# HempVital

FROM HERB TO HABIT

TEAM
ANALYSERS



**BRIJAL SINGH**Delhi University'26/27



**AKSHAT DHOTE** IIT-K, '27



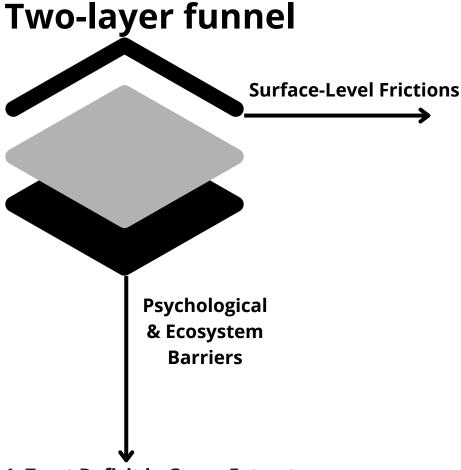
DRUSHTI SURKAR IIT-M, '27

Industry Outlook

# Competitive Analysis

Go-To-Market Strategy Marketing Initiatives Implementation Roadmap

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# 1. Perception-Stigma Mismatch

- Hemp is battling cultural & regulatory baggage, not just brand confusion.
- 2. Premium in Commodity Channels
- Selling premium SKUs on Amazon/Flipkart ≠ optimal price-to-channel match.
- 3. Functional Product, Weak Story
- Messaging focuses on ingredients, not outcomes (e.g., "CBD oil" vs. "Sleep better").

#### 1. Trust Deficit in Green Extracts

- Hemp = misunderstood. No credible evangelists or authority voices.
- Solution: Leverage **endorsements**.

#### 2. No Ritualization

- HempVital isn't linked to daily life like tea, protein, or vitamins.
- Solution: Build daily-use rituals.

#### 3. Industry Void

- No ecosystem → no clarity.
- Solution: Create partnerships + regulatory alignment.

# **Public Perception Themese**

Based on an analysis of over 100 real comments from Reddit, YouTube, and Quora regarding CBD and hemp usage in India.

Myth: "CBD is illegal or shady in India."

Psychological Trigger:Fear of legal consequences and association with narcotics

Myth: "CBD will make me high or addicted."

Psychological
Trigger:Confusion between
CBD and THC effects

These personas don't need different products— They need different frames, languages, and trust bridges.

Myth: "CBD is unregulated and potentially unsafe."

Psychological
Trigger:Concerns about
product quality and lack of
standardization,

# **Survey Decoded**

(based on interviews, customer surveys, research) - **DRIVE LINK** 

200+ Consumer Responses

Core Resistance	Info Gap <b>(62.3%)</b>
Largest Opportunity	Mid-Open Users (33.8%)  → we're playing in the persuadable middle.  This is not an awareness war. It's a reframing war.
Preferred SKUs	Skin, Protein, Oils (>80%)
Fear	Social Judgment > Legal Risk
Top Trust Triggers	Clinical > Cultural Certifications (FSSAI, AYUSH – 45.7%)
Top Wellness Concerns	Low energy (41.1%) High stress (40.6%)

# **Market Trends**

I**ndia's Industrial Hemp Market** -Valued at **USD 229.93** million in 2023, projected to reach USD 1,602.62 million by 2032, growing at a **CAGR of 24.1%** 

CBD Nutraceuticals Sector -Generated USD 375.2 million in 2024, expected to reach USD 996.3 million by 2030, with a CAGR of 15.9%

Hemp Protein Powder Market -Projected to grow at a CAGR of 15.4% in India, reaching significant market size by 2035

# **Regulatory Landscape**

**Legal Framework Food Safety Regulations** Under the Narcotic Drugs and The Food Safety and **Psychotropic Substances Standards Authority of** (NDPS) Act, cultivation of India (FSSAI) has industrial hemp is permitted for approved hemp seeds, oil, medical, scientific, industrial, and flour as food products, and horticultural purposes, provided they meet subject to state government specified THC and CBD regulations limits

