

菜单



FOOD MENU

📍 SHOP 32, PALMS SHOPPING MALL, ILORIN
☎ 08103975541, 09114913817 ⚡ REDFLAMES.NG

T H E F L A M E S O F C H I L L

DESIGN YOUR BREAKFAST

Oat with Milk and Sugar	1,200
French Toast	1,000
Buttered Toast	1,000
Pancake	1,000
Crepes	1,000
Waffles	1,500
Yamarita	1,000

SIDES

Egg (Scrambled, Omelette, Sunny Side Up)	1,000
Sausage	500
Grilled Tomatoes	500
Akara	1,000
Baked Beans	500
Plantain	1,000
Chicken Tenders	1,500

Tomatoe Sauce with:

Egg	1,000
Chicken	1,500
Sausage	1,200
Fried Plantain	1,000

SAUCE OR TOPPINGS

Ice Cream	1,000
Whipped Cream	700
Custard Cream	1,000
Maple Syrup or Honey	500
Strawberry Sauce	1,000
Blueberry Sauce	1,000
Chocolate Sauce	700



MONIE POINT MFB - 8245554523 - RED FLAMES

BREAKFAST

NIGERIAN

OAT WITH TOPPINGS

Topped with granola, banana, blueberry, chai seed or coconut flakes, and strawberry

4,000

YAMARITA WITH RF EGG SAUCE

Yam deep fried with egg coating, served with tomato sauce

2,500

AKARA WITH CUSTARD

Bean Cake, served with custard or pap with milk

1,500

PLANTAIN AND EGG

Boiled or grilled plantain with Egg shredded chicken sauce

2,000

RF OVERNIGHT OAT

Overnight soaked oat with milk, honey, chai seed, topped with fresh fruits (order)

3,000

ENGLISH

BUTTERED TOAST

with sausage, baked beans, grilled tomatoes and maple syrup with vanilla cream

3,000

CREPES

with fruits, chocolate sauce, whipped cream or ice cream

3,000

SAVOURY CREPE (MILDLY SWEET)

with sausage, omelette or egg muffin

3,000

YOGHURT PARFAIT

Greek Yoghurt Topped with fresh fruit & granola

3,000

BREAKFAST

WAFFLES

RF STYLED CHICKEN AND WAFFLES

Chicken tenders, whipped cream,
maple syrup and banana

3,000

CRISPY PRAWN AND WAFFLES

Crispy prawn, whipped cream,
maple syrup, banana and apple sauce

4,500

TRIPLE BERRY WAFFLES

Waffles, fresh berries, maple syrup,
whipped cream, eggs and sausages

4,500

RF BUTTERMILK WAFFLES

Waffles, egg, sausages,
maple syrup and baked beans.

3,500

TEA

Hot Chocolate

1,500

Tea Selection Flavour Box(2 Flavours)

2,000

Iced Tea or Coffee

2,000

Instant Coffee

2,000

RF Special Tea

3,000

TACO

RF Chicken Taco	3,000
RF Beef Taco	3,000
RF Shrimp Taco	3,500
RF Chicken Cheesy Taco	3,500
RF Fish Taco	3,500
RF Mixed Taco	4,500

BURGER

Redflames Delight (Beef)	3,000
Redflames Double Delight (Beef)	4,000
Crispy Chicken Burger	3,000
Chicken Burger & Chips	4,000

SANDWICH

Club Sandwich	1,500
Egg Mayo Sandwich	1,200
Chicken Mayo Sandwich	1,500
Cheesy Melt Sandwich	2,500

RED FLAMES

SHAWARMA

RF Special Chicken Shawarma	2,000
Beef Shawarma	2,500
Cheesy Shawarma	3,500



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REDFLAME COMBO

RF MINI BREAKFAST BOX

5,000

- Pancake - 3
- Sausage - 2
- Scrambled egg
- Toasted tomatoes
- Mushroom
- Maple syrup

ADDICTION BOX

9,000

- Mini burger - 1
- Spicy wings - 4
- Sandwich - 1
- French fries - 1 portion
- Fresh juice - 1

CRISPY BURGER BOX

10,000

- Burger - 1
- Shawarma - 1
- French fries
- Chicken wings - 4
- Fruit Juice/Chapman

BREAKFAST BOX

10,000

- French toast - 2
- Waffles - 2
- Pancake - 2
- Wings - 2
- Sausage - 2
- Scrambled Egg
- Baked beans
- Maple syrup
- Fresh juice, Tea or Coffee

