WEEK 2 WAIVERS

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1

ELIJAH MITCHELL - RB (SF) - WK 6 BYE

With Mostert injured and Sermon inactive, he finished with 104 yards and a TD on 19 carries. Looking like the lead back, he will be the top waiver priority for any RB needy teams and could end up being one of the breakout players in 2021. The question is whether or not Sermon or Hasty will end up making this an actual committee within the next few weeks. Regardless, he's an RB2 with upside with the current volume.

2

TONY JONES JR. - RB (NO) - WK 6 BYE

Taking over Latavius Murray's role in previous years, Jones finished last week with 50 yards on 11 carries. While most of the production was in garbage time, if you have a deep bench or are looking for a handcuff with some standalone value, he could end up being a bye week filler with some streaming appeal depending on the matchup. I wouldn't be starting him soon, but he could pay off big time later in the season.

3

STERLING SHEPARD - WR (NYG) - WK 10 BYE

After an overhaul within the WR core in the off-season, Shepard has shown chemistry with Daniel Jones and was the first option last week finishing with 113 yards and a TD on seven catches (nine targets). With Saquon, Engram, and Golladay all recovering from injuries, Shepard could end up with flex value for the next couple of weeks as everyone gets healthy. Targeting him in all PPR scoring leagues as a WR3.

4

KENNETH GAINWELL - RB (PHI) - WK 14 BYE

Early in the season is when you get to see how a team's RB committee works. Despite blowing out the Falcons last week, Gainwell was the clear backup behind Miles Sanders and ended up with 37 yards and a TD on nine carries with a couple of catches. He may not see as many touches in competitive matchups, but he's shown some flash and may end up being a weekly flex option later in the season.

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WEEK 2 QB STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 50% OF ROSTERS IN YAHOO

1 TEDDY BRIDGEWATER - QB (DEN) - @ JAX

Playing well against a decent NYG defense, finishing with 264 yards and two TDs Going against a defense that gave up 291 yards and a couple of touchdowns to a blowout loss, I can see Teddy repeating another solid performance despite losing Jerry Jeudy. If the game remains competitive, I can see some upside with Teddy as he's a capable QB.

2 JAMEIS WINSTON - QB (NO) - @ CAR

This one surprised me, and I don't expect him to be on this list again. He wasn't really able to show his true ability with the team blowing out the Packers. With five touchdowns on 20 passes, you can't extrapolate any of his numbers. He faces a divisional rival on the road, and I'm confident he will be a weekly starter or at least on a temporary bench spot since he has season-long value.

3 MAC JONES - QB (NE) - @ NYJ

I'm not confident that he will have a big game necessarily, but I don't see how he will have a bad game unless they decide to run the ball 50 times. At this point, you're just trying to get 15-18 points, so you don't lose your week, and I think he's shown himself a capable QB after doing well against a good defense. Going against the Jets, he will have opportunities to score, and I think his floor is his value.

4 BEN ROETHLISBERGER - QB (PIT) - VS LV

This one is a joke. I honestly believe most teams have drafted better options that are still productive and healthy. Maybe you can find Matt Ryan or Kirk Cousins, but unfortunately, they don't qualify. Ben's name is here because I can see a path where he gets 250 yards and two TDs if he and Claypool connect on a deep pass or two. I hope you're not seriously doing this, but good luck if you are.

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WEEK 2 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 50% OF ROSTERS IN YAHOO

1 NEW ORLEANS SAINTS @ CAR

After dismantling the Packers, this defense showed that they are still a good defense that should be a weekly start against most matchups. Of course, going against a divisional rival on the road, I'm not eager to start them, but facing Mac Jones, Daniel Jones, and Taylor Heinicke in consecutive weeks is a nice stretch not to have to worry about streaming defenses.

2 GREEN BAY PACKERS VS DET

Now onto the dismantled. Yes, they got shredded for five passing touchdowns on 20 attempts. They definitely looked awful, but so did Detroit. Despite what the box score says, it was not close at all, and this feels like a bounce-back scenario for Green Bay at home. If they can't take advantage of a matchup like this, then there are bigger concerns about this defense as a whole.

3 SEATTLE SEAHAWKS VS TEN

Facing a good offensive line last week (IND), they could still sack the QB three times while slowing down the run. Facing a team that got destroyed by Arizona last week, I'm not expecting the same result, but I believe there's a good chance that they will be able to create turnovers and big plays. I would probably go with the above options first since Derrick Henry could go insane but, I'll take my chances.

4 CHICAGO BEARS VS CIN

Despite a poor performance against a good team (LAR), I do not forget that this defense still has Khalil Mack and Akiem Hicks and will wreak havoc against a subpar offensive line that gave up five sacks last week. When facing a good defense, the offense struggles actually carry over to this defense. I don't foresee this happening since the CIN defense is not dangerous enough to shut down the offense completely.

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WEEK 3 WAIVERS

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1

JAMES WHITE - RB (NE) - WK 14 BYE

One of the forgotten names within the off-season, there were questions regarding his role depending on the starting QB. Over the past two games, he has consistently been a receiving threat (six catches) while also getting a handful of carries. In PPR scoring formats, he could be a decent bench option to fill in for injuries. There's no week-winning upside, but his floor as the receiving back helps.

2

HUNTER RENFROW. - WR (LV) - WK 8 BYE

Another PPR guy has a consistent role within the offense (16 targets over two games) and has been solid over the past two weeks finishing with over 50 yards in each game. Going against solid defenses in BAL and PIT, he's convinced me that he'll have a consistent role within the offense despite not being a primary threat. He won't have big games, but steady double-digit points from your flex aren't bad either.

3

RONDALE MOORE - WR (AZ) - WK 12 BYE

Breaking out for 114 yards and a TD on seven catches last week, he has shown why he could be the second option at some point during the season. He's still competing for snaps with A.J. Green as a rookie, and I believe he will start over him before the end of the year is over. He has been making plays even with the limited playing time, and I consider him a bench stash to see if his role grows within the offense.

4

JALEN REAGOR - WR (PHI) - WK 14 BYE

This spot could've gone to RB J.D. Mckissic, but I decided on Reagor because I have more faith in his role within the offense. He has been consistent with five targets or more and had opportunities for some big plays (almost had a TD last week). He will continue to benefit from Devonta Smith's defensive attention and is another bench stash to see if his role continues to grow within the offense.

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WEEK 3 QB STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 50% OF ROSTERS IN YAHOO

1

TEDDY BRIDGEWATER - QB (DEN) - VS NYJ

Another week, I mention Teddy, who played well, finishing with over 325 yards and a couple of touchdowns. He's been a solid passer who is smart and doesn't make too many mistakes (no INT). He faces a rebuilding NYJ defense, and I feel confident that he will continue his run of being a good streaming option with another 250+ yards and a couple of touchdowns.

2

SAM DARNOLD - QB (CAR) - @ HOU

After a couple of solid performances, particularly last week, he has looked promising as a streaming option against good matchups. Going against HOU that lost their starting QB, he could end up with another 275 yards and a touchdown or two. While I'm not convinced that Darnold will keep this up, I don't imagine a considerable drop-off this week.

3

DEREK CARR - QB (LV) - VS MIA

I've been impressed with how he has looked over the past two games against good defenses (BAL & PIT). With Jacobs injured, the offense has relied on him to carry the team. He's finished with over 375 yards and had two TDs each game. I don't foresee this hot streak lasting all season, but against a decent MIA defense, I'm not too worried about it ending here.

4

DANIEL JONES - QB (NYG) - VS ATL

We all know that rushing QBs tend to be more productive than those who aren't in fantasy football. With nine carries for 95 yards and a TD, he has become a rushing threat for the offense, with Saquon still working his way back from injury. Jones has also shown some improvement as a passer, and the addition of Golladay opens things up for the offense. Facing a struggling ATL defense, I like my chances.

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WEEK 3 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 50% OF ROSTERS IN YAHOO

1 CAROLINA PANTHERS @ HOU

This defense looks improved from last year with two impressive performances and could provide some value against good matchups. Facing an HOU offense that lost their starting QB, I like the chances of this defense generating turnovers and limiting them to 10-14 points this game. This would be my priority out of the four, but I wouldn't feel too bad about some options below.

2 NEW YORK GIANTS VS ATL

This one is more of a gamble as this defense has not played well over the past two weeks. I don't think this defense is as bad as it's more than the ATL offense is terrible. I don't believe this will be a high-scoring affair and the possibility of turnovers are decent. (Matt Ryan threw 3 INT last week) I can also see a game where ATL bounces back, but it's worth the risk if you miss out on the other options here.

3 LAS VEGAS RAIDERS VS MIA

The defense was solid the past two weeks against BAL and PIT, generating sacks and creating turnovers. Facing against an MIA offense that got shut out last week and is possibly missing their starting QB to injury? There's some upside for this defense and I would pick him up and see if MIA starts Jacoby Brisset which would provide the floor and make this defense one of the top streaming options.

4 CHICAGO BEARS VS @ CLE

I liked them last week against CIN, and I want them this week too. Of course, CLE has a much better offensive line and will score some points. But the injuries to the WR core limit the offense, and that only benefits this CHI defense. Even if OBJ returns, this team will rely on running the ball against a good front seven. This floor option is for those who want five points so that they don't lose their matchup.

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WEEK 4 WAIVERS

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1 CHUBA HUBBARD - RB (CAR) - WK 13 BYE

With CMC injured, Hubbard stepped in to finish the game and showed some promise. If he is the clear lead back within the offense, he's looking like a solid flex option with RB2 upside. He's not a long-term play once CMC returns in a few weeks, but Hubbard is an instant spot start considering he finished with over 75 yards on 14 touches and was targeted (5) in the passing game.

2 HUNTER RENFROW - WR (LV) - WK 8 BYE

He was listed here last week, and he finished with another solid game of 77 yards on five catches and a touchdown. He is the underrated flex option in PPR leagues that can be a high floor spot start for most teams. With defenses focused on stopping Darren Waller, Renfrow has quietly become an essential piece within the offense, even with Henry Ruggs playing well.

3 TIM PATRICK - WR (DEN) - WK 11 BYE

With Jeudy out and now KJ Hamler injured, Patrick finds himself in a similar role as last season and has shown some consistency as a secondary option within the offense. Even with Sutton and Fant as primary options, Patrick is a deep threat with the ability to catch contested balls in the redzone. However, he doesn't have the volume in PPR leagues, so the upside is limited. Definitely a bench stash to follow.

4 PEYTON BARBER - RB (WAS) - WK 8 BYE

I was going to have Jalen Reagor again on this list, but I decided not to be lazy and find another player with the opportunity to be a spot start. With Jacobs injured, Barber has become the lead rusher and goal-line option within the offense. He's a short-term TD dependant flex which in standard leagues isn't too bad considering he gets double-digit touches.

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WEEK 4 QB STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 50% OF ROSTERS IN YAHOO

1

TAYLOR HEINICKE - QB (WAS) - @ ATL

Despite a rough performance, he finished with three touchdowns last week and five in two games. He is not considered a rushing threat but is mobile enough to escape pressure and scramble when needed. Facing an improved but still beatable ATL defense, this could be a bounce-back game where he finishes with a serviceable 250 yards and a couple of touchdowns.

2

SAM DARNOLD - QB (CAR) - @ DAL

I mentioned him last week as a streaming option, and finishing with over 300 yards and a couple of rushing TDs, he was able to be productive. This week against an improved DAL defense, I'm not expecting him to have an outstanding performance, but he could finish with a solid game just because the DAL offense will force a CMC less CAR to keep scoring if they want to win.

3

JIMMY GAROPPOLO - QB (SF) - VS SEA

Similar to my idea with Darnold above, this SEA offense is going to score some points. With all the injuries to the running backs, the team needs Garoppolo to play well if they want to win. Considering the circumstances and I can see a path where this becomes one of his better games of the season and could finish within the top 15. Rostering him is more of a last resort in superflex leagues.

4

JAMEIS WINSTON - QB (NO) - VS NYG

It wouldn't be right to describe a Jameis Winston led offense without including the word inconsistent. After a couple of rough performances, it's clear that he has limitations, and it will come down to if he can execute the game plan. However, facing an NYG defense that lost its leading tackler to injury, I'm open to the idea of starting him as a spot start in superflex leagues.

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WEEK 4 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 50% OF ROSTERS IN YAHOO

1 NEW ORLEANS SAINTS VS NYG

Dealing with injuries on the defense, they played well last week as they get healthier and now face an inconsistent NYG offense that can be turnover-prone at times. Assuming the defense gets another week healthier, this is a high-upside play as I can see this defense with a pick-six or sacking Daniel Jones five times. However, there's also a floor as I don't see a way this defense gives up 30 points in any scenario.

2 INDIANAPOLIS COLTS @ MIA

While this defense hasn't been impressive over the past three games, they have been solid against good offenses (SEA, LAR) scoring a handful of points and doing well last week. Facing an MIA offense without their starting QB gives me the confidence to expect another solid performance with some upside. They have been creating turnovers in each game and I'll be targeting them if I need a defense.

3 CHICAGO BEARS VS DET

Don't let the numbers fool you. This is still a good defense that will have more good games than not. The problem on that team is the offense and facing a DET offense that doesn't scare me, I'll consider streaming them as they continue to figure things out. There's definitely some risk here facing a divisional rival, but it's hard for me to imagine that they won't be pressuring Jared Goff and creating turnovers.

4 TENNESSEE TITANS @ NYJ

Every season, there is usually a team or two that you can stream any capable defense against since the offense is performing so poorly. The early candidate is the NYJ, and facing an inconsistent TEN defense, this has the potential to finish in double digits because of the turnover-prone rookie QB and first-year head coach. If I'm looking for a home-run swing, this defense is one of my higher targets.

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WEEK 5 WAIVERS

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1

TREY LANCE - QB (SF) - WK 6 BYE

Usually, I don't recommend QBs, but it's hard to ignore when they have the rushing upside. Seeing significant playing time last week because of Garoppolo's injury, he showed some promise, albeit with flaws as well. I don't expect to start him unless Garoppolo is hurt, but this is the moment you can add him before everyone realizes the potential (if they already haven't).

2

DAMIEN WILLIAMS - RB (CHI) - WK 10 BYE

Latavius Murray is almost qualified, but instead, we have someone who can provide a spot start due to injury. Montgomery hurt his knee late in last week's win, and while it's likely he will return this season, questions are surrounding next week. If he misses time, then Williams can be expected to start. I'm not sure how severe the injury is, but every week matters, and Williams can provide short-term value.

3

DARNELL MOONEY - WR (CHI) - WK 10 BYE

He remains a crucial piece of the offense, with seven targets or more in three out of four games this season regardless of who starts at QB. While Fields hasn't been impressive for fantasy managers, he could target Mooney consistently throughout last week's game for big plays. If Dalton eventually returns, I'm still confident that this guy will remain as one of the primary receiving threats on the roster.

4

JOSH GORDON - WR (KC) - WK 12 BYE

I wanted to mention WR Hunter Renfrow again as he remains a solid PPR flex option, scoring touchdowns in consecutive games. However, if you're looking for more upside, then Gordon is an option. There's over 45% of targets between everyone not named Kelce and Hill, and he could earn a part of that. He may end up not worth a roster spot, but he's worth a speculative add.

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WEEK 5 QB STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 MATT RYAN- (ATL) - VS NYJ

Despite the team struggling offensively, he's been the focal point of the offense finishing with over 240 yards and two TDs in three consecutive games. He faces a beatable NYJ defense in London and I think he will continue his streak of solid production as the offense will rely on him from beginning to end. There's definitely some risk and I wouldn't say he's the clear favorite from this group.

2 DANIEL JONES - (NYG) - @ DAL

Coming off his best game of the season, the offense is showing flashes despite the injuries. Facing a divisional rival with an improved defense concerns me even if the Shepard & Slayton are healthy. But, the rushing ability and growing chemistry with Golladay give me hope that he will still be worth a spot start in superflex leagues as a boom or bust option.

3 SAM DARNOLD - (CAR) - VS PHI

With five rushing TDs in four games, he has been a surprising streaming option over the past month and is finally getting some recognition. He showed that the offense will survive without CMC and facing a solid PHI defense isn't what I'm looking for, but I believe there's a higher floor available compared to the other guys on this list. I'm expecting him to not score another rushing TD, but he'll still provide top 15 value.

4 TREVOR LAWRENCE - (JAX) - VS TEN

He's someone whom I would consider a last resort. The only reason he made this list is because TEN doesn't have a good defense, and he will have opportunities to score. I'm personally hoping that I can grab one of the above options instead, but he has shown flashes of his potential and could get you enough points in your superflex leagues not to cost you a win.

