

Portia Ijidakinro
dba iShape Brows

AfterCare Instructions

After care is very important in order to achieve a beautiful and lasting result.

- Within 12-14 hours of completion of the procedure, you will need to remove the “After Care Silicone” by washing with warm water applied using a damp cotton ball.
- Water or any other liquids cannot come in contact with the affected area for 7 days after microblading, even a small drop will expand a wound and a scab will appear.
- Disinfect the affected area with a small amount (one spray on a cotton round for both brows) of recommended disinfectant 2-4 times a day. If your skin is oily make sure you keep your brows clean and dry, you can disinfect more times if needed. If your skin is dry, choose a non-alcohol based disinfectant to avoid additional dryness, you will only want to disinfect 2-3 times a day, over disinfecting will cause dryness. Examples: alcohol based disinfectant is cutasept, octenidine based products such as octenisept or octisept won't cause itching (70% alcohol based)
- If itching occurs, you can use Bactine, and it will also disinfect the area. Bactine contains lidocaine and benzalkonium chloride.
- If dryness occurs and ONLY after the 4th day, you can disinfect the area by using a small amount of coconut or grape seed oil. Make sure your brows are not greasy, just slightly moist; no residue of oil should appear.
- **After 7 days**, you can use a gentle soap or non-greasy cleaner to keep your brows clean.
- Do not use any other ointments, or creams with vitamins or antibiotics on brows.
- No sunbathing, or tanning for 4 weeks.
- No chemical peels, mesotherapy, dermabrasion, Botox or any other intense treatments for 4 weeks.
- Do not use any makeup on affected area for 2 weeks.
- Do not scratch, touch or sleep on your brows for at least 2 weeks.
- No heavy workouts for 10 days. Avoid sweating. Sweat contains salt and can dilute the microblading ink.
- Sometimes residual pigment, blood, white blood cells, etc., can arise from the open wound, if this occurs you should gently dab this away. Don't panic if dry patches or scabs appear as this can be taken care of in the second touch-up appointment.
- **Avoid Petroleum Jelly or Vaseline** during your healing period. Anything with a petroleum base can cause a reaction, crusting, scabbing and sweating so the skin is not able to breathe.

_____Initials

What's normal?

-Mild swelling, itching, light scabbing, light bruising and dry tightness. Ice packs are a nice relief for swelling and bruising. Aftercare balm is nice for scabbing and tightness.

-Too dark and slightly uneven appearance. After 2-7 days the darkness will fade and once swelling dissipates unevenness usually disappears. If they are too dark or still a bit uneven after 4 weeks then we will make adjustments during the touch up appointment.

-Color change or color loss. As the procedure area heals the color will lighten and sometimes seem to disappear. This can all be addressed during the touch up appointment and is why the touch up is necessary. The procedure area has to be completely healed before we can address any concerns. This takes about four weeks.

Healing Process and Touch-Up:

- If you keep your brows clean and dry, only a thin film (not a scab) will appear after 4-7 days. It will peel off itself in 7-10 days (do NOT peel it off). After the film peels off you can still feel some dryness, in this case clean or disinfect the area with a small amount of coconut or grape seed oil. Be careful with any cleaning in the affected area. The full healing period is 28-45 days.

- If there is any contact with water, sebum or sweat, the wound will expand and cause a scab. The scab will result in itching and peeling of the pigment. If you scratch the scab, a scar or white spot can appear and no pigment will be left.

- **Needing a touch up months or years later.** A touch up may be needed 6 months to 2 years after the touch up procedure depending on your skin, medications and sun exposure. We recommend the touch-up 30-45 days after the first session (included in today's price) and every 6 months to 2 years to keep them looking fresh and beautiful. There will be a charge for any touch up sessions after 60 days. ****Failure to follow after care instructions may result in infections, pigment loss or discoloration.** Everyone's skin heals differently. It is important to remember that this is a two-part process and the second touch-up will complete the procedure. The touch-up is recommended after 45 days. Not everyone, but some people will need a touch-up to fill in missing hairs, make hairs longer or achieve a more intensive color. After you have fully healed, you will see the finished result. Please be patient and don't panic.

I have read, understand and agree to the above instructions.

Print Name

Signature

Date