# **Growth Drivers**

**Consumer Awareness** Sustainability Health Trends

# Challenges

Regulatory Consumer Complexity Perception

Market Accessibility

# Competitive Analysis

# Go-To-Market Strategy

# Marketing Initiatives

# Implementation Roadmap

# **Market Sizing**

# **Direct Competitors – Hemp-First Startups**

# **Indirect Competitors – Functional Wellness Brands**

TAM			
₹2.5 lakh			
crore			

SAM **₹40,000 crore** 

SOM **₹150-250 crore** 

Brand USP		Strengths	Threat Level		
вонесо	Medical + Research-backed CBD	Clinical trust, Ayurveda blend, early brand equity	High		
India Hemp & Co	Fitness + Sustainability	Strong D2C + retail, Gen Z vibe, storytelling			
Cannabliss CBD as prescription therapy		Doctor-backed, therapeutic oils	High		
The Hemp Chapter Sleek, Insta-friendly formats		Sachets, bars, quick-commerce (Blinkit, Zepto)	<b>Medium</b>		
Hemp Horizons Clean-label + B2B supplier		Farmer tie-ups, good pricing, mass market	<b>e</b> Medium		
Ananta Hemp  Ananta Hemp  wellness		Fusion oils, powders, resonates with traditionalists	<b>O</b> Medium		

Brand	Format Innovation	Target Audience	Strength	Threat Level
Oziva	Plant powders, gummies	Women 25-40	Massive brand trust, stigma-free	<b>●</b> High
Plix	Gummies, drinks	Gen Z + College crowd	₹99 pricing, influencer-led	<b>●</b> High
Kapiva	Ayurveda nutrition	Urban health seekers Juices, honey, teas		Medium
Wellbeing Nutri	Melts, sprays, tech formats	Millennials	Fast formats, premium online	Medium

# **Competitive Benchmark Matrix**

Feature/Brand	HempVital (proposed)	HempVitae	ITSHEMP	IHO	вонесо
CBD Products	<b>✓</b>	×	<b>✓</b>	<b>✓</b>	<b>✓</b>
Hemp Nutrition	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>
Topicals	✓ (potential)	<b>✓</b>	<b>✓</b>	×	<b>✓</b>
Pet Products	×	×	<b>✓</b>	×	×
Medical Backing	Aspirational	×	×	<b>✓</b>	<b>√</b> ✓
Brand Trust	To be built	<b>✓</b>	<b>✓</b>	<b>V</b> V	<b>VV</b>
Pricing Tier	Mid	Mid	Wide range	Mid-High	High

# **Market Gaps & Opportunities**

Gap	Opportunity
Lack of Tier-2 & Tier-3 focus	Expand reach beyond metros
Low category awareness	Own the "Hemp 101" narrative
Underdeveloped product formats	Go beyond oils/powders
No lifestyle wellness brand	Build aspirational brand like "Ritual"

# How HempVital can win

Strategy to Build It
Science-backed, FSSAI compliant, ethical sourcing, visible lab reports
Blogs, Reels, YouTube series, doctor-endorsed info pieces
Mix of D2C (Shopify), Amazon/Flipkart, health stores/pharmacies
Hemp + Ayurvedic herbs (Ashwagandha, Moringa, etc.)
Loyalty programs, expert sessions, monthly kits
Early focus on EU/US certifications (organic, vegan, non-GMO)

FUTURE POSITIONING

Lifestyle, Easy-to-Consume "Hemp 101" hub, expert-led content,

THC-free, vegan, Ayurvedic-backed Gummy SKUs, adaptogens, nootropics

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# **Product range evolution and innovation**

Category	<b>Existing Focus</b>	New Entry	Value Addition
Beauty-Within	None	LumaSip	Adds inner beauty vertical, highly D2C-shareable
Recovery/Sleep	Hemp oil, capsules	Nocturne	Reinforces nighttime rituals with intent-based formulation
Performance	Hemp protein powders	VitalEdge	Expands to men's energy + longevity with trusted formats

# **Packaging**

Old Format	New Format	Why
Protein jars/pouches	Single-serve sachets / RTD bottles	Portion control, gym-bag friendly, perfect for sampling + subscription
Capsule bottles	Flat, matte-finish blister packs	Premium, travel-friendly, no bottle-rattling noise
Oils in glass bottles	Dropper-based + roll-ons	Lifestyle-focused (sublinguals, nighttime rituals)
Multi-use powders	Stick-packs / functional strips	Easy to carry, dose, and understand — high repeat usage rate

# **Pricing**

"Attainable Premium" — Luxury wellness that starts at ₹599, scales with outcomes, not just SKUs.

