

SETD2

<https://www.ncbi.nlm.nih.gov/books/NBK575927/>

Summary
Clinical description. SETD2 neurodevelopmental disorders (SETD2-NDDs) represent a clinical spectrum that most commonly includes various degrees of intellectual disability and behavioral findings (most typically an autism spectrum disorder), macrocephaly with or without ventriculomegaly, brain malformations (including Chiari 1 malformation and syringomyelia), and obesity with generalized overgrowth and advanced bone age. A specific, somewhat different phenotype (denoted SETD2-NDD with multiple congenital anomalies [MCA]) has been reported in association with a particular pathogenic variant, c.5218C>T (p.Arg1740Trp), which leads to a higher frequency of multiple congenital anomalies compared to those without this genetic change.

Individuals with SETD2-NDD with MCA may have microcephaly, congenital heart malformations, urogenital anomalies, eye findings (specifically Coats disease of the retina), severe failure to thrive, hypotonia, hyponatremia, respiratory issues (tracheomalacia, frequent aspiration, hypoventilation), epilepsy, profound intellectual disability with limited-to-no speech, and distinctive craniofacial features.
Diagnosis/testing. The diagnosis of a SETD2-NDD is established in a proband with suggestive findings and a heterozygous pathogenic variant in SETD2 identified by molecular genetic testing.
Management.

Treatment of manifestations:

SETD2-NDD with or without macrocephaly/overgrowth. Nutritional management of obesity to include diet/exercise; consideration of growth hormone therapy in those with poor growth; standard treatment for developmental delay / autistic features, seizures, hypothyroidism, precocious puberty, hypotonia/hypermobility, scoliosis, refractive error / strabismus, hearing loss, congenital heart defects, and cryptorchidism.
SETD2-NDD with MCA. Feeding therapy to include consideration of a gastrostomy tube; supplemental oxygen therapy with consideration of tracheostomy in those with tracheomalacia/hypoventilation; sodium supplementation for those with hyponatremia; standard treatment for developmental delay, seizures, joint contractures, sensorineural/conductive hearing

loss, Coats disease of the retina, congenital heart defects, cryptorchidism, dysplastic kidneys, and skeletal anomalies.

Surveillance:

SETD2-NDD with or without macrocephaly/overgrowth. Monitor for psychiatric symptoms, seizures, changes in tone, movement disorders, and developmental progress at each clinic visit; weight checks at home for obesity prevention starting in the second year of life; annual thyroid-stimulating hormone and free T4; clinical evaluation for precocious puberty and scoliosis at each visit during childhood; annual (or as clinically indicated) ophthalmology and audiology evaluations. SETD2-NDD with MCA. Monitor for appropriate growth, evidence of aspiration, respiratory sufficiency, seizures, changes in tone, movement disorders, and developmental progress at each clinic visit; electrolyte panel to include sodium level to assess for hyponatremia at each visit during infancy; annual (or as clinically indicated) ophthalmology and audiology evaluations. Genetic counseling. SETD2-NDDs are inherited in an autosomal dominant manner, although most affected individuals represent simplex cases (i.e., a single occurrence in a family). To date, transmission of a SETD2 pathogenic variant from a parent to a child has been reported in one family. If a parent of the proband is known to have the pathogenic variant identified in the proband, the risk to the sibs of inheriting the pathogenic variant is 50%. Each child of an individual with a SETD2-NDD has a 50% chance of inheriting the SETD2 pathogenic variant. Once the SETD2 pathogenic variant has been identified in an affected family member, prenatal testing for a pregnancy at increased risk and preimplantation genetic testing are possible.

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SETD2-NDD with MCA. Monitor for appropriate growth, evidence of aspiration, respiratory

sufficiency, seizures, changes in tone, movement disorders, and developmental progress at each clinic visit; electrolyte panel to include sodium level to assess for hyponatremia at each visit during infancy; annual (or as clinically indicated) ophthalmology and audiology evaluations.

Genetic counseling. SETD2-NDDs are inherited in an autosomal dominant manner, although most affected individuals represent simplex cases (i.e., a single occurrence in a family). To date, transmission of a SETD2 pathogenic variant from a parent to a child has been reported in one family. If a parent of the proband is known to have the pathogenic variant identified in the proband, the risk to the sibs of inheriting the pathogenic variant is 50%. Each child of an individual with a SETD2-NDD has a 50% chance of inheriting the SETD2 pathogenic variant. Once the SETD2 pathogenic variant has been identified in an affected family member, prenatal testing for a pregnancy at increased risk and preimplantation genetic testing are possible.

GeneReview Scope SETD2 Neurodevelopmental Disorders: Included Phenotypes [View in own window](#) GeneReviews Designation Abbreviations / Other

Designations SETD2 neurodevelopmental disorder with or without macrocephaly/overgrowth SETD2-NDD with macrocephaly/overgrowth, also referred to as Luscan-Lumish syndrome or Sotos-like syndrome SETD2-NDD with normal growth without MCA SETD2 neurodevelopmental disorder with multiple congenital anomalies (MCA) SETD2-NDD with MCA For other genetic causes of these phenotypes, see Differential Diagnosis.

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SETD2-NDD with normal growth without MCA

For other genetic causes of these phenotypes, see Differential Diagnosis.

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Diagnosis No consensus clinical diagnostic criteria for SETD2 neurodevelopmental disorders (SETD2-NDDs) have been published. SETD2-NDD represents a clinical spectrum with the most common well-defined phenotype being SETD2-NDD with macrocephaly/overgrowth, although not everyone has overgrowth; a specific, somewhat different phenotype has been reported in association with a particular pathogenic variant, c.5218C>T (p.Arg1740Trp), which leads to a higher frequency of multiple congenital anomalies (MCA) compared to those without this genetic change

(see GeneReview Scope). This chapter covers both of these recognized phenotypes. Suggestive Findings SETD2-NDD with or without macrocephaly/overgrowth can be considered in individuals with the following nonspecific findings: Macrocephaly with or without ventriculomegaly (Figure 1) Brain malformations including Chiari type 1 malformation and/or syringomyelia Developmental delay, especially in the area of speech and language development Intellectual disability, usually moderate (ranging from mild to severe) Behavioral difficulties including autism spectrum disorder and/or outbursts of aggression Overgrowth, although some affected individuals have growth that falls within the normal range Figure 1. Clinical features of individuals with SETD2-NDD with macrocephaly/overgrowth syndrome a & b. Lateral and frontal views of an affected individual; note the prominent forehead with high frontal hairline, frontal bossing, and low-set ears SETD2-NDD with multiple congenital anomalies (MCA) can be suspected in individuals with the following specific findings [Rabin et al 2020]: Microcephaly with head size often normal at birth and microcephaly developing in infancy Brain malformations including the triad of hypoplasia of the corpus callosum, pons, and cerebellum (Figure 2) Profound intellectual disability with no speech and no independent ambulation Severe failure to thrive in infancy typically accompanied by hypotonia and associated respiratory and feeding difficulties

Multiple congenital anomalies

Congenital heart defects Urogenital anomalies Ophthalmologic findings including Coats disease of the retina characterized by telangiectatic, tortuous, and sometimes leaky retinal vessels Distinctive craniofacial features (Figure 3) including: Low anterior hairline Biparietal narrowing Flat face with maxillary hypoplasia Arched eyebrows Widely spaced eyes Short palpebral fissures Wide nasal bridge Short nose with anteverted nares Broad nasal tip with low-hanging columella Micrognathia with mandibular hypoplasia Figure 2. Magnetic resonance images of six individuals who are heterozygous for a recurrent p.Arg1740Trp pathogenic variant in SETD2. Sagittal T1-weighted images (A, D, G, J, M, P), coronal T2- (B, N) and T1- (E, H, K) weighted images, and axial FLAIR images (C, (more...)) Figure 3. Facial appearance of individuals with SETD2-NDD with multiple congenital anomalies Patient 2 at age seven years (A); at age ten years (B-C) Family history is consistent with

autosomal dominant inheritance (e.g., affected males and females in multiple generations). Absence of a known family history does not preclude the diagnosis.

Establishing the Diagnosis

The diagnosis of a SETD2-NDD is established in a proband with suggestive findings and a heterozygous pathogenic (or likely pathogenic) variant in SETD2 identified by molecular genetic testing (see Table 1).

Note: (1) Per ACMG/AMP variant interpretation guidelines, the terms "pathogenic variants" and "likely pathogenic variants" are synonymous in a clinical setting, meaning that both are considered diagnostic and both can be used for clinical decision making [Richards et al 2015]. Reference to "pathogenic variants" in this section is understood to include any likely pathogenic variants. (2) Identification of a heterozygous SETD2 variant of uncertain significance does not establish or rule out the diagnosis.

Molecular genetic testing approaches can include a combination of gene-targeted testing (single-gene testing and multigene panel) and comprehensive genomic testing (exome sequencing, genome sequencing).

Gene-targeted testing requires that the clinician determine which gene(s) are likely involved, whereas genomic testing does not. Individuals with the distinctive findings of SETD2-NDD with MCA described in Suggestive Findings could be diagnosed using single-gene testing (see Option 1), whereas those in whom the diagnosis of a SETD2-NDD has not been considered are more likely to be diagnosed using a multigene panel or genomic testing (see Option 2).

Option 1 Single-gene testing.

Sequence analysis of SETD2 is performed first to detect small intragenic deletions/insertions and missense, nonsense, and splice site variants. Typically, if no variant is detected by the sequencing method used, the next step is to perform gene-targeted deletion/duplication analysis to detect exon and whole-gene deletions or duplications.

Option 2

An overgrowth/macrocephaly or autism / intellectual disability multigene panel that includes SETD2 and other genes of interest (see Differential Diagnosis) is most likely to identify the genetic cause of the condition while limiting identification of variants of uncertain significance and pathogenic variants in genes that do not explain the underlying phenotype. Note: (1) The genes included in the panel and the diagnostic sensitivity of the testing used for each gene vary by laboratory and are likely to change over time. (2) Some multigene panels may include genes not associated with the condition discussed in this GeneReview. (3) In some laboratories, panel options

may include a custom laboratory-designed panel and/or custom phenotype-focused exome analysis that includes genes specified by the clinician. (4) Methods used in a panel may include sequence analysis, deletion/duplication analysis, and/or other non-sequencing-based tests. For an introduction to multigene panels click [here](#). More detailed information for clinicians ordering genetic tests can be found [here](#). Comprehensive

genomic testing does not require the clinician to determine which gene is likely involved. Exome sequencing is most commonly used; genome sequencing is also possible. For an introduction to comprehensive genomic testing click [here](#). More detailed information for clinicians ordering genomic testing can be found [here](#). Epigenetic signature analysis¹⁶⁰/ methylation array. A distinctive epigenetic signature (disorder-specific genome-wide changes in DNA methylation profiles) in peripheral blood leukocytes has been identified in individuals with SETD2-NDD syndrome [Levy et al 2021]. Epigenetic signature analysis of a peripheral blood sample or DNA banked from a blood sample can therefore be considered to clarify the diagnosis in individuals with: (1) suggestive findings of SETD2-NDD syndrome but in whom no pathogenic variant in SETD2 has been identified via sequence analysis or genomic testing; or (2) suggestive findings of SETD2-NDD syndrome and a SETD2 variant of uncertain clinical significance identified by molecular genetic testing. For an introduction to epigenetic signature analysis click [here](#). Table 1. Molecular Genetic Testing Used in SETD2 Neurodevelopmental Disorders View in own window Gene¹⁶⁰;1 Method Proportion of Probands with a Pathogenic Variant¹⁶⁰;2,¹⁶⁰;3 Detectable by Method SETD2

Sequence analysis¹⁶⁰;4 30/30¹⁶⁰;5 Gene-targeted deletion/duplication analysis¹⁶⁰;6 Unknown¹⁶⁰;7 1. See Table A. Genes and Databases for chromosome locus and protein. 2. See Molecular Genetics for information on variants detected in this gene. 3. Several additional individuals with contiguous gene deletions in the 3p21.31 region (not included in these calculations) have been reported (see Genetically Related Disorders) [Lovrecic et al 2016]. 4. Sequence analysis detects variants that are benign, likely benign, of uncertain significance, likely pathogenic, or pathogenic. Variants may include small intragenic deletions/insertions and missense,

nonsense, and splice site variants; typically, exon or whole-gene deletions/duplications are not detected. For issues to consider in interpretation of sequence analysis results, click [here](#).⁵ O'Roak et al [2012a], O'Roak et al [2012b], Luscan et al [2014], Lumish et al [2015], Marzin et al [2019], Rabin et al [2020]⁶. Gene-targeted deletion/duplication analysis detects intragenic deletions or duplications. Methods used may include a range of techniques such as quantitative PCR, long-range PCR, multiplex ligation-dependent probe amplification (MLPA), and a gene-targeted microarray designed to detect single-exon deletions or duplications. Gene-targeted deletion/duplication testing will detect deletions ranging from a single exon to the whole gene; however, breakpoints of large deletions and/or deletion of adjacent genes (e.g., those described by Lovrecic et al [2016]) may not be detected by these methods.⁷ No data on detection rate of gene-targeted deletion/duplication analysis are available.

