ANACONDA3\Lib\site-packages\sklearn\model_selection\_validation.py:425: FitFailedW
arning:
60 fits failed out of a total of 180.
The score on these train-test partitions for these parameters will be set to nan.
If these failures are not expected, you can try to debug them by setting error score
='raise'.
Below are more details about the failures:
60 fits failed with the following error:
Traceback (most recent call last):
 File "D:\ANACONDA3\Lib\site-packages\sklearn\model_selection\_validation.py", line
732, in fit and score
   estimator.fit(X_train, y_train, **fit_params)
 File "D:\ANACONDA3\Lib\site-packages\sklearn\base.py", line 1144, in wrapper
   estimator. validate params()
 File "D:\ANACONDA3\Lib\site-packages\sklearn\base.py", line 637, in validate param
   validate parameter constraints(
 File "D:\ANACONDA3\Lib\site-packages\sklearn\utils\_param_validation.py", line 95,
in validate parameter constraints
   raise InvalidParameterError(
sklearn.utils. param validation.InvalidParameterError: The 'max features' parameter o
f DecisionTreeRegressor must be an int in the range [1, inf), a float in the range
(0.0, 1.0], a str among {'sqrt', 'log2'} or None. Got 'auto' instead.
 warnings.warn(some fits failed message, FitFailedWarning)
D:\ANACONDA3\Lib\site-packages\sklearn\model_selection\_search.py:976: UserWarning: 0
ne or more of the test scores are non-finite: [
                                                   nan
                                                               nan
                                                                          nan
nan 0.49288814 0.42298604
0.4381298 0.52267302 0.46363183 0.3825466 0.49774617 0.49920131
       nan nan nan 0.46738027 0.52067029
0.48934327 0.47266155 0.39592888 0.33604999 0.54744134 0.53614586
              nan nan 0.4534483 0.48017041
0.47631348 0.47314733 0.43657271 0.43166837 0.47664473 0.47815007]
 warnings.warn(
```

In [73]: gscv = GridSearchCV(dt_reg_model,hyperparameters,cv=5)
 gscv.fit(xtrain,ytrain)

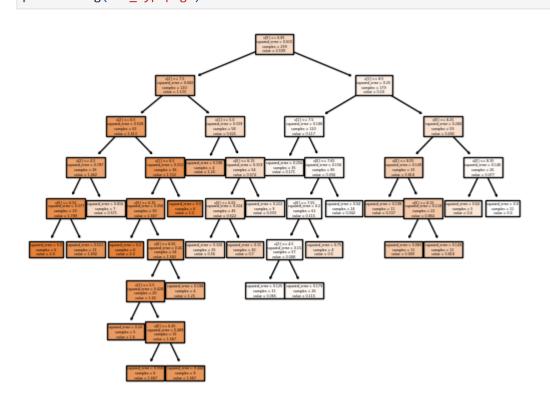
```
D:\ANACONDA3\Lib\site-packages\sklearn\model_selection\_validation.py:425: FitFailedW
         arning:
         60 fits failed out of a total of 180.
         The score on these train-test partitions for these parameters will be set to nan.
         If these failures are not expected, you can try to debug them by setting error score
         ='raise'.
         Below are more details about the failures:
         60 fits failed with the following error:
         Traceback (most recent call last):
           File "D:\ANACONDA3\Lib\site-packages\sklearn\model selection\ validation.py", line
         732, in fit and score
             estimator.fit(X_train, y_train, **fit_params)
           File "D:\ANACONDA3\Lib\site-packages\sklearn\base.py", line 1144, in wrapper
             estimator. validate params()
           File "D:\ANACONDA3\Lib\site-packages\sklearn\base.py", line 637, in validate param
             validate parameter constraints(
           File "D:\ANACONDA3\Lib\site-packages\sklearn\utils\_param_validation.py", line 95,
         in validate parameter constraints
             raise InvalidParameterError(
         sklearn.utils. param validation.InvalidParameterError: The 'max features' parameter o
         f DecisionTreeRegressor must be an int in the range [1, inf), a float in the range
         (0.0, 1.0], a str among {'sqrt', 'log2'} or None. Got 'auto' instead.
           warnings.warn(some fits failed message, FitFailedWarning)
         D:\ANACONDA3\Lib\site-packages\sklearn\model_selection\_search.py:976: UserWarning: 0
         ne or more of the test scores are non-finite: [
                                                            nan
                                                                       nan
                                                                                   nan
         nan 0.43109428 0.41152785
          0.46983786 0.50539404 0.44550037 0.40402339 0.47918159 0.5348678
                 nan nan nan 0.52310642 0.33957569
          0.48529627 0.47107627 0.44474896 0.47792606 0.46255052 0.56976013
                 nan nan nan 0.37632604 0.44281375
          0.50062493 0.54695552 0.46108486 0.51915228 0.43545733 0.46594143]
          warnings.warn(
                     GridSearchCV
Out[73]:
          ▶ estimator: DecisionTreeRegressor
                ▶ DecisionTreeRegressor
In [74]: from sklearn.metrics import mean squared error, mean absolute error, r2 score
         # For Training Data
         ytrain_pred = dt_reg_hyp_model.predict(xtrain) # Assuming dt_reg_hyp_model is your tr
         mse = mean_squared_error(ytrain, ytrain_pred)
         print(f"Mean Squared Error (MSE) : {mse}")
         print("*" * 60)
         mae = mean_absolute_error(ytrain, ytrain_pred)
         print(f"Mean Absolute Error (MAE) : {mae}")
         print("*" * 60)
         r2 = r2_score(ytrain, ytrain_pred)
         print(f"R-squared (R2) Score : {r2}")
```

print("*" * 60)

```
Mean Squared Error (MSE): 0.22828996101895013
        Mean Absolute Error (MAE): 0.3034539441929668
        ********************
        R-squared (R2) Score: 0.6287048681950378
        *******************
In [75]: from sklearn.metrics import mean_squared_error, mean_absolute_error, r2_score
        # For Testing Data
        ytest_pred = dt_reg_hyp_model.predict(xtest) # Assuming dt_reg_hyp_model is your trai
        mse = mean_squared_error(ytest, ytest_pred)
        print(f"Mean Squared Error (MSE) : {mse}")
        print("*" * 60)
        mae = mean absolute error(ytest, ytest pred)
        print(f"Mean Absolute Error (MAE) : {mae}")
        print("*" * 60)
        r2 = r2_score(ytest, ytest_pred)
        print(f"R-squared (R2) Score : {r2}")
        print("*" * 60)
       Mean Squared Error (MSE): 0.2030955640066955
        *********************
```

Mean Absolute Error (MAE): 0.26368442883281595

R-squared (R2) Score: 0.7353075654453981



In []: