MSP100 Career Learning: Managing Your Career

Mini Lecture 1 – Introduction to the Unit

Dr Rob Payne

Assessments

MU

IMPORTANT INFORMATION

- There are four assessments. The three written assessments for this unit have due dates and you must submit your work by the corresponding date. See Unit Outline.

- ~~If you do not have a pre-arranged extension in place with Unit Coordinator, you will be penalised 2% per day from a possible 100%. You may not submit 14 days after the due date (including weekends)~~.THIS NO LONGER APPLIES. PLEASE SEE UNIT INFORMATION FOR MORE INFORMATION REGARDING EXTENSIONS AND LATE PENALTIES

- Participation is 15% of final grade.

- **REMEMBER:** You must attempt all assessments to pass the unit

Aims of the unit

All about You:

Who are you? (interests/passions, workstyles, experience, skills, values and beliefs)

What do you want? (aspirations) Why? (motivations)

How can you plan/move towards your aspiration in the short term? Long term?

Aims of the unit

Development:

Self-belief and self-management (habituation, grit, self-efficacy)

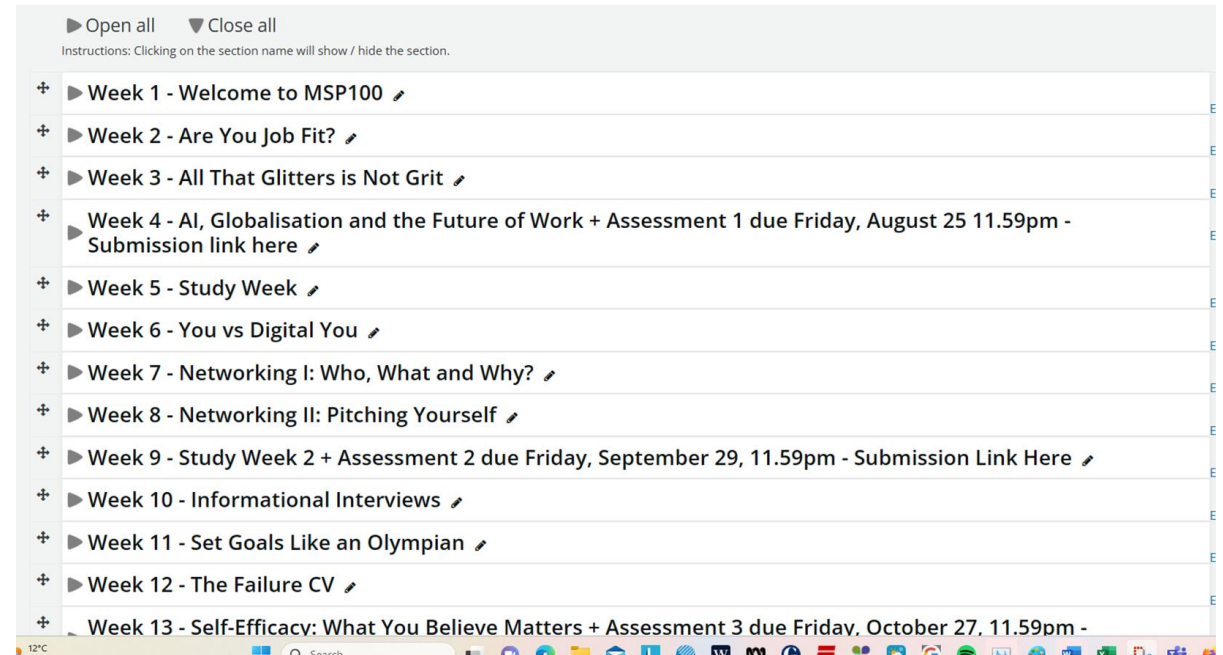Techniques (pitching, STAR, SMART)

Conducting an informational interview

Larger work-related issues:

AI, globalisation and the future of work

Cybervetting

- Each week builds on the past week and looks forward to the assessments
- Structure clearly laid out in MyMurdoch Learning/LMS

▶ Open all ▼ Close all
Instructions: Clicking on the section name will show / hide the section.