Product Tier	Purpose	Example Product	Price Range (₹)	
Intro Tier	Trial, accessibility, first-time trust	GlowShots 7-Day, VitalEdge 7-pack	₹599 – ₹799	
Core Tier	Habit loop, monthly-use pack, highest volume	LumaSip Drops (30-day), GlowShots (28-pack), VitalEdge (30 caps)	₹949 – ₹1,299	
Elevated Tier	Value bundles, limited editions, collabs	LumaSip + Drops Duo, Skin + Gut Stack	₹1,499 – ₹1,899	
Pro Tier	Subscription model, performance-focused kits	"Glow Protocol" 3-month kit, Vital Performance Kit	₹2,499 – ₹3,499	

Product Name	Format	Core Ingredients	Strategic Role	Target Audience	Why It Works for HempVital
LumaSip	Edible ampoule / beauty shot	Hemp oil, Collagen, Hyaluronic Acid, Vitamin C	Bridges hemp nutrition with inner beauty; beauty-meets-wellness play	Women 25–40 focused on skincare, glow, and gut health	<ul> <li>- Premium, aspirational name</li> <li>- Supports storytelling around "edible glow"</li> <li>- Creates a whole new vertical beyond protein — beauty-from-within</li> </ul>
Nocturne	Sublingual night elixir	Broad-spectrum hemp, Chamomile, Ashwagandha	Deepens hemp oil line with a functional, outcome-based night use-case	Urban Millennials & Gen Z navigating stress, sleep issues	<ul><li>Sophisticated, ritual-centric name</li><li>Owns the "rest and recovery" moment</li><li>High emotional + functional resonance</li></ul>
VitalEdge	Morning capsules + booster sachet	Hemp protein, B12, CoQ10, Ginseng	Adds a men's performance stack to HempVital's wellness lineup	Health-aware men 35–55 seeking clean, natural energy	<ul> <li>Masculine, clinical, and trustworthy name</li> <li>Great for capsules and daily-use formats</li> <li>Opens new demographic without diluting brand core</li> </ul>

Premium Plant-Powered Lifestyle

# Distribution channel optimization

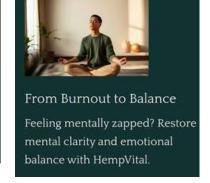
### **Instant discovery → Instant trials**

- **72% impulse** wellness buys (Zepto)
- Reorders 2.3x ↑ when consumed within 12 hrs

Tier	Channel	CAC	Trust	Revenue	Use Case
1	Blinkit/Zepto	LOW	MEDIUM	HIGH	Instant trials
2	1mg/HealthKart	LOW	HIGH	MEDIUM	Sleep, stress relief
3	D2C Website	MEDIUM	HIGH	HIGH	LTV & storytelling
4	Offline Retail	HIGH	VERY	HIGH	Visibility & recall
5	Corporate Gifting	LOW	HIGH	MEDIUM	Mass entry, no CAC

# Functional Wellness Easy-to-Consume

Packaging Element	Effect
QR Code for 'Hemp 101'	Drives education without clutter on box
Color-coded by use-case	Sleep = blue, Glow = peach, Energy = yellow
"Open me" box liner notes	Surprise & delight moment = Instagrammable
Flat-pack refill formats	Reduces shipping, ups eco-appeal
Mirror-friendly design	Target skincare/grooming shelf visibility







**Behavior** 

Instagram ad → Product

**Funnel Stage** 

Discovery

**Funnel Stage** 

Impulse

Reorder

Referral

Routine Loop

Trial

# Competitive Analysis

**Trigger Tools** 

Quiz funnel, Reels, Story

# **Go-To-Market** Strategy

**Outcome Goal** 

**Curiosity & brand** 

"Get ₹50 off next order if you refer"

Bundle logic + recurring reminder

Marketing Initiatives

Types "stress oil" / "plant protein"

**Behavior** 

Implementation Roadmap

**Outcome Goal** 

Organic discoverability

# 1. First Touch via D2C

Shows friend at party/work

Adds to blinkit "Essentials"