Suggestive FindingsSETD2-NDD with or without macrocephaly/overgrowth can be considered in individuals with the following nonspecific findings:Macrocephaly with or without ventriculomegaly (Figure 1)Brain malformations including Chiari type 1 malformation and/or syringomyeliaDevelopmental delay, especially in the area of speech and language developmentIntellectual disability, usually moderate (ranging from mild to severe)Behavioral difficulties including autism spectrum disorder and/or outbursts of aggressionOvergrowth, although some affected individuals have growth that falls within the normal rangeFigure 1. Clinical features of individuals with SETD2-NDD with macrocephaly/overgrowth syndrome a & b. Lateral and frontal views of an affected individual; note the prominent forehead with high frontal hairline, frontal bossing, and low-set earsSETD2-NDD with multiple congenital anomalies (MCA) can be suspected in individuals with the following specific findings [Rabin et al 2020]:Microcephaly with head size often normal at birth and microcephaly developing in infancyBrain malformations including the triad of hypoplasia of the corpus callosum, pons, and cerebellum (Figure 2)Profound intellectual disability with no speech and no independent ambulationSevere failure to thrive in infancy typically accompanied by hypotonia and associated respiratory and feeding difficulties

Multiple congenital anomalies

Congenital heart defects
Urogenital anomalies
Ophthalmologic findings including Coats disease of the retina characterized by telangiectatic, tortuous, and sometimes leaky retinal vessels
Distinctive craniofacial features (Figure 3) including:
Low anterior hairline
Biparietal narrowing
Flat face with maxillary hypoplasia
Arched eyebrows
Widely spaced eyes
Short palpebral fissures
Wide nasal bridge
Short nose with anteverted nares
Broad nasal tip with low-hanging columella
Micrognathia with mandibular hypoplasia
Figure 2. Magnetic resonance images of six individuals who are heterozygous for a recurrent p.Arg1740Trp pathogenic variant in SETD2. Sagittal T1-weighted images (A, D, G, J, M, P), coronal T2- (B, N) and T1- (E, H, K) weighted images, and axial FLAIR images (C, (more...))
Figure 3. Facial appearance of individuals with SETD2-NDD with multiple congenital anomalies
Patient 2 at age seven years (A); at age ten years (B-C)
Family history is consistent with autosomal dominant inheritance (e.g., affected males and females in multiple generations). Absence of a known family history does not preclude the diagnosis.

Macrocephaly with or without ventriculomegaly (Figure 1)

Brain malformations including Chiari type 1 malformation and/or syringomyelia

Developmental delay, especially in the area of speech and language development

Intellectual disability, usually moderate (ranging from mild to severe)

Behavioral difficulties including autism spectrum disorder and/or outbursts of aggression

Overgrowth, although some affected individuals have growth that falls within the normal range

Figure 1. Clinical features of individuals with SETD2-NDD with macrocephaly/overgrowth syndrome

a & b. Lateral and frontal views of an affected individual; note the prominent forehead with high frontal hairline, frontal bossing, and low-set ears

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a & b. Lateral and frontal views of an affected individual; note the prominent forehead with high frontal hairline, frontal bossing, and low-set ears

Microcephaly with head size often normal at birth and microcephaly developing in infancy

Brain malformations including the triad of hypoplasia of the corpus callosum, pons, and cerebellum (Figure 2)

Profound intellectual disability with no speech and no independent ambulation

Severe failure to thrive in infancy typically accompanied by hypotonia and associated respiratory and feeding difficulties

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Establishing the Diagnosis The diagnosis of a SETD2-NDD is established in a proband with suggestive findings and a heterozygous pathogenic (or likely pathogenic) variant in SETD2 identified by molecular genetic testing (see Table 1). Note: (1) Per ACMG/AMP variant interpretation guidelines, the terms "pathogenic variants" and "likely pathogenic variants" are synonymous in a clinical setting, meaning that both are considered diagnostic and both can be used for clinical decision making [Richards et al 2015]. Reference to "pathogenic variants" in this section is understood to include any likely pathogenic variants. (2) Identification of a heterozygous SETD2 variant of uncertain significance does not establish or rule out the diagnosis. Molecular genetic testing approaches can include a combination of gene-targeted testing (single-gene testing and multigene panel) and comprehensive genomic testing (exome sequencing, genome sequencing). Gene-targeted testing requires that the clinician determine which gene(s) are likely involved, whereas genomic testing does not. Individuals with the distinctive findings of SETD2-NDD with MCA described in Suggestive Findings could be diagnosed using single-gene testing (see Option 1), whereas those in whom the diagnosis of a SETD2-NDD has not been considered are more likely to be diagnosed using a multigene panel or genomic testing (see Option 2).

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SETD2

Sequence analysis 430/30 5Gene-targeted deletion/duplication

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Option 2An overgrowth/macrocephaly or autism / intellectual disability multigene panel that includes SETD2 and other genes of interest (see Differential Diagnosis) is most likely to identify the genetic cause of the condition while limiting identification of variants of uncertain significance and

pathogenic variants in genes that do not explain the underlying phenotype. Note: (1) The genes included in the panel and the diagnostic sensitivity of the testing used for each gene vary by laboratory and are likely to change over time. (2) Some multigene panels may include genes not associated with the condition discussed in this GeneReview. (3) In some laboratories, panel options may include a custom laboratory-designed panel and/or custom phenotype-focused exome analysis that includes genes specified by the clinician. (4) Methods used in a panel may include sequence analysis, deletion/duplication analysis, and/or other non-sequencing-based tests. For an introduction to multigene panels click [here](#). More detailed information for clinicians ordering genetic tests can be found [here](#). Comprehensive

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additional individuals with contiguous gene deletions in the 3p21.31 region (not included in these calculations) have been reported (see Genetically Related Disorders) [Lovrecic et al 2016].4. Sequence analysis detects variants that are benign, likely benign, of uncertain significance, likely pathogenic, or pathogenic. Variants may include small intragenic deletions/insertions and missense, nonsense, and splice site variants; typically, exon or whole-gene deletions/duplications are not detected. For issues to consider in interpretation of sequence analysis results, click here.5. O'Roak et al [2012a], O'Roak et al [2012b], Luscan et al [2014], Lumish et al [2015], Marzin et al [2019], Rabin et al [2020]6. Gene-targeted deletion/duplication analysis detects intragenic deletions or duplications. Methods used may include a range of techniques such as quantitative PCR, long-range PCR, multiplex ligation-dependent probe amplification (MLPA), and a gene-targeted microarray designed to detect single-exon deletions or duplications. Gene-targeted deletion/duplication testing will detect deletions ranging from a single exon to the whole gene; however, breakpoints of large deletions and/or deletion of adjacent genes (e.g., those described by Lovrecic et al [2016]) may not be detected by these methods.7. No data on detection rate of gene-targeted deletion/duplication analysis are available.

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Gene	Method
Proportion of Probands with a Pathogenic Variant	
Detectable by Method	
SETD2	
Sequence analysis	430/30
Gene-targeted deletion/duplication analysis	Unknown
1. See Table A. Genes and Databases for chromosome locus and protein.	
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nonsense, and splice site variants; typically, exon or whole-gene deletions/duplications are not detected. For issues to consider in interpretation of sequence analysis results, click [here](#).⁵ O'Roak et al [2012a], O'Roak et al [2012b], Luscan et al [2014], Lumish et al [2015], Marzin et al [2019], Rabin et al [2020]⁶. Gene-targeted deletion/duplication analysis detects intragenic deletions or duplications. Methods used may include a range of techniques such as quantitative PCR, long-range PCR, multiplex ligation-dependent probe amplification (MLPA), and a gene-targeted microarray designed to detect single-exon deletions or duplications. Gene-targeted deletion/duplication testing will detect deletions ranging from a single exon to the whole gene; however, breakpoints of large deletions and/or deletion of adjacent genes (e.g., those described by Lovrecic et al [2016]) may not be detected by these methods.⁷ No data on detection rate of gene-targeted deletion/duplication analysis are available.

Molecular Genetic Testing Used in SETD2 Neurodevelopmental Disorders

Gene	Method	Proportion of Probands with a Pathogenic Variant	Detectable by Method
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SETD2

Sequence analysis	430/30	Gene-targeted deletion/duplication analysis	Unknown
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1. See Table A. Genes and Databases for chromosome locus and protein. 2. See Molecular Genetics for information on variants detected in this gene. 3. Several additional individuals with contiguous gene deletions in the 3p21.31 region (not included in these calculations) have been reported (see Genetically Related Disorders) [Lovrecic et al 2016]. 4. Sequence analysis detects variants that are benign, likely benign, of uncertain significance, likely pathogenic, or pathogenic. Variants may include small intragenic deletions/insertions and missense, nonsense, and splice site variants; typically, exon or whole-gene deletions/duplications are not detected. For issues to

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See Table A. Genes and Databases for chromosome locus and protein.

See Molecular Genetics for information on variants detected in this gene.

Several additional individuals with contiguous gene deletions in the 3p21.31 region (not included in these calculations) have been reported (see Genetically Related Disorders) [Lovrecic et al 2016].

Sequence analysis detects variants that are benign, likely benign, of uncertain significance, likely pathogenic, or pathogenic. Variants may include small intragenic deletions/insertions and missense, nonsense, and splice site variants; typically, exon or whole-gene deletions/duplications are not detected. For issues to consider in interpretation of sequence analysis results, [click here](#).

O'Roak et al [2012a], O'Roak et al [2012b], Luscan et al [2014], Lumish et al [2015], Marzin et al [2019], Rabin et al [2020]

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No data on detection rate of gene-targeted deletion/duplication analysis are available.

Clinical Characteristics Clinical Description To date, 30 individuals have been reported with a SETD2 pathogenic variant, excluding those who have deletions of the 3p21.31 region that includes SETD2 and other adjacent genes (see Genetically Related Disorders) [O'Roak et al 2012a, O'Roak et al 2012b, Luscan et al 2014, Lumish et al 2015, Tlemsani et al 2016, van Rij et al 2018, Marzin et al 2019, Rabin et al 2020, Suda et al 2021]. SETD2 neurodevelopmental disorder (SETD2-NDD) with macrocephaly/overgrowth, the most common phenotype, can also include developmental delay / intellectual disability, obesity, advanced bone age, and behavioral findings (most typically an autism spectrum disorder). This spectrum also includes three individuals (2 male and 1 female) with a heterozygous c.5219G>A (p.Arg1740Gln) pathogenic SETD2 variant who have normal growth (see Genotype-Phenotype Correlations). SETD2-NDD with multiple congenital anomalies (MCA) presents with microcephaly, brain malformations, profound intellectual disability, severe failure to thrive, and multiple congenital anomalies including congenital heart defects, urogenital anomalies, and ophthalmic findings such as Coats disease of the retina. These individuals have a c.5218C>T (p.Arg1740Trp) pathogenic SETD2 variant (see Genotype-Phenotype Correlations).

