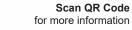


## **FOOD AND NUTRITION SERVICES**









Daily Milk Options: Unflavored Skim, Unflavored 1% or Flavored Skim

Salad Bar Offered with Every Meal

| Monday   | Tuesday   | Wednesday   | Thursday  | Friday   |
|--|---|---|---|--|
| HOT ENTRÉES · VEGETABLES   |   |   |   |  |
| Breaded Chicken Tenders w/ Blueberry Breakfast Bread Chickenless Bites w/ Blueberry Breakfast Bread  | Fish Tacos w/ Spicy Mayo & Fruit Salsa Cheese Quesadilla V Plantains          | Meatball Sub Alfredo Basil Lasagna Roll-Up  | Chicken Masala Drumstick w/ Brown Rice Chana Masala w/ Brown Rice                     | Turkey<br>Pepperoni Pizza<br>Cheese Pizza <b>V</b> |
| BBQ Chicken Sandwich w/ Slaw  Hot Turkey & Cheese Sandwich  Grilled Cheese Sandwich V  Tomato Soup V | Turkey Barbacoa Arepas w/ Shredded Cheese Bean & Cheese Pupusa V Tex Mex Corn | Chickenless Bites  w/ Roll  | Orange Chicken w/ Brown Rice  Orange Chickenless Bites w/ Brown Rice Steamed Broccoli | Turkey<br>Pepperoni Pizza<br>Cheese Pizza V        |
|  | Pasta & Meatballs w/ Marinara Sauce Baked Cheese Sticks w/ Marinara Sauce     | Nachos w/ Turkey Barbacoa & Cheese Sauce Nachos w/ Cheese Sauce v or Nachos w/ Black Beans & Cheese Sauce v | w/ Spicy Mayo   | Turkey Pepperoni Pizza Cheese Pizza 🇸              |
| Breaded Chicken Tenders w/ Blueberry Breakfast Bread Chickenless Bites w/ Blueberry Breakfast Bread  | Fish Tacos w/ Spicy Mayo & Fruit Salsa Cheese Quesadilla V Plantains          | Meatball Sub  Alfredo Basil Lasagna  Roll-Up V  | Chicken Masala Drumstick w/ Brown Rice Chana Masala w/ Brown Rice V                   | Turkey Pepperoni Pizza Cheese Pizza 🎷              |
| CATAD DAD  |   |   |   |  |

## SALAD BAR

Salad Greens
2 Vegetables
Fresh Fruit/Chilled Fruit
Dried Fruit
Assorted Beans
Soft Pretzel

Salad Greens
2 Vegetables
2 Fresh Fruits
Dried Fruit
Assorted Beans
Soft Pretzel

Salad Greens
2 Vegetables
2 Fresh Fruits
Dried Fruit
Assorted Beans
Soft Pretzel

Salad Greens
2 Vegetables
2 Fresh Fruits
Dried Fruit
Assorted Beans
Soft Pretzel

Salad Greens
2 Vegetables
Fresh Fruit/Chilled Fruit
Dried Fruit
Assorted Beans
Soft Pretzel

## **POWER PACKS**

PBJ Power Pack V, Yogurt Power Pack V

- Vegetable options: Baby Carrots, Cucumber Slices, Broccoli, Cherry Tomatoes, Red Pepper Strips, Corn
- Fresh fruit options: Apple Slices, Orange Slices, Banana, Pear, Grapes
- Chilled fruit options: Pineapple Tidbits, Mandarin Oranges, Peaches
- Dried fruit options: Craisins
- Bean options: Black Beans, Garbanzo Beans
- Condiments: Ketchup, Mustard, Mayo, Salad Dressings, Salsa, Sour Cream, BBQ Sauce

Menu Key



