

# The LTHS UOS 2.0 Expanding Apocalypse 2020 Survival Guide

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As the November USA Presidential Election approaches, and while dealing with the Novel Coronavirus pandemic and its expanding economic and social fallout, and as civil unrest escalates, and as unprecedented fires rage in the West Coast, I thought it would be useful and timely to apply the soon to be released LTHS UOS 2.0 into this expanding apocalyptic storm, which is now observably upon us, capturing the key takeaways in this Survival Guide, which I intend to present as a quick read, as cleanly, simply, powerfully as possible, so it can be used daily in your daily practice, in the hopes of placing you firmly in better position and preparation for the expanding apocalypse now being experienced on Earth for yourself, loved ones and communities. I hope that you will find it not only useful, but life-altering.

## STEP 1: HOW TO USE THIS APOCALYPSE SURVIVAL GUIDE

The goal and format for this guide:

- 1) A quick, 2-5 minute read, which can be reread daily, and used as a checklist as part of a daily practice, to best position and prepare yourself, loved ones, communities and neighbors for the expanding global apocalypse now in progress.
- 2) Simple and easy to understand and apply, like a children's book.
- 3) Links to more details for anyone interested.
- 4) Free to all, no strings attached, online, donations greatly appreciated.
- 5) One-on-one and group workshops, coaching and guiding for those interested, by mutual arrangement.

## STEP 2: UPGRADE TO EMPEROR'S CROWN UNIVERSAL STORY VACCINE

Upgrading to Emperor's Crown Universal Story Vaccine is the first, most important step, recognizing and accepting that we have been in a faulty, toxic separation story, one that has benefited billionaires and their executives and enablers at the expense of everything else. and this billionaire system is what is collapsing, producing the expanding apocalypse now being experienced, to make way for progress through a new awareness of a universal, consciousness computing universe and cosmic, daily theater, currently mislabelled simply, separately as Earth, one of nine planets in the solar system, which is exactly what Emperor's Crown provides and without it, this Survival Guide doesn't make sense. To upgrade, at no cost or strings attached go to:

<https://www.harmonicparadisestudios.com/copy-of-health-rehabilitation>

Getting out of the current expanding global apocalypse separation story and into the new Paradise Story involves mindful reframing of daily life, which like learning a new language is best achieved through full, daily immersion, automatically reprogramming it into subconscious behaviors over a short time, making it become effortless and automatic in all aspects of daily lives. Without this daily practice one experiences similar results to learning to read and understand a language but not speak it, one could understand all of this, yet not experience its benefits since it has not been programmed into daily life due to lack of practice or commitment.

### STEP 3: PRUNE OUT TOXIC SEPARATION STORY ATTACHMENTS

Separation Story Attachments are how the Expanding Apocalypse exerts its power over you, therefore it is imperative that all Separation Story Attachments be pruned out and reframed, aligning to LTHS UOS 1.1 or greater. Separation Story Attachments include:

- Death, Reframed to rebirth, letting it go is freeing.
- Self, Reframed to include all mankind, nature, planet, solar system, cosmos and universe as a physical extension of your highest eternal consciousness that resides within Paradise Story, outside of time and place. Corrects selfishness.
- Others, Reframed as other versions of your universal self and family. Corrects selfishness.
- Family, Reframed as part of my universal self and family. Corrects selfishness.
- Community, Reframed as part of my universal self and family. Corrects selfishness.
- Marriage, monogamy, romance Reframed as toxic by conditional contract, force, objectification and penalty. Letting it go is freeing, replaced by eternal friendships, some with benefits.
- Children, Reframed as part of universal self and family.
- Property, Contracts, Debt, Stock, Profit, Bank Accounts, Taxes, Rent, Lawsuits Reframed as toxic by separation, exploitation, control, force, objectification and punishment. Letting it go is freeing.
- Toxic, negative views, behaviors, personal and work relationships, Reframed as toxic, Letting it go if freeing and delivers harmony.
- Suppression, guilt, not going with the daily flow, not following your natural dreams, interests, tastes, cycles and connections, Reframed as toxic, letting it go is freeing and healing, and delivers powerful harmony, bliss and inspiration into daily lives.
- Negative, separation-based entertainment, Reframed as Toxic and corrosive and dangerous to our health by faulty higher mind programming, easily detectable and confirmable by the presence of negative states. Letting it go helps better achieve and maintain new, powerful, healing higher Unified Consciousness programming into daily lives.

#### STEP 4: PRACTICE DAILY.

Practice daily, using Emperor's Crown Universal Story Vaccine,

- going with the flow,
- following your dreams,
- following your tastes,
- following your sleep, food, activity and sex cycles,
- following your natural connections,
- daily,

In unconditional

- positivity,
- kindness,
- acceptance,
- gratitude,
- progress,
- harmony,
- freedom,
- helpfulness,
- leisure
- abundance,

For all, beginning with

- self,
- the vulnerable,
- the voiceless,

Including

- planet,
- universe,
- nature,
- The Very Real Imaginary World,

Including

- fantasy,
- past,
- future.

## STEP 5: ASK FOR HELP IF NEEDED

Don't hesitate to contact us, at [chefpru@harmonicparadisestudios.com](mailto:chefpru@harmonicparadisestudios.com), for support if you find yourself needing a little extra help implementing this playbook into your daily life. We offer group and one-on-one workshops, coaching and guide services by LTHS UOS 2.0 Certified Guides, by fair mutual agreement, meaning we won't let economic difficulties get in the way of your access to the powerful protection offered by this Apocalypse Survival Guide to you, your loved ones, communities and neighbors.

## STEP 6: BECOME A HARMONIC PARADISE STUDIOS VOLUNTEER OR HOST

Get the best results by fully immersing, while serving others, by becoming a volunteer and host of Harmonic Paradise Studios, applying your dreams, gifts and interests into helping deliver its powerful protection to yourself, loved ones, communities and neighbors, through full surrender to helping everyone reach the newly arrived Paradise Story For All, using this Expanding Apocalypse Survival Guide.

Email [chefpru@harmonicparadisestudios.com](mailto:chefpru@harmonicparadisestudios.com) for more details.



## CLOSING REMARKS

Sending you all my warm, positive support as you embark on this transformative, universally healing and liberating migration. I hope it brings you as much joy and miraculous transformations and healings as it has done with me. Remember, the process is very similar to learning a new language, game, or music instrument- the more you immerse, the more success you'll achieve, and more quickly, which is why following us on Social Media and joining our team as volunteer or host is so strongly recommended, since it helps you stay immersed and focused on tuning in the newly arriving Paradise Story, while at the same time moving off of and tuning out the old, toxic Separation Story.

Wishing everyone another wonderful, magical, blissful, inspiring day, and lifetime, in Paradise Story, following your natural dreams, gifts, interests, tastes, cycles and connections, daily, in peace, positivity, harmony, freedom, progress, health, kindness, leisure and abundance, daily!