INTRODUCTION TO HUMAN BODY

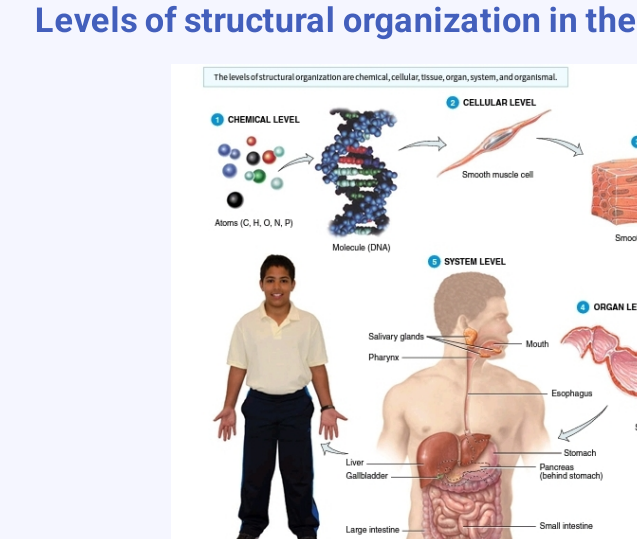
Anatomy
Is the science of body structures and the relationships among them.

- Pathological anatomy
- Imaging anatomy
- Surface anatomy
- Gross anatomy
- Systemic anatomy
- Regional anatomy

Physiology
Is the science of body functions—how the body parts work.

- Pathophysiology
- Exercise physiology
- Renal physiology
- Immunology
- Molecular physiology
- Neurophysiology
- Endocrinology
- Cardiovascular physiology
- Respiratory physiology

Levels of structural organization in the human body.

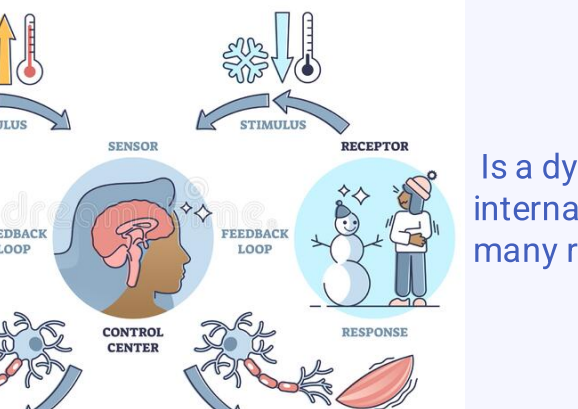


1. **Chemical level**
   - a. **atoms-** smallest unit of matter that participates in a chemical reaction Carbon, Hydrogen, Nitrogen, Phosphorous, Calcium, Sulfur
   - b. molecules- two or more atoms joined together DNA, glucose, phospholipids
2. **Cellular level**
   - Molecules combine to form cells are the basic units of life
   - Smooth muscle cells, epithelial cells
3. **Tissue level**
   - Groups of similar cells that work together to perform a particular function
   - 4 basic types of tissue: epithelial, connective, muscular, nervous
4. **Organ level**
   - structures composed of two or more different types of tissues with specific functions and recognizable shapes
   - stomach, intestines, heart, liver, lung, brain
5. **System level**
   - Related organs that have a common function digestive, respiratory, integumentary, skeletal, etc...
6. **Organismal level**
   - All parts of the human body functioning together constitute the total organism

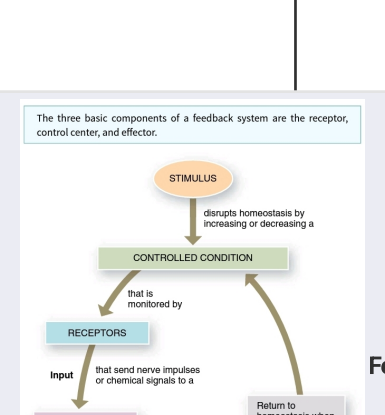
The 11 Systems of the Human Body

1. **Integumentary system**
   - skin, hair, nails, sweat and oil glands
Functions: protection, regulation, temperature
2. **Muscular system**
   - skeletal muscle (attached to bone)
Functions: produces body movements
3. **Skeletal system**
   - bones, joints, cartilage
Function: support, protection, aids movement
4. **Nervous system**
   - brain, spinal cord, nerves, sense organs
Function: generates nerve impulses to regulate body activities
5. **Endocrine system**
   - hormone producing glands
Function: regulates body activities
6. **Lymphatic and Immune system**
   - lymphatic fluid and vessels, spleen, thymus, lymph nodes, tonsils.
Function: return proteins and fluid to blood, immune response
7. **Cardiovascular system**
   - blood heart blood vessels
Function: carries oxygen and nutrients to cells and carries CO 2 and wastes away
8. **Respiratory system**
   - lungs, pharynx, larynx, trachea, bronchial tubes
Function: transfers oxygen from air to blood and CO 2 from blood to air
9. **Digestive system**
   - gastrointestinal tract mouth, pharynx, esophagus, stomach, small and large intestines, salivary glands, liver, gallbladder, pancreas
Function: breakdown food
10. **Urinary system**
    - kidneys, ureters, urinary bladder, and urethra
Function: Produces, stores and eliminates urine, homeostasis of body fluids, regulates RBC production
11. **Reproductive system**
    - testes, ovaries, penis, vagina, uterus
Function: produce gametes to form new organisms