RF BRUNCH PLATTER

10,000

- French toast - 2
- Waffles - 2
- Pancake - 2
- Wings - 2
- Sausage - 2
- Scrambled Egg
- Baked beans
- Fresh juice, Tea or Coffee

SUYA BOX DELIGHT

13,500

- Mini burger - 2
- Suya wings - 4
- Grilled prawn - 2
- Sausage - 4
- Fresh juice - 1

CONTINENTAL DISHES

Egg Fried Rice	1,200
Steamed Rice	1,000
Basmati Jollof Rice	1,000
Coconut Rice	1,500 (on order)
Vegetable Rice	1,500
RF Special Chinese Rice	1,500 (on order)
Asun Spaghetti	2,000
Jambalaya Rice	3,000 (on order)
Special Fried Rice	1,500
Mashed Potato with gravy sauce and Panseard	5,000
Spaghetti with Bolognese Sauce	2,500
RF Special Seafood Spaghetti	9,000

SAUCE

Sweet and Sour (chicken)	2,000
Sweet and Sour (beef)	2,000
Sweet and Sour (prawn)	5,000
General Tso Chicken Sauce	2,000
Crispy Chicken in Orange Sauce	2,500
King Pao Chicken Sauce	2,000
Prawn in chilli Sauce	5,000
Teriyaki Chicken	2,000

RF PLATTER

RF Chinese Rice, Singapore Noodles with Sweet and Sour Sauce	5,000
RF Chinese Rice, Singapore Noodles with Teriyaki Sauce	5,000
Steamed Rice, Veggies, and prawn in Chilli Sauce	6,000
Steamed Rice, Veggies, and beef in Chilli Sauce	4,500
RF Chinese Rice, Singapore Noodles with Prawn in Chilli Sauce	8,000



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NOODLES

Chili Garlic Noodles	2,000
Chow Mein	3,000
Lo Mein Noodles	3,000
Seafood Noodles (Calamari, snail, fish fillet, and shrimp)	6,000
Singapore Noodles with Chicken Wings	3,000

Nigerian Noodles (In Style)	1,200
With chicken	3,000
With beef	3,000
With prawn	4,000

RF CLASSIC SIDES

Steamed Fresh Fish	4,500
Asun Dodo	2,500
Giz Dodo	3,000
Gizzard Kebab	1,500
Snail	2,000

WINGS

Buffalo Chicken Wings	3,400 (6pcs)	2,300 (4pcs)
Crunchy Wings	3,000 (6pcs)	2,000 (4pcs)
Crispy Wings	3,000 (6pcs)	2,000 (4pcs)
Spicy Suya Wing	2,700 (6pcs)	1,800 (4pcs)
Honey and Garlic Chicken Wings	3,200 (6pcs)	2,200 (4pcs)

SAUCES

Yum-Yum Sauce
Tzatziki Sauce
Mango Habenero

GRILLS

Smoked Turkey with Pepper Sauce	2,000
Barbecue Chicken Wings (6pcs)	3,500
Sweet Chili Wings (6pcs)	3,500

FRUIT BOWL

FRUIT SALAD

Apple, Watermelon, Banana, Pineapple, Kiwi	2,000
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FRUIT JUICE

Orange Juice	2,000
Pineapple Juice	2,000
Pineapple and Ginger Juice	2,200
Watermelon Juice	2,000
Apple Juice	3,000
Carrot Juice	2,500
Carrot , Pineapple and Juice	2,500
Watermelon, Pineapple and Ginger	2,500
Kiwi, Apple, Pineapple & Watermelon	4,000

SMOOTHIES

BERRY BLISS

Strawberry, Blue Berries, Vanila Youghot	
Vanila Protein, Milk	3,500

DREAM GREEN

Banana, Avocado, Pineapple, Coconut Milk	3,000
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PINK LADY

Pineapple, Banana, Watermelon, Coconut Milk	3,000
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MILKSHAKES

STRAWBERRY FLAVOUR

Strawberry Syrup, Ice Cream,
Milk ,Top With Whipped Cream

3,000

CHOCOLATE FLAVOUR

Chocolate Syrup , Ice Cream, Milk,
Whipped Cream, Choclate Cookies

2,500

CARAMEL FLAVOUR

Caramel Syrup, Ice Cream,
Milk, Wipped Cream, Sprinkles

2,500

BANANA FLAVOUR

Bananas,Ice Cream, Milk,
Whipped Cream, Sprinkles

3,000

OREO

Oreo Cookies,Ice Cream, Milk , Ganish With
Whipped Cream, Broken And Crushed Oreo Cookies

