

# week-7(Slides in latex)

IT WORKSHOP LAB

PRESENTATION

Women Empowerment

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# Women Empowerment

- Empowerment is an active, multi-dimensional process which enables women to realize their full identity and powers in all spheres of life”.
- Empowerment can be defined in many ways, however, when talking about women empowerment, empowerment means accepting and allowing women who are on the outside of the decision making process into it.
- Peoples are empowered if they have an access to opportunities without any limitations and restrictions such as in education, profession and in their way of life.
- Empowerment includes the action of raising the status of women through education, raising awareness, literacy, and training and also give training related to defence ourself.

## Types of Women Empowerment

- Social Empowerment
- Educational Empowerment
- Economic Empowerment
- Political Empowerment
- Psychological Empowerment

## WAYS TO ACHIEVE...

- Self help groups
- Aangan badis
- Govt schemes
- Micro finance
- Self Empowerment

## SIX "S" FOR WOMEN EMPOWERMENT

- \* Shiksha=Education
- \* Swasthya=health
- \* Swavlamban=self Reliance
- \* Samajik Nyay=Justice
- \* Samvedan=Sensitivity
- \* Samta=Equality