



FOOD AND NUTRITION SERVICES

LUNCH MENU APRIL 2025

Daily Milk Options: Unflavored Skim, Unflavored 1% or Flavored Skim
Salad Bar Offered with Every Meal

Monday	Tuesday	Wednesday	Thursday	Friday
HOT ENTRÉES • VEGETABLES				
	1 Student Holiday	2 BBQ Chicken Sandwich w/ Slaw Hot Turkey & Cheese Sandwich Grilled Cheese Sandwich ✓ Chicken Dumplings w/ Orange Sauce Vegan Burger on Bun ✓ Tomato Soup ✓	3 Orange Chicken w/ Brown Rice Orange Chickenless Bite w/ Brown Rice ✓ Veggie Dumplings w/ Orange Sauce ✓ Spicy Chicken on Bun Steamed Broccoli ✓	4 Turkey Pepperoni Pizza Cheese Pizza ✓ Fish Filet Sandwich Spicy Chicken on Bun
7 Cheeseburger on Bun Vegan Burger on Bun Fish Filet w/ Roll Baked Fries ✓	8 Pasta & Meatballs w/ Marinara Sauce Baked Cheese Sticks w/ Marinara Sauce ✓ Cheese Pizza ✓ Spicy Chicken on Bun	9 Nachos w/ Turkey Barbacoa & Cheese Sauce Nachos w/ Cheese Sauce or Nachos w/ Black Beans & Cheese Sauce ✓ Chicken Dumplings w/ Orange Sauce Chicken Tenders w/ Roll	10 Asian Meatball Sub w/ Spicy Mayo Asian Veggie Sub w/ Spicy Mayo ✓ Baked Cheese Sticks w/ Marinara Sauce ✓ BBQ Chicken Sandwich w/ Slaw	11 Turkey Pepperoni Pizza Cheese Pizza ✓ Turkey Barbacoa & Cheese Quesadilla Vegan Burger on Bun ✓
14	15	16	17	18
SPRING BREAK				
21 BBQ Chicken Sandwich w/ Slaw Hot Turkey & Cheese Sandwich Grilled Cheese Sandwich ✓ Chicken Dumplings w/ Orange Sauce Vegan Burger on Bun ✓ Tomato Soup ✓	22 Turkey Barbacoa Arepas Bean and Cheese Pupusa ✓ Cheese Pizza ✓ Cheeseburger on Bun Tex Mex Corn ✓	23 Chicken Philly Sub Chickenless Bites w/ Roll ✓ Turkey Barbacoa & Cheese Quesadilla Vegan Burger on Bun ✓	24 Orange Chicken w/ Brown Rice Orange Chickenless Bite w/ Brown Rice ✓ Veggie Dumplings w/ Orange Sauce ✓ Spicy Chicken on Bun Steamed Broccoli ✓	25 Turkey Pepperoni Pizza Cheese Pizza ✓ Fish Filet Sandwich Spicy Chicken on Bun
28 Cheeseburger on Bun Vegan Burger on Bun Fish Filet w/ Roll Baked Fries ✓	29 Pasta & Meatballs w/ Marinara Sauce Baked Cheese Sticks w/ Marinara Sauce ✓ Cheese Pizza ✓ Spicy Chicken on Bun	30 Nachos w/ Turkey Barbacoa & Cheese Sauce Nachos w/ Cheese Sauce or Nachos w/ Black Beans & Cheese Sauce ✓ Chicken Dumplings w/ Orange Sauce Chicken Tenders w/ Roll	<p>Follow us @fcps_foodandnutritionservices</p>	

SALAD BAR

Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit Dried Fruit Assorted Beans Soft Pretzel	Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit Dried Fruit Assorted Beans Soft Pretzel	Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit Dried Fruit Assorted Beans Soft Pretzel	Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit Dried Fruit Assorted Beans Soft Pretzel	Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit Dried Fruit Assorted Beans Soft Pretzel
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POWER PACKS • COLD SANDWICH

PBJ Power Pack ✓, Yogurt Power Pack ✓, Spicy Chicken Wrap

- **Vegetable options:** Baby Carrots, Cucumber Slices, Broccoli, Cherry Tomatoes, Red Pepper Strips, Corn
- **Fresh fruit options:** Apple Slices, Orange Slices, Apple, Banana, Pear, Grapes
- **Chilled fruit options:** Pineapple Tidbits, Mandarin Oranges, Peaches
- **Dried fruit options:** Craisins
- **Bean options:** Black Beans, Garbanzo Beans
- **Condiments:** Salad Dressings, Ketchup, Mustard, Mayo, Salsa, Sour Cream, BBQ Sauce

• **Menu Key •**

