

Totoro's Emergency Kit Checklist

Totoro says: "Always be prepared — pack smart!"



Essentials for Everyone:

- Water (1L per person per day)
- Non-perishable food (for 3 days)
- First aid kit (bandages, antiseptic, etc.)
- Flashlight (with spare batteries)
- Extra batteries or power bank
- Battery-powered or hand-crank radio
- Emergency instructions / manual
- Contact numbers (written down)
- Fire extinguisher (if available)



For Children:

- Comfort item (toy, plush, etc.)
- Coloring book or small activity
- Extra clothing and socks
- Juice or snack packs
- Items for babies (nappies, formula)



Hygiene & Safety:

- Soap and sanitizer
- Tissues / toilet paper
- Face masks
- Wet wipes
- Plastic bags (for waste)



Extra Smart Add-ons:

- Local map
- Spare keys
- Copies of ID and documents
- Prescription medications (3-day supply)
- Small cash amount



Storage Tip from Totoro:

"Keep your kit in a backpack near the door — easy to grab and go!"