2263. Make Array Non-decreasing or Non-increasing

Description

You are given a **0-indexed** integer array nums. In one operation, you can:

- Choose an index i in the range 0 <= i < nums.length
- Set nums[i] to nums[i] + 1 or nums[i] 1

Return the minimum number of operations to make nums non-decreasing or non-increasing.

Example 1:

```
Input: nums = [3,2,4,5,0]
Output: 4
Explanation:
One possible way to turn nums into non-increasing order is to:
    Add 1 to nums[1] once so that it becomes 3.
    Subtract 1 from nums[2] once so it becomes 3.
    Subtract 1 from nums[3] twice so it becomes 3.
After doing the 4 operations, nums becomes [3,3,3,3,0] which is in non-increasing order.
Note that it is also possible to turn nums into [4,4,4,4,0] in 4 operations.
It can be proven that 4 is the minimum number of operations needed.
```

Example 2:

```
Input: nums = [2,2,3,4]
Output: 0
Explanation: nums is already in non-decreasing order, so no operations are needed and we return 0.
```

Example 3:

```
Input: nums = [0]
Output: 0
Explanation: nums is already in non-decreasing order, so no operations are needed and we return 0.
```

Constraints:

- 1 <= nums.length <= 1000
- 0 <= nums[i] <= 1000

Follow up: Can you solve it in [0(n*log(n))] time complexity?