Password Strength Evaluation Report

1. Introduction

The purpose of this report is to evaluate the strength of different passwords using online password strength checkers and to understand what makes a password secure. By testing passwords of varying complexity, we identify best practices for password creation and examine how complexity affects protection against common cyberattacks.

2. Tools Used

- Passwordmeter.com (primary online password strength checker)
- Comparable free password strength checkers (for cross-verification of results)

3. Methodology

- 1. Created a set of test passwords with varying levels of complexity.
- 2. Assessed each password using online strength checkers.
- 3. Recorded scores, feedback, and observed patterns.
- 4. Researched password attack methods to contextualize results.
- 5. Summarized findings into best practices.

4. Password Strength Evaluation

Password Example	Features	Strength Score / Feedback	Observations
password	Lowercase only, 8	Very Weak (0–	Common dictionary word;
	characters	10%)	trivial to guess.
Password1	Upper + lower +	Weak (30–40%)	Slightly stronger, but
	number, 9 characters		predictable pattern.
P@ssw0rd!	Mixed case + symbols	Moderate (50–	Better, but still based on a
	+ numbers, 9 chars	60%)	common pattern.

Tr33\$Un!v3rse	Mixed case + numbers + symbol, 12 chars	Strong (70– 80%)	Good balance of length and complexity.
9#kT!vS1mZpL8@xQ	Random mix, 16 characters	Very Strong (90–100%)	Highly resistant to brute force and dictionary attacks.

5. Real-World Scenarios

Scenario 1: Weak Password Breach

An employee at a financial services firm used the password **Password1** for both their email and company portal. Attackers used a **dictionary attack** and cracked the account within seconds. Because the same password was reused across platforms, both personal and corporate accounts were compromised, leading to data theft.

Lesson: Even slight modifications to common words (e.g., Password1) are easily cracked.

Scenario 2: Brute Force on Short Passwords

A social media account with the password **summer22** was brute-forced in under an hour. Attackers then used the compromised account to send phishing messages to all contacts.

Lesson: Short, predictable patterns (word + year) are highly vulnerable.

Scenario 3: Strong Password Protection

A university student used the password **Tr33\$Un!v3rse** (12 characters, mixed case, numbers, and symbols). An attacker attempted brute force, but calculations showed it would take **decades** with current computing power. The account remained secure.

Lesson: Strong, complex, and lengthy passwords provide real protection against automated attacks.

Scenario 4: Randomly Generated Password

A cloud storage account protected by **9#kT!vS1mZpL8@xQ** remained safe even after multiple credential-stuffing attempts. The attacker had access to leaked data from other sites, but because this password was **unique and random**, the account was not compromised.

Lesson: Random, unique passwords combined with good security practices (like MFA) offer the highest protection.

6. Best Practices for Strong Passwords

- **Prioritize Length:** Use 12–16 characters or more.
- Mix Character Types: Combine uppercase, lowercase, numbers, and symbols.
- Avoid Predictability: Do not rely on dictionary words or common substitutions.
- Increase Randomness: Random sequences are harder to crack.
- **Use Passphrases:** A sequence of unrelated words (e.g., BlueCar\$Monkey!47) can be both strong and memorable.
- Ensure Uniqueness: Each account should have a different password.
- **Leverage Password Managers:** These tools generate and store strong, unique passwords.

7. Common Password Attacks

- Brute Force Attack: Systematically tries all possible combinations. Countered by long, complex passwords.
- **Dictionary Attack:** Uses precompiled lists of common words and patterns. Avoiding dictionary words and predictable substitutions prevents success.
- **Credential Stuffing:** Attackers reuse stolen credentials across platforms. Unique passwords for every account mitigate this threat.

8. Conclusion

The analysis confirms that **password complexity and length directly enhance security**. Weak, predictable passwords are vulnerable to real-world attacks, while long, random, and unique passwords provide strong defense against brute force and dictionary attacks.

Recommendations:

Use passwords of at least 12–16 characters.

- Adopt password managers to maintain strong and unique credentials.
- Enable multi-factor authentication (MFA) wherever possible.

Final Outcome: This evaluation demonstrates how password complexity impacts real-world security. By applying best practices, individuals and organizations can significantly reduce the risk of compromise.