795. Number of Subarrays with Bounded Maximum

Description

Given an integer array [nums] and two integers [left] and [right], return the number of contiguous non-empty subarrays such that the value of the maximum array element in that subarray is in the range [left, right].

The test cases are generated so that the answer will fit in a 32-bit integer.

Example 1:

```
Input: nums = [2,1,4,3], left = 2, right = 3
Output: 3
Explanation: There are three subarrays that meet the requirements: [2], [2, 1], [3].
```

Example 2:

```
Input: nums = [2,9,2,5,6], left = 2, right = 8
Output: 7
```

Constraints:

- 1 <= nums.length <= 10^{5}
- $0 \le nums[i] \le 10^9$
- 0 <= left <= right <= 10 9