

# 菜单



## FOOD MENU

📍 SHOP 32, PALMS SHOPPING MALL, ILORIN  
☎️ 08103975541, 09114913817 ⚡ REDFLAMES.NG

T H E   F L A M E S   O F   C H I L L

## DESIGN YOUR BREAKFAST

Oat with Milk and Sugar	1,200
French Toast	1,000
Buttered Toast	1,000
Pancake	1,000
Crepes	1,000
Waffles	1,500
Yamarita	1,000

## SIDES

Egg (Scrambled, Omelette, Sunny Side Up)	1,000
Sausage	500
Grilled Tomatoes	500
Akara	1,000
Baked Beans	500
Plantain	1,000
Chicken Tenders	1,500

## Tomatoe Sauce with:

Egg	1,000
Chicken	1,500
Sausage	1,200
Fried Plantain	1,000

## TOPPINGS

Ice Cream	1,000
Whipped Cream	700
Custard Cream	1,000
Maple Syrup or Honey	500
Strawberry Sauce	1,000
Blueberry Sauce	1,000
Chocolate Sauce	700



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# BREAKFAST

## NIGERIAN

### OAT WITH TOPPINGS

Topped with granola, banana, blueberry, chai seed or coconut flakes, and strawberry

3,500

### YAMARITA WITH RF EGG SAUCE

Yam deep fried with egg coating, served with tomato sauce

2,500

### AKARA WITH CUSTARD

Bean Cake, served with custard or pap with milk

1,500

### PLANTAIN AND EGG

Boiled or grilled plantain with Egg shredded chicken sauce

2,000

### RF OVERNIGHT OAT

Overnight soaked oat with milk, honey, chai seed, topped with fresh fruits (order)

3,000

## ENGLISH

### BUTTERED TOAST

with sausage, baked beans, grilled tomatoes and maple syrup with vanilla cream

3,000

### CREPES

with fruits, chocolate sauce, whipped cream or ice cream

2,500

### SAVOURY CREPE (MILDLY SWEET)

with sausage, omelette or egg muffin

2,500

### YOGHURT PARFAIT

Greek Yoghurt Topped with fresh fruit & granola

2,500

# BREAKFAST

## AMERICAN

### PANCAKE DELIGHTS:

#### CRISPY CHICKEN

Chicken tenders, pancakes, whipped cream, maple syrup and sausage

3,500

#### BANANA DUMP PANCAKE

Mini pancakes, banana, maple syrup, eggs, sausages and vanilla cream

3,500

#### BERRY EXTRA PANCAKES

Pancakes, berry sauce, maple syrup, eggs, baked beans and vanilla cream

4,000

#### STRAWBERRY FRUIT PANCAKES

Fresh strawberries, banana, pancakes, whipped cream, maple syrup, eggs and sausages

4,500

## FRENCH TOAST OBSESSION

#### FRENCH TOAST BERRY BLISS

French toast, berry sauce, fresh berries, whipped cream, baked beans, and sausages

4,500

#### CHOCOLATE FRENCH TOAST

French toast, chocolate sauce, banana, berry sauce, maple syrup, and vanilla cream

4,500

#### FRENCH TOAST COMBO

French toast, berry sauce, chocolate sauce, maple syrup, sausages, and eggs.

4,000

## TACO

RF Chicken Taco	3,000
RF Beef Taco	3,000
RF Shrimp Taco	3,500
RF Chicken Cheesy Taco	3,500
RF Fish Taco	3,500
RF Mixed Taco	4,500

## BURGER

Beef Burger	3,000
Crispy Chicken Burger	3,000
Chicken Burger & Chips	4,000

## SANDWICH

Club Sandwich	1,500
Egg Mayo Sandwich	1,200
Chicken Mayo Sandwich	1,500
Cheesy Melt Sandwich	2,500

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## SHAWARMA

RF Special Chicken Shawarma	2,000
Beef Shawarma	2,500
Cheesy Shawarma	3,500



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# REDFLAME COMBO

## RF MINI BREAKFAST BOX

5,000

- Pancake - 3
- Sausage - 2
- Scrambled egg
- Toasted tomatoes
- Mushroom
- Maple syrup

## ADDICTION BOX

9,000

- Mini burger - 1
- Spicy wings - 4
- Sandwich - 1
- French fries - 1 portion
- Fresh juice - 1

## CRISPY BURGER BOX

10,000

- Burger - 1
- Shawarma - 1
- French fries
- Chicken wings - 4
- Fruit Juice/Chapman

## BREAKFAST BOX

10,000

- French toast - 2
- Waffles - 2
- Pancake - 2
- Wings - 2
- Sausage - 2
- Scrambled Egg
- Baked beans
- Maple syrup
- Fresh juice, Tea or Coffee