✛ ▶ Week 1 - Welcome to MSP100 ✎
✛ ▶ Week 2 - Are You Job Fit? ✎
✛ ▶ Week 3 - All That Glitters is Not Grit ✎
✛ ▶ Week 4 - AI, Globalisation and the Future of Work + Assessment 1 due Friday, August 25 11.59pm - Submission link here ✎
✛ ▶ Week 5 - Study Week ✎
✛ ▶ Week 6 - You vs Digital You ✎
✛ ▶ Week 7 - Networking I: Who, What and Why? ✎
✛ ▶ Week 8 - Networking II: Pitching Yourself ✎
✛ ▶ Week 9 - Study Week 2 + Assessment 2 due Friday, September 29, 11.59pm - Submission Link Here ✎
✛ ▶ Week 10 - Informational Interviews ✎
✛ ▶ Week 11 - Set Goals Like an Olympian ✎
✛ ▶ Week 12 - The Failure CV ✎
✛ ▶ Week 13 - Self-Efficacy: What You Believe Matters + Assessment 3 due Friday, October 27, 11.59pm -

AI…

AI policy is in the Unit Outline:

We acknowledge that as students you will have access to sophisticated AI platforms, including ChatGPT, and you may be curious to use these to aid your assessment work. While AI can be a useful tool to enhance your learning, please note that assessments have been designed to assess specific Career Learning skills and principles that AI cannot sufficiently address. It is our experience that students who rely on AI to complete assessments, rather than specifically addressing the learning objectives, materials, and marking guides associated with an assessment, do not perform well. It is vital that you develop independent professional skills, including professional writing. Please take responsibility for your learning and do not undermine your own learning process.

The following statements outline the expectations in this unit/assessment in relation to the use of Artificial Intelligence, such as ChatGPT or similar platforms or tools:

• I will not use Artificial Intelligence platforms or tools, recognising that this will be considered a form of academic misconduct, breaching Section 6 of Murdoch University's Student Academic Integrity Policy.

• I will not share assessment questions with any Artificial Intelligence platforms or tools or homework help websites, recognising that this will be considered an infringement of university intellectual property.

• I understand the rules of this assessment and will comply with these academic integrity requirements.

What is work?

Fourth century BC: Aristotle believed "financial need placed one on a par with slaves and animals. The labour of the hands, as much as of the mercantile sides of the mind, would lead to psychological deformation. Only a private income and a life of leisure could afford citizens adequate opportunity to enjoy the higher pleasures gifted by music and philosophy" (De Botton 2009, 106).

1517- mid-1600s, The Reformation: Protestant Work Ethic. Work as a service of God, OK to be rich.

The Industrial Revolution: 1760-1840 (UK)

The Industrial Revolution
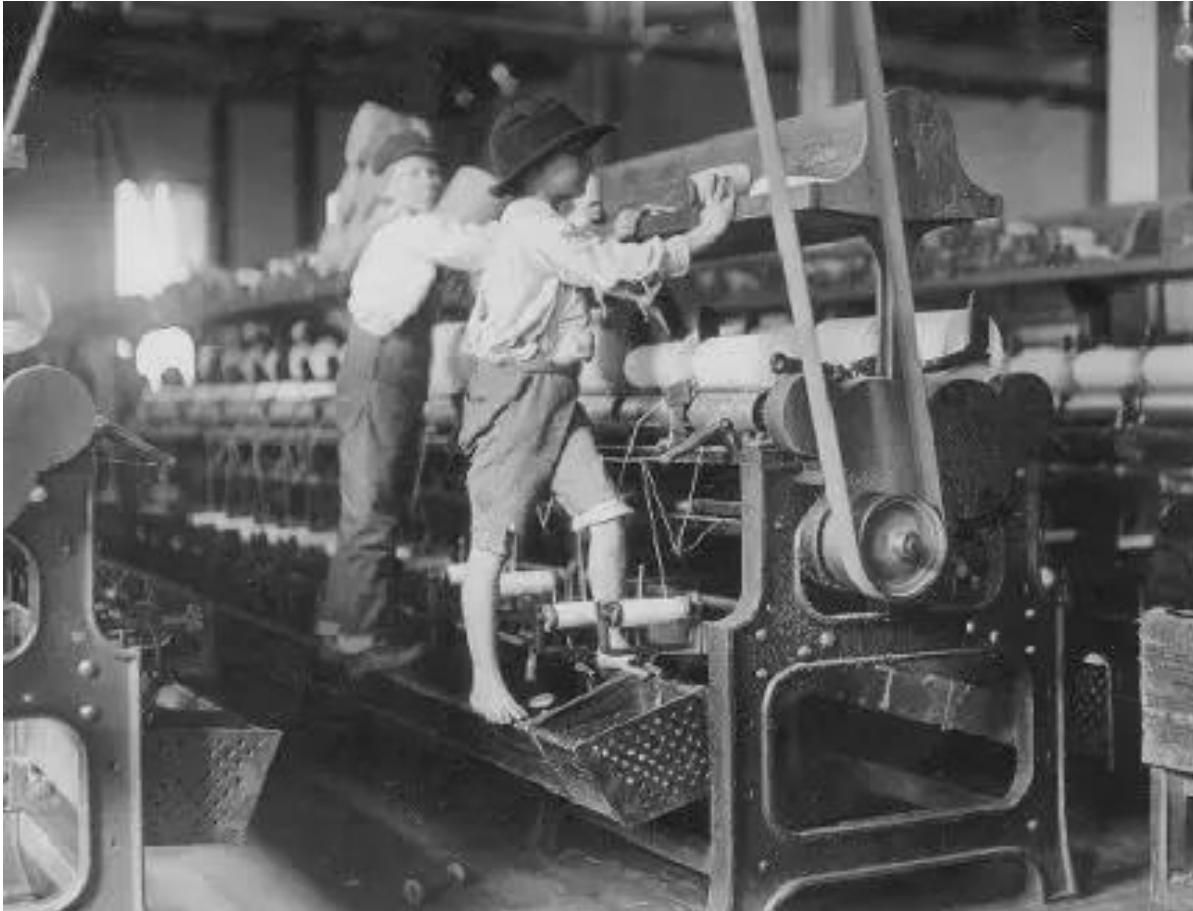
- The Industrial Revolution:14-16 hours/day - 6 days/week.