3,000

ALCOHOLIC

Baron de Valls	6,000
Castilo San Simon	6,000
Dominio Red	7,000
Dominio Rose	7,000
Dominio White	7,000
Dominio Grand	10,000
Carlos Rossi Sweet Red	10,000

NON- ALCOHOLIC

Casa Darada	5000
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SHOTS

Tequila	3,000
Baileys	2,500
Vodka	2,000
Gin	2,000

MOCKTAILS

PINA COLADA (FROZEN)

Coconut Cream, Pineapple Juce ,Coconut Syrup

3,500

SWEET LOVE

Cranberry Juice ,Orange Juice, Peach Shnap, Grenadine

3,000

RED FLAME CLASIC CHAPMAN

Fanta, Sprite, Orange Juice, Lime, Angotura Bitters

3,000

VIRGIN MOJITO

Rum, Mint Leaves, Bar Syrup, Lime Juice

3,000



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STRAWBERRY DIAQUIRI		
Strawberry Syrup ,Lime Juice, Bar Syrup, Grenadine	3,000	
KIWI BLAST		
Kiwi Syrup,Lime Juice,Pineapple Juice	3,000	
BLUE NIGHT		
Peach Syrup, Blue Curacau, Pineapple Juice	3,000	
TROPICANAL		
Whipping Cream, Pineapple Juice, Coconut Cream, Bar Syrup	4,000	
MIAMI VICE		
Strawberry Syrup, Coconut Cream, Grenadine, Bar Syrup, Lime Juice, Pineapple Juice, Coconut Syrup	5,000	

COCKTAILS

PINA COLADA (FROZEN)		
Coconut Cream, Pineapple Juce, Rum	4,000	
LONG ISLAND ICE TEA		
Rum, Gin, Vodka, Tequila, Cointreau, Lime Juice, Bar Syrup	5,000	
MOJITO		
Rum, Mint Leaves, Bar Syrup, Lime Juice	4,000	
SEX ON THE BEACH		
Vodka, Cranberry Juice ,Orange Juice, Peach Shnap, Grenadine	4,000	
RED FLAMES MAGARITA		
Tequila, Lime Juice, Bar Syrup, Cointreau	3,500	
KAMIKAZE		
Vodka, Cointreau, Lime Juice	3,000	
COSMOPOLITAN		
Cointreau, Cranberry Juice, Vodka, Lime Juice, Bar Syrup	3,500	

BLOW JOB		
Kalua, Irish Cream, Whipped Cream	4,000	
MOSCOW MULE		
Vodka, Lime Juice, Bar Syrup, Ginger Beer	4,000	
EXPRESSSO MARTINI		
Koffee Liquor, Vodka, Expresso, Bar Syrup	5,000	
BLUE SEA		
Vodka, Pineapple Juice, Sweet & Sour, Blue Curacau	3,500	
GIN AND TONIC		
Gine, Lime Juice, Tonic Water	3,000	
PAIN KILLER		
Dark Rum, Pineapple Juice, Orange Juice	4,000	
SCREW DRIVER		
Vodka, Orange Juice	3,000	
TOM COLLINS		
Gin, Bar Syrup, Lime Juice, Carbonated Water	3,000	
JUNGLE BIRD		
Dark Rum, Pineapple Juice, Campari, Lime Juice	4,000	
OLD FASHIONED		
Campari, Suger Cube, Dashes Angostura Bitters,	4,000	
MIAMI VICE		
Strawberry Syrup, Coconut Cream, Grenadine, Bar Syrup, Lime Juice, Pineapple Juice, Coconut Syrup, Rum	6,000	
GIN FIZZ		
Gin lemon, Sugar Syrup, Soda, Ice	4,000	
TEQUILA SUNRISE		
Tequila, Orange Juice, Grenadine	3,000	
DARK 'N' STORMY		
Dark Rum, Ginger Beer, Lime, Ice	4,000	
LYNCHBURG		
jack Daniels, Triple Sec, Lemon, Sugar Syrup, Ice	5,000	
GOD MOTHER		
Vodka, Kahlur, Ice	3,000	



OUR SERVICES

- ✓ FAST FOOD ✓ DELIVERY
- ✓ BIRTHDAY & PROPOSAL SURPRISES
- ✓ FAMILY/FORMAL & INFORMAL GATHERING
- ✓ EVENT CATERING

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