Table 2. SETD2 Neurodevelopmental Disorders: Phenotypes by Selected Distinguishing Features

Feature	SETD2-NDD with or without Macrocephaly/Overgrowth	SETD2-NDD with MCA (c.5218C>T pathogenic variant)	# of reported persons
Macrocephaly (incl relative macrocephaly)	12/17	0	18
Intellectual disability	14/18 (typically in moderate range)	12/12 (typically in profound range)	30
Overgrowth &/or obesity	9/18	0	9
Advanced bone age	5/6 examined	1/1 person examined	6
Autism spectrum disorder	10/13	0	10
Microcephaly	0	12/12	12
Failure to thrive in infancy	0	12/12	12
Hypotonia	5/8	12/12	13
Seizures	3/18	7/12	15
Brain malformations	7/11 examined	12/12	19
Ophthalmologic	4/6 examined	10/10 examined	10
Hearing loss (conductive or mixed)	1/2 examined	7/9	7
Skeletal abnormalities	5/7	12/12	17
Congenital heart defects	1/3 reported	11/12	12
Urogenital anomalies	2/2 reported	11/12	13

Data from O'Roak et al [2012a], O'Roak et al [2012b], Luscan et al [2014], Lumish et al [2015], Tlemsani et al [2016], van Rij et al [2018], Marzin et al [2019], Rabin et al [2020], Suda et al [2021]

MCA = multiple congenital anomalies; NDD = neurodevelopmental disorder

1. This column also includes those individuals with a heterozygous c.5219G>A

(p.Arg1740Gln) pathogenic variant in SETD2.2. Two individuals had prenatal-onset microcephaly, but all eventually developed microcephaly.³ Typically accompanied by respiratory and feeding difficulties. SETD2-NDD with or without Macrocephaly/Overgrowth. Growth parameters are typically normal at birth; however, macrocephaly can be observed at birth. Obesity and tall stature usually become apparent in childhood, although stature may normalize with age. A subset of individuals have normal growth parameters throughout their lives, although height tends to be above the 50th centile (see Genotype-Phenotype Correlations). Bone age is frequently advanced [Marzin et al 2019; Author, personal observation]. Developmental delay (DD) and intellectual disability (ID) range from severe disability to normal intelligence with behavioral issues. Most affected individuals have cognitive impairment that falls within the moderate range, with two individuals having severe ID and several having mild ID. Developmental delays are usually apparent early in life, with speech being the most severely affected.

Other neurologic features

Hypotonia may be present. This typically does not require feeding therapy or supplemental tube feeds, as seen with SETD2-NDD with MCA. Epilepsy has been rarely described. Generalized tonic-clonic seizures occurred in one individual at age ten years, but the affected individual remained seizure free on lamotrigine monotherapy for at least three years [Lumish et al 2015]. Another individual experienced one seizure at age three years, and a third individual experienced several seizures that did not recur after ventriculoperitoneal shunt placement [O'Roak et al 2012a, Marzin et al 2019]. Neuroimaging may identify Chiari I malformation, syringomyelia, hydrocephaly, ventriculomegaly, and Dandy-Walker malformation. Behavioral findings can include autism spectrum disorder, attention-deficit disorder, aggressive outbursts, self-mutilating behaviors, frustration intolerance, anxiety, hyperphagia, and stereotypies. Endocrinologic findings may include the following [Marzin et al 2019; Author, personal observation]: Precocious puberty, Polycystic ovarian syndrome, Hypothyroidism, Growth hormone deficiency.

Sensory impairment

Hearing loss is uncommon, but has been observed. It is more commonly seen in those with the

SETD2 pathogenic variant c.5218C>T. Strabismus has been observed; cortical visual impairment and optic nerve hypoplasia have been described but are uncommon. Other associated features that may be present: Recurrent infections, including recurrent otitis media, sinus infections, and/or respiratory infections. Gastroesophageal reflux disease. Constipation. Congenital heart defects. Sleep apnea (type not well described in the literature). Hirsutism. Scoliosis. Large- and small-joint hypermobility. Cryptorchidism. Nevi. SETD2-NDD with MCAP. Prenatal complications include preterm labor. Brain malformation may be apparent in the third trimester. Cardiac and kidney anomalies are also sometimes detected prenatally. Polyhydramnios and maternal preeclampsia are also common.

Growth

Microcephaly can have prenatal onset (2/9) or develop by early infancy. Microcephaly is usually progressive and at least 2.5 standard deviations (SD) below the mean, with head circumference reported to be up to 5.5 SD below the mean. Severe failure to thrive is noted in infancy and is frequently accompanied by hypotonia, which contributes to feeding issues. All affected individuals had normal weight and length at birth. Weight usually remains below the 50th centile in infancy and childhood, whereas height is more variable. Feeding issues. Most affected individuals require nasogastric tube feedings, which may be transitioned to gastrostomy tube for long-term nutritional support, particularly in those with frequent aspiration (see Respiratory issues). Cleft palate with Pierre Robin sequence is common, observed in 10/12 individuals, and may contribute to both feeding and breathing issues. Respiratory issues include tracheomalacia, frequent aspiration, hypoventilation, desaturations, and sleep apnea (both obstructive and central). Three of 12 affected individuals required tracheostomy; one affected individual without a tracheostomy required oxygen support at night, and another used CPAP at night. Developmental delay and intellectual disability is severe to profound in all affected individuals. All affected individuals reported are nonverbal and nonambulatory. Two were able to take a few steps in late childhood and some were able to sit independently. No regression of developmental skills and no behavioral concerns have been reported. Epilepsy. Seizures typically have onset in infancy and are usually difficult to control. Types of seizures observed include migrating focal seizures; infantile spasms; and apneic, absence, and

generalized myoclonic seizures. One individual had medically intractable seizures until treatment with phenobarbital and a ketogenic/modified Atkin's diet. Another had better seizure control while taking cannabidiol (CBD) oil. Neuroimaging. Brain malformations have been identified in all individuals who have undergone brain imaging and are strikingly similar. A triad of findings include hypoplasia of the corpus callosum, pons, and cerebellum. Shallow sulci, ventriculomegaly, and mega cisterna magna can also be observed.

Sensory impairment

Hearing loss of a conductive or mixed nature was reported to range from mild to severe; some affected individuals wear hearing aids for support. Some have had tympanostomy tubes placed due to middle ear effusion. Coats disease of the retina is reported in 8/10 individuals with telangiectatic vessels of the eyes. Additional ophthalmic abnormalities include optic nerve hypoplasia, glaucoma, and/or cataracts. Onset of ophthalmic abnormalities, including Coats disease, is typically in infancy.

Other associated features

Congenital heart defects may include ventricular septal defect, atrial septal defect, patent ductus arteriosus, tetralogy of Fallot, double outlet right ventricle, pulmonary stenosis, persistent left superior vena cava, dysplastic pulmonary valve, pulmonary artery hypoplasia, hypoplastic aortic valve, transverse arch hypoplasia, and coarctation of the aorta. The majority of affected individuals have multiple congenital heart defects. Urogenital anomalies may include dilated or duplicated collecting system and multicystic dysplastic kidneys. One affected individual with multicystic dysplastic kidneys developed end-stage kidney disease. All males reported have cryptorchidism; micropenis and shawl scrotum have also been reported in some. Two females have anteriorly placed anus, and one also has a short vagina, absent cervix, and absent midline müllerian structures.

Endocrinologic findings

Hyponatremia is common in infancy, observed in 8/12 affected individuals. The hyponatremia was initially concerning for the syndrome of inappropriate antidiuretic hormone (SIADH) secretion, but hyponatremia ultimately resolved with sodium supplementation. Additional endocrine abnormalities have been observed including acquired hypothyroidism and hypothalamic hamartoma in one

affected individual each. Skeletal abnormalities are observed in all individuals. These include: Hip dysplasia Contractures of digits, knees, and/or elbows Thoracic dysplasia Craniosynostosis involving sagittal and metopic sutures Neuromuscular scoliosis Abnormalities of the hands and feet Brachydactyly Camptodactyly Syndactyly Proximally implanted triphalangeal thumbs Broad proximally implanted halluces Hypoplastic distal phalanges and nails Rocker bottom feet Small hands and feet Persistent fetal fingertip pads Malignancy. Osteosarcoma was diagnosed in two individuals, age 12 and 15 years [personal communication with Francis Sansbury, MB, PhD, All Wales Medical Genomics Service and John A Bernat, MD, PhD, University of Iowa Division of Medical Genetics and Genomics].

Genotype-Phenotype Correlations SETD2-NDD with normal growth and without macrocephaly. The c.5219G>A (p.Arg1740Gln) variant is the only SETD2 pathogenic variant known to be associated with this phenotype (see Molecular Genetics). Features of the three individuals with this finding include the following: Growth. Head circumference may drift toward the lower end of normal, but not within the microcephalic range. Developmental delay and intellectual disability. All three developed some speech by age two years. Behavioral problems. Autism spectrum disorder was not observed. One individual has anxiety, executive functioning impairment, and slow processing speed. Other associated features (each reported in 1 individual): Strabismus Myopia Laryngomalacia Constipation

SETD2-NDD with MCA. The c.5218C>T (p.Arg1740Trp) variant is the only SETD2 pathogenic variant known to be associated with this phenotype (see Table 2 and Molecular Genetics).

Prevalence SETD2-NDDs appear to be very rare. Fewer than 40 affected individuals have been reported in the medical literature to date.

Clinical Description To date, 30 individuals have been reported with a SETD2 pathogenic variant, excluding those who have deletions of the 3p21.31 region that includes SETD2 and other adjacent genes (see Genetically Related Disorders) [O'Roak et al 2012a, O'Roak et al 2012b, Luscan et al 2014, Lumish et al 2015, Tlemsani et al 2016, van Rij et al 2018, Marzin et al 2019, Rabin et al 2020, Suda et al 2021]. SETD2 neurodevelopmental disorder (SETD2-NDD) with macrocephaly/overgrowth, the most common phenotype, can also include developmental delay /

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	Intellectual disability	14/18	12	
	(typically in moderate range)	12/12	12	
	(typically in profound range)	9/18	5	
	Overgrowth &/or obesity	5/6	1	
	Advanced bone age	1/1	1	
	examined	Autism spectrum disorder	10/13	0
	Microcephaly	0/12	2	
	Failure to thrive in infancy	3/12	5	
	Hypotonia	5/8	12	
	Seizures	3/18	7	
2	Brain malformations	7/11	12	
	examined	12/12	4	
	Ophthalmologic	4/6	10	
	examined	10/10	1	
	Hearing loss (conductive or mixed)	1/2	7	
	examined	7/9	5	
	Skeletal abnormalities	5/7	12	
	Congenital heart defects	1/3	11	
	Urogenital anomalies	2/2	11	
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Table 2. SETD2 Neurodevelopmental Disorders: Phenotypes by Selected Distinguishing Features

Feature	SETD2-NDD with or without Macrocephaly/Overgrowth	SETD2-NDD with MCA (c.5218C>T pathogenic variant)	# of reported persons
Macrocephaly (incl relative macrocephaly)	12/17	0	18
Intellectual disability	14/18 (typically in moderate range)	12/12 (typically in profound range)	0
Overgrowth &/or obesity	9/18	0	0
Advanced bone age	5/6	1/1	1
Autism spectrum disorder	10/13	0	1
Microcephaly	0/12	12/12	0
Failure to thrive in infancy	3/12	12/12	0
Hypotonia	5/8	12/12	0
Seizures	3/18	7/12	0
Brain malformations	7/11	0	0
Ophthalmologic	4/6	10/10	0
Hearing loss (conductive or mixed)	1/2	0	0
Skeletal abnormalities	5/7	12/12	0
Congenital heart defects	1/3	0	11
Urogenital anomalies	2/2	0	11

Data from O'Roak et al [2012a], O'Roak et al [2012b], Luscan et al [2014], Lumish et al [2015], Tlemsani et al [2016], van Rij et al [2018], Marzin et al [2019], Rabin et al [2020], Suda et al [2021]

MCA = multiple congenital anomalies; NDD = neurodevelopmental disorder

1. This column also includes those individuals with a heterozygous c.5219G>A (p.Arg1740Gln) pathogenic variant in SETD2.2. Two individuals had prenatal-onset microcephaly, but all eventually developed microcephaly.3. Typically accompanied by respiratory and feeding difficulties

SETD2 Neurodevelopmental Disorders: Phenotypes by Selected Distinguishing Features

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profound range)Overgrowth &/or obesity9/180Advanced bone age5/6 examined1/1 person
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 infancy#160;3012/12Hypotonia5/812/12Seizures3/187/12Brain malformations7/11
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Two individuals had prenatal-onset microcephaly, but all eventually developed microcephaly.

Typically accompanied by respiratory and feeding difficulties

SETD2-NDD with or without Macrocephaly/Overgrowth Growth parameters are typically normal at birth; however, macrocephaly can be observed at birth. Obesity and tall stature usually become apparent in childhood, although stature may normalize with age. A subset of individuals have normal growth parameters throughout their lives, although height tends to be above the 50th centile (see Genotype-Phenotype Correlations). Bone age is frequently advanced [Marzin et al 2019; Author, personal observation]. Developmental delay (DD) and intellectual disability (ID) range from severe disability to normal intelligence with behavioral issues. Most affected individuals have cognitive impairment that falls within the moderate range, with two individuals having severe ID and several having mild ID. Developmental delays are usually apparent early in life, with speech being the most severely affected.

Other neurologic features

Hypotonia may be present. This typically does not require feeding therapy or supplemental tube feeds, as seen with SETD2-NDD with MCA. Epilepsy has been rarely described. Generalized tonic-clonic seizures occurred in one individual at age ten years, but the affected individual remained seizure free on lamotrigine monotherapy for at least three years [Lumish et al 2015]. Another individual experienced one seizure at age three years, and a third individual experienced several seizures that did not recur after ventriculoperitoneal shunt placement [O'Roak et al 2012a, Marzin et al 2019]. Neuroimaging may identify Chiari I malformation, syringomyelia, hydrocephaly, ventriculomegaly, and Dandy-Walker malformation. Behavioral findings can include autism spectrum disorder, attention-deficit disorder, aggressive outbursts, self-mutilating behaviors, frustration intolerance, anxiety, hyperphagia, and stereotypies. Endocrinologic findings may include the

following [Marzin et al 2019; Author, personal observation]:Precocious pubertyPolycystic ovarian syndromeHypothyroidismGrowth hormone deficiency

Sensory impairment

Hearing loss is uncommon, but has been observed. It is more commonly seen in those with the SETD2 pathogenic variant c.5218C>T.Strabismus has been observed; cortical visual impairment and optic nerve hypoplasia have been described but are uncommon.Other associated features that may be present:Recurrent infections, including recurrent otitis media, sinus infections, and/or respiratory infectionsGastroesophageal reflux diseaseConstipationCongenital heart defectsSleep apnea (type not well described in the literature)HirsutismScoliosisLarge- and small-joint hypermobilityCryptorchidismNevi

Hypotonia may be present. This typically does not require feeding therapy or supplemental tube feeds, as seen with SETD2-NDD with MCA.

Epilepsy has been rarely described.

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Precocious puberty

Polycystic ovarian syndrome

Hypothyroidism

Growth hormone deficiency

Hearing loss is uncommon, but has been observed. It is more commonly seen in those with the SETD2 pathogenic variant c.5218C>T.

Strabismus has been observed; cortical visual impairment and optic nerve hypoplasia have been described but are uncommon.

Recurrent infections, including recurrent otitis media, sinus infections, and/or respiratory infections

Gastroesophageal reflux disease

Constipation

Congenital heart defects

Sleep apnea (type not well described in the literature)

Hirsutism

Scoliosis

Large- and small-joint hypermobility

Cryptorchidism

Nevi

SETD2-NDD with MCAPrenatal complications include preterm labor. Brain malformation may be apparent in the third trimester. Cardiac and kidney anomalies are also sometimes detected prenatally. Polyhydramnios and maternal preeclampsia are also common.

Growth

Microcephaly can have prenatal onset (2/9) or develop by early infancy. Microcephaly is usually progressive and at least 2.5 standard deviations (SD) below the mean, with head circumference reported to be up to 5.5 SD below the mean. Severe failure to thrive is noted in infancy and is frequently accompanied by hypotonia, which contributes to feeding issues. All affected individuals had normal weight and length at birth. Weight usually remains below the 50th centile in infancy and childhood, whereas height is more variable. Feeding issues. Most affected individuals require nasogastric tube feedings, which may be transitioned to gastrostomy tube for long-term nutritional support, particularly in those with frequent aspiration (see Respiratory issues). Cleft palate with Pierre Robin sequence is common, observed in 10/12 individuals, and may contribute to both feeding and breathing issues. Respiratory issues include tracheomalacia, frequent aspiration, hypoventilation, desaturations, and sleep apnea (both obstructive and central). Three of 12 affected individuals required tracheostomy; one affected individual without a tracheostomy required oxygen support at night, and another used CPAP at night. Developmental delay and intellectual disability is severe to profound in all affected individuals. All affected individuals reported are nonverbal and nonambulatory. Two were able to take a few steps in late childhood and some were able to sit independently. No regression of developmental skills and no behavioral concerns have been reported. Epilepsy. Seizures typically have onset in infancy and are usually difficult to control. Types of seizures observed include migrating focal seizures; infantile spasms; and apneic, absence, and generalized myoclonic seizures. One individual had medically intractable seizures until treatment

with phenobarbital and a ketogenic/modified Atkin's diet. Another had better seizure control while taking cannabidiol (CBD) oil. Neuroimaging. Brain malformations have been identified in all individuals who have undergone brain imaging and are strikingly similar. A triad of findings include hypoplasia of the corpus callosum, pons, and cerebellum. Shallow sulci, ventriculomegaly, and mega cisterna magna can also be observed.

Sensory impairment

Hearing loss of a conductive or mixed nature was reported to range from mild to severe; some affected individuals wear hearing aids for support. Some have had tympanostomy tubes placed due to middle ear effusion. Coats disease of the retina is reported in 8/10 individuals with telangiectatic vessels of the eyes. Additional ophthalmic abnormalities include optic nerve hypoplasia, glaucoma, and/or cataracts. Onset of ophthalmic abnormalities, including Coats disease, is typically in infancy.

Other associated features

Congenital heart defects may include ventricular septal defect, atrial septal defect, patent ductus arteriosus, tetralogy of Fallot, double outlet right ventricle, pulmonary stenosis, persistent left superior vena cava, dysplastic pulmonary valve, pulmonary artery hypoplasia, hypoplastic aortic valve, transverse arch hypoplasia, and coarctation of the aorta. The majority of affected individuals have multiple congenital heart defects. Urogenital anomalies may include dilated or duplicated collecting system and multicystic dysplastic kidneys. One affected individual with multicystic dysplastic kidneys developed end-stage kidney disease. All males reported have cryptorchidism; micropenis and small scrotum have also been reported in some. Two females have anteriorly placed anus, and one also has a short vagina, absent cervix, and absent midline müllerian structures.

Endocrinologic findings

Hyponatremia is common in infancy, observed in 8/12 affected individuals. The hyponatremia was initially concerning for the syndrome of inappropriate antidiuretic hormone (SIADH) secretion, but hyponatremia ultimately resolved with sodium supplementation. Additional endocrine abnormalities have been observed including acquired hypothyroidism and hypothalamic hamartoma in one affected individual each. Skeletal abnormalities are observed in all individuals. These include: Hip

dysplasia Contractures of digits, knees, and/or elbows Thoracic dysplasia Craniosynostosis involving sagittal and metopic sutures Neuromuscular scoliosis Abnormalities of the hands and feet Brachydactyly Camptodactyly Syndactyly Proximally implanted triphalangeal thumbs Broad proximally implanted halluces Hypoplastic distal phalanges and nails Rocker bottom feet Small hands and feet Persistent fetal fingertip pads Malignancy. Osteosarcoma was diagnosed in two individuals, age 12 and 15 years [personal communication with Francis Sansbury, MB, PhD, All Wales Medical Genomics Service and John A Bernat, MD, PhD, University of Iowa Division of Medical Genetics and Genomics].

Microcephaly can have prenatal onset (2/9) or develop by early infancy. Microcephaly is usually progressive and at least 2.5 standard deviations (SD) below the mean, with head circumference reported to be up to 5.5 SD below the mean.

Severe failure to thrive is noted in infancy and is frequently accompanied by hypotonia, which contributes to feeding issues.

All affected individuals had normal weight and length at birth.

Weight usually remains below the 50th centile in infancy and childhood, whereas height is more variable.

A triad of findings include hypoplasia of the corpus callosum, pons, and cerebellum.

Shallow sulci, ventriculomegaly, and mega cisterna magna can also be observed.

Hearing loss of a conductive or mixed nature was reported to range from mild to severe; some affected individuals wear hearing aids for support. Some have had tympanostomy tubes placed due

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Coats disease of the retina is reported in 8/10 individuals with telangiectatic vessels of the eyes. Additional ophthalmic abnormalities include optic nerve hypoplasia, glaucoma, and/or cataracts. Onset of ophthalmic abnormalities, including Coats disease, is typically in infancy.

Congenital heart defects may include ventricular septal defect, atrial septal defect, patent ductus arteriosus, tetralogy of Fallot, double outlet right ventricle, pulmonary stenosis, persistent left superior vena cava, dysplastic pulmonary valve, pulmonary artery hypoplasia, hypoplastic aortic valve, transverse arch hypoplasia, and coarctation of the aorta. The majority of affected individuals have multiple congenital heart defects.

Urogenital anomalies may include dilated or duplicated collecting system and multicystic dysplastic kidneys.

One affected individual with multicystic dysplastic kidneys developed end-stage kidney disease.

All males reported have cryptorchidism; micropenis and shawl scrotum have also been reported in some.

Two females have anteriorly placed anus, and one also has a short vagina, absent cervix, and absent midline müllerian structures.

Endocrinologic findings

Hyponatremia is common in infancy, observed in 8/12 affected individuals.

The hyponatremia was initially concerning for the syndrome of inappropriate antidiuretic hormone (SIADH) secretion, but hyponatremia ultimately resolved with sodium supplementation.

Additional endocrine abnormalities have been observed including acquired hypothyroidism and hypothalamic hamartoma in one affected individual each.

Skeletal abnormalities are observed in all individuals. These include:

Hip dysplasia

Contractures of digits, knees, and/or elbows

Thoracic dysplasia

Craniosynostosis involving sagittal and metopic sutures

Neuromuscular scoliosis

Abnormalities of the hands and feet

Brachydactyly

Camptodactyly

Syndactyly

Proximally implanted triphalangeal thumbs

Broad proximally implanted halluces

Hypoplastic distal phalanges and nails

Rocker bottom feet

Small hands and feet

Persistent fetal fingertip pads

Malignancy. Osteosarcoma was diagnosed in two individuals, age 12 and 15 years [personal communication with Francis Sansbury, MB, PhD, All Wales Medical Genomics Service and John A Bernat, MD, PhD, University of Iowa Division of Medical Genetics and Genomics].

Genotype-Phenotype Correlations
SETD2-NDD with normal growth and without macrocephaly. The c.5219G>A (p.Arg1740Gln) variant is the only SETD2 pathogenic variant known to be associated with this phenotype (see Molecular Genetics). Features of the three individuals with this finding include the following:
Growth. Head circumference may drift toward the lower end of normal, but not within the microcephalic range.
Developmental delay and intellectual disability. All three developed some speech by age two years.
Behavioral problems. Autism spectrum disorder was not observed. One individual has anxiety, executive functioning impairment, and slow processing speed.
Other associated features (each reported in 1 individual):
Strabismus
Myopia
Laryngomalacia
Constipation
SETD2-NDD with MCA. The c.5218C>T (p.Arg1740Trp) variant is the only SETD2 pathogenic variant known to be associated with this phenotype (see Table 2 and Molecular Genetics).

