Preliminary PDP Self-Assessment

Name: Akash Reddy Jammula

Date: 09/27/24

Email: ajammula@uwm.edu

Reflection on myIDP Assessment

For my self-assessment, I utilized the myIDP (Individual Development Plan) tool, which is designed to

help individuals, particularly in scientific fields, align their career paths with their skills, interests, and

values. I completed several key assessments, including Skills Assessment, Interests Assessment, and

Values Assessment. I chose these assessments because they offer a structured way to evaluate my

strengths, areas for improvement, and career preferences, which are critical as I prepare for my

professional future.

What I Learned

Through these assessments, I discovered that many of the skills I have developed are aligned with

scientific and technical roles. For instance, my proficiency in technical skills, experimental design, and

data interpretation was rated highly, reaffirming my strong foundation in research-related tasks.

Additionally, I scored well in communication-related areas, such as presenting research and writing for

scientific publications, which supports my career interests in scientific writing and technical roles. This

result was not entirely surprising, but it did reinforce that I am on the right track in terms of my current

skill set.

Surprises in the Results

What did surprise me was that some areas I thought I was less interested in, such as mentoring or

teaching, were ranked relatively high in my interests. This gave me insight into the potential value of

considering roles that involve teaching or guiding others, even if they are not central to my immediate

career goals. I also noticed a moderate interest in science policy and regulatory roles, which had not been

part of my initial career considerations but now seem like viable avenues to explore further.

Reflections on Career Goals

Overall, the assessment has provided a useful framework to reflect on my long-term career goals. My

interest in technical research roles has been affirmed, particularly in areas like research and development,

scientific testing, and intellectual property. However, I may now consider expanding my career

exploration into fields related to education or policy, where my skillset might also be applicable. This

broadened perspective will be important as I continue to refine my professional development plans,

keeping in mind both my core strengths and emerging interests.