

FOOD AND NUTRITION SERVICES

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Daily Milk Options: Unflavored Skim, Unflavored 1% or Flavored Skim Salad Bar Offered with Every Meal

Monday	Tuesday	Wednesday	Thursday	Friday
HOT ENTRÉES · VEGETABLES				
3 Chicken Tenders w/ Blueberry Breakfast Bread Chickenless Bites w/ Blueberry Breakfast Bread Veggie Dumplings w/ Orange Sauce VEGAN Baked Cheese Sticks w/ Marinara Sauce V	Fish Tacos w/ Spicy Mayo & Fruit Salsa Cheese Quesadilla V Chicken & Vegetable Dumplings w/ Sweet Chili Sauce Spicy Chicken on Bun Plantains	Meatball Sub Alfredo Basil Lasagna Roll-Up w/ Roll Chickenless Bites w/ Roll Chicken & Cheese Quesadilla	Chicken Masala Drumstick w/ Brown Rice Chana Masala w/ Brown Rice Chicken Tenders w/ Roll Cheese Calzone w/ Marinara Sauce	Turkey Pepperoni Pizza Cheese Pizza Spicy Chicken on Bun Vegan Burger on Bun
BBQ Chicken Sandwich w/ Slaw Hot Turkey & Cheese Sandwich Grilled Cheese Sandwich Chicken & Vegetable Dumplings w/ Sweet Chili Sauce Vegan Burger on Bun Tomato Soup	Turkey Barbacoa Arepas Bean and Cheese Pupusa V Cheese Pizza V Cheeseburger on Bun Tex Mex Corn	Chicken Philly Sub Chickenless Bites w/ Roll Chicken & Cheese Quesadilla Vegan Burger on Bun	Orange Chicken w/ Brown Rice Orange Chickenless Bite w/ Brown Rice Veggie Dumplings w/ Orange Sauce Spicy Chicken on Bun	Turkey Pepperoni Pizza Cheese Pizza Fish Filet Sandwich Spicy Chicken on Bun
Cheeseburger on Bun Vegan Burger on Bun Fish Filet w/ Roll Baked Fries	Pasta & Meatballs w/ Marinara Sauce Baked Cheese Sticks w/ Marinara Sauce Cheese Pizza Spicy Chicken on Bun	19 Nachos w/ Turkey Barbacoa & Cheese Sauce Nachos w/ Cheese Sauce or Nachos w/ Black Beans & Cheese Sauce Chicken & Vegetable Dumplings w/ Sweet Chili Sauce Chicken Tenders w/ Roll	w/ Spicy Mayo	Turkey Pepperoni Pizza Cheese Pizza Chicken & Cheese Quesadilla Vegan Burger on Bun
Chicken Tenders w/ Blueberry Breakfast Bread Chickenless Bites w/ Blueberry Breakfast Bread Veggie Dumplings w/ Orange Sauce Vegan Baked Cheese Sticks w/ Marinara Sauce V	Fish Tacos w/ Spicy Mayo & Fruit Salsa Cheese Quesadilla V Chicken & Vegetable Dumplings w/ Sweet Chili Sauce Spicy Chicken on Bun Plantains	Meatball Sub Alfredo Basil Lasagna Roll-Up w/ Roll Chickenless Bites w/ Roll Chicken & Cheese Quesadilla	Chicken Masala Drumstick w/ Brown Rice Chana Masala w/ Brown Rice Chicken Tenders w/ Roll Cheese Calzone w/ Marinara Sauce	Turkey Pepperoni Pizza Cheese Pizza Spicy Chicken on Bun Vegan Burger on Bun
SALAD BAR				
Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit	Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit	Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit	Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit	Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit

Dried Fruit Assorted Beans Soft Pretzel

POWER PACKS · COLD SANDWICH

PBJ Power Pack V, Yogurt Power Pack V, Spicy Chicken Wrap

- Vegetable options: Baby Carrots, Cucumber Slices, Broccoli, Cherry Tomatoes, Red Pepper Strips, Corn
- Fresh fruit options: Apple Slices, Orange Slices, Apple, Banana, Pear, Grapes
- Chilled fruit options: Pineapple Tidbits, Mandarin Oranges, Peaches
- Dried fruit options: Craisins
- Bean options: Black Beans, Garbanzo Beans
- Condiments: Salad Dressings, Ketchup, Mustard, Mayo, Salsa, Sour Cream, BBQ Sauce
- * Menus are subject to change due to availability of foods and emergency school closing.