Growth. Head circumference may drift toward the lower end of normal, but not within the microcephalic range.

Developmental delay and intellectual disability. All three developed some speech by age two years.

Behavioral problems. Autism spectrum disorder was not observed. One individual has anxiety, executive functioning impairment, and slow processing speed.

Other associated features (each reported in 1 individual):

Strabismus

Myopia

Laryngomalacia

Constipation

Prevalence SETD2-NDDs appear to be very rare. Fewer than 40 affected individuals have been reported in the medical literature to date.

Genetically Related (Allelic) Disorders No phenotypes other than those discussed in this GeneReview are known to be associated with a heterozygous germline pathogenic variant in SETD2. Deletion of 3p21.31. Deletions of this chromosomal region are rare, although one report of a male age seven years with a deletion of 3p21.31 including SETD2 and 28 other genes has been published [Lovrecic et al 2016]. This individual had many features that overlapped with SETD2-NDD with macrocephaly/overgrowth (Figure 4). Figure 4. Craniofacial characteristics in an individual with a

3p21.31 deletion. A long face, downslanted palpebral fissures, broad nasal tip, deep philtrum, and low-set, dysmorphic ears are shown. Reprinted with permission from Lovrecic et al [2016]Sporadic tumors (including clear cell renal cell cancer, primary central nervous system tumors, leukemia) occurring as single tumors in the absence of any other findings of SETD2 neurodevelopmental disorders frequently harbor somatic variants in SETD2 that are not present in the germline. In these circumstances predisposition to these tumors is not heritable. For more information, see Cancer and Benign Tumors.

Figure 4. Craniofacial characteristics in an individual with a 3p21.31 deletion. A long face, downslanted palpebral fissures, broad nasal tip, deep philtrum, and low-set, dysmorphic ears are shown. Reprinted with permission from Lovrecic et al [2016]

Figure 4. Craniofacial characteristics in an individual with a 3p21.31 deletion. A long face, downslanted palpebral fissures, broad nasal tip, deep philtrum, and low-set, dysmorphic ears are shown. Reprinted with permission from Lovrecic et al [2016]

Differential DiagnosisBecause the phenotypic features associated with SETD2 neurodevelopmental disorder (SETD2-NDD) without macrocephaly/overgrowth or multiple congenital anomalies (MCA) are not sufficient to diagnose this condition, all disorders with intellectual disability without other distinctive findings should be considered in the differential diagnosis. See OMIM Autosomal Dominant, Autosomal Recessive, Nonsyndromic X-Linked, and Syndromic X-Linked Intellectual Developmental Disorder Phenotypic Series. For the differential diagnosis of SETD2-NDD with macrocephaly/overgrowth, see Table 3. For the differential diagnosis of SETD2-NDD with MCA, see Table 4.

Gene(s)	DiffDx Disorder	MOI	Clinical Features of DiffDx Disorder	Overlappingw/SETD2-NDDw/macrocephaly/overgrowth	Distinguishingfrom SETD2-NDDw/macrocephaly/overgrowth

FMR1

Fragile X syndrome (See FMR1 Disorders.)XLMacrocephaly, IDMacroorchidism, joint laxity

NSD1

NFIX

Sotos syndrome (1 and 2)ADMMacrocephaly, overgrowth, IDPointed chin, small mouth, everted lower lipMutation or deletion of imprinted genes w/in chromosome 11p15.5

region:ICR1KCNQ1OT1CDKN1C

Beckwith-Wiedemann syndrome

AD 1Generalized overgrowth, DDMacroglossia, hypoglycemia, coarse facies, hepatomegaly, ear lobe creases

RNF125

Tenorio syndrome (OMIM 616260)ADMMacrocephaly, overgrowth, IDMacroglossia, hypoglycemia

DICER1

GLOW syndrome (See DICER1 Tumor Predisposition.)ADMMacrocephaly, overgrowth, IDLung cysts, Wilms tumor

HERC1

MDFPMR (OMIM 617011)ARMacrocephaly, overgrowth, IDLarge ears, asthenic adult habitus

PIK3CA

Megalencephaly-capillary malformation-polymicrogyria syndrome (See PIK3CA-Related Overgrowth Spectrum.)SomaticMacrocephaly, overgrowth, IDCapillary malformations, polymicrogyria, hemihyperplasia

PTEN

PTEN hamartoma tumor syndrome

ADMMacrocephaly, autismHamartomata, tumors

TET3

Beck-Fahrner syndrome

ADARMacrocephaly, overgrowth, IDElongated myopathic facies; short stature & microcephaly in some

FIBP

Thauvin-Robinet-Faivre syndrome (OMIM 617107)ARMacrocephaly, overgrowth, IDMacroglossia, large hands & feet, kidney & urinary tract malformations

SUZ12

Imagawa-Matsumoto syndrome (OMIM 618786)ADMacrocephaly, overgrowth, IDSkeletal abnormalities

HRAS

Costello syndrome

ADMacrocephaly, IDFetal overgrowth w/postnatal short stature, coarse facial features, loose redundant skin

EED

Cohen-Gibson syndrome (See EED-Related Overgrowth.)ADMacrocephaly, overgrowth, IDLarge long ears, skeletal abnormalities

GPC3

Simpson-Golabi-Behmel syndrome

XLMacrocephaly, overgrowth, IDCoarse facies; hearing loss; large liver, spleen, & kidneys; skeletal anomaliesSHANK3 ordeletion of22q13.33

Phelan-McDermid syndrome

ADMacrocephaly, overgrowth, IDLarge fleshy hands, ptosis

EZH2

Weaver syndrome (See EZH2-Related Overgrowth.)ADMacrocephaly, overgrowth, IDLarge bifrontal

diameter, flat occiput, skeletal anomaliesAD = autosomal dominant; AR = autosomal recessive; DD = developmental delay; DiffDx = differential diagnosis; ID = intellectual disability; MDFPMR = macrocephaly, dysmorphic facies, and psychomotor retardation; NDD = neurodevelopmental disorder; XL = X-linked1. Most instances of Beckwith-Wiedemann syndrome are due to methylation abnormalities that are not heritable. A subset of affected persons have a pathogenic variant that is heritable, most commonly in an autosomal dominant manner.

Table 4. Differential Diagnosis of SETD2-NDD with Multiple Congenital Anomalies

Disorder	MOI	Clinical Features of DiffDx Disorder	Overlapping w/SETD2-NDD w/MCA	Distinguishing from SETD2-NDD w/MCA
DHCR7				

DHCR7

Smith-Lemli-Opitz syndrome

ARMicrocephaly, FTT, cardiac & genital abnormalities, seizures, IDCochs disease of the eye, brain malformations

SON

Zhu-Tokita-Takenouchi-Kim syndrome (OMIM 617140)ADFTT, cerebellar hypoplasia, cardiac & kidney abnormalities, seizures, IDCochs disease of the eye, microcephaly, hearing lossAD = autosomal dominant; AR = autosomal recessive; DiffDx = differential diagnosis; FTT = failure to thrive; ID = intellectual disability; MCA = multiple congenital anomalies; MOI = mode of inheritance; NDD = neurodevelopmental disorder

Table 3. Differential Diagnosis of SETD2-NDD with Macrocephaly/Overgrowth

Disorder	MOI	Clinical Features of DiffDx Disorder	Overlapping w/SETD2-NDDw/macrocephaly/overgrowth	Distinguishing from SETD2-NDDw/macrocephaly/overgrowth
FMR1				

FMR1

Fragile X syndrome (See FMR1 Disorders.)XLMacrocephaly, IDMacroorchidism, joint laxity

NSD1

NFIX

Sotos syndrome (1 and 2)ADMacrocephaly, overgrowth, IDPointed chin, small mouth, everted lower lipMutation or deletion of imprinted genes w/in chromosome 11p15.5

region:ICR1KCNQ1OT1CDKN1C

Beckwith-Wiedemann syndrome

AD 1Generalized overgrowth, DDMacroglossia, hypoglycemia, coarse facies, hepatomegaly, ear lobe creases

RNF125

Tenorio syndrome (OMIM 616260)ADMacrocephaly, overgrowth, IDMacroglossia, hypoglycemia

DICER1

GLOW syndrome (See DICER1 Tumor Predisposition.)ADMacrocephaly, overgrowth, IDLung cysts, Wilms tumor

HERC1

MDFPMR (OMIM 617011)ARMacrocephaly, overgrowth, IDLarge ears, asthenic adult habitus

PIK3CA

Megalencephaly-capillary malformation-polymicrogyria syndrome (See PIK3CA-Related Overgrowth Spectrum.)SomaticMacrocephaly, overgrowth, IDCapillary malformations, polymicrogyria, hemihyperplasia

PTEN

PTEN hamartoma tumor syndrome

ADMacrocephaly, autismHamartomata, tumors

TET3

Beck-Fahrner syndrome

ADARMacrocephaly, overgrowth, IDElongated myopathic facies; short stature & microcephaly in

some

FIBP

Thauvin-Robinet-Faivre syndrome (OMIM 617107)ARMacrocephaly, overgrowth, IDMacroglossia,

large hands & feet, kidney & urinary tract malformations

SUZ12

Imagawa-Matsumoto syndrome (OMIM 618786)ADMacrocephaly, overgrowth, IDSkeletal

abnormalities

HRAS

Costello syndrome

ADMacrocephaly, IDFetal overgrowth w/postnatal short stature, coarse facial features, loose

redundant skin

EED

Cohen-Gibson syndrome (See EED-Related Overgrowth.)ADMacrocephaly, overgrowth, IDLarge

long ears, skeletal abnormalities

GPC3

Simpson-Golabi-Behmel syndrome

XLMacrocephaly, overgrowth, IDCoarse facies; hearing loss; large liver, spleen, & kidneys; skeletal

anomaliesSHANK3 or deletion of 22q13.33

Phelan-McDermid syndrome

ADMacrocephaly, overgrowth, IDLarge fleshy hands, ptosis

EZH2

Weaver syndrome (See EZH2-Related Overgrowth.)ADMacrocephaly, overgrowth, IDLarge bifrontal

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macrocephaly, dysmorphic facies, and psychomotor retardation; NDD = neurodevelopmental disorder; XL = X-linked¹. Most instances of Beckwith-Wiedemann syndrome are due to methylation abnormalities that are not heritable. A subset of affected persons have a pathogenic variant that is heritable, most commonly in an autosomal dominant manner.

Differential Diagnosis of SETD2-NDD with Macrocephaly/Overgrowth

Gene(s)	DiffDx Disorder	MOI	Clinical Features of DiffDx
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Disorder	Overlappingw/SETD2-NDDw/macrocephaly/overgrowth	Distinguishingfrom	
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SETD2-NDDw/macrocephaly/overgrowth			
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FMR1			
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Fragile X syndrome (See FMR1 Disorders.)	XL	Macrocephaly, ID	Macroorchidism, joint laxity
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NSD1			
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NFIX			
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Sotos syndrome (1 and 2)	AD	Macrocephaly, overgrowth, ID	Pointed chin, small mouth, everted lower lip
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Mutation or deletion of imprinted genes w/in chromosome 11p15.5			
-----------------------------------------------------------------	--	--	--

region:ICR1KCNQ1OT1CDKN1C			
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Beckwith-Wiedemann syndrome			
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AD	Generalized overgrowth, DD	Macroglossia, hypoglycemia, coarse facies, hepatomegaly, ear lobe creases	
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RNF125			
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Tenorio syndrome (OMIM 616260)	AD	Macrocephaly, overgrowth, ID	Macroglossia, hypoglycemia
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DICER1			
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GLOW syndrome (See DICER1 Tumor Predisposition.)	AD	Macrocephaly, overgrowth, ID	Lung cysts,
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Wilms tumor			
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HERC1			
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XL Macrocephaly, overgrowth, ID Coarse facies; hearing loss; large liver, spleen, & kidneys; skeletal anomalies SHANK3 deletion of 22q13.33

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EZH2

Weaver syndrome (See EZH2-Related Overgrowth.) AD Macrocephaly, overgrowth, ID Large bifrontal diameter, flat occiput, skeletal anomalies

AD = autosomal dominant; AR = autosomal recessive; DD = developmental delay; DiffDx = differential diagnosis; ID = intellectual disability; MDFPMR = macrocephaly, dysmorphic facies, and psychomotor retardation; NDD = neurodevelopmental disorder; XL = X-linked1. Most instances of Beckwith-Wiedemann syndrome are due to methylation abnormalities that are not heritable. A subset of affected persons have a pathogenic variant that is heritable, most commonly in an autosomal dominant manner.

