

ARID1B Syndrome

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ARID1B gene

AT-rich interaction domain 1B

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Normal Function

The ARID1B gene provides instructions for making a protein that forms one piece (subunit) of several different SWI/SNF protein complexes. SWI/SNF complexes regulate gene activity (expression) by a process known as chromatin remodeling. Chromatin is the network of DNA and proteins that packages DNA into chromosomes. The structure of chromatin can be changed (remodeled) to alter how tightly DNA is packaged. Chromatin remodeling is one way gene expression is regulated during development; when DNA is tightly packed, gene expression is lower than when DNA is loosely packed. Through their ability to regulate gene activity, SWI/SNF complexes are involved in many processes, including repairing damaged DNA; copying (replicating) DNA; and controlling the growth, division, and maturation (differentiation) of cells. The ARID1B protein and other SWI/SNF subunits are thought to act as tumor suppressors, which keep cells from growing and dividing too rapidly or in an uncontrolled way. The ARID1B subunit is able to attach (bind) to DNA and is thought to help target SWI/SNF complexes to the chromatin location that needs

to be remodeled.

Health Conditions Related to Genetic Changes

Coffin-Siris syndrome

More than 150 variants (also known as mutations) in the ARID1B gene have been found to cause Coffin-Siris syndrome. This condition is characterized by delayed development, abnormalities of the fifth (pinky) fingers or toes, and characteristic facial features that are described as coarse. Most ARID1B gene variants involved in Coffin-Siris syndrome lead to an abnormally short, nonfunctional protein. As a result, affected individuals have half the normal amount of functional ARID1B protein. Although it is unclear how these changes affect SWI/SNF complexes, researchers suggest that ARID1B gene variants result in abnormal chromatin remodeling. Disturbance of this process alters the activity of many genes and disrupts several cellular processes, which could explain the diverse signs and symptoms of Coffin-Siris syndrome. People with Coffin-Siris syndrome do not appear to have an increased risk of cancer (see below).

More About This Health Condition

Autism spectrum disorder

At least 13 ARID1B gene variants have been identified in people with autism spectrum disorder (ASD), a varied condition characterized by impaired social skills, communication problems, and repetitive behaviors. Some affected individuals also have other features, including intellectual

disability, severe speech problems, and brain malformations. The ARID1B gene variants associated with ASD result in a reduced amount of the ARID1B protein or impair the protein's function in chromatin remodeling. These changes likely affect the control of gene expression and interfere with normal brain development, but the specific relationship between the variants and ASD is unknown.

More About This Health Condition

Other disorders

Variants in the ARID1B gene can cause intellectual disability without other hallmark features of Coffin-Siris syndrome (described above). As in Coffin-Siris syndrome, the gene variants that cause intellectual disability lead to an abnormally short, nonfunctional protein, and affected individuals have half the normal amount of ARID1B protein. It is unclear why some people with an ARID1B gene variant develop intellectual disability and others have the additional features of Coffin-Siris syndrome.

Cancers

Variants in the ARID1B gene are involved in several types of cancer, including breast cancer, a childhood cancer of nerve tissue called neuroblastoma, and a type of blood cancer called diffuse large B-cell lymphoma. These variants are somatic, which means they are acquired during a person's lifetime and are present only in tumor cells. The mechanism by which variants in the ARID1B gene contribute to cancer is unknown, although it is thought that changes in SWI/SNF complexes are involved. These changes may impair normal cell differentiation, which leads to the

overgrowth of certain cell types, causing cancer. Alternatively, abnormal SWI/SNF complexes may disrupt the regulation of genes that help control the growth and division of cells, which leads to cancer. It is likely that other genetic changes in addition to ARID1B gene variants are necessary for cancer development.

Other Names for This Gene

6A3-5 ARI1B_HUMAN ARID domain-containing protein 1B AT rich interactive domain 1B (SWI1-like) AT-rich interactive domain-containing protein 1B BAF250B BRG1-associated factor 250b BRG1-binding protein ELD/OSA1 BRIGHT DAN15 ELD (eyelid)/OSA protein ELD/OSA1 KIAA1235 MRD12 OSA2 P250R

Additional Information & Resources

Tests Listed in the Genetic Testing Registry

Tests of ARID1B

Scientific Articles on PubMed

PubMed

Catalog of Genes and Diseases from OMIM

AT-RICH INTERACTION DOMAIN-CONTAINING PROTEIN 1B; ARID1B

Gene and Variant Databases

NCBI Gene

ClinVar

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Genomic LocationThe ARID1B gene is found on chromosome 6.

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