

## Education Details

January 2009 P.G. Sports science Dr. BMN College of Home Science

January 2008 BSc Food Science & Nutrition Dr. BMN College of Home Science

January 2004 HSC Central Railway's Jr. college of Science and Commerce

January 2002 SSC HISTORY IES's Modern English School

MSc Nutrition College of Home Science

nutritionist and health promoter

9yrs experience as a nutritionist and health coach

## Skill Details

### Company Details

company - UGC NET

description - CAREER OBJECTIVE- To use my qualifications as a nutritionist and health promoter to contribute

UGC NET Certificate for Lectureship MAR- 2013

## SKILLS LEARNT

â■ Working in a team environment.

â■ Working as an individual.

â■ Time management to ensure all customers are served sufficiently and all tasks are completed to a high

â■ Working under pressure and in a busy environment

â■ Personal presentation

### Communication Skills

â■ 9 years of work experience at healthcare startups, health clubs has enhanced my communication skills

â■ Confident in communicating with people on all levels and ensuring their needs are met.

### Leadership skills

â■ Leadership skills were developed in high school & college as a group leader where team work was essential

### Oral Skills

â■ Volunteering activities, leadership roles and university requirements involved many public speaking opportunities

â■ Communicating with the general public, asking them questions, and giving presentations has helped to

â■ Comfortable with public speaking roles.