

## Applicant details

Applicant name :  
Full name at birth :  
Gender: Male  
Date of birth :  
National Insurance number:  
Address :  
Contact name :  
Primary contact number :  
Secondary contact number:  
Email address :  
Proof of identity :  
Proof of address :

### Proof of eligibility:

Reason for applying: Walking ability  
Description of conditions and other information

#### Description of conditions:

Autoimmune Cirrhosis causing chronic fatigue, some days he is unable to go out, because of the fatigue.

Very poor balance and gait, awaiting an appointment with Neurosurgeon having had CT Scan of the head, possible Normal Pressure Hydrocephalus (NPH)

Swollen feet and ankles

Head and hip spasms

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Able to walk from and to:

Can walk 30m, with a 15-minute rest, and other stops as required. He is often really exhausted and in danger of falling by the end.

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How long it takes:

Approx 30 mins in each direction.

### Walking difficulty

Balance, coordination or posture:

Feet drag, don't lift high enough so trips easily, cannot walk without some kind of aid or holding on to a person, furniture or rails. Walking is extremely slow, I drive him (he doesn't drive anymore) to flatter ground so that we can walk, as we live on a steep hill. He is often affected by fades when he suddenly becomes extremely tired and has to sit down, this has been helped by having the rollator (which has its own seat) instead of having to look out for a bench or low wall to sit on.

Seen HCP for falls in last 12 months: Yes

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It's dangerous to health and safety:

The risk of falls and trips, he has in the past spent time in A&E, he now has to use a four-wheeled rollator when walking outdoors and an indoor rollator for the house, or two walking sticks from house to the car. He is unable to balance without support.

Chest, lung or heart condition/Epilepsy: No

How often does condition affect walking?

Always

Balance and coordination - further details

Can walk around a small shopping centre: Can only walk with a rollator for a limited amount of time, walking is extremely slow and tiring. He rarely walks around shopping centres as again prioritises walking outside for mental health. We tend to avoid shopping centres because of the difficulties parking close enough, energy is wasted getting to the entrance and then there is less time to shop.

Can walk up/down a single flight of stairs in a house: We have installed an additional handrail to enable him to safely use the stairs, otherwise, he would need assistance. Out of the home, he would try to use a lift otherwise someone would need to support him.

Can walk around a supermarket, with the support of a trolley: He can't balance without support so he uses the rollator as soon as he is out of the car, so would not use a trolley, the rollator he can sit on when tired, shopping is delivered so he doesn't shop. He prioritises walking outside for mental health as opposed to shopping trips.

Mobility aids

Myself, and my wife. It's a person, rather than a mobility aid, I help him stand up from chairs and get safely to a rollator or furniture he can hold onto. I load and unload the rollator from the car boot and bring it around the side of the car for him to use. He often needs my help to lift feet out of the footwell and to get them back in, so car door needs to be wide open.

Additional rail on stairs, Bought privately, Walking up and down the stairs at home. If unable to use a lift with the rollator when away from home he would need steadying support from a person.

Either two or one walking stick, Bought privately, Walking from front door to car, only a couple of yards. And short distances. Can use one stick for short distances if supported by a person

Indoor rollator, Bought privately, To move around safely indoors as his balance is so poor

Outdoor Rollator, Bought privately, To walk outside, for short walks essential for mental health and wellbeing

Walking duration

less than 10 minutes