Homeostasis



Is a dynamic condition which maintain relatively stable conditions in the body's internal environment. It occurs because of the ceaseless interplay of the body's many regulatory systems.



Feedback system

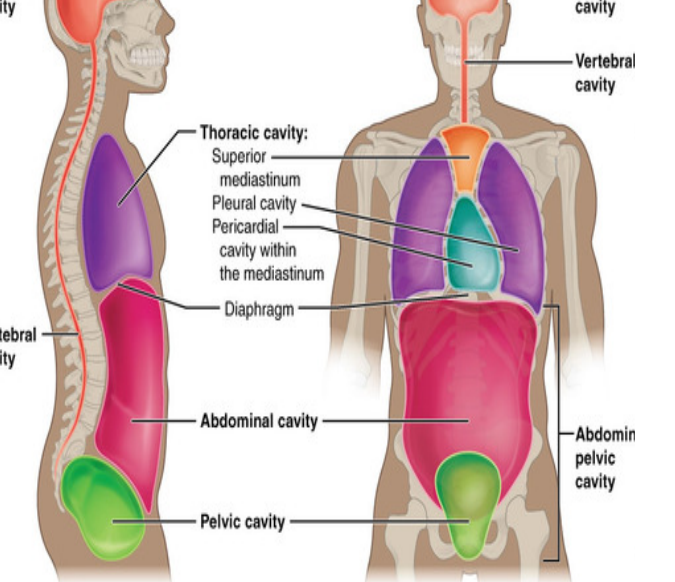
- Negative feedback system
  - *reverses* a change in a controlled condition.
- Positive feedback system
  - tends to *strengthen* or *reinforce* a change in one of the body's controlled conditions.

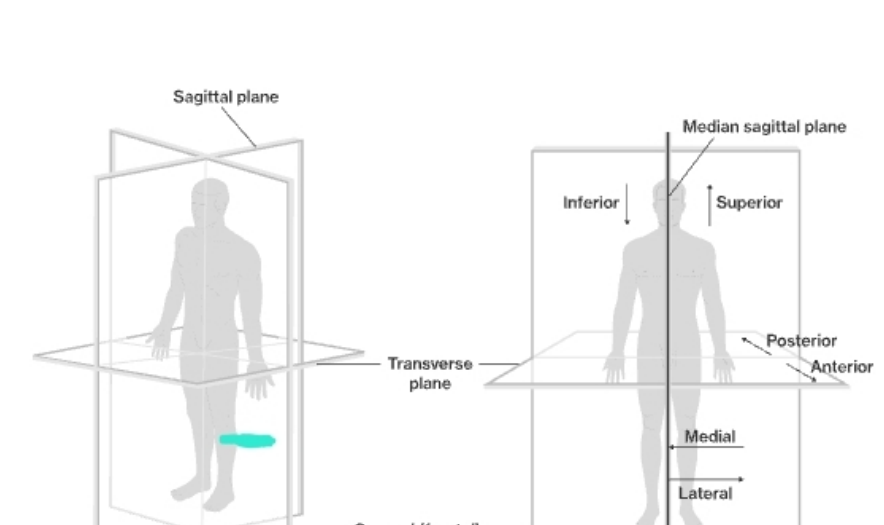
Basic Life Processes
There are 6 basic life processes that distinguish living things from non-living

1. **Metabolism-** the sum of all chemical processes that occur in the body.
   - a. **catabolism-** breaking down of chemical substances(digestion)
   - b. **anabolism-** building up of chemical substances from smaller or simpler ones(make proteins)
2. **Responsiveness-** the body's ability to detect and respond to changes in its internal and external environment.
   - a. **Internal-** decrease in body temperature
   - b. **External-** turning your head toward sound
3. **Movement-** motion of the whole body, individual organs, single cells and organelles.
   - a. **whole body** coordination of leg muscles for running or walking
   - b. **individual organs** after a meal gallbladder releases bile into GI tract
   - c. **single cells** damage or infection activates immune responses WBCs begin repair processes
4. **Growth**
   - increase in body size in the size of existing cells, the number of cells or the amount of material surrounding the cells in growing bone, mineral deposits accumulate between bone cells, causing the bone to grow in length and width
5. **Differentiation-** unspecialized cells become specialized cells
   - a. **each type of body cells** (heart, liver, skin) is specialized for a particular function.
   - b. **all specialized cells** had to originate from an unspecialized ancestor cells
   - c. **stem cell- unspecialized cell** that give rise to cells that undergo cell differentiation
6. **Reproduction**
   - refers to either formation of new cells for tissue growth and repair or the production of a new individual organism

