



WEEK 5 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 50% OF ROSTERS IN YAHOO

1

CHICAGO BEARS @ LV

After recommending them last week, they're on the list again as they face an LV offense that struggled last week. I'm not expecting double-digit scoring from this defense, but I'm confident they will get five to seven points with the potential for more. If I streamed them last week, I'd be considering rolling with them again this week if I'm looking for a safer option than some of the names below.

2

ARIZONA CARDINALS VS SF

With a couple of explosive performances this season (16 points or more in half of the games this season), this defense is a boom or bust option that can completely dominate an offense. With the likelihood that rookie QB Trey Lance will start this week, there are opportunities for turnovers and big plays that make this defense a home-run swing. I'll be targeting this defense if my roster needs some upside.

3

MINNESOTA VIKINGS VS DET

Despite some mediocre performances, this defense will have its easiest matchup of the year, facing a struggling DET offense that is still figuring things out. Anthony Barr might make his season debut next week, and if healthy, I can imagine this defense creating turnovers and pressuring Jared Goff throughout the game. Generating at least two sacks each game this season, this is a sneaky spot start this week.

4

DALLAS COWBOYS VS NYG

I can't imagine I'm recommending this defense after last season. But committed to rebuilding it in the off-season, they have put together some solid games against good offenses (TB & LAC). Facing an inconsistent divisional rival (NYG), this could be either a top-five defense or the league's bottom half. Showing some consistency, I'm betting on the former, not the latter, and am not afraid of them as a spot start.

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