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Table 4. Differential Diagnosis of SETD2-NDD with Multiple Congenital Anomalies
View in own window
GeneDiffDx DisorderMOIClinical Features of DiffDx DisorderOverlapping w/SETD2-NDD w/MCADistinguishing from SETD2-NDD w/MCA

DHCR7

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Differential Diagnosis of SETD2-NDD with Multiple Congenital Anomalies

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Smith-Lemli-Opitz syndrome

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AD = autosomal dominant; AR = autosomal recessive; DiffDx = differential diagnosis; FTT = failure to thrive; ID = intellectual disability; MCA = multiple congenital anomalies; MOI = mode of inheritance; NDD = neurodevelopmental disorder

AD = autosomal dominant; AR = autosomal recessive; DiffDx = differential diagnosis; FTT = failure to thrive; ID = intellectual disability; MCA = multiple congenital anomalies; MOI = mode of inheritance; NDD = neurodevelopmental disorder

Management No clinical practice guidelines for SETD2 neurodevelopmental disorders have been published. Evaluations Following Initial Diagnosis To establish the extent of disease and needs in an individual diagnosed with SETD2 neurodevelopmental disorders (SETD2-NDD), the evaluations summarized in Table 5 (SETD2-NDD w/or w/o macrocephaly/overgrowth) and Table 6 (SETD2-NDD w/MCA) ‒ if not performed as part of the evaluation that led to the diagnosis ‒ are recommended. Table 5. Recommended Evaluations Following Initial Diagnosis: SETD2-NDD with or without Macrocephaly/Overgrowth View in own window System/Concern Evaluation Comment

Constitutional

Measurement of height, weight, head circumference To assess for overgrowth &/or obesity

Development

Developmental assessment Incl motor, adaptive, cognitive, & speech-language eval Eval for early intervention / special education

Psychiatric/

Behavioral

Neuropsychiatric eval Persons age >12 mos: screen for behavior concerns incl sleep disturbances, ADHD, anxiety, &/or traits suggestive of ASD.

Neurologic

Neurologic eval Incl brain MRI Consider EEG if seizures are a concern.

Endocrinologic

TSH & free T4 To screen for hypothyroidism Screening for growth hormone deficiency In those w/suggestive signs/symptoms, incl poor growth velocity Clinical eval for signs & symptoms of precocious puberty Consider referral to endocrinologist in those w/suggestive features

Musculoskeletal

Orthopedics / physical medicine & rehab / PT/OT eval Incl assessment of:

Gross motor & fine motor skills Mobility, ADL, need for adaptive devices Need for PT (to improve gross motor skills) &/or OT (to improve fine motor skills)

Eyes

Ophthalmologic exam Incl assessment of visual acuity & strabismus

Hearing

Audiologic eval Assess for sensorineural &/or conductive hearing loss.

Cardiovascular

Echocardiogram To assess for structural heart defects

Genitourinary

Physical exam for cryptorchidism in males Consult w/urologist as needed.

Genetic

counseling

By genetics professionals¹ To inform affected persons & their families re nature, MOI, & implications of SETD2-NDD to facilitate medical & personal decision making

Family support

& resources

Assess need for:

Community or online resources such as Parent to Parent; Social work involvement for parental support; Home nursing referral.

ADHD = attention-deficit/hyperactivity disorder; ADL = activities of daily living; ASD = autism spectrum disorder; MOI = mode of inheritance; OT = occupational therapy; PT = physical therapy;

TSH = thyroid stimulating hormone¹. Medical geneticist, certified genetic counselor, certified advanced genetic nurse Table 6. Recommended Evaluations Following Initial Diagnosis:

SETD2-NDD with Multiple Congenital Anomalies (c.5218C>T Pathogenic Variant) View in own window System/Concern Evaluation Comment

Constitutional

Measurement of height, weight, head circumference To assess for FTT in infants

Gastrointestinal

Gastroenterology / nutrition / feeding team eval Incl eval of aspiration risk & nutritional

status. Consider eval for gastrostomy tube placement in those w/dysphagia &/or aspiration risk.

Respiratory

Assess for signs & symptoms of hypoventilation &/or tracheomalacia. Consider referral to pulmonologist.

Development

Developmental assessment Incl motor, adaptive, cognitive, & speech-language eval Eval for early intervention / special education

Neurologic

Neurologic eval Incl brain MRI Consider EEG if seizures are a concern.

Hearing

Audiologic eval Assess for sensorineural &/or conductive hearing loss.

Eyes

Ophthalmologic exam Incl assessment of visual acuity, slit lamp exam (for cataracts), fundus exam (for optic nerve hypoplasia, retinal telangiectasia, retinal detachment)

Cardiovascular

Echocardiogram For congenital heart defects

Genitourinary

Physical exam for cryptorchidism in males Consider referral to urologist. Kidney ultrasound exam Consider referral to urologist &/or nephrologist as needed.

Endocrinologic

Electrolyte panel¹ To assess for hyponatremia If present, consider eval for SIADH.²

TSH & free T4 To assess for hypothyroidism

Musculoskeletal

Orthopedics / physical medicine & rehab / PT/OT eval Incl assessment of:

Gross motor & fine motor skills Contractures, clubfoot, kyphoscoliosis Mobility, ADL, need for adaptive devices Need for PT (to improve gross motor skills) &/or OT (to improve fine motor skills)

Genetic

counseling

By genetics professionals¹⁶⁰;3To inform affected persons & their families re nature, MOI, & implications of SETD2-NDD to facilitate medical & personal decision making

Family support

& resources

Assess need for:

Community or online resources such as Parent to Parent;Social work involvement for parental support;Home nursing referral.

ADL = activities of daily living; FTT= failure to thrive; MOI = mode of inheritance; OT = occupational therapy; PT = physical therapy; TSH = thyroid stimulating hormone; SIADH = syndrome of inappropriate antidiuretic hormone¹. To include sodium, potassium, chloride, and bicarbonate at a minimum². To date, SIADH has not been found in those with hyponatremia who have undergone evaluation.³. Medical geneticist, certified genetic counselor, certified advanced genetic

nurseTreatment of ManifestationsTable 7 and Table 8 summarize the recommended treatment for individuals with SETD2-NDD with or without macrocephaly/overgrowth and those with SETD2-NDD with MCA, respectively.Table 7. Treatment of Manifestations: SETD2-NDD with or without

Macrocephaly/OvergrowthView in own

windowManifestation/ConcernTreatmentConsiderations/Other

Obesity

Diet & exerciseConsider nutrition consultation.

Developmental

Delay

See Developmental Delay / Intellectual Disability Management Issues.

Autism spectrum

disorder

See Social/Behavioral Concerns.

Seizures

Standardized treatment w/ASM by experienced neurologist Many ASMs may be effective; none has been demonstrated effective specifically for this disorder. Education of parents/caregivers;1

Hypothyroidism

Standard treatment per endocrinologist

Growth hormone

deficiency

Growth hormone therapy Per endocrinologist

Precocious

puberty

Standard treatment per endocrinologist Depending on age, hormonal suppression may be considered.

Hypotonia /

Joint

hypermobility

Orthopedics / physical medicine & rehab / PT & OT incl stretching to help avoid positional scoliosis & falls Consider need for positioning & mobility devices, disability parking placard.

Scoliosis

Standard treatment per orthopedist

Strabismus /

Refractive error

Standard treatment per ophthalmologist

Hearing loss

Hearing aids may be helpful; per otolaryngologist & audiologist. Community hearing services through early intervention or school district

Congenital

heart defect

Standard treatment per cardiologist

Cryptorchidism

Standard treatment per urologist

Family/

Community

Ensure appropriate social work involvement to connect families w/local resources, respite, & support. Coordinate care to manage multiple subspecialty appointments, equipment, medications, & supplies.

Ongoing assessment of need for palliative care involvement &/or home nursing Consider involvement in adaptive sports or Special Olympics.

ASM = anti-seizure medication; OT = occupational therapy; PT = physical therapy¹. Education of parents/caregivers regarding common seizure presentations is appropriate. For information on non-medical interventions and coping strategies for children diagnosed with epilepsy, see Epilepsy Foundation Toolbox. Table 8. Treatment of Manifestations: SETD2-NDD with Multiple Congenital

Anomalies (c.5218C>T Pathogenic Variant)View in own

windowManifestation/ConcernTreatmentConsiderations/Other

Feeding

difficulties

Feeding therapyGastrostomy tube placement may be required for persistent feeding issues.

Low threshold for clinical feeding eval &/or radiographic swallowing study when showing clinical signs or symptoms of dysphagia

Tracheomalacia/

Hypoventilation

Consider tracheostomy in those w/significant issues.Neonates often benefit from a high level of care, such as admission to a Level IV neonatal intensive care unit.Supplemental oxygenAs needed to support oxygen saturations; may be needed particularly during sleep

Developmental

Delay

See Developmental Delay / Intellectual Disability Management Issues.

Seizures

Standardized treatment w/ASM by experienced neurologistMany ASMs may be effective; none has been demonstrated effective specifically for this disorder.In refractory cases, a ketogenic diet may be trialed.Education of parents/caregivers 1

Joint

contractures

Orthopedics / physical medicine & rehab / PT & OTConsider need for positioning & mobility devices,

disability parking placard.

Sensorineural

hearing loss

Hearing aids may be helpful; per otolaryngologist & audiologist
Community hearing services through
early intervention or school district

Conductive

hearing loss

Standard treatment by otolaryngologist
May incl consideration of tympanostomy tubes

Coats disease /

Low visual

acuity /

Glaucoma &/or

cataracts

Per treating ophthalmologist
Laser photocoagulation & cryotherapy for Coats disease
Per low vision
specialist
Incl community & school services for visually impaired students

Congenital

heart defect

Standard treatment per cardiologist
Conservative or surgical approaches according to specific heart
defect & overall health status of patient

Cryptorchidism

Standard treatment per urologist

Dysplastic

kidneys

Standard treatment per neurologist Kidney replacement therapy for end-stage kidney disease

Hyponatremia

Sodium supplementation After eval for syndrome of SIADH has excluded this diagnosis¹;

Skeletal

abnormalities

Orthopedic & rehab eval Orthotics & splints &/or surgery as needed

Family/

Community

Ensure appropriate social work involvement to connect families w/local resources, respite, & support. Coordinate care to manage multiple subspecialty appointments, equipment, medications, & supplies.

Ongoing assessment of need for palliative care involvement &/or home nursing Consider involvement in adaptive sports or Special Olympics.

