



# WEEK 5 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 60% OF ROSTERS IN YAHOO

1

## MINNESOTA VIKINGS VS CHI

Despite their ability to run the ball, CHI's offense has been inefficient at best and downright ugly (2nd lowest yardage total & dead last in passing yards (390 vs. 558 for the next team). Minnesota hasn't been great against the run or pass, despite being a top-12 defense in red zone attempts. However, they are average in forcing turnovers and generating pressure and will have opportunities against a rebuilding offense.

2

## JACKSONVILLE JAGUARS @ HOU

Despite a bad game last week, I still believe in this defense against a HOU offense that isn't horrible but is in the bottom ten in points scored, passing yards, and rushing yards this season. However, JAX is a top-ten defense, forcing turnovers, rushing yards, and points allowed. They have generated sacks and turnovers in every game this season and should continue against a below-average offense.

3

## CINCINNATI BENGALS @ BAL

For some reason, I chose them despite facing a good team. Looking at it closely, BAL's rushing offense has been propped up with Lamar Jackson averaging nearly 100 yards over the past three games. Good thing CIN is a top-five defense in rushing yards and rushing touchdowns allowed. They are also a top-ten defense in red zone attempts allowed and points allowed. Definitely risky, but this is my favorite streaming option out of the four.

4

## MIAMI DOLPHINS @ NYJ

They have been an inconsistent defense, either finishing in the top-12 or a bottom-five. However, facing an NYJ offense tied for 2nd in turnovers and bottom ten in rushing yards, there are opportunities for this defense to bounce back after a rough week. This is my least favorite streaming option, but if the other three aren't available, I would consider them a boom-or-bust option.

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