- 1819 legislation (England) children can work only 12 hours/day

- 1833 Factory Act banned children under 9 from working in textile industry; 10–13-year-olds can only work 48 hours/week; 14-19-year-olds can only work 69 hours/week.

- Karl Marx & Friedrich Engels: *The Communist Manifesto* (1848)**

- 1919 International Labour Organisation proposes an 8-hour working day and 48-hour week.

Now

Tension between 'work to live' and 'live to work'

The Great Resignation/Quiet Quitting

Working from home

4-day week

The Living Wage

Retirement age (riots in France 2023)

Minimum wage

Unemployment benefits and rights

Protectionism versus globalisation
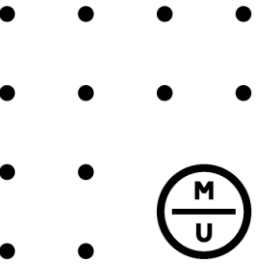
AI and technology

Monopolies and competition

Social capital – Who has value in society?

Why this Unit?

Student Testimonials

"I never really understood why people had LinkedIn accounts or networked for that matter, but I now understand that it's needed now more than ever considering the times we are in. I've not only learnt about networking but have actually tried it to my personal life and it has helped me in ways I could never have imagined, and in only just four months! I will forever be grateful for the information I have learnt during this unit and I believe it is essential for every student to take."

Student Testimonials
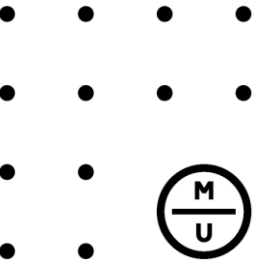
"I was deeply inspired by the concept of setting goals like an Olympian. Focusing not only on goals but also on the process of growth was a transformative revelation. Embracing setbacks as a valuable lesson and building a high level of self-efficacy through practice, patience, and hard work, has left me feeling empowered and confident. Moreover, receiving encouragement and affirmation from peers and supervisors has reaffirmed my belief that I can achieve anything I want.

In summary, MSP100 has been a highly enriching experience, and the knowledge and insights gained from this course will undoubtedly play a pivotal role in my career development."

Student Testimonials
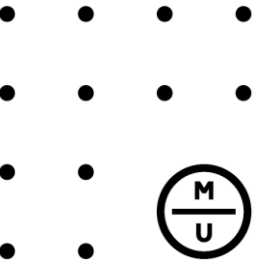
"What I really enjoyed about MSP100 is that it encourages reflection of you as a person in your current/past state and seeks to develop a better version of yourself in the future when you enter the workforce."

Thank you

Murdoch University