Basic Anatomical Terminology

- **Body Position**
  - a. **Supine-** a body lying faceup
  - b. **Prone-** body lying facedown
- **Regional names** are terms given to specific regions of the body.
  - The principal regions are the head, neck, trunk, upper limbs, and lower limbs.
Examples are thoracic (chest), nasal (nose), and carpal (wrist).
- **Planes** are imaginary flat surfaces that are used to divide the body or organs to visualize interior structures.
  1. **sagittal plane** is a vertical plane that divides the Small intestine Descending colon INFERIOR body or an organ into right and left sides.
     - **midsagittal plane** divides the body or an organ into equal right and left sides.
     - **parasagittal plane** divides the body or an organ into unequal right and left sides.
  2. **frontal plane** divides the body or an organ into anterior and posterior portions.
  3. **transverse plane** divides the body or an organ into superior and inferior portions.
  4. **oblique plane** passes through the body or an organ at an oblique angle.
- **Body cavities** are spaces in the body that help protect, separate, and support internal organs.
  1. **Cranial cavity** Formed by cranial bones and contains brain.
  2. **Vertebral canal** Formed by vertebral column and contains spinal cord and the beginnings of spinal nerves.
  3. **Thoracic cavity** Chest cavity; contains pleural and pericardial cavities and the mediastinum.
     - *Pleural cavity* A potential space between the layers of the pleura that surrounds a lung.
     - *Pericardial cavity* A potential space between the layers of the pericardium that surrounds the heart.
     - *Mediastinum* Central portion of thoracic cavity between the lungs; extends from sternum to vertebral column and from first rib to diaphragm; contains heart, thymus, esophagus, trachea, and several large blood vessels.
  4. **Abdominopelvic cavity**
     - *Abdominal cavity* Contains stomach, spleen, liver, gallbladder, small intestine, and most of large intestine; the serous membrane of the abdominal cavity is the peritoneum.
     - *Pelvic cavity* Contains urinary bladder, portions of large intestine, and internal organs of reproduction.





Medical Imaging
techniques and procedures used to create images of the human body.

- **Radiography** uses electromagnetic radiation to take images of the inside of the body. The most well-known and common form of radiography is x-ray.
The resulting 2D image is a *radiograph*
- **Magnetic Resonance Imaging (MRI)** involves radio waves and magnetic fields to look at the organs and other structures in the body.
The result is a 2D or 3D blueprint of cellular chemistry.
- **Computed Tomography (CT)** formerly called computerized axial tomography (CAT) scanning an x-ray beam traces an arc at multiple angles around a section of the body.
The resulting *transverse section* of the body, called a CT scan
- **Ultrasound Scanning** uses an ultrasound machine with a silent high-frequency sound waves to produce live images of the internal structures of the body also known as *sonogram*.
The image, which may be *still* or *moving*, is called a *sonogram*
- **Coronary (CARDIAC) Computed Tomography Angiography (CCTA) Scan** an iodine containing contrast medium is injected into a vein and a beta blocker is given to decrease heart rate. Then, numerous x-ray beams trace an arc around the heart and a scanner detects the x-ray beams and transmits them to a computer, which transforms the information into a 3D image of the coronary blood vessels on a monitor.
The image produced is called a *CCTA scan* and can be generated in less than 20 seconds.
- **Positron emission tomography (PET)** is a 3D functional imaging technique, In contrast to CT and X-ray, it demonstrate the physiological activities of tissues and organs of the body using a radiotracer. The injected radiotracer concentrates within a tissue which is been displayed on a computer as a 3D image.
The machine is similar to CT and MRI, and modern PET scan images can be combined with CT or MRI scans to create unique view
- **Endoscopy** involves the visual examination of the inside of body organs or cavities using a lighted instrument with lenses called an *endoscope*.
The image is viewed through an eyepiece on the *endoscope*.
- **Radionuclide Scanning** a radioactive substance is introduced intravenously into the body and carried by the blood to the tissue to be imaged. Gamma rays emitted by the radionuclide are detected by a gamma camera outside the subject, and the data are fed into a computer.
The computer constructs a *radionuclide image* and displays it in color on a video monitor.