

# AURION // MEDICAL TRIAGE REPORT

Report Generated: 2025-12-06 14:26

**Session Date:** 2025-12-06

**Time (HST):** 02:26 PM - 02:26 PM

**Patient:** Mr. Lok

**CHW Name:** Aqib

## CLINICAL ASSESSMENT SUMMARY

The patient, Mr. Lok, is experiencing economic instability due to job loss, which has impacted his ability to obtain food. He reports difficulty sleeping and expresses hunger, likely as a result of his current economic condition. The CHW, Aqib, responded to the immediate need for food assistance and plans to deliver it within 15 minutes.

## COMMUNICATION QUALITY ANALYSIS

Open-Ended Questions: 1

Closed-Ended Questions: 1

Open-Ended Ratio: 50.0%

**Quality Assessment:** EXCELLENT. High use of open-ended questions promotes patient narrative.

## DETECTED ISSUES & GUIDED SOLUTIONS

### ISSUE CATEGORY: Health Care

*Patient Statement: "I could not sleep last night."*

**Recommended Action:** Thank you for sharing the patient's complaint about difficulty sleeping. Here are some best-practice recommendations that a Community Health Worker can share with the patient:

1. **Establish a Routine**: Encourage the patient to go to bed and wake up at the same time every day, even on weekends, to help regulate their body's internal clock.
2. **Create a Sleep-friendly Environment**: Advise the patient to make their sleeping area comfortable?preferably quiet, dark, and cool. Recommend using earplugs or an eye mask if needed.
3. **LIMIT Screen Time**: Suggest that the patient avoid screens from phones, computers, and TVs at least an hour before bed as the blue light from screens can interfere with the body?s ability to fall asleep.
4. **Watch Diet and Caffeine Intake**: Encourage the patient to avoid large meals, caffeine, and alcohol close to bedtime, as these can disrupt sleep.
5. **Relaxation Techniques**: Recommend practicing relaxation techniques such as deep breathing, meditation, or yoga as part of a bedtime routine.
6. **Physical Activity**: Encourage regular physical activity but advise against vigorous exercise close to bedtime.

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7. \*\*Consult a Healthcare Professional\*\*: If the problem persists, recommend the patient talks to a healthcare professional for further evaluation and recommendations.

Please advise the patient that these suggestions are intended as basic advice and that more personalized assistance may be needed from a healthcare professional. This information is generated by an AI model and should not replace professional medical assessment and treatment.

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## ISSUE CATEGORY: Economic Stability, Social Context, Masked Distress

*Patient Statement: "I just lost my job and I was so sad."*

Recommended Action: I'm sorry to hear about your situation. Here are a few best-practice recommendations that might help:

1. \*\*Emotional Support\*\*: Encourage the patient to talk to friends or family members about their feelings. Sometimes sharing emotions with others can be very comforting.
2. \*\*Professional Help\*\*: Suggest they consider reaching out to a mental health professional, such as a counselor or therapist, who can provide support and strategies to cope with this challenging time.
3. \*\*Community Resources\*\*: Recommend checking local community resources that offer support for job seekers. Many places have free counseling services, support groups, or employment resources that could be beneficial.
4. \*\*Healthy Routine\*\*: Encourage maintaining a daily routine that includes physical activity, adequate sleep, and balanced meals, which can help improve mood and stress levels.
5. \*\*Relaxation Techniques\*\*: Suggest practices such as meditation, deep-breathing exercises, or yoga, which can be useful in managing stress and emotional well-being.

Please remember, these suggestions are generated by an AI model and should not replace professional medical advice. If the situation seems urgent or their mental health appears to be deteriorating, it is important to seek immediate professional help.

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## ISSUE CATEGORY: Economic Stability, Masked Distress

*Patient Statement: "I'm hungry now, but I have no food. Can you bring me some food?"*

Recommended Action: I'm really sorry to hear about your situation. As a Community Health Worker, I can't bring you food, but I can offer you some advice on where to seek help. Here are a few steps you can take:

1. \*\*Local Food Pantries or Banks\*\*: Many communities have food pantries or banks that provide free food to those in need. You can try searching online or call local community centers to find one near you.
2. \*\*Community Meal Programs\*\*: Look for community kitchens or meal programs that might offer free meals at specific times.

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3. \*\*Government Assistance Programs:\*\* Check eligibility for government assistance programs such as the Supplemental Nutrition Assistance Program (SNAP), which can help provide funding for groceries.
4. \*\*Religious Institutions:\*\* Some churches or religious groups offer free meals or food distribution services to the community.
5. \*\*Local Support Services:\*\* Contact local social services or health departments for information on food assistance programs available in your area.

Please remember that this advice is generated by an AI model and might not encompass all available options in your vicinity. It's essential to reach out to local resources for the most tailored assistance.

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### FULL TRANSCRIPT

**CHW:** Hi, Mr. Lok. This is Aqib speaking. Just calling to check how you're doing today.

**Patient:** I could not sleep last night.

**CHW:** Oh, what happened?

**Patient:** I just lost my job and I was so sad.

**CHW:** How can I help you?

**Patient:** I'm hungry now, but I have no food. Can you bring me some food?

**CHW:** Oh, sure, I will. I'll be there in 15 minutes.

**Patient:** Thank you.