## RF BRUNCH PLATTER

10,000

- French toast - 2
- Waffles - 2
- Pancake - 2
- Wings - 2
- Sausage - 2
- Scrambled Egg
- Baked beans
- Fresh juice, Tea or Coffee

## SUYA BOX DELIGHT

13,500

- Mini burger - 2
- Suya wings - 4
- Grilled prawn - 2
- Sausage - 4
- Fresh juice - 1

## CONTINENTAL DISHES

Egg Fried Rice	1,200
Steamed Rice	1,000
Basmati Jollof Rice	1,000
Coconut Rice	1,500 (on order)
Vegetable Rice	1,500
RF Special Chinese Rice	1,500 (on order)
Asun Spaghetti	2,000
Jambalaya Rice	3,000 (on order)
Special Fried Rice	1,500
Mashed Potato with gravy sauce and Panseard	5,000
Spaghetti with Bolognese Sauce	2,500
RF Special Seafood Spaghetti	9,000

## SAUCE

Sweet and Sour (chicken)	2,000
Sweet and Sour (beef)	2,000
Sweet and Sour (prawn)	4,000
General Tso Chicken Sauce	2,000
Crispy Chicken in Orange Sauce	2,500
King Pao Chicken Sauce	2,000
Prawn in chilli Sauce	5,000
Teriyaki Chicken	2,000

## RF PLATTER

RF Chinese Rice, Singapore Noodles with Sweet and Sour Sauce	5,000
RF Chinese Rice, Singapore Noodles with Teriyaki Sauce	5,000
Steamed Rice, Veggies, and prawn in Chilli Sauce	6,000
Steamed Rice, Veggies, and beef in Chilli Sauce	4,500



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## NOODLES

Chili Garlic Noodles	2,000
Chow Mein	2,500
Lo Mein Noodles	2,500
Seafood Noodles (Calamari, snail, fish fillet, and shrimp)	6,000
Singapore Noodles with Chicken Wings	3,000
Nigerian Noodles (In Style)	1,300
With chicken	3,000
With beef	3,000
With prawn	3,300

## RF CLASSIC SIDES

Steamed Fresh Fish	4,500
Asun Dodo	2,500
Giz Dodo	3,000
Gizzard Kebab	1,500
Snail	2,000

## WINGS

Buffalo Chicken Wings	3,400 (6pcs)	2,200 (4pcs)
Crunchy Wings	3,000 (6pcs)	2,000 (4pcs)
Crispy Wings	3,000 (6pcs)	2,000 (4pcs)
Spicy Suya Wing	2,700 (6pcs)	1,800 (4pcs)
Honey and Garlic Chicken Wings	3,200 (6pcs)	2,200 (4pcs)

## SAUCES

Yum-Yum Sauce
Tzatziki Sauce
Mango Habenero

## GRILLS

Smoked Turkey with Pepper Sauce	2,000
Barbecue Chicken Wings (6pcs)	3,500
Sweet Chili Wings (6pcs)	3,500

## FRUIT BOWL

### YOGHURT

Greek parfait, freshly made granola,  
fresh berries, shaved coconut

3,000

### FRUIT SALAD

Apple, Watermelon, Banana, Pineapple

1,500

## FRUIT JUICE

Orange Juice	2,000
Pineapple Juice	2,000
Pineapple and Ginger Juice	2,200
Watermelon Juice	2,000
Apple Juice	3,000
Carrot Juice	2,500
Carrot , Pineapple and Juice	2,500
Watermelon, Pineapple and Ginger	2,500

## SMOOTHIES

### BERRY BLISS

Strawberry, Blue Berries, Vanila Youghot  
Vanila Protein, Milk

3,500

### DREAM GREEN

Banana, Avocado, Pineapple, Coconut Milk

3,000

### PINK LADY

Pineapple, Banana, Watermelon, Coconut Milk

3,000

## MILKSHAKES

### STRAWBERRY FLAVOUR

Strawberry Syrup, Ice Cream,  
Milk ,Top With Whipped Cream

3,000

### CHOCOLATE FLAVOUR

Chocolate Syrup , Ice Cream, Milk,  
Whipped Cream, Choclate Cookies

2,500

### CARAMEL FLAVOUR

Caramel Syrup, Ice Cream,  
Milk, Wipped Cream, Sprinkels

2,500

### BANANA FLAVOUR

Ananas,Ice Cream, Milk,  
Whipped Cream, Sprinkles

3,000

### OREO

Oreo Cookies,Ice Cream, Milk , Ganish With  
Whipped Cream, Broken And Crushed Oreo Cookies

