

# AURION // MEDICAL TRIAGE REPORT

Report Generated: 2025-12-06 14:30

**Session Date:** 2025-12-06

**Time (HST):** 02:26 PM - 02:26 PM

**Patient:** Mr. Lok

**CHW Name:** Aqib

## CLINICAL ASSESSMENT SUMMARY

The patient, Mr. Lok, is experiencing economic instability due to job loss, which has impacted his ability to obtain food. He reports difficulty sleeping and expresses hunger, likely as a result of his current economic condition. The CHW, Aqib, responded to the immediate need for food assistance and plans to deliver it within 15 minutes.

## COMMUNICATION QUALITY ANALYSIS

Open-Ended Questions: 1

Closed-Ended Questions: 1

Open-Ended Ratio: 50.0%

**Quality Assessment: EXCELLENT. High use of open-ended questions promotes patient narrative.**

## DETECTED ISSUES & GUIDED SOLUTIONS

### ISSUE CATEGORY: Health Care

*Patient Statement: "I could not sleep last night."*

Recommended Action: Thank you for reaching out with your concern about sleep difficulties. While I can provide some general suggestions to help improve sleep, please note that these recommendations are generated by an AI model and are not a substitute for professional medical advice.

- \*\*Establish a Regular Sleep Schedule:\*\*** Try to go to bed and wake up at the same time every day, even on weekends. This consistency can help regulate your body's internal clock.
- \*\*Create a Relaxing Bedtime Routine:\*\*** Engage in calming activities before bed such as reading, listening to soothing music, or taking a warm bath. This can help signal to your body that it's time to wind down.
- \*\*Limit Screen Time:\*\*** Avoid screens from phones, tablets, or computers at least an hour before bedtime, as the blue light emitted can interfere with your ability to fall asleep.
- \*\*Manage Stress and Anxiety:\*\*** Practices such as meditation, deep breathing exercises, or gentle yoga can reduce stress and promote relaxation, potentially improving sleep quality.
- \*\*Optimize Your Sleep Environment:\*\*** Ensure your bedroom is conducive to sleep ? cool, dark, and quiet. Comfortable bedding and a good mattress can also make a significant difference.
- \*\*Monitor Caffeine and Nicotine Intake:\*\*** These substances can interfere with sleep, so try to avoid them at least a

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few hours before bedtime.

7. **\*\*Consider Dietary Habits:\*\*** Avoid large meals and beverages close to bedtime to prevent sleep disturbances from digestion or frequent trips to the bathroom.

8. **\*\*Consult a Professional:\*\*** If sleep issues persist, it may be beneficial to talk to a healthcare provider to explore underlying conditions or other interventions.

Disclaimer: These suggestions are generated by an AI model and should not replace professional medical advice. If your sleep problems continue, please seek consultation from a healthcare provider for personalized guidance.

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### ISSUE CATEGORY: Economic Stability, Social Context, Masked Distress

*Patient Statement: "I just lost my job and I was so sad."*

Recommended Action: I'm sorry to hear that you're going through such a difficult time. Losing a job can be incredibly stressful and impact your overall well-being. Here are some basic recommendations that might help you manage this situation:

1. **\*\*Seek Support:\*\*** Reach out to family and friends to talk about how you're feeling. Emotional support is important in difficult times.
2. **\*\*Establish a Routine:\*\*** Try to maintain a daily schedule to provide structure and stability, which can help manage anxiety and stress.
3. **\*\*Focus on Self-Care:\*\*** Engage in activities that promote well-being, such as regular exercise, getting adequate sleep, and eating balanced meals.
4. **\*\*Stay Active in Job Search:\*\*** Begin updating your resume and looking for new job opportunities. This can provide a sense of purpose and momentum.
5. **\*\*Consider Professional Help:\*\*** If your sadness feels overwhelming, you may want to consider speaking with a counselor or therapist for professional support.
6. **\*\*Internal Resources:\*\*** Look for community resources like employment assistance programs or support groups for individuals in similar situations.

Please remember, these suggestions are generated by an AI model and are for informational purposes only. It's important to seek personalized advice from qualified professionals.

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### ISSUE CATEGORY: Economic Stability, Masked Distress

*Patient Statement: "I'm hungry now, but I have no food. Can you bring me some food?"*

Recommended Action: As a Community Health Worker, you may not be able to provide food directly, but here are some best-practice recommendations you can offer to the patient:

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1. **Community Resources:** Encourage the patient to check with local food banks or pantries. Many communities have organizations that provide free food to individuals and families in need.
2. **Government Assistance:** Advise the patient about possible eligibility for government assistance programs such as the Supplemental Nutrition Assistance Program (SNAP), which can provide funds for groceries.
3. **Local Charities:** Suggest contacting local churches, shelters, and nonprofit organizations, as they often have resources to help with immediate food needs.
4. **Community Centers:** Some community centers offer free or low-cost meals. It might be beneficial for the patient to reach out to a nearby community center for support.
5. **Neighbors and Community Groups:** Encourage connecting with neighbors or community groups that may offer assistance during times of need.

Please remind the patient that these suggestions are generated by an AI model and it is important for them to do further research or reach out to these resources directly for assistance.

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### FULL TRANSCRIPT

**CHW:** Hi, Mr. Lok. This is Aqib speaking. Just calling to check how you're doing today.

**Patient:** I could not sleep last night.

**CHW:** Oh, what happened?

**Patient:** I just lost my job and I was so sad.

**CHW:** How can I help you?

**Patient:** I'm hungry now, but I have no food. Can you bring me some food?

**CHW:** Oh, sure, I will. I'll be there in 15 minutes.

**Patient:** Thank you.