ASM = anti-seizure medication; OT = occupational therapy; PT = physical therapy; SIADH = syndrome of inappropriate antidiuretic hormone¹. Education of parents/caregivers regarding common seizure presentations is appropriate. For information on non-medical interventions and coping strategies for children diagnosed with epilepsy, see Epilepsy Foundation Toolbox.² To date, SIADH has not been found in those with hyponatremia who have undergone

evaluation. Developmental Delay / Intellectual Disability Management Issues The following information represents typical management recommendations for individuals with developmental delay¹;/ intellectual disability in the United States; standard recommendations may vary from

country to country. Ages 0-3 years. Referral to an early intervention program is recommended for access to occupational, physical, speech, and feeding therapy as well as infant mental health services, special educators, and sensory impairment specialists. In the US, early intervention is a federally funded program available in all states that provides in-home services to target individual therapy needs. Ages 3-5 years. In the US, developmental preschool through the local public school district is recommended. Before placement, an evaluation is made to determine needed services and therapies and an individualized education plan (IEP) is developed for those who qualify based on established motor, language, social, or cognitive delay. The early intervention program typically assists with this transition. Developmental preschool is center based; for children too medically unstable to attend, home-based services are provided. All ages. Consultation with a developmental pediatrician is recommended to ensure the involvement of appropriate community, state, and educational agencies (US) and to support parents in maximizing quality of life. Some issues to consider: IEP services: An IEP provides specially designed instruction and related services to children who qualify. IEP services will be reviewed annually to determine whether any changes are needed. Special education law requires that children participating in an IEP be in the least restrictive environment feasible at school and included in general education as much as possible, when and where appropriate. Vision and hearing consultants should be a part of the child's IEP team to support access to academic material. PT, OT, and speech services will be provided in the IEP to the extent that the need affects the child's access to academic material. Beyond that, private supportive therapies based on the affected individual's needs may be considered. Specific recommendations regarding type of therapy can be made by a developmental pediatrician. As a child enters the teen years, a transition plan should be discussed and incorporated in the IEP. For those receiving IEP services, the public school district is required to provide services until age 21. A 504 plan (Section 504: a US federal statute that prohibits discrimination based on disability) can be considered for those who require accommodations or modifications such as front-of-class seating, assistive technology devices, classroom scribes, extra time between classes, modified assignments, and enlarged text. Developmental Disabilities Administration (DDA) enrollment is recommended. DDA is

a US public agency that provides services and support to qualified individuals. Eligibility differs by state but is typically determined by diagnosis and/or associated cognitive/adaptive disabilities. Families with limited income and resources may also qualify for supplemental security income (SSI) for their child with a disability. Social/Behavioral Concerns Children may qualify for and benefit from interventions used in treatment of autism spectrum disorder, including applied behavior analysis (ABA). ABA therapy is targeted to the individual child's behavioral, social, and adaptive strengths and weaknesses and typically performed one on one with a board-certified behavior analyst. Consultation with a developmental pediatrician may be helpful in guiding parents through appropriate behavior management strategies or providing prescription medications, such as medication used to treat attention-deficit/hyperactivity disorder, when necessary. Concerns about serious aggressive or destructive behavior can be addressed by a pediatric psychiatrist. Surveillance Table 9 and Table 10 summarize the recommended surveillance for individuals with SETD2-NDD with or without macrocephaly/overgrowth and those with SETD2-NDD with MCA, respectively. Table 9. Recommended Surveillance for Individuals with SETD2-NDD with or without Macrocephaly/Overgrowth View in own window System/Concern Evaluation Frequency

Constitutional

Measurement of growth parameters Monthly weight checks at home for obesity prevention starting in 2nd yr of life

Developmental

delay

Monitor developmental progress & educational needs. At each visit

Psychiatric/

Behavioral

Monitor for anxiety, attention, & aggressive or self-injurious behavior.

Neurologic

Monitor those w/seizures as clinically indicated. Assess for new manifestations incl seizures, changes in tone, mvmt disorders.

Endocrinologic

TSH & free T4 Annually or as clinically indicated Clinical eval for signs & symptoms of precocious puberty At each visit during childhood

Musculoskeletal

Clinical eval for scoliosis At each visit in childhood until completion of puberty

Eyes

Ophthalmologic eval Annually or as clinically indicated

Hearing

Audiologic eval

Family/

Community

Assess family need for social work support (e.g., palliative/respice care, home nursing, other local resources) & care coordination. At each visit Table 10. Recommended Surveillance for Individuals with SETD2-NDD with Multiple Congenital Anomalies (c.5218C>T Pathogenic Variant) View in own window System/Concern Evaluation Frequency

Constitutional

Measurement of growth parameters Eval of nutritional status & safety of oral intake At each visit

Respiratory

Monitor for evidence of aspiration, respiratory insufficiency.

Developmental

delay

Monitor developmental progress, educational needs.

Neurologic

Monitor those w/seizures as clinically indicated. Assess for new manifestations incl seizures, changes in tone, movement disorders.

Musculoskeletal

Physical medicine, OT/PT assessment of mobility, self-help skills

Hearing

Audiologic eval Annually or as clinically indicated

Eyes

Ophthalmologic eval

Endocrinologic

Electrolyte panel to incl sodium level to assess for hyponatremia At each visit during infancy

Family/

Community

Assess family need for social work support (e.g., palliative/respite care, home nursing, other local resources) & care coordination. At each visit OT = occupational therapy; PT = physical therapy Evaluation of Relatives at Risk See Genetic Counseling for issues related to testing of at-risk relatives for genetic counseling purposes. Therapies Under Investigation Search ClinicalTrials.gov in the US and EU Clinical Trials Register in Europe for access to information on clinical studies for a wide range of diseases and conditions. Note: There may not be clinical trials for this disorder.

Evaluations Following Initial Diagnosis To establish the extent of disease and needs in an individual diagnosed with SETD2 neurodevelopmental disorders (SETD2-NDD), the evaluations summarized in Table 5 (SETD2-NDD w/or w/o macrocephaly/overgrowth) and Table 6 (SETD2-NDD w/MCA) ‒ if not performed as part of the evaluation that led to the diagnosis ‒ are

recommended. Table 5. Recommended Evaluations Following Initial Diagnosis: SETD2-NDD with or without Macrocephaly/Overgrowth

View in own window	System/Concern	Evaluation	Comment
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Constitutional

Measurement of height, weight, head circumference To assess for overgrowth &/or obesity

Development

Developmental assessment Incl motor, adaptive, cognitive, & speech-language eval Eval for early intervention / special education

Psychiatric/

Behavioral

Neuropsychiatric eval Persons age >12 mos: screen for behavior concerns incl sleep disturbances, ADHD, anxiety, &/or traits suggestive of ASD.

Neurologic

Neurologic eval Incl brain MRI Consider EEG if seizures are a concern.

Endocrinologic

TSH & free T4 To screen for hypothyroidism Screening for growth hormone deficiency In those w/suggestive signs/symptoms, incl poor growth velocity Clinical eval for signs & symptoms of precocious puberty Consider referral to endocrinologist in those w/suggestive features

Musculoskeletal

Orthopedics / physical medicine & rehab / PT/OT eval Incl assessment of:

Gross motor & fine motor skills Mobility, ADL, need for adaptive devices Need for PT (to improve gross motor skills) &/or OT (to improve fine motor skills)

Eyes

Ophthalmologic exam Incl assessment of visual acuity & strabismus

Hearing

Audiologic eval Assess for sensorineural &/or conductive hearing loss.

Cardiovascular

Echocardiogram To assess for structural heart defects

Genitourinary

Physical exam for cryptorchidism in males Consult w/urologist as needed.

Genetic

counseling

By genetics professionals¹ To inform affected persons & their families re nature, MOI, & implications of SETD2-NDD to facilitate medical & personal decision making

Family support

& resources

Assess need for:

Community or online resources such as Parent to Parent; Social work involvement for parental support; Home nursing referral.

ADHD = attention-deficit/hyperactivity disorder; ADL = activities of daily living; ASD = autism spectrum disorder; MOI = mode of inheritance; OT = occupational therapy; PT = physical therapy;

TSH = thyroid stimulating hormone¹. Medical geneticist, certified genetic counselor, certified advanced genetic nurse Table 6. Recommended Evaluations Following Initial Diagnosis:

SETD2-NDD with Multiple Congenital Anomalies (c.5218C>T Pathogenic Variant) View in own window System/Concern Evaluation Comment

Constitutional

Measurement of height, weight, head circumference To assess for FTT in infants

Gastrointestinal

Gastroenterology / nutrition / feeding team eval Incl eval of aspiration risk & nutritional

status. Consider eval for gastrostomy tube placement in those w/dysphagia &/or aspiration risk.

Respiratory

Assess for signs & symptoms of hypoventilation &/or tracheomalacia. Consider referral to pulmonologist.

Development

Developmental assessment Incl motor, adaptive, cognitive, & speech-language eval Eval for early intervention / special education

Neurologic

Neurologic eval Incl brain MRI Consider EEG if seizures are a concern.

Hearing

Audiologic eval Assess for sensorineural &/or conductive hearing loss.

Eyes

Ophthalmologic exam Incl assessment of visual acuity, slit lamp exam (for cataracts), fundus exam (for optic nerve hypoplasia, retinal telangiectasia, retinal detachment)

Cardiovascular

Echocardiogram For congenital heart defects

Genitourinary

Physical exam for cryptorchidism in males Consider referral to urologist. Kidney ultrasound exam Consider referral to urologist &/or nephrologist as needed.

Endocrinologic

Electrolyte panel¹ To assess for hyponatremia If present, consider eval for SIADH.²

TSH & free T4 To assess for hypothyroidism

Musculoskeletal

Orthopedics / physical medicine & rehab / PT/OT eval Incl assessment of:

Gross motor & fine motor skillsContractures, clubfoot, kyphoscoliosisMobility, ADL, need for adaptive devicesNeed for PT (to improve gross motor skills) &/or OT (to improve fine motor skills)

Genetic

counseling

By genetics professionals 3To inform affected persons & their families re nature, MOI, & implications of SETD2-NDD to facilitate medical & personal decision making

Family support

& resources

Assess need for:

Community or online resources such as Parent to Parent;Social work involvement for parental support;Home nursing referral.

ADL = activities of daily living; FTT= failure to thrive; MOI = mode of inheritance; OT = occupational therapy; PT = physical therapy; TSH = thyroid stimulating hormone; SIADH = syndrome of inappropriate antidiuretic hormone1. To include sodium, potassium, chloride, and bicarbonate at a minimum2. To date, SIADH has not been found in those with hyponatremia who have undergone evaluation.3. Medical geneticist, certified genetic counselor, certified advanced genetic nurse

Table 5. Recommended Evaluations Following Initial Diagnosis: SETD2-NDD with or without Macrocephaly/OvergrowthView in own windowSystem/ConcernEvaluationComment

Constitutional

Measurement of height, weight, head circumferenceTo assess for overgrowth &/or obesity

Development

Developmental assessmentIncl motor, adaptive, cognitive, & speech-language evalEval for early intervention / special education

Psychiatric/

Behavioral

Neuropsychiatric eval Persons age >12 mos: screen for behavior concerns incl sleep disturbances, ADHD, anxiety, &/or traits suggestive of ASD.

Neurologic

Neurologic eval Incl brain MRI Consider EEG if seizures are a concern.

Endocrinologic

TSH & free T4 To screen for hypothyroidism Screening for growth hormone deficiency In those w/suggestive signs/symptoms, incl poor growth velocity Clinical eval for signs & symptoms of precocious puberty Consider referral to endocrinologist in those w/suggestive features

Musculoskeletal

Orthopedics / physical medicine & rehab / PT/OT eval Incl assessment of:

Gross motor & fine motor skills Mobility, ADL, need for adaptive devices Need for PT (to improve gross motor skills) &/or OT (to improve fine motor skills)

Eyes

Ophthalmologic exam Incl assessment of visual acuity & strabismus

Hearing

Audiologic eval Assess for sensorineural &/or conductive hearing loss.

Cardiovascular

Echocardiogram To assess for structural heart defects

Genitourinary

Physical exam for cryptorchidism in males Consult w/urologist as needed.

Genetic

counseling

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Family support

& resources

Assess need for:

Community or online resources such as Parent to Parent;Social work involvement for parental support;Home nursing referral.

