Handmade Burgers & Specialty Sandwiches

choose any 2 Burgers - 5.49 or a Sub - 4.99

PEANUT CRUSTED CAJUN BLACKBEAN BURGER

Hand made patty seared on the grill with black beans, spanish peanuts, rice flour for crunch & our house cajun spice blend

THE LOVE SEED BEET THEM ALL BURGER

Fresh shredded beets, roasted sunflower seeds, flax seed, buck wheat, chickpea flour and just the right spice

MEAN GREEN PROTEIN PEA BURGER

Hand made patty seared on the grill and packed with protein from loads of green peas dusted with a savory spice blend

GOLDEN CRUNCHY BIRDS NEST BURGER

A sell out at every rock show we ever set up at.. think coleslaw deepfried in a hearty chickpea flour base with cajun spice

GOLDEN CRUNCHY POTATO BURGER

A classic from the streets of India.. potatos, a protein flour blend and secret spices make up this craveable, cruncy street food deight

TAMARIND BBQ JACKFRUIT SANDWICH

Never had Jackfruit?
Don't miss this chance!
Already love Jackfruit?
Don't miss chance! Go
Avalon roll for this one

CLASSIC ITALIAN VEG-O-RAMA SUB

Lots of cheese, banana peppers, tomatos and our house vinagrette toasted on a hoagie

VEGETARIAN 'MEAT BALL' MASTERPIECE

4 Crispy Golden 'Meat Balls' slathered in BBQ sauce & Swiss Cheese toasted on a hoagie

Soups - Salads - Sides

FAMOUS EASTERN CONEY FRIES \$2	2.99
SWEET POTATO FRIES\$3	3.49
CLASSIC SAMOSA (2)\$2	2.99
Jalepeno Poppers (8)	.49
Crispy Pakora Fritters (8)	.99
Soup of the Day \$3	.99
CLASSIC FATOOSH SALAD\$2	1.99
GREEK SALAD\$4	1.99
Kale Salad\$2	1.99
SPROUT SALAD\$4	4.99

Crunchy, Craveable Chaat

Irresistible Indian nachos from the streets of Mumbai 3.99 for either Papaadi, Samosa or Bhel style

Drinks and Teas

FOUNTAIN SODA	\$.99
Classic Lassi (sweet, salty or Mango)	\$1.99
Housemade Chai Tea	\$1.99
FAMOUS GINGER TONIC W FRESH TURMERIC	\$1.99
Fresh Strawberry Mint Lemonade	\$1.99

Custom Wraps, Pizzas and Bowls

All the extras you can fit on or inside.

Add quinoa, basmati or brown rice and \$1 for a Bowl

BUTTER PANEER	\$5.49
Spicy Manchurian	\$5.49
GRILLED FAJITAS	\$5.49
FALAFEL	\$5.49
Orange 'Chicken'	\$6.49
BUTTER 'CHICKEN'	\$6.49
PHILLY 'CHICKEN'	\$6.49

Breakfast All Day

Paneer Sandwich	\$4.99
Amazing Indian Tomato 'Omelette'	\$4.99
Cheesy Hashbrowns and Toast	\$4.99
CHUTNEY SANDWICH	\$4.99

Ice Cream

From the famous Guernsey dairy 2.99 for a (big) scoop, 3.99 for a Milkshake