<u>Week 5</u>

Name: Mobile:

Personal Development Workouts

- 1. Watch the movie "Shawshank Redemption"
- 2. Finish the book "Discipline Equals Freedom" by Jocko Willink

The Shawshank Redemption," directed by Frank Darabont, is a captivating film that tells the story of Andy Dufresne, a banker wrongly convicted of murder, and his journey through the harsh realities of prison life. While at Shawshank State Penitentiary, he forms a deep friendship with fellow inmate Ellis "Red" Redding and uses his financial acumen to help improve the lives of those around him. This powerful and uplifting tale of hope, redemption, and the indomitable human spirit ultimately reveals the triumph of the human will against seemingly insurmountable odds.

audio

Discipline Equals Freedom" is a self-help and motivation book written by former Navy SEAL Jocko Willink. In the book, Willink emphasizes the idea that discipline is the key to achieving freedom in various aspects of life. He outlines strategies for developing self-discipline, improving productivity, and ultimately gaining control over one's life. The book is filled with practical advice, personal anecdotes, and insights from Willink's military experience, aimed at inspiring readers to take charge of their lives and pursue their goals with determination and discipline.

audio

Technical Workouts

- 1. Complete the basics of MongoDB using the terminal. (Do not use any language or framework you have chosen).
- 2. Prepare a video presentation on what you have learned about databases. Record and upload it on YouTube as an unlisted video.
- Complete all the assignments in the following document Basic exercise MongoDB

Completing the MongoDB exercises using the terminal is a fundamental step in learning how to interact with a NoSQL database system. It provides hands-on experience and practical skills that are valuable for working with MongoDB in real-world scenarios. Your ability to create, retrieve, and manipulate data in a MongoDB database is a crucial skill for a database administrator or developer.

Link to presentation video

"I'm happy to report that I've successfully completed the MongoDB exercises as assigned.

These exercises have significantly enhanced my understanding of MongoDB concepts.

They provided hands-on experience and practical insights into creating and querying data in a NoSQL database, which is vital for real-world applications.

This experience has reinforced my knowledge of database systems and is invaluable for anyone working with databases in various roles. I'm grateful for the opportunity to undertake these exercises, and I'm excited to build upon this foundation as I continue to explore the world of database management."

Link to the folder containing the code and the screenshot of the output

Miscellaneous Workouts

- 1. Practice typing for at least one hour each day. Finish as many chapters as possible as you can. Don't spend more than an hour each day.
- 2. Prepare a topic for the tech seminar. Record and upload it on youtube as an unlisted video.
- 3. Conduct a Feedback session by the end of this week.
- 4. Prepare your progress video for the last week. Record and upload it on youtube as an unlisted video.

I have made a significant improvement in my typing skill its very useful and motivating me each and every day to improve my typing speed and accuracy compared to my past typing i have made a bigger improvement and also i will improve in future days with my consistent practice

Link to screenshot image

"In recent weeks, I've made significant progress in my learning journey. I've completed MongoDB exercises, deepening my understanding of NoSQL databases, created a seminar video on time complexity, and improved my typing speed. I'm excited to continue exploring and growing in the ever-evolving world of technology."

Link to seminar video

Link to the document containing notes for a feedback session

I've completed MongoDB exercises, made a seminar video on time complexity, and improved my typing speed. It's been a journey of hands-on learning, deepening my knowledge, and enhancing practical skills in the world of technology. Exciting challenges lie ahead!"

Link to progress video