ADHD = attention-deficit/hyperactivity disorder; ADL = activities of daily living; ASD = autism spectrum disorder; MOI = mode of inheritance; OT = occupational therapy; PT = physical therapy; TSH = thyroid stimulating hormone1. Medical geneticist, certified genetic counselor, certified advanced genetic nurse

Recommended Evaluations Following Initial Diagnosis: SETD2-NDD with or without Macrocephaly/Overgrowth

System/ConcernEvaluationComment

Constitutional

Measurement of height, weight, head circumferenceTo assess for overgrowth &/or obesity

Development

Developmental assessmentIncl motor, adaptive, cognitive, & speech-language evalEval for early intervention / special education

Psychiatric/

Behavioral

Neuropsychiatric eval
Persons age >12 mos: screen for behavior concerns incl sleep disturbances, ADHD, anxiety, &/or traits suggestive of ASD.

Neurologic

Neurologic eval
Incl brain MRI
Consider EEG if seizures are a concern.

Endocrinologic

TSH & free T4
To screen for hypothyroidism
Screening for growth hormone deficiency
In those w/suggestive signs/symptoms, incl poor growth velocity
Clinical eval for signs & symptoms of precocious puberty
Consider referral to endocrinologist in those w/suggestive features

Musculoskeletal

Orthopedics / physical medicine & rehab / PT/OT eval
Incl assessment of:

Gross motor & fine motor skills
Mobility, ADL, need for adaptive devices
Need for PT (to improve gross motor skills) &/or OT (to improve fine motor skills)

Eyes

Ophthalmologic exam
Incl assessment of visual acuity & strabismus

Hearing

Audiologic eval
Assess for sensorineural &/or conductive hearing loss.

Cardiovascular

Echocardiogram
To assess for structural heart defects

Genitourinary

Physical exam for cryptorchidism in males
Consult w/urologist as needed.

Genetic

counseling

By genetics professionals
To inform affected persons & their families re nature, MOI, &

implications of SETD2-NDD to facilitate medical & personal decision making

Family support

& resources

Assess need for:

Community or online resources such as Parent to Parent; Social work involvement for parental support; Home nursing referral.

Incl motor, adaptive, cognitive, & speech-language eval

Eval for early intervention / special education

Incl brain MRI

Consider EEG if seizures are a concern.

Gross motor & fine motor skills

Mobility, ADL, need for adaptive devices

Need for PT (to improve gross motor skills) &/or OT (to improve fine motor skills)

Community or online resources such as Parent to Parent;

Social work involvement for parental support;

Home nursing referral.

ADHD = attention-deficit/hyperactivity disorder; ADL = activities of daily living; ASD = autism spectrum disorder; MOI = mode of inheritance; OT = occupational therapy; PT = physical therapy; TSH = thyroid stimulating hormone1. Medical geneticist, certified genetic counselor, certified advanced genetic nurse

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Medical geneticist, certified genetic counselor, certified advanced genetic nurse

Table 6. Recommended Evaluations Following Initial Diagnosis: SETD2-NDD with Multiple Congenital Anomalies (c.5218C>T Pathogenic Variant)View in own windowSystem/ConcernEvaluationComment

Constitutional

Measurement of height, weight, head circumferenceTo assess for FTT in infants

Gastrointestinal

Gastroenterology / nutrition / feeding team evalIncl eval of aspiration risk & nutritional status.Consider eval for gastrostomy tube placement in those w/dysphagia &/or aspiration risk.

Respiratory

Assess for signs & symptoms of hypoventilation &/or tracheomalacia. Consider referral to pulmonologist.

Development

Developmental assessment Incl motor, adaptive, cognitive, & speech-language eval Eval for early intervention / special education

Neurologic

Neurologic eval Incl brain MRI Consider EEG if seizures are a concern.

Hearing

Audiologic eval Assess for sensorineural &/or conductive hearing loss.

Eyes

Ophthalmologic exam Incl assessment of visual acuity, slit lamp exam (for cataracts), fundus exam (for optic nerve hypoplasia, retinal telangiectasia, retinal detachment)

Cardiovascular

Echocardiogram For congenital heart defects

Genitourinary

Physical exam for cryptorchidism in males Consider referral to urologist. Kidney ultrasound exam Consider referral to urologist &/or nephrologist as needed.

Endocrinologic

Electrolyte panel¹ To assess for hyponatremia If present, consider eval for SIADH.²

TSH & free T4 To assess for hypothyroidism

Musculoskeletal

Orthopedics / physical medicine & rehab / PT/OT eval Incl assessment of:

Gross motor & fine motor skills Contractures, clubfoot, kyphoscoliosis Mobility, ADL, need for adaptive devices Need for PT (to improve gross motor skills) &/or OT (to improve fine motor skills)

Genetic

counseling

By genetics professionals¹⁶⁰;3To inform affected persons & their families re nature, MOI, & implications of SETD2-NDD to facilitate medical & personal decision making

Family support

& resources

Assess need for:

Community or online resources such as Parent to Parent;Social work involvement for parental support;Home nursing referral.

ADL = activities of daily living; FTT= failure to thrive; MOI = mode of inheritance; OT = occupational therapy; PT = physical therapy; TSH = thyroid stimulating hormone; SIADH = syndrome of inappropriate antidiuretic hormone¹. To include sodium, potassium, chloride, and bicarbonate at a minimum². To date, SIADH has not been found in those with hyponatremia who have undergone evaluation.³. Medical geneticist, certified genetic counselor, certified advanced genetic nurse

Recommended Evaluations Following Initial Diagnosis: SETD2-NDD with Multiple Congenital Anomalies (c.5218C>T Pathogenic Variant)

System/Concern	Evaluation	Comment
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Constitutional		
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Measurement of height, weight, head circumference	To assess for FTT in infants
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Gastrointestinal		
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Gastroenterology / nutrition / feeding team eval	Incl eval of aspiration risk & nutritional status.	Consider eval for gastrostomy tube placement in those w/dysphagia &/or aspiration risk.
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Respiratory

Assess for signs & symptoms of hypoventilation &/or tracheomalacia. Consider referral to pulmonologist.

Development

Developmental assessment Incl motor, adaptive, cognitive, & speech-language eval Eval for early intervention / special education

Neurologic

Neurologic eval Incl brain MRI Consider EEG if seizures are a concern.

Hearing

Audiologic eval Assess for sensorineural &/or conductive hearing loss.

Eyes

Ophthalmologic exam Incl assessment of visual acuity, slit lamp exam (for cataracts), fundus exam (for optic nerve hypoplasia, retinal telangiectasia, retinal detachment)

Cardiovascular

Echocardiogram For congenital heart defects

Genitourinary

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Electrolyte panel¹ To assess for hyponatremia If present, consider eval for SIADH.²

TSH & free T4 To assess for hypothyroidism

Musculoskeletal

Orthopedics / physical medicine & rehab / PT/OT eval Incl assessment of:

Gross motor & fine motor skills Contractures, clubfoot, kyphoscoliosis Mobility, ADL, need for adaptive devices Need for PT (to improve gross motor skills) &/or OT (to improve fine motor skills)

Genetic

counseling

By genetics professionals; To inform affected persons & their families re nature, MOI, & implications of SETD2-NDD to facilitate medical & personal decision making

Family support

& resources

Assess need for:

Community or online resources such as Parent to Parent; Social work involvement for parental support; Home nursing referral.

Incl eval of aspiration risk & nutritional status.

Consider eval for gastrostomy tube placement in those w/dysphagia &/or aspiration risk.

Incl motor, adaptive, cognitive, & speech-language eval

Eval for early intervention / special education

Incl brain MRI

Consider EEG if seizures are a concern.

To assess for hyponatremia

If present, consider eval for SIADH.¶2

Gross motor & fine motor skills

Contractures, clubfoot, kyphoscoliosis

Mobility, ADL, need for adaptive devices

Need for PT (to improve gross motor skills) &/or OT (to improve fine motor skills)

Community or online resources such as Parent to Parent;

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Home nursing referral.

ADL = activities of daily living; FTT= failure to thrive; MOI = mode of inheritance; OT = occupational therapy; PT = physical therapy; TSH = thyroid stimulating hormone; SIADH = syndrome of inappropriate antidiuretic hormone¹. To include sodium, potassium, chloride, and bicarbonate at a minimum². To date, SIADH has not been found in those with hyponatremia who have undergone evaluation.³ Medical geneticist, certified genetic counselor, certified advanced genetic nurse

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ADL = activities of daily living; FTT= failure to thrive; MOI = mode of inheritance; OT = occupational therapy; PT = physical therapy; TSH = thyroid stimulating hormone; SIADH = syndrome of inappropriate antidiuretic hormone

To include sodium, potassium, chloride, and bicarbonate at a minimum

To date, SIADH has not been found in those with hyponatremia who have undergone evaluation.

Medical geneticist, certified genetic counselor, certified advanced genetic nurse

Treatment of ManifestationsTable 7 and Table 8 summarize the recommended treatment for individuals with SETD2-NDD with or without macrocephaly/overgrowth and those with SETD2-NDD with MCA, respectively. Table 7. Treatment of Manifestations: SETD2-NDD with or without Macrocephaly/OvergrowthView in own

windowManifestation/ConcernTreatmentConsiderations/Other

Obesity

Diet & exerciseConsider nutrition consultation.

Developmental

Delay

See Developmental Delay / Intellectual Disability Management Issues.

Autism spectrum

disorder

See Social/Behavioral Concerns.

Seizures

Standardized treatment w/ASM by experienced neurologist Many ASMs may be effective; none has been demonstrated effective specifically for this disorder. Education of parents/caregivers

Hypothyroidism

Standard treatment per endocrinologist

Growth hormone

deficiency

Growth hormone therapy Per endocrinologist

Precocious

puberty

Standard treatment per endocrinologist Depending on age, hormonal suppression may be considered.

Hypotonia /

Joint

hypermobility

Orthopedics / physical medicine & rehab / PT & OT incl stretching to help avoid positional scoliosis & falls Consider need for positioning & mobility devices, disability parking placard.

Scoliosis

Standard treatment per orthopedist

Strabismus /

Refractive error

Standard treatment per ophthalmologist

Hearing loss

Hearing aids may be helpful; per otolaryngologist & audiologist. Community hearing services through early intervention or school district

Congenital

heart defect

Standard treatment per cardiologist

Cryptorchidism

Standard treatment per urologist

Family/

Community

Ensure appropriate social work involvement to connect families w/local resources, respite, & support. Coordinate care to manage multiple subspecialty appointments, equipment, medications, & supplies.

Ongoing assessment of need for palliative care involvement &/or home nursing Consider involvement in adaptive sports or Special Olympics.

ASM = anti-seizure medication; OT = occupational therapy; PT = physical therapy 1. Education of parents/caregivers regarding common seizure presentations is appropriate. For information on non-medical interventions and coping strategies for children diagnosed with epilepsy, see Epilepsy Foundation Toolbox. Table 8. Treatment of Manifestations: SETD2-NDD with Multiple Congenital Anomalies (c.5218C>T Pathogenic Variant) View in own window

Manifestation/Concern	Treatment	Considerations/Other
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Feeding

difficulties

Feeding therapy Gastrostomy tube placement may be required for persistent feeding issues.

Low threshold for clinical feeding eval &/or radiographic swallowing study when showing clinical signs or symptoms of dysphagia

Tracheomalacia/

Hypoventilation

Consider tracheostomy in those w/significant issues. Neonates often benefit from a high level of care, such as admission to a Level IV neonatal intensive care unit. Supplemental oxygen As needed to support oxygen saturations; may be needed particularly during sleep

Developmental

Delay

See Developmental Delay / Intellectual Disability Management Issues.

Seizures

Standardized treatment w/ASM by experienced neurologist Many ASMs may be effective; none has been demonstrated effective specifically for this disorder. In refractory cases, a ketogenic diet may be trialed. Education of parents/caregivers & #160;1

Joint

contractures

Orthopedics / physical medicine & rehab / PT & OT Consider need for positioning & mobility devices, disability parking placard.

Sensorineