

DEF STREAM WEEK 5

10/06/2020

These four DEF are streamable options and currently are rostered in less than 60% of Yahoo leagues.

CLEVELAND BROWNS VS IND

I'm not crazy about this matchup, but in 12-14 team leagues, there are not too many options available. What interests me is that these two run-heavy teams will control the clock and time of possession, leading to a low scoring game. While IND has one of the best offensive lines in the league, I'm predicting that Myles Garrett will impact the game and create a turnover.



DALLAS COWBOYS VS NYG

Another matchup that feels gross, but there's some potential for an okay game. This defense looked awful so far this season, but so have the NYG offense. Divisional rivals at home, there's a realm of possibility that this defense puts up a solid performance, forcing turnovers via sacks or interceptions.



ARIZONA CARDINALS @ NYJ

Don't worry about the dud last week against CAR. They're facing NYJ, so start them or pick them up off of waivers as this is by far the best streaming option available. Another tip if you have an extra roster spot, pick up the defense facing NYJ next week (LAC), and you can relax this weeknd.



WASHINGTON FOOTBALL TEAM VS LAR

If Michael Thomas weren't possibly returning this week, I would suggest the Chargers. However, I'll pivot to the football team who has a scary defensive line that pressures quarterbacks this season. If the WAS offense doesn't turn the ball over and make some big plays, I could see this game end up similar to how LAR looked against NYG last week.

