

DEF STREAM WEEK 4

09/28/2020

These four DEF are streamable options and currently are rostered in less than 60% of Yahoo leagues.

DENVER BRONCOS @ NYJ

Even with their offense in shambles, I'm convinced that their defense will still put up points against this horrid offense. Just an FYI, if your defense is playing NYJ this week, you can start them, regardless if they're on this list as long as Bell and Crowder are out.



LOS ANGELES RAMS VS NYG

Without Saquan Barkley, the NYG offense looked awful against an injured SF defense. Now facing Aaron Donald and the Rams, I will not be surprised if the defense forced more than one turnover and end up with a stable output.



ARIZONA CARDINALS @ CAR

After an underwhelming performance, I think the team will bounce back against a CMC less Panthers. While this is not a high upside pick, sometimes all you need is five to six points not to lose you the week.



PHILADELPHIA EAGLES @ SF

I'll have Nick Mullins as a QB streamer, but that doesn't erase the possibility that this team still has a solid defense. If Kittle or Samuel returns, then I would pivot away to one of the above options instead. I worry that the injured PHI offense will wear out this defense and get exposed late in the game.