# 2. Expansion via Marketplaces

**Trust Nudges** 

SEO-optimized listing +

Discovery	page	Highlights	persona recall	Search	Types "stress oil" / "plant protein"	4.5+ rating	Organic discoverability	
Engagement	Scroll → Reads product USPs	"Science-backed" trust layer + 30-sec explainer	Reduce cognitive fog, increase dwell	Consideration	Compares 3-4 brands	Amazon's "Featured" + badges	Instantly win shelf space	
Consideration	Reviews check + price scan	Clinical trials, certification badges, social proof	Build trust from rational & emotional zones	Trust Check	Scrolls reviews	Smart sorting: Verified + Before/After	Reduce fear of buying "just another hemp product"	
Action	First order placed (skincare or focus)	First-purchase bonus + Ritual Kit	Start habit loop, reduce buyer remorse	Purchase	Adds to cart + buys combo	Bundles, Coupons, "Amazon Choice" tag	Easy trial with low friction	
Post-Purchase	Product delivered	Email/SMS with "How to use" + community invite	Reinforce behavior, drive repeat intent	Loyalty Spark	Gets product Instantly (quick commerce)	Inserts: "Try VitalEdge free on our website"	Pull back to D2C & deepen relationship	
3. Habit Lock via Q-Commerce (Blinkit, Zepto)								
1								

**Funnel Stage** 

Search

#### **Habit Triggers Behavior**

	ato pight scroll -> "Cloop Chot"	< =100 prising fact delivery hadge	Reduce wait friction = trial		
Late-night scroll → "Sleep Shot"	< ₹199 pricing, fast delivery badge	Reduce Walt Iffiction – trial	Build once, retarget many	Use D2C data to push ads on Zepto, Amazon	
			Make rituals, not products	Name bundles like "Midnight Reset Kit"	
Orders for the first time		Tasting pack with short-use cycle	Product-in-mouth within 2 hours	Channel-hop without identity loss	Keep same product names/benefits cross-channel
	Likes effect → searches again	Reorder nudges + Instant repeat CTA	Behavior reinforcement	Capture mobile-first attention	Optimize all copy for Gen Z scroll behavior
			Every sale = data flywheel	Use inserts to bring people back to site	

Product becomes embedded lifestyle

**Outcome Goal** 

Organic spread

Industry Outlook

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# Phase 1: Foundation & Trust-Building (Months 0-2)

Objective: Establish credibility, core partnerships, and key brand messages.

#### **Key Actions**

- Onboard 3–5 doctor ambassadors and 10–15 micro-influencers
- Launch "CBD Is Safe & Legal" myth-busting campaign.
- Create "Hemp 101" content hub (blog, reels, PDFs).
- Set up analytics stack (GA4, Hotjar, UTM-based influencer tracking)

#### Resource Requirements

- ₹3-5L influencer budget (initial seeding).
- · Content team (1 writer + 1 designer + 1 editor).
- Medical liaison (contractual or advisory)
- · Legal/compliance consultant for verified claims.

3+

Doctor Endorsements
Published testimonials

50K

Total Reach

Across initial influencer content

<40%

Bounce Rate
On "Hemp 101" hub

20%

Sentiment Improvement

Reduction in legality/safety concerns

# Phase 2: Ritualization & Adoption Push (Months 3–5)

**Objective**: Position HempVital as a *daily wellness companion* and collect first-hand consumer proof.



Launch "30-Day Lifestyle Trial" with influencers & users



Introduce limited-time **Trial Packs** (Sleep, Calm, Focus)



Host 2 co-branded webinars with doctors



Run targeted paid campaigns: "Make CBD a Habit" (Meta + Google)

#### Resource Requirements

- Trial kit SKUs + packaging (-₹1.5-2L dev budget).
- Performance marketer (in-house or agency).
- ₹6–10L for paid media.
- · CX rep to manage UGC/community + feedback.

#### Success Metrics

- 500+ trial pack conversions.
- · UGC: 50+ video testimonials.
- Avg. reorder rate ≥ 30%.
- ROAS ≥ 2.5x on paid media.
- Webinars: 100+ attendees each, 30% post-event engagement.

# Phase 3: Scale & Ecosystem Positioning (Months 6–9)

**Objective:** Cement authority, drive word-of-mouth, and prepare for future SKUs or retail partnerships.

- Expand doctor-influencer program (10+ active voices)
- 2 Introduce affiliate/loyalty program for influencers & customers
- 3 Distribute "CBD Impact Report" (data from Phase 2)
- Partner with wellness brands/apps (Cure.fit, yoga studios)

#### Resource Requirements

Success Metrics

- Affiliate tech stack (e.g., Refersion or custom Shopify plugin).
- ₹8-12L for scaling influencer/affiliate payouts.
- Analyst or agency to build impact report.
- Biz dev for partnerships.