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WEEK 5 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 50% OF ROSTERS IN YAHOO

1 CHICAGO BEARS @ LV

After recommending them last week, they're on the list again as they face an LV offense that struggled last week. I'm not expecting double-digit scoring from this defense, but I'm confident they will get five to seven points with the potential for more. If I streamed them last week, I'd be considering rolling with them again this week if I'm looking for a safer option than some of the names below.

2 ARIZONA CARDINALS VS SF

With a couple of explosive performances this season (16 points or more in half of the games this season), this defense is a boom or bust option that can completely dominate an offense. With the likelihood that rookie QB Trey Lance will start this week, there are opportunities for turnovers and big plays that make this defense a home-run swing. I'll be targeting this defense if my roster needs some upside.

3 MINNESOTA VIKINGS VS DET

Despite some mediocre performances, this defense will have its easiest matchup of the year, facing a struggling DET offense that is still figuring things out. Anthony Barr might make his season debut next week, and if healthy, I can imagine this defense creating turnovers and pressuring Jared Goff throughout the game. Generating at least two sacks each game this season, this is a sneaky spot start this week.

4 DALLAS COWBOYS VS NYG

I can't imagine I'm recommending this defense after last season. But committed to rebuilding it in the off-season, they have put together some solid games against good offenses (TB & LAC). Facing an inconsistent divisional rival (NYG), this could be either a top-five defense or the league's bottom half. Showing some consistency, I'm betting on the former, not the latter, and am not afraid of them as a spot start.

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WEEK 6 WAIVERS

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1

DEVONTAE BOOKER - RB (NYG) - WK 10 BYE

With the injury to Saquon, Booker finished with an inefficient 42 yards on 16 carries but scored two TDs and caught a few passes. Facing a tough LAR defense next week, I'm not expecting him to be an RB2 most weeks. He's a waiver wire target because he'll likely have the goal-line carries and be the lead back with Freeman utilized on passing downs. Unsure when Saquon will return, I wouldn't break the bank on him.

2

DARREL WILLIAMS - RB (KC) - WK 12 BYE

With CEH injured, Williams finished the game with a handful of carries and targets, sharing passing downs with Mckinnon. It's confirmed that CEH will miss a few weeks, which opens up opportunities for him to be a spot start against decent matchups such as WAS, TEN, and NYG in the next three games. I'm anticipating RB3 value with some upside and a helpful bye-week filler.

3

KADARIUS TONEY - WR (NYG) - WK 10 BYE

After the injury to Daniel Jones, I was hesitant to recommend this pickup. But it's hard to deny the talent he showed in the past two games (267 yards on 16 catches). Injuries to the WR core (Shepard, Golladay, Slayton, Barkley) have opened up opportunities to feature him in the offense. He is an exciting bench stash, while we hope that Daniel Jones will return soon.

4

HUNTER HENRY - TE (NE) - WK 14 BYE

Surprisingly, he is a top 12 TE in most scoring formats and has seen at least five targets in three consecutive games. Despite splitting snaps and targets with Jonnu Smith, Henry has been the more consistent option and will be an excellent bye-week/injury replacement option in what has been another rough year for the overall position.

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WEEK 6 QB STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 50% OF ROSTERS IN YAHOO

1 TEDDY BRIDGEWATER- (DEN) - VS LV

Despite dealing with a good PIT defense, Teddy played well, throwing for more than 275 yards and two touchdowns. He has been solid for most of the season (two passing TDs in three games) and faces an LV defense with some injuries within the secondary. As a result, there are not too much attractive streaming options this week, and he's one of the very few floor options that should score double digits.

2 CARSON WENTZ - (IND) - VS HOU

The offense showed flashes against a capable BAL defense last week, with one of his best games of the season (over 400 yards). Facing an HOU defense that has been inconsistent at best, this is a spot start opportunity with some risk since this could be a game where they won't be heavily utilizing the passing game to win. However, that is not enough to have me altogether avoid him in superflex leagues.

3 TAYLOR HEINICKE - (WAS) - VS KC

Heinicke has all the necessary ingredients to put up a big fantasy performance if you're not afraid of a boom or bust option. Facing a struggling KC defense, he will have opportunities to score and is capable of solid performances (two games with over 275 yards and two TDs). The risk is that it may take garbage time for him to reach those numbers again, and he may have a lousy game similar to last week.

4 TREVOR LAWRENCE - (JAX) - VS MIA

Another boom or bust option with the upside to put up a solid performance but has struggled with turnovers and inconsistencies that could make him too risky to stream against a decent MIA defense. He hasn't thrown more than one TD since Week one but scored a rushing TD in consecutive games. He is another last resort option in superflex leagues with the first bye week of the season underway.

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WEEK 6 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 50% OF ROSTERS IN YAHOO

1 INDIANAPOLIS COLTS VS HOU

After a tough loss to BAL last week, they'll be looking to bounce back against a divisional rival at home. Generating turnovers and sacks in every game this season, they are a top 12 defense and have been solid during most weeks, getting you more than a handful of points. This defense is one of my preferable streaming options, and I will be looking to add them in a couple of leagues.

2 CINCINNATI BENGALS @ DET

This defense is an intriguing option as they haven't been playing great despite one game this season. However, they are generating sacks (three or more in three games) and are facing a struggling DET offense dealing with an injured offensive line. I'm not expecting a top 10 performance from this defense, but they are talented enough to get a handful of points with a little bit of upside due to matchup.

3 MIAMI DOLPHINS @ JAX

Despite getting blown out last week, I'm not too worried about this defense facing a rookie QB who has given up an INT every game he scores a TD. While they haven't been impressive for most of the season, this is a spot start opportunity where we could be looking at double digits from this team. However, I can see a situation where they don't score much, and I would be cautious about this defense.

4 CHICAGO BEARS VS GB

It was tricky deciding between choosing the CHI or GB defense this week. Ultimately, it came down to the health of the GB offensive line and starting CB Jaire Alexander going on injured reserve. This defense has been playing well, generating three or sacks in the past four games, and will have an excellent opportunity to continue the streak. I'm looking at this defense as a spot start with some risk.

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WEEK 7 WAIVERS

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1

J.D. MCKISSIC - RB (WAS) - WK 9 BYE

If you followed me last season, he was my bye-week filler RB in PPR scoring formats. With Gibson hurt, we'll see more snaps for Mckissic in games with a pass-heavy game script. In games where he finished with five targets, he either scored a TD or finished with over 60 receiving yards. However, until we know the severity of Gibson's injury, I wouldn't be spending too much to pick him up if it's only for a week or two.

2

TIM PATRICK - WR (DEN) - WK 11 BYE

With Jeudy injured, he has been a decent WR3 over the past month finishing with either more than 80 yards or a TD in five games. Despite Sutton being the primary target, Patrick has been a steady presence within the offense as a redzone target and secondary option (3rd on the team in targets). Until Jeudy returns, I'm confident starting him as a bye-week filler or streaming flex option.

3

DARNELL MOONEY - WR (CHI) - WK 10 BYE

Scoring his first TD last week, he finished with a season-high eight targets and is starting to put together a couple of decent games despite the limited CHI offense with a rookie QB. Threatening the WR1 role within the offense, Mooney has become more of a 1B to Robinson's 1A. Due to volatility, he is still a boom-or-bust option, but he's still worth stashing or starting if you're desperate for a spot start.

4

A.J. GREEN - WR (AZ) - WK 12 BYE

I never thought I would see this name here after last season. I was one of his supporters last season who gave up on him when he went to AZ. He has become a solid boom-or-bust flex option, finishing with at least six targets in all but one game this season and scoring a TD in three out of the past five games. I wouldn't start him every week, but rather a bye-week filler in good matchups.

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WEEK 7 QB STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 TEDDY BRIDGEWATER- (DEN) - VS @ CLE

Garbage time saved his stat line last week, throwing for three TDs and three INTs. He faces a good CLE defense but with a beaten-up offense. Teddy has been decent recently (over 275 yards & two TDs in back-to-back games) and will need him to win. I'm not confident in starting him as I feel it's a coin toss between him finishing with 18 or 10 points, but the injuries to CLE have me leaning towards the former.

2 DEREK CARR - (LV) - VS PHI

Throwing at least two TDs in all but one game this season, I'm looking forward to picking him up despite facing a decent PHI defense. Carr has been relatively consistent and is the offense's focal point (four games with over 325 yds and two TDs). I would be surprised if he finishes in the top eight, but the top 12 is definitely possible. He's one of the highest floor options available on this list.

3 TAYLOR HEINICKE - (WAS) - @ GB

After disappointing me last week, why is he here again? He faces an injured GB secondary that was missing its two top corners the previous week. Remember the boom-or-bust nature (two games with over 275 yds and 2 TDs/three games with less than 250 yds and one TD) and not rush to pick him up over safer options like the ones above. I wouldn't be considering him unless in superflex leagues.

4 TUA TAGOVAILOA - (MIA) - VS ATL

Did you miss out on the other options? Tua is a last-resort option in superflex leagues coming off a solid performance (over 325 yards and two TDs) against a subpar JAX defense. He faces a mediocre ATL defense, and if one of Preston Williams/Davante Parker returns, then I can see a scenario where he gets you 250 yards and a couple of TDs. Of course, he can also finish with 200 yards and no TDs, so tread carefully.

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WEEK 7 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 55% OF ROSTERS IN YAHOO

1

CAROLINA PANTHERS @ NYG

After starting the season undefeated, they have lost three straight games. However, this defense has proven itself a legitimate pass-rushing threat with multiple sacks in four games this season. Coming off back-to-back games with a turnover, facing an NYG offense that threw three INTs to a strong LAR defense, there's some upside for this defense, creating a decent spot start opportunity.

2

MIAMI DOLPHINS VS ATL

While this defense wasn't impressive against JAX last week, they did generate sacks in every game this season. They also created a turnover in two of their three past games. Facing an ATL offense off of a bye week, I'm not expecting multiple turnovers or five sacks; instead, I don't see this game getting out of hand, and this is a relatively safe play for a few points if you're in a tough spot and can't afford a zero.

3

NEW ORLEANS SAINTS @ SEA

Fresh off a bye week, facing a SEA offense without Russell Wilson and Chris Carson, this is a fortunate situation for this defense with an INT in every game this season and more than one sack in four games. SEA gave up five sacks last week to PIT, so I'm anticipating a couple this week. This defense is one of the preferred streaming options this week since they have one of the highest floors and some upside.

4

LAS VEGAS RAIDERS VS PHI

Coming off their best game of the season, they'll be facing a PHI offense that is coming off back-to-back games, giving up two sacks and one INT. This defense has gotten two sacks or more in each game this season; Lane Johnson's return will help PHI, but not enough to have me avoid this matchup. I don't anticipate more than a handful of points with the potential for more if they create a turnover or two.

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WEEK 8 WAIVERS

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1 KENNETH GAINWELL - RB (PHI) - WK 14 BYE

With Miles Sanders injured, this opens up an opportunity for the pass-catching rookie to expand his role as a runner. Finished with 61 total yards and a TD on nine touches last week, he can be a flex option with matchups against DET and LAC. Despite Boston Scott getting some carries, I'm more optimistic on Gainwell since he was getting touches all season long, but I expect this committee to remain.

2 ALLEN LAZARD - WR (GB) - WK 13 BYE

Coming off back-to-back games of scoring a TD on at least five targets, Lazard has shown to be a capable secondary receiver. With Davante Adams on the COVID list, he is likely to miss a game or two, which may boost Lazard's target share and make him a fantasy-relevant bye week filler. With matchups against AZ and KC upcoming, those are some decent matchups with a favorable game script.

3 KALIF RAYMOND - WR (DET) - WK 9 BYE

This one is a little out there since he's not really known, but he has quietly been a WR3/flex option in PPR leagues. Finishing with at least six catches in three of the past five games, he has shown to be an intriguing bye week filler. There's definitely some risk since he's on a DET offense that will limit his scoring upside, but he seems to have found a role and that could be useful in desperate times.

4 SAMAJE PERINE - RB (CIN) - WK 10 BYE

This recommendation is a speculative add. With Joe Mixon battling through injury during the season, Perine has filled in and looked solid and is likely the handcuff if Mixon misses time. Finishing with over 50 yards on double-digit carries used on the goal-line, he can be fantasy-relevant. However, unless you're a Mixon owner, I won't target him over the above options as he's currently just a bench stash.

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WEEK 8 QB STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 55% OF ROSTERS IN YAHOO

1

CARSON WENTZ- (IND) - VS TEN

Facing a beatable TEN defense, he will look to continue his four-game streak of throwing two passing TDs. Coming off a decent game against a solid SF defense in bad weather, he has been the prototypical "streaming QB," averaging around 225 yards and two TDs and no INT in four games. He did struggle against TEN earlier in the season, but I expect a bounce-back performance.

2

DANIEL JONES - NYG - @ KC

Despite starting the season strong, he has regressed in recent games and is a risky option with upside facing a struggling KC defense. He can finish with 250 yards and a couple of TDs or 200 yards and an INT. If one of Shepard/Toney/Golladay returns, I'll be more confident in starting him, but be sure to monitor the injury report. I don't plan on targeting him unless I need a bye-week filler in superflex leagues.

3

TREVOR LAWRENCE - (JAX) - @ SEA

This was going to be about Taylor Heinicke, but I'm deciding to go with someone who can provide a higher floor. Coming off a bye week, he is starting to show some promise finishing with over 300 yards and a TD against MIA. He's also cutting down on the turnovers throwing one INT in the last three games (seven in the previous three). He's not my first target, but is someone to consider if you need someone.

4

TUA TAGOVAILOA - (MIA) - @ BUF

Since returning from injury, he has thrown at least 275 yards and two TDs, becoming a decent streaming option. However, facing a good BUF defense, there's a reason for concern as he has also been turnover-prone. Nevertheless, I anticipate that Tua will be relied on to score to remain competitive, so I can see another solid performance around 250 yards and a couple of TDs, even if it's in garbage time.

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WEEK 8 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 WASHINGTON FOOTBALL TEAM @ DEN

Coming off of three consecutive games with more than one sack and at least one turnover against KC, GB, & NO, I've been impressed with them. Facing an injured DEN offense with Teddy giving up an INT in back-to-back games could be another solid streaming option. I will be looking at this defense over the others below because of the upside for a double-digit performance.

2 CINCINNATI BENGALS @ NYJ

Usually, I wouldn't recommend this defense but facing a struggling NYJ offense, possibly starting a back-up QB, is a great matchup. The defense has generated sacks in every game this season and doesn't often give up many points (allowed less than 21 points in four games). This defense is a high floor option that I expect five to eight points with the possibility for more.

3 DALLAS COWBOYS @ MIN

This defense has been explosive with three TDs over the past four games, generating more than one turnover as well. They have been getting sacks but are a little inconsistent. Facing a MIN offense that doesn't make too many mistakes, there's undoubtedly some risk as this could be a high-scoring game. However, I'm confident that this defense will continue this run and be a solid streaming option.

4 PHILADELPHIA EAGLES @ DET

I know they haven't looked good recently, but facing DET is an excellent opportunity for a bounce-back game. Coming off four consecutive games with a turnover and Jared Goff throwing an INT in three straight games, I'm optimistic that this defense will continue the streak and possibly have one of its better games of the season. There's undoubtedly some risk, but the upside is high enough for me to stream them.

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WEEK 9 WAIVERS

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1

ADRIAN PETERSON - RB (TEN) - WK 13 BYE

With the injury to Derrick Henry, the Titans were quick to sign Peterson to their roster, anticipating that he will be the early downs option and possibly goal-line too. He will be splitting carries with Jeremy McNichols, but I expect RB3 value with RB2 upside if Peterson ends with 15-18 carries per game. I wouldn't be spending much more on him over Mcnichols as I believe they both will have roles in the offense.

2

BOSTON SCOTT - RB (PHI) - WK 14 BYE

With Miles Sanders on IR, the addition of Jordan Howard along with Gainwell initially scared me away from him. However, finishing with three TDs in two games despite all that proves to me that there's some spot start value within this committee. Assuming that they won't be blowing out teams like last week, I don't believe that he will be worthy of anything more than a flex option with upside but upside nonetheless.

3

JEREMY MCNICHOLS - RB (TEN) - WK 13 BYE

If you're in a PPR scoring league, I would consider targeting him as he will expand his role within the offense. He has never gotten more than two carries in a game, and I don't see that increasing to double digits either. However, if he gets around a handful of carries as well as four to five targets, he could end up being a double-digit flex option against good matchups where TEN will be passing more.

4

DEVANTE PARKER - WR (MIA) - WK 14 BYE

After missing the last three games to injury, Parker immediately returned to his role, finishing with a season-high in targets and receptions. While he's not the primary receiving option, he finished with at least four catches in every game played and had more than 75 yards in three out of the five games. As long as Tua is the QB, I'm confident we will continue to see WR3 production.

