

WEEK 5 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 60% OF ROSTERS IN YAHOO

1

DETROIT LIONS VS CAR

Probably one of the most popular options on the waiver wire, this defense has held opponents to under 21 points in three out of four games this season. They also averaged six sacks and forced a turnover over their past two games, and they get to face one of the worst offenses (CAR - bottom ten in scoring & yards per game) at home. They also lead the league in rushing yards allowed, making them a priority streaming option with top-five upside.

2

HOUSTON TEXANS @ ATL

After a solid performance against PIT, I'm back on them to provide another decent game (top ten) against a struggling ATL offense that failed to reach double digits in back-to-back games. HOU has held their opponents to under 20 points and forced a turnover in back-to-back games. Another reason to consider this defense is they get to face a struggling NO offense with an injured QB next week at home. Don't let the name fool you.

3

WASHINGTON COMMANDERS VS CHI

This is a bit spicy, considering they allowed 71 points over their past two games. However, I'm willing to chalk that up to facing a good team (BUF & PHI) and that they'll look more like their first two games (AZ & DEN), forcing multiple turnovers and sacks. They face a CHI offense that had their first decent game yet still is in the bottom 12 in scoring and yards per game at home. It's risky, but I'm projecting they still finish within the 9-13 range.

4

TENNESSEE TITANS @ IND

After getting blown out by CLE, they bounced back against CIN and now face a mediocre IND offense at home. They have been pressuring the QB, generating at least three sacks every game while forcing a turnover in three of those games. They have been a top-ten defense in scoring and yards per game allowed while finishing in the top five in rushing yards. This isn't one of my top options, but with the start of bye weeks, a solid consolation prize.

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