# 1784. Check if Binary String Has at Most One Segment of Ones

# Description

Given a binary string s without leading zeros, return true if s contains at most one contiguous segment of ones. Otherwise, return false.

## **Example 1:**

```
Input: s = "1001"
Output: false
Explanation: The ones do not form a contiguous segment.
```

### Example 2:

```
Input: s = "110"
Output: true
```

#### **Constraints:**

- 1 <= s.length <= 100
- s[i] is either '0' or '1'.
- s[0] is '1'.