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WEEK 9 QB STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 CARSON WENTZ- (IND) - VS NYJ

Rostered in about 56% of Yahoo leagues, I'm going to make another exception as this is a tough week for streaming QBs. Facing a beatable NYJ defense, I don't expect him to exceed his average of 225 yards and a couple of TDs. However, he's the highest floor option to me as he's been playing well over the past five games and is likely to continue his run as a top 12 QB.

2 TUA TAGOVAILOA - (MIA) - VS HOU

Despite a rough loss against BUF last week, I'm anticipating a rebound performance against the struggling HOU defense. With Parker healthy, Tua will continue to build on the solid two performances throwing more than 275 yards and two TDs since returning from injury. Scoring a rushing TD last week, he has been scrambling a few times each game and I hope he does more of it.

3 DANIEL JONES - (NYG) - VS LV

After his horrible three INT performance, he has been somewhat unimpressive but steady over the past two games with at least 200 yards and one TD. Facing a decent LV defense, I'm not confident on the upside with him. I don't expect him to have one of his best games, but I see a modest floor of 200 yards and a TD with some rushing ability. If you need 15-18 points, he is a solid streaming option.

4 TEDDY BRIDGEWATER - (DEN) - @ DAL

Another floor option to consider, he will be facing a decent DAL defense after struggling through injuries the past couple of weeks. Despite that, he's been one of the safer week-to-week options and will be needed to keep up with a good DAL offense (assuming Dak is healthy) if they want to keep it close. With Jeudy getting healthy, I anticipate finishing somewhere around the range of 225 yards and two TDs.

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WEEK 9 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 NEW ORLEANS SAINTS VS ATL

Coming off an impressive performance against TB last week, they are the top streaming option I'll target in every league. Facing an improving but still inconsistent ATL offense without their top WR is a good matchup at home. Generating more than one sack and one turnover in four games this season, I'm hoping that we see another double-digit game against a divisional rival.

2 LAS VEGAS RAIDERS @ NYG

Facing an injured NYG offense, this is a decent matchup for the LV defense coming off back-to-back games with more than one sack and one turnover before their bye week. There's undoubtedly some risk as they don't have the upside of double-digit games. However, I believe there's a good chance for a handful of points as I don't expect this to be a high-scoring game.

3 MIAMI DOLPHINS VS HOU

This recommendation heavily relies on the assumption that QB Tyrod Taylor will not return from injury. If Taylor returns, then my confidence in the floor of this defense has evaporated. They looked rough in recent weeks, and honestly, this is the last resort option for those who couldn't get one of the other defenses listed here. However, if Tyrod is out, I'm confident they can score a few points.

4 NEW ENGLAND PATRIOTS @ CAR

I'm cheating as they're rostered in 56% of Yahoo leagues, but I think it's close enough to make an exception due to the great matchup. Coming off an impressive win against LAC, they have been getting more than one sack and one interception in consecutive games. Facing a struggling CAR offense, I'm also targeting this defense as a safe option with some upside.

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WEEK 10 WAIVERS

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1

DEVONTA FREEMAN - RB (BAL) - WK 8 BYE

The injury to Latavius Murray has opened up an opportunity for Freeman to finish as a flex option scoring a TD in consecutive games while also finishing with double-digit carries last week. Facing MIA on Thursday, this is a decent matchup, and there's a good chance that Murray will miss this game as well. So I don't anticipate anything more than a spot start if I'm picking him up.

2

ELIJAH MOORE - WR (NYJ) - WK 6 BYE

He has looked promising since returning from injury, finishing with at least 60 yards on at least six targets in two out of the past three games. He has shown chemistry with both backup QBs and was targeted by Wilson earlier in the season. I would consider adding him as a speculative add in PPR leagues as a flex option since I don't trust the NYJ offense just yet.

3

JORDAN HOWARD - RB (PHI) - WK 14 BYE

When news first broke that he was on the active roster, I didn't anticipate him to be more than a goal-line option in a committee. However, coming off a good game where he led the team in carries (17) and finished with three TDs in two games, he has enough volume to be worth considering as a spot start against DEN this week. I would still consider him a boom or bust option, but the floor is not zero points.

4

PAT FREIERMUTH - TE (PHI) - WK 7 BYE

The injury to Eric Ebron has opened up an opportunity for Pat to finish as a top 12 TE with over six targets a game and three TDs in back-to-back games. He has shown potential and is likely to have an expanded role within the offense even when Ebron returns. I would still consider this a speculative add as there's competition for targets on this team, but still an intriguing secondary option for a pass-heavy offense.

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WEEK 10 QB STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 MATT RYAN - (ATL) - @ DAL

Rostered in about 56% of Yahoo leagues, I'm going to cheat again as he has been playing well, throwing for more than 330 yards and two TDs in three out of the past four games. He will be facing a decent DAL defense, but with Patterson and Pitts playing as well as they are, I'm willing to take a chance that they will be able to move the ball and a top 15 QB performance is not an unreasonable expectation.

2 TEDDY BRIDGEWATER - (DEN) - VS PHI

At this point, you guys must be sick of seeing him on here. Unfortunately, he's a good epitome of what you look for in streaming a QB for a spot start. He has thrown a TD in six consecutive games (more than one TD in three games from that span) and is a solid bet for 225 yards and no INT (three games with an INT). He doesn't have the eek winning upside but provides a floor (15-18 pts) that will get you through the week.

3 BAKER MAYFIELD - (CLE) - @ NE

I'm not too excited about this recommendation, but he played well last week against CIN and now faces a good NE defense. Honestly, he is the last resort option and Taylor Heinicke in superflex leagues, but I am confident that Baker won't make as many mistakes. If I'm streaming him, I'm not expecting more than 200 yards and a couple of passing TDs and am grateful for my 15 points.

4 BEN ROETHLISBERGER - (PIT) - VS DET

I wouldn't be streaming him if it weren't for the matchup against a struggling DET defense. He has a few solid games finishing with over 200 yards and two TDs in two of the past four games. I don't anticipate this to be one of his best performances, but with a rough week for streaming options, he's a relatively safe bet for 16-18 points with some upside if DET can score as well.

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WEEK 10 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 55% OF ROSTERS IN YAHOO

1

DENVER BRONCOS VS PHI

Despite trading Von Miller, this defense played well against DAL last week. They will be facing a decent PHI offense that doesn't give up too many turnovers coming off consecutive games with more than one sack and one turnover. While I don't expect an excellent performance from them, I believe they can score a few points that won't cost you the win. Not my preferred option, but still worth considering.

2

CLEVELAND BROWNS @ NE

After a strong performance against CIN, they have struggled with consistency and will face a NE offense that doesn't make too many mistakes. So why am I recommending this defense then? The reason is, Damien Harris and Rhamondre Stevenson got injured last week, and if either were to miss this week, that would limit the run-heavy offense, making this defense a spot start.

3

GREEN BAY PACKERS VS SEA

This defense has been quietly one of the better defenses this season as they have been getting more than one sack and at least one turnover in eight out of their last nine games. I expect Russell Wilson and Chris Carson to return, which makes this a bit risky. However, I anticipate the SEA offense to have some rust as both guys return from their multi-week absences. This feels like double-digits or two points.

4

TENNESSEE TITANS VS NO

With more than one sack and one turnover in three consecutive games (defensive TD in back-to-back games), this defense has been on a roll and will be facing a NO offense that struggled against ATL for three quarters last week. This is my first option despite being on the bottom of my list, I will be looking to add them on all my rosters as a top streaming option with upside for a double-digit performance.

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WEEK 11 WAIVERS

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1

TYLER CONKLIN - TE (MIN) - WK 7 BYE

As a top 12 TE, he's been a consistent week-to-week option recently with at least five targets in four consecutive games. He's also putting the targets to use with at least 45 yards or a TD in those four games. I believe Conklin can provide streaming value as a flex option or fill in for a bye week as an emergency option with all the injuries. If you're looking for a solid streamer, then I would consider adding him.

2

DAN ARNOLD - TE (JAX) - WK 7 BYE

Despite being on a subpar offense, he has carved out a nice role within the offense with at least seven targets in four of the past five games. During those games, he finished with over 60 receiving yards. While he lacks the TD upside being on the struggling JAX offense, his targets within the offense provide a solid bye week filler or flex option in PPR or TE premium scoring leagues.