3,000

## ALCOHOLIC

Baron de Valls	6,000
Castilo San Simon	6,000
Dominio Red	7,000
Dominio Rose	7,000
Dominio White	7,000
Dominio Grand	10,000
Carlos Rossi Sweet Red	10,000

## NON- ALCOHOLIC

Casa Darada	5000
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## MOCKTAILS

### PINA COLADA (FROZEN)

Coconut Cream, Pineapple Juce ,Coconut Syrup

3,500

### SWEET LOVE

Cranberry Juice ,Orange Juice, Peach Shnap, Grenadine

3,000

### RED FLAME CLASIC CHAPMAN

Fanta, Sprite, Orange Juice, Lime, Angotura Bitters

3,000

### VIRGIN MOJITO

Rum, Mint Leaves, Bar Syrup, Lime Juice

3,000



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<b>STRAWBERRY DIAQUIRI</b>		
Strawberry Syrup ,Lime Juice, Bar Syrup, Grenadine	3,000	
<b>KIWI BLAST</b>		
Kiwi Syrup,Lime Juice,Pineapple Juice	3,000	
<b>BLUE NIGHT</b>		
Peach Syrup, Blue Curacau, Pineapple Juice	3,000	
<b>TROPICANAL</b>		
Whipping Cream, Pineapple Juice, Coconut Cream, Bar Syrup	4,000	
<b>MIAMI VICE</b>		
Strawberry Syrup, Coconut Cream, Grenadine, Bar Syrup, Lime Juice, Pineapple Juice, Coconut Syrup	5,000	

## COCKTAILS

<b>PINA COLADA (FROZEN)</b>		
Coconut Cream, Pineapple Juce, Rum	4,000	
<b>LONG ISLAND ICE TEA</b>		
Rum, Gin, Vodka, Tequila, Cointreau, Lime Juice, Bar Syrup	5,000	
<b>MOJITO</b>		
Rum, Mint Leaves, Bar Syrup, Lime Juice	4,000	
<b>SEX ON THE BEACH</b>		
Vodka, Cranberry Juice ,Orange Juice, Peach Shnap, Grenadine	4,000	
<b>RED FLAMES MAGARITA</b>		
Tequila, Lime Juice, Bar Syrup, Cointreau	3,500	
<b>KAMIKAZE</b>		
Vodka, Cointreau, Lime Juice	3,000	
<b>COSMOPOLITAN</b>		
Cointreau, Cranberry Juice, Vodka, Lime Juice, Bar Syrup	3,500	

<b>BLOW JOB</b>		
Kalua, Irish Cream, Whipped Cream	4,000	
<b>MOSCOW MULE</b>		
Vodka, Lime Juice, Bar Syrup, Ginger Beer	4,000	
<b>EXPRESSSO MARTINI</b>		
Koffee Liquor, Vodka, Expresso, Bar Syrup	5,000	
<b>BLUE SEA</b>		
Vodka, Pineapple Juice, Sweet & Sour, Blue Curacau	3,500	
<b>GIN AND TONIC</b>		
Gine, Lime Juice, Tonic Water	3,000	
<b>PAIN KILLER</b>		
Dark Rum, Pineapple Juice, Orange Juice	4,000	
<b>SCREW DRIVER</b>		
Vodka, Orange Juice	3,000	
<b>TOM COLLINS</b>		
Gin, Bar Syrup, Lime Juice, Carbonated Water	3,000	
<b>JUNGLE BIRD</b>		
Dark Rum, Pineapple Juice, Campari, Lime Juice	4,000	
<b>OLD FASHIONED</b>		
Campari, Suger Cube, Dashes Angostura Bitters,	4,000	
<b>MIAMI VICE</b>		
Strawberry Syrup, Coconut Cream, Grenadine, Bar Syrup, Lime Juice, Pineapple Juice, Coconut Syrup, Rum	6,000	
<b>GIN FIZZ</b>		
Gin lemon, Sugar Syrup, Soda, Ice	4,000	
<b>TEQUILA SUNRISE</b>		
Tequila, Orange Juice, Grenadine	3,000	
<b>DARK 'N' STORMY</b>		
Dark Rum, Ginger Beer, Lime, Ice	4,000	
<b>LYNCHBURG</b>		
jack Daniels, Triple Sec, Lemon, Sugar Syrup, Ice	5,000	
<b>GOD MOTHER</b>		
Vodka, Kahlur, Ice	3,000	



## OUR SERVICES

- ✓ FAST FOOD ✓ DELIVERY
- ✓ BIRTHDAY & PROPOSAL SURPRISES
- ✓ FAMILY/FORMAL & INFORMAL GATHERING
- ✓ EVENT CATERING

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