



First Name Last Name

The Title of the Thesis

Subtitle of the Thesis

Metropolia University of Applied Sciences

Degree	Degree name here
Degree Programme	Degree programme name here
Thesis	Thesis name here
Date	January 25, 2023



Abstract

Write your abstract here.

Name of Author(s):	First Name Last Name
Title of the Page:	Title of the Thesis
Number of Pages:	xx pages + x appendices
Date:	January 25, 2023
Degree Name:	Name of the degree
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Specialisation Option:	Name of the specialisation option
Instructor(s) Name:	First name Last name, Title (e.g., Project Manager) First name Last name, Title (eg Principal Lecturer)

Keywords:

Keyword 1
Keyword 2
Keyword 3
...

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1 Introduction

Write the introduction of your thesis here. Use line spacing 1.5 throughout the paper. Only the left edge is aligned, and the text is not hyphenated. Leave one blank line between paragraphs (press enter once). Begin a new paragraph at the left margin, that is, do not indent the first line.

2 Chapter Heading

2.1 Subheading

There must always be text or a new subheading below each heading. Do not place a figure or table below a heading with no text in between. Label each figure and table appropriately. Provide a number, title and reference (if needed) below each figure and above each table.

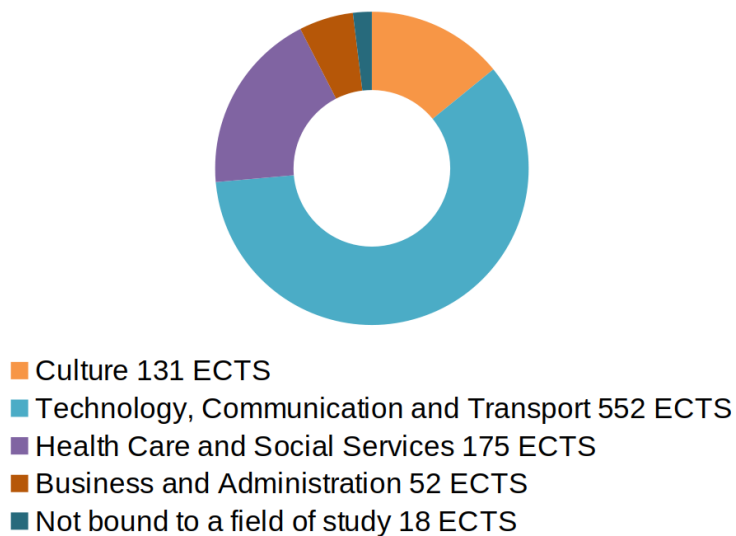


Figure 1: Virtual studies completed by Metropolia students in the academic year 2009-2010.

[There must always be text between a figure or table and a new heading.]

2.2 Subheading

There must always be text or a new subheading below each heading.

3 Document structure

3.1 Subheading

There must always be text or a new subheading below each heading. Do not place a figure or table below a heading with no text in between.

Table 1: Virtual studies completed by Metropolia students in the academic year 2009-2010.

Field of study	Studies completed, ECTS
Culture	131
Technology, Communication and Transport	552
Health Care and Social Services	175
Business and Administration	52
Not bound to a field of study	18
Metropolia total	928

3.1.1 How to create tables in L^AT_EX

Creating tables in LaTeX is relatively easy and can be done using the tabular environment. The tabular environment is used to create tables with a fixed number of columns, and the number of columns must be specified at the beginning of the environment.

3.1.2 Secondary subheading

There must always be text or a new subheading below each heading.

3.2 Quotes

There must always be text or a new subheading below each heading.

Quotes use the Quote style. The paragraph containing the citation passage (immediately before the citation) uses the **Normal Text Before a Quote or List** style to leave a shorter paragraph spacing between the citation and the passage.

A multi-line direct quote is written in font size 12. The text uses line spacing 1, and the text is indented. Direct quoting uses the Quote style of the template.

A citation is given in the quotation.

After indentation, the text continues from the left edge in the body text style.



3.3 Lists

A **List** in the text uses the List style. The paragraph before a list uses the **Normal text before a quote or list** style.

- This is the first item in the list.
- The second item of the list here contains a long text that spans multiple lines. The left edge aligns automatically.
- This is the first item in the list.
- The fourth item in the list is here.

When the list items are not sentences, they begin with a lowercase letter, and the last list item ends in a period. The thesis consists of

- words
- clauses
- sentences
- paragraphs
- chapters.

4 Image usage and alternative text

According to accessibility requirements, images must have alternative text. Alternative text is not the same thing as a caption. Alternative text is a description of the content of an image read aloud by screen readers used by the visually impaired. It is not advisable to repeat the caption in the alternative text because screen readers read both contents.

When writing alternative text, think about what information you will not receive if you do not see the image. Use short sentences and plain language. Tell the essential about the picture - you don't have to explain everything.

Alt text can be blank for a decorative image. Decorative images are images that do not convey any information or that have been added for layout.



Figure 2: Long-tailed jaeger is common in Finnmark's mountain plateau in northern Norway. Its main wintering site is in the South Atlantic west of Africa.

5 References

You can cite a reference like this. [1, 2]

Details of the references are given here. Use the referencing system required in your degree programme or as agreed with your supervisor.

Harvard (author-date) system:

[The authors need to be in alphabetical order.]

References

- [1] Davies, B., and Jameson, P. (2013). Advanced economics. Oxford: Oxford University Press.
- [2] Mitchell, J.A., and Thomson, M. (2017). A guide to citation. London: London Publishings.

A First Appendix

Content of the first appendix goes here.

B Second Appendix

Content of the second appendix goes here.