3

Major partnerships signed

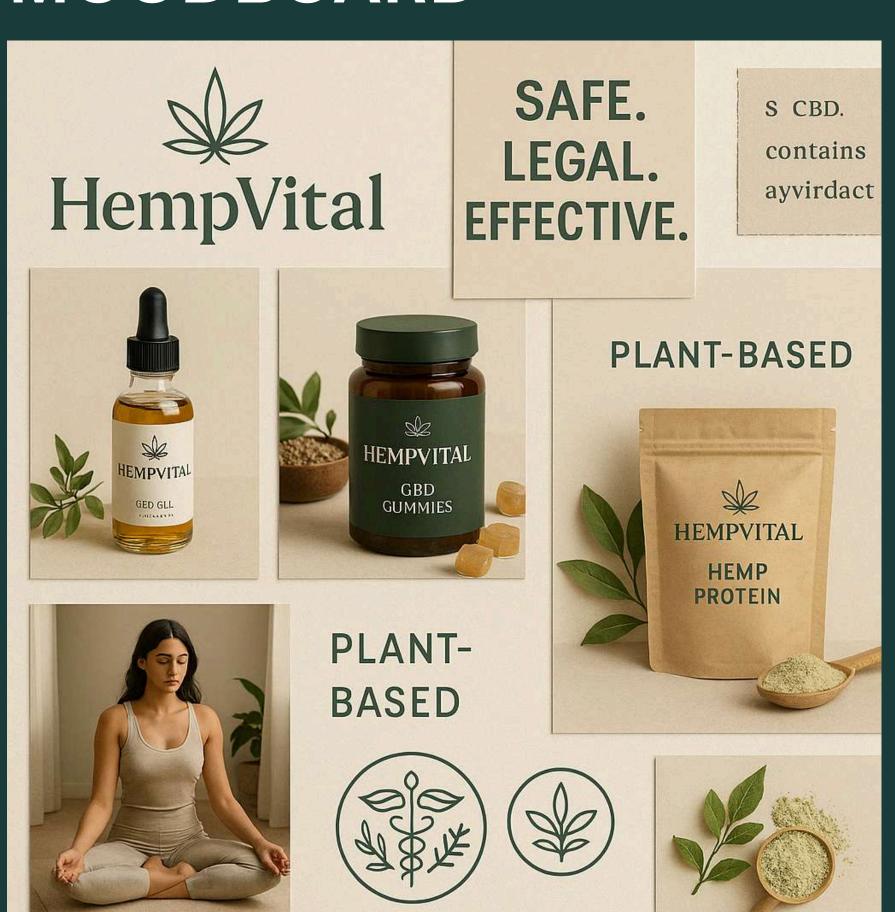
1000+

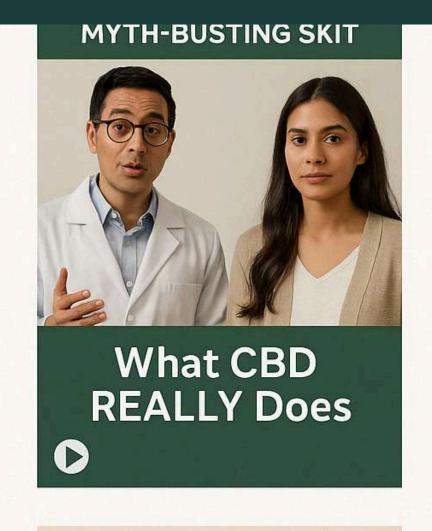
Affiliate sign-ups

20%

Growth in organic traffic

# MOODBOARD











# ANNEXURE

# INFLUENCER PROFILES

# **Rujuta Diwekar**

Instagram: @rujutadiwekar

Followers: 1.2M

Niche: Nutrition, fitness, healthy

recipes, and lifestyle tips

Why HempVital? Advocates for

traditional Indian food and

emphasizes the importance of

eating local and seasonal, aligning

with HempVital's natural and

holistic approach.

Past Collaborations: Known for promoting sustainable eating habits and has a strong following among health-conscious individuals.

#### Yasmin Karachiwala

Instagram: @yasminkarachiwala

Followers: 1.2M

Niche: Fitness, Pilates, and

wellness

Why HempVital? As a pioneering fitness expert and one of India's foremost Pilates instructors, her emphasis on core strength and flexibility aligns with HempVital's wellness goals.

