

Mediplus Hospitals

Heart Problem Medical Report

Patient Details

Name: Mr. Suresh Nair

Age: 58

Contact: +91 9876543222

Date of Report: February 15, 2025

Cardiac Condition

Symptoms: Chest pain, shortness of breath, fatigue

Diagnosis: Coronary Artery Disease (CAD)

Clinical Findings

ECG: ST segment depression noted

Echocardiogram: Mild left ventricular dysfunction

Blood Tests: Elevated cholesterol (LDL: 160 mg/dL)

Treatment Given

1. Prescribed antiplatelet therapy (Aspirin 75 mg daily)
2. Statins for cholesterol management
3. Advised lifestyle modifications

Doctor's Recommendations

1. Low-fat, heart-healthy diet.
2. Regular exercise (30 minutes daily).
3. Avoid smoking and alcohol.
4. Follow-up stress test in 3 months.

Dr. R. Mehta, MD (Cardiology)

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