3

DEONTE HARRIS - WR (NO) - WK 6 BYE

With at least seven targets out of two of the past three games, Harris has been a serviceable boom or bust flex option with at least 50 receiving yards in five games this season. Currently third on the team in targets, the injury to Kamara (leads team in targets) will open up more opportunities for more targets. Marquez Callaway is also intriguing; however, I feel that Harris has a higher floor.

4

RHAMONDRE STEVENSON- RB (NE) - WK 14 BYE

With the injury to Damien Harris, Stevenson was impressive, finishing with 100 yards and two TDs on 20 carries against a good CLE defense. While we don't know if Harris will return next week, the potential for more carries within the offense is likely, even with Harris returns. Until then, he's an RB3 with upside. Stevenson may be a high-end handcuff, but against good matchups could provide flex value.

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WEEK 11 QB STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 JIMMY GAROPPOLO - (SF) - @ JAX

Scoring two TDs in the past three games, he's been playing well recently despite struggling with inconsistency for most of the season. Facing a subpar JAX defense, I anticipate another run-heavy game script for the offense, limiting the upside and lowering the floor, which would typically make this a bad idea. However, if he can score a couple of TDs and doesn't turn the ball over, not a bad last resort.

2 TREVOR SIEMIAN - (NO) - @ PHI

Since filling in for an injured Jameis Winston, he has back-to-back games throwing for around 250 yards and two TDs. This is with an uninspiring WR core, injured Kamara, and this offense has remained productive. Facing a decent PHI defense, I'm not too excited about starting him this week. However, there are no exciting options this week, so he's in consideration if you're looking to stream a "safer" QB.

3 TAYLOR HEINICKE - (WAS) - @ CAR

I was considering putting Cam Newton here, but I'd rather go with Heinicke since I know what to expect. Despite throwing an INT in four out of the past five games, he has thrown about 250 yards and a TD in three consecutive games. There's some risk as this dangerous CAR defense can pressure him, but he's mobile enough to escape the pocket. I would only consider in superflex leagues.

4 TUA TAGOVAILOA - (MIA) - VS @ NYJ

He played okay despite dealing with a finger injury, filling in for an injured Brissett in the third quarter and finishing with 158 yards and a rushing TD. Facing NYJ next week, after an extra couple of days of rest, he is one of the better streaming options since I believe his floor of 12-15 points is higher than some of the other options listed above while still possessing some upside if this game is high-scoring.

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WEEK 11 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 SAN FRANCISCO 49ERS @ JAX

Despite having a mediocre season, I like the matchup against the struggling JAX offense that has given up a turnover in each of the last five games. Generating more than one sack in five of the previous six games and coming off a strong performance last week, I believe there's a solid floor for a handful of points with the upside potential.

2 MIAMI DOLPHINS @ NYJ

Coming off back-to-back strong performances generating at least four sacks and multiple turnovers, particularly against a decent BAL offense last week, they will be looking to continue this against one of the league's worst offenses. There's undoubtedly some risk facing a divisional rival; however, the upside for double-digit scoring is too high for me to ignore them on the waiver wire.

3 GREEN BAY PACKERS @ MIN

After a dominating performance last week, they will be facing a divisional rival that struggles with consistency. Despite being a top 12 defense this season, this isn't a matchup I'm necessarily comfortable with. They could finish with double digits or less than four points. If I've been streaming them already, I'd still consider targeting some of the other options mentioned but won't be too disappointed if I miss out.

4 CAROLINA PANTHERS VS WAS

Coming off three consecutive games of more than one sack and one turnover, they face a WAS offense that has given up a turnover in at least five of the six games. While this defense has some up and down performances due to their offensive struggles, the return of CMC and Cam Newton will hopefully provide some stability that will help keep the defense off the field the entire game.

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WEEK 12 WAIVERS

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1

JAMISON CROWDER- WR (NYJ) - WK 6 BYE

Did you miss out on Elijah Moore? Crowder has been a solid secondary option averaging more than six targets a game over the past five games with the QB carousel of the NYJ. That's not a large volume of targets, but it's consistent. In PPR scoring formats, he is considered a bye-week filler, spot start against a good matchup. I will keep him as a bench stash, for now, to see if his targets grow.

2

LATAVIUS MURRAY - RB (BAL) - WK 8 BYE

If Devonta Freeman is available, I would consider him first as he's been the lead back for the past few weeks. However, now finally healthy, Murray may be on the wrong side of this committee but has been seeing at least nine carries in five of the seven games this season. While that is not enough to start him, he's an injury from taking over lead back duties and becoming a flex option—an interesting speculative add.

3

KENDRICK BOURNE - WR (NE) - WK 14 BYE

Coming off an okay performance against ATL, he has been a boom or bust option throughout the season with at least 75 yards and a TD in three games this season. He also has six games with under 50 yards and no TDs. The only reason he's on this list is that he has seen consistent targets with at least four over the past five games. While that volume is unimpressive, he is a speculative add in deeper leagues.

4

MARQUEZ VALDES-SCANTLING- WR (GB) - WK 13 BYE

This recommendation is purely another speculative add based on the ten targets he saw last week, which he converted into 123 yards and a TD. I don't expect him to have another game like this, but if he continues to see more than a handful of targets, he may end up a boom or bust flex option that can win you a week against the right matchups.

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WEEK 12 QB STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 MATT RYAN - (ATL) - @ JAX

Despite struggling the past couple of games against DAL & NE, he gets a bounce-back matchup against one of the league's worst defenses in JAX. If Cordarrelle Patterson returns from injury, I would consider streaming Ryan as he's been productive against bad defenses (over 240 yards and two TDs against NYG, WAS, NYJ & MIA). If Patterson is out, then I'd likely consider another option below.

2 BEN ROETHLISBERGER - (PIT) - @ CIN

Coming off one of his better games this season, he has been solid recently, throwing for more than 200 yards and a couple of TDs in three of the past five games. Facing a questionable CIN defense, I can envision him with another solid performance and consider him a high floor, low ceiling type of spot start. I would be anticipating somewhere between 16-21 points, just enough not to lose you your matchup.

3 TAYLOR HEINICKE - (WAS) - VS SEA

Throwing for over three TDs last week, I'm not expecting that type of performance here. However, Heinicke has looked better in recent weeks, not turning the ball over in consecutive games and surpassing 250 yards in three out of four games. There's undoubtedly some risk against SEA, but the offense has looked better recently. I would consider Heinicke a boom or bust option, mainly in superflex leagues.

4 JIMMY GAROPPOLO - (SF) - VS MIN

With a solid performance last week, Jimmy G has thrown at least two TDs in three consecutive games. Facing a beatable but still decent MIN defense, I'm not too worried about the matchup as I believe he is a high floor option that can get you 15 points out of desperation. I expect MIN to score, so there should be enough passing volume to make him worthy of a spot start.

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WEEK 12 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 55% OF ROSTERS IN YAHOO

1

PHILADELPHIA EAGLES @ NYG

They've been on a roll over the past four games, scoring a defensive TD in three of them. Facing an NYG offense that gave up three turnovers last week to TB, there's a decent chance they will continue this hot streak of creating turnovers and possibly scoring again. However, this defense has been inconsistent, so prepare for a broader range of outcomes than I'd typically prefer.

2

CHICAGO BEARS @ DET

This defense would be the immediate top target if it weren't for the injuries to Khalil Mack and Akiem Hicks, among others within this defense. However, the matchup is too good to pass up regardless of who the starting QB is for DET. Getting six sacks last week against BAL is impressive, and I would still consider them one of the safer options on this list. I'd also keep an eye on the injury report throughout the week,

3

WASHINGTON FOOTBALL TEAM VS SEA

Have you missed out on the above options? I'm not crazy about the matchup since SEA could wake up at any moment. However, this defense has held opponents to 21 points or less in three straight games, and Russell Wilson has looked awful since returning from injury. Therefore, I would consider this a last resort option since I can equally imagine a defense scenario with either a handful of points or zero.

4

LOS ANGELES CHARGERS @ DEN

Depending on the DEN injuries, this defense could be a sneaky spot start this week. However, if Bolles and/or Massie return, I would consider pivoting to another option with more upside. Generating a sack in every game this season, they would be able to take advantage of an injured offensive line and could be one of the boom or bust options that can win or lose you your week.

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WEEK 13 WAIVERS

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1

CHUBA HUBBARD- WR (CAR) - WK 13 BYE

The season-ending injury to CMC opens up the opportunity for Hubbard to be an RB3/flex option. Unfortunately, Ameer Abdullah has looked capable and will likely be involved in receiving downs which lowers Hubbard's upside. However, I would still consider targeting him despite being on bye this week, as this could be one of the last weeks to get a starting RB for the rest of the season.

2

JAMAAL WILLIAMS - RB (DET) - WK 9 BYE

With Deandre Swift missing some of the game last week, Williams stepped in and played okay, finishing with 83 yds on 20 total touches. He was a capable receiver and will likely take on the workhorse role until Swift returns. While I have no idea if Swift will miss a game or two, with the team eliminated from the playoffs, I can see a scenario where they let Swift sit for an extended period making Williams an RB3.

3

DONTRELL HILLIARD - RB (TEN) - WK 13 BYE

If you missed out on the above two options, this is more of a speculative add as he has emerged as the secondary RB within the offense behind D'onta Foreman. If you choose between the two, I would personally choose Foreman due to his lead role; however, if you have the bench spot, I would stash Hilliard and monitor his play over the next game or two to see if last week's volume was a fluke.

4

A.J. GREEN - WR (ARI) - WK 12 BYE

Enough RBs already. He has been quietly a boom-or-bust flex option that has put up solid games filling in for an injured Deandre Hopkins and with Colt McCoy as the QB. Over the past five games, he has surpassed 50 yards in four of those games. Once Hopkins returns, he will likely lose some volume but is a sneaky start if Hopkins continues to miss games.

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WEEK 13 QB STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 TAYLOR HEINICKE - (WAS) - @ LV

Against a somewhat okay performance against SEA, he will be facing an LV defense that has given up more than 28 pts in three consecutive games. Obviously, this doesn't make him one of the top streaming targets as he has failed to score more than one TD in six of the past seven games, which lowers his upside, making him a desperate spot start in superflex leagues.

2 BEN ROETHLISBERGER - (PIT) - VS BAL

My first instinct was to ignore this since this is a divisional rival. However, BAL has some injuries on the defense, which makes this an interesting matchup. Throwing for at least 250 yards or two TDs in four consecutive games, he has been a boom or bust option that has played well against LAC & CHI. At home against a divisional rival, this is a hail mary attempt at getting top 10 numbers.

3 TUA TAGOVAILOA- (MIA) - VS NYG

Facing a beatable NYG defense, this is one of the safer options available as he has not thrown a turnover in two of the past three games. However, he also has struggled in creating big plays throwing for less than two TDs in three of the past four games. With a lack of upside, I wouldn't be targeting Tua anymore than any of these other options listed unless you like the particular matchup.

4 JIMMY GAROPPOLO - (SF) - @ SEA

This recommendation does rely on the health of Deebo Samuel. If Deebo is inactive, I may consider pivoting to another option. Throwing for under 200 yards or less than two TDs in three of the past four games shows he's not going to win you a week. However, I anticipate that he will get you a solid 17-19 points if Deebo is active against a mediocre SEA defense.

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WEEK 13 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 MINNESOTA VIKINGS @ DET

Despite giving up more than 30 pts in three of the past four games, they have also created more than one sack and a turnover in that same span. Facing a DET offense that could be missing their best playmaker, the matchup is too good to ignore. If they can get healthier along the defensive line, this is likely the top streaming option available.

2 MIAMI DOLPHINS VS NYG

Coming off one of their best performances of the season, they are facing an NYG offense that has scored more than 20 pts in three of the past four games. Generating at least four sacks in three of the past four games, they have been playing well recently, and I'm optimistic that they'll get close to continuing that trend. I'm wary that this could backfire, but that doesn't stop me if I have no options.

3 KANSAS CITY CHIEFS VS DEN

I would probably only start this defense if Drew Lock is the starting QB for DEN. Allowing less than 20 pts in four consecutive games, they have been playing well recently, generating more than one turnover in the past three games. I'm not too confident on the upside if Teddy plays, but I still think there's a floor for a handful of points since I believe this defense will make some plays.

4 CINCINNATI BENGALS VS LAC

This recommendation doesn't look like a good matchup on paper. However, the CIN defense has created more than one sack and one turnover in three of their past four games. Facing a LAC offense that has given up an INT in three consecutive games, this could be another multi-turnover performance. There's undoubtedly risk as this LAC offense can score, but the upside is well worth it.

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WEEK 14 WAIVERS

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1

DONTA FOREMAN - RB (TEN)

I understand that he's splitting carries with Hilliard, but he's been the lead back in a TEN offense committed to running the ball. He doesn't have the highest upside but is worth rostering, and a decent spot start in good matchups. I'll take a shot on an RB that will get 14-20 touches a game at this point of the season. Even if McNichols returns from injury, that will affect Hilliard's role.

2

MARQUEZ VALDES-SCANTLING - WR (GB)

Coming off two games with at least nine targets, he has been a boom or bust flex option. Facing an injured CHI defense, I wouldn't be surprised if he could connect on a deep shot or two. He will have a higher floor with more than two points with the targets, which helps my confidence. I wouldn't be targeting him, but I'll keep him on my watchlist and, depending on my roster, may pick him up for a spot start.

3

RUSSELL GAGE - WR (ATL)

With Ridley away, this has opened up an opportunity for Gage to become the primary WR target on the roster. With Pitts and Patterson attracting all the attention, Gage has seen at least seven targets in four of five games. He has turned that into at least six catches for 50 yards making him a PPR flex option in most leagues. However, facing a decent CAR defense, I'm not excited to start him this week.

4

KADARIUS TONEY - WR (NYG)

This is a speculative add meant to be stashed on your bench. With Toney injured for the past couple of games, it's unsure when he will return. However, he has the upside to receive double-digit targets in a game, making him a WR3 in PPR scoring formats. Obviously, there's some risk as the NYG offense is without their starting QB and overall hasn't been impressive.

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WEEK 14 QB STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 TAYLOR HEINICKE - (WAS) - VS DAL

He played well last week, throwing for two TDs. However, he's also thrown an INT in back-to-back games. Facing a DAL defense that can create turnovers, I'm treating this as a boom or bust matchup. I anticipate that DAL will be able to score, so if WAS wants to keep this close, Heinicke will need to have a solid performance to have a chance. I would start in superflex leagues for the most part.

2 BEN ROETHLISBERGER - (PIT) - @ MIN

Coming off one of his better games of the season, he has thrown at least 200 yards and two TDs in three of the past four games. He is facing an inconsistent MIN defense that has given up more than 28 points in three consecutive games. I don't expect 300 yards or three TDs, but I'm confident that the floor is higher than other options listed here.

3 TAYSOM HILL - (NO) - @ NYJ

Despite the injury, the rushing ability provides a high floor that he should be streamable in good matchups. I anticipate a lot of short passes and trying to limit turnovers against one of the league's worst defenses. If Kamara returns, that would raise the upside and make him possibly top 12? It's tough because the injury hampered him against DAL.

4 JIMMY GAROPPOLO - (SF) - @ CIN

With Deebo injured, this is the last resort option. He was throwing for two TDs in four out of five games. He has been slightly underwhelming except for a few games. Facing an inconsistent CIN defense, I don't expect them to be able to stop the run and slow down George Kittle. So if I start him, I would anticipate 14-18 points and hope he gets a th8ird passing TD.

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WEEK 14 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 NEW ORLEANS SAINTS @ NYJ

This defense has been somewhat inconsistent recently as they have been giving up more than 30 points in two of the past three games. However, they have also forced a turnover and a sack in those same three games. Facing a turnover-prone NYJ offense, this is a pretty good matchup with some upside for double-digit scoring. If the offense gets a bit more healthy, this could be the top option this week.

2 SEATTLE SEAHAWKS @ HOU

Not allowing more than 24 points since Week 5, this defense hasn't put up too many impressive games, but they have generated a sack and a turnover in three of the past four. Facing a depleted HOU offense, if QB Tyrod Taylor misses the game, this will be a high floor matchup with upside, making this another top streaming option worth rostering early.

3 CLEVELAND BROWNS VS BAL

Usually, I would stay away from this matchup. However, coming off of a bye week after a strong performance against the same opponent gives me more confidence in this defense. Facing a BAL offense that has given up more than one sack in three consecutive games, they're a solid option where the matchup may scare them away, despite holding their last two opponents under 20 points.