Past Collaborations: Trained several top celebrities, including Deepika Padukone and Alia Bhatt, and has authored a book on Pilates.

#### Dr. Neha Mehta

Instagram: @drnehamehta

Followers: 10M (combined across

platforms)

Specialization: Psychology, mental

health counseling, and sex

education

Why HempVital? Actively promotes awareness around mental health issues, making her a valuable

advocate for HempVital's stress-

relief products.

Past Collaborations: Co-founder of My Fit Brain, an online mental wellness platform, and addresses rising cases of depression in India.

# Dr. Tanaya Narendra

Instagram: @dr\_cuterus

Followers: Not specified

Specialization: Sexual health

education and public health

advocacy

Why HempVital? Recognized for

her contributions to public

health and awareness, her platform can help demystify

and destigmatize CBD usage.

Past Collaborations: Listed among the Top 100 Digital Stars

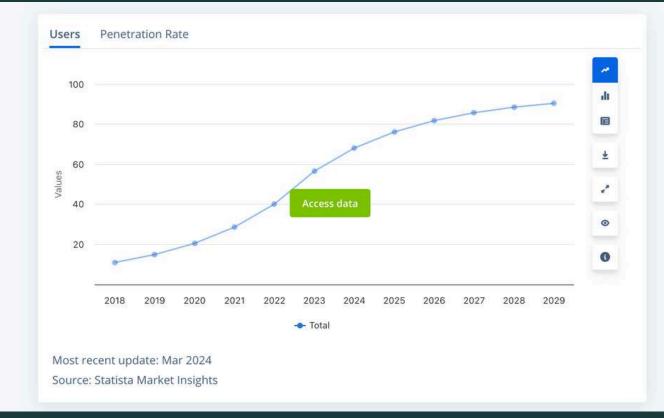
by Forbes in both 2023 and

2024, and recognized as the Elle

Wellness Expert in 2023.

# ANNEXURE







**CONSUMER SURVEYS ANDINTERVIEWS** 

# ANNEXURE

from-virat-kohli-ankita-raina

Grand View Research on India's CBD Oil & Consumer Health Market: According to this analysis, the Indian CBD oil and consumer health market generated revenue of USD 47.8 million in 2024 and is expected to reach USD 571.8 million by 2030, growing at a CAGR of 51.3% from 2025 to 2030. Credence Research on India's Industrial Hemp Market: This report indicates that India's industrial hemp market was valued at USD 229.93 million in 2023 and is projected to reach USD 1,602.62 million by 2032, with a CAGR of 24.1% during the forecast period. Statista Market Forecast on CBD Products in India: This report forecasts that revenue in the CBD products market in India will reach approximately USD 372.03 million in 2025.

https://www.businessinsider.in/business/news/gen-z-is-fueling-growth-for-zepto-with-impulse-buys-of-snacks-and-wellness-products/articleshow/104020550.cmshttps:/e4m.com/digital-news/inside-blinkits-content-first-marketing-strategy-that-boosts-d2c-trials-268238https:/brandequity.economictimes.indiatimes.com/news/marketing/what-makes-blinkits-advertising-a-d2c-hit/102939682https:/yourstory.com/2023/07/how-open-secret-building-snacking-brand-childrenhttps:/inc42.com/startups/how-slurrp-farm-won-over-indian-moms/https://thewholetruthfoods.com/blogs/truth-bloghttps://www.financialexpress.com/business/oziva-kapiva-others-find-value-in-d2c-clinical-platforms-3071542/https://entrackr.com/2022/12/healthkart-posts-rs-310-cr-revenue-in-fy22-losses-jump-5x/https://www.forbesindia.com/article/startups/kapiva-oziva-cureveda-how-these-indian-health-food-brands-are-tapping-into-the-nations-wellness-wake-up/79335/1https://www.livemint.com/industry/retail/premium-retailers-offer-platforms-to-d2c-brands-for-offline-presence-11654399750250.htmlhttps://retail.economictimes.indiatimes.com/news/food-entertainment/grocery/d2c-brands-turn-to-premium-retail-stores-to-boost-visibility/94441690https://plixlife.com/pages/how-it-workshttps://brandequity.economictimes.indiatimes.com/news/digital/mcaffeine-leverages-reels-and-rituals-for-growth/93993089https://www.vccircle.com/vegan-startup-blue-tribe-raises-funding-

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# THANKYOU