167 - Two Sum II - Input array is sorted

Given a **1-indexed** array of integers `numbers` that is already ***sorted in non-decreasing order***, find two numbers such that they add up to a specific `target` number. Let these two numbers be `numbers[index1]` and `numbers[index2]` where `1 <= index1 < index2 <= numbers.length`.

The tests are generated such that there is **exactly one solution**. You **may not** use the same element twice.

Your solution must use only constant extra space.

Example 1:

```
Input: numbers = [2,7,11,15], target = 9
Output: [1,2]
Explanation: The sum of 2 and 7 is 9. Therefore, index1 = 1, index2 = 2. We return [1, 2].
```

Example 2:

```
Input: numbers = [2,3,4], target = 6
Output: [1,3]
Explanation: The sum of 2 and 4 is 6. Therefore index1 = 1, index2 = 3. We return [1, 3].
```

Example 3:

```
Input: numbers = [-1,0], target = -1
Output: [1,2]
Explanation: The sum of -1 and 0 is -1. Therefore index1 = 1, index2 = 2. We return [1, 2].
```

Constraints:

- `2 <= numbers.length <= 3 * 10^4`
- `-1000 <= numbers[i] <= 1000`
- `numbers` is sorted in **non-decreasing order**.
- `-1000 <= target <= 1000`
- The tests are generated such that there is **exactly one solution**.