

# Why is remote patient monitoring important

**Definition:-** In simple terms, [remote patient monitoring](#) is a system that is used to monitor a patient's health at a patient's comfort at home in a remote area which improves access to patient care and decreases the cost of healthcare delivery. Remote Patient Monitoring uses the latest advancements in IT to deliver healthcare. Nowadays, in the contemporary world, the bulk of individuals of all age teams square measure influenced by mobile phones and tabs. Thus it's been widely utilized by individuals around the world nowadays in their day-to-day activities, together with seniors additionally.

This new enhancement in the healthcare industry which is also known as the [patient health monitoring system](#) uses an exact technology that provides the best level of comfort to patients with also helping them to manage their health. This leads to comfort that increases their engagement activities; and by increasing these engagement activities, remote patient monitoring can help in improving healthcare quality. While using this technology not solely patients engaged with their own health due to the comfort that's provided by RPM models, however, doctors are getting to grasp their patient's information due to better equipment to understand and manage their patients' health conditions, with more particular and exact information of data that provides a picture of the patient's health conditions.

## Why is it important?

When a person thinks about visiting a doctor for a monthly check-up they usually go to a doctor's clinic or hospital no doubt that our healthcare has been improved a lot to date but in A few places doctors and hospitals need to also incorporate new healthcare technologies such as [remote patient monitoring system](#), telehealth solutions, hospital management systems, etc.

If we think about time spend while visiting doctor on an average we spend time with the doctor for 15- 20 mins if we do simple math each patient spend 180 min i.e. 3 hour with their doctor every year out of 8760 hours in the year so that means we spend about only 0.0342% in doctor visit Through this analysis I consider remote patient monitoring is so important in the healthcare system and during this present time we can connect with our doctors through using mobile apps and clear any health-related queries and this all is possible due to [patient monitoring system](#).