



WEEK 14 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 60% OF ROSTERS IN YAHOO

1

MIAMI DOLPHINS @ NYJ

I know they haven't been a good defense for most of the season. Still, coming out of the bye week, they are sneakily impressive, holding opponents to under 20 points, generating a sack, and forcing multiple turnovers in three straight games. Now they are facing an NYJ offense that's capable but in the bottom ten in total yards and points scored per game. There's a bit of boom-or-bust to divisional matchups, but this is a low-scoring game (o/u 40/41), making it a solid top-15 option with upside.

2

BUFFALO BILLS VS CIN

Another defense that's been inconsistent and not good in fantasy, allowing at least 21 points in six of their last eight games, they have also forced multiple turnovers in three of their last four. But they have a good matchup against a capable but beatable CIN offense that ranks in the bottom ten of rushing yards per game and turnovers. This BUF defense leads the league in passing yards allowed per game, and if Tee Higgins also misses the game, it makes this one of the better top-15 streaming options.

3

TAMPA BAY BUCCANEERS VS NO

Despite being flawed, this defense can be a top-10 option in the right matchup. They forced multiple turnovers in two of their last four games (also top ten in turnovers) and are facing a bottom-ten offense in turnovers, points scored, and rushing yards per game. There's risk with it being a divisional matchup, but the return of Bucky Irving helps the offense and, in return, the defense. Not my first choice, but I'm comfortable with them as one of the "safer" options, even if they fail to reach double digits.

4

WASHINGTON COMMANDERS @ MIN

To be honest, I'm not excited about streaming this defense, as they have been subpar for most of the season (giving up 28+ points in four of their last five games). However, facing one of the worst offenses that has failed to reach 20 points in the last four games and double digits in the previous two. They are also a bottom-five offense in total yards and points scored per game, making this one of the best matchups. I prefer to stream good defenses over good matchups, but I'll take a chance as a last resort option.

FOLLOW US @AKAMAIFANTASY

WWW.AKAMAIFANTASYFOOTBALL.COM