4 DENVER BRONCOS VS DET

Despite a somewhat disappointing performance last week, they face a subpar offense that got their first win this season. However, with five consecutive games of at least one turnover and a sack, they will likely repeat another solid performance that should get them a handful of points, if not more. In addition, they have the upside to score a defensive TD or hold them to under 14 points.

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WEEK 15 QB STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 TUA TAGOVAILOA - (MIA) - VS NYJ

In two of the past three games, he has thrown for more than 240 yards and two TDs. Facing a subpar NYJ defense, this is a good matchup for another spot start. Coming out of the bye week, he is one of the top streaming options as I view his floor as one of the highest options listed here. He also has the upside with the offense a little healthier, scoring over 20 points in four consecutive games.

2 TEDDY BRIDGEWATER - (DEN) - VS CIN

While he doesn't have the upside you would want, he has been okay with at least one passing TD in three consecutive games. The DEN offense has been more run-heavy recently, taking away the needed volume. I anticipate the CIN offense scoring some points, which will force DEN to abandon their run-heavy script against a beatable CIN defense. Definitely risky but worth considering.

3 TAYSOM HILL - (NO) - @ TB

He has been one of the best streaming options over the past two weeks due to his rushing ability which raises his floor and upside dramatically. Despite not throwing a TD or more than 200 yards last week, he finished with over 70 rushing yards and two rushing TDs. Facing a TB defense that can stop the run, I'm worried about the possibility of a bust game, but it's hard to turn down the floor despite the risks.

4 JIMMY GAROPPOLO - (SF) - VS ATL

With the return of Deebo Samuel and George Kittle, he has been a decent streaming option, recently throwing for at least two TDs in five out of the past six games. HE's also thrown for mover 225 yards in three consecutive games. However, facing a vulnerable ATL defense, I expect this SF offense to run the ball more, limiting the upside making this one of the last resort options to consider.

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WEEK 15 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 MIAMI DOLPHINS VS NYJ

With three out of their past five games with at least four sacks and more than one turnover, they have recently been one of the hottest defenses. They have also held their opponents to under 20 points in each of those five games. Facing a turnover-prone NYJ offense, this is a great matchup to take advantage of. One of the top streaming targets due to the high upside.

2 PHILADELPHIA EAGLES VS WAS

Facing a WAS offense with three consecutive games of one INT, they will look to capitalize on a decent matchup. Generating a sack and holding their opponents to under 20 points in three of the past four games, they will look to continue that trend of slowing down an already depleted WAS offense. There's some risk, but I consider it a safe bet for a handful of points with the upside for a couple more.

3 CLEVELAND BROWNS VS LV

This is more about the matchup rather than the defense itself. The CLE defense has been solid, with at least two sacks in eight consecutive games and holding their opponents to under 20 points in four out of the last five performances. They're facing an LV offense that failed to score over 20 points in five out of the past six games. If I miss out on one of the top streaming options, not a bad consolation prize.

4 MINNESOTA VIKINGS @ CHI

If BUF QB Josh Allen is hurt, you can start the CAR defense. However, I think Allen plays. However, this MIN defense has a difficult but juicy matchup against a CHI offense that gave up a pick-six last week. The defense has generated more than one sack and a turnover in three consecutive games, there's some upside against the rookie QB, but the inconsistencies make this a last resort option,

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WEEK 16 WAIVERS (ARCHIVE)

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1 RONALD JONES - RB (TB)

The injury to Leonard Fournette has opened up an opportunity for Jones to take the lead role. While we don't know the extent of Fournette's injury, it wouldn't be a bad idea to add Jones as a possible flex option. With matchups against CAR and NYJ, this could be one of those pickups that win you your playoffs.

2 RUSSELL GAGE - WR (ATL)

With at least 60 yards in four consecutive weeks, he has been one of the primary receiving threats for the depleted ATL offense. Seeing double-digit targets in two of the last three games (no less than six in five games), he will continue his new role as a PPR WR3 as long as Ridley remains out.

3 CRAIG REYNOLDS - RB (DET)

Who knew I would recommend a DET RB not named Deandre Swift/Jamaal Williams. With both guys out, he filled in as the lead back over the past two weeks averaging almost 100 yards over two games. Because of the rushing volume (37 carries), he has become a desperation plug and play RB if Swift/Williams misses time.

4 AMON-RA ST. BROWN - WR (DET)

With TE T.J. Hockenson out for the season, this opened up targets for St. Brown to take advantage of. In the two games where TJ was out, Brown had double-digit targets and was one of the underneath threats within the passing game. I'd typically avoid the DET WRs, but it's worth a speculative add in PPR leagues.

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WEEK 16 DEF STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 NO VS MIA & PHI VS NYG

Refer to the playoff matchups download on the website.

2 LOS ANGELES CHARGERS VS HOU

Facing a bad HOU offense, I'm willing to bet that this defense will not allow HOU to score 30 points again. Despite giving up 34 points last week, they have generated a sack and multiple turnovers in three consecutive games. With a good matchup, I consider this defense one of the safer options available.

3 SEATTLE SEAHAWKS VS CHI

I understand that this is not a popular option, but with a favorable matchup against CHI, this is an interesting matchup to consider. They have forced a sack and turnover in three of the past four games, making them a safe bet for a handful of points.

4 CINCINNATI BENGALS VS BAL

This recommendation relies on Lamar Jackson missing the game for me to have confidence in this matchup. Finishing with at least three sacks and a turnover in three of the last four games, they will be one of the last resort options.

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WEEK 17 WAIVERS

LOOKING FOR PLAYERS ON LESS THAN 45% OF ROSTERS IN YAHOO

1

DARE OGUNBOWALE - RB (JAX)

With the injuries to James Robinson and Carlos Hyde, Dare Ogunbowale has taken advantage of the opportunity looking decent last week with 57 yards and a TD on 17 carries. Facing a tough matchup against NE, he will not be someone I would use my top waiver priority unless I'm desperate for an RB with volume and TD upside. He's also a capable receiving back, so he should be game script proof.

2

BOSTON SCOTT - RB (PHI)

Splitting carries with Jordan Howard since Miles Sanders is injured, Scott has looked solid with the limited volume (41 yards and a TD on 12 carries). However, Howard got hurt near the end of the game, and he might miss this week's matchup against the subpar WAS defense. Therefore, this is more of a speculative add as I wouldn't start Scott unless Howard were to miss the game.

3

REX BURKHEAD - RB (HOU)

Ugh. I don't want to take too much away from his best performance of the season last week, finishing with over 140 yards and two TDs on 22 carries. I don't expect half of this production next week against a better run defense (SF). However, he has been the lead back and will be a TD dependant streaming option that feels like a bad idea until it isn't.

4

ISAIAH MCKENZIE - WR (BUF)

This recommendation is a speculative add meant to be stashed on your bench. Mckenzie was excellent last week, filling in for Cole Beasley's slot receiver role within the offense. Facing a porous ATL defense, he will be a PPR flex option if Beasley were to miss this game. However, we're not sure that Beasley will miss the game, so I would make backup plans if I need someone off the waiver wire.

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WEEK 17 QB/DEF STREAMERS

LOOKING FOR PLAYERS ON LESS THAN 55% OF ROSTERS IN YAHOO

1 CARSON WENTZ - (IND) - VS LV

While he has come back down to earth recently, he's facing a defense that could be missing a few of their starters due to a recent COVID outbreak. However, he can be a competent streaming option, finishing at least 220 yards and two TDs in eight games this season. While I wouldn't be rushing to start him in single QB leagues, he will be someone I would consider as a superflex option.

2 TUA TAGOVAILOA - (MIA) @ TEN

While he doesn't have the upside you would want, he has been solid as a superflex option finishing with almost 200 yards and two TDs in three of the past five games. However, facing an okay TEN defense, this is a risky streaming option as I don't believe there's much upside in this matchup. If I were to start him, it would be a desperation play as I'm hoping he at least gets two TDs to provide some floor.

3 CLEVELAND BROWNS @ PIT

Although all the turbulence COVID has created over the past few weeks, they have been a solid streaming option. With more than one sack and one turnover in two of the last three games, they are facing one of the league's worst offenses this week. I will monitor the injury report to see if more of the defense returns as I know they lost pass rusher Takk Mckinley, to injury.

4 CHICAGO BEARS VS NYG

Over recent weeks, this defense has been injured and missing more than a few key players. However, the NYG offense has been awful, and I can't imagine this defense bot taking advantage. Therefore, I wouldn't expect more than a handful of points and would be using this as a last resort option unless DT Akiem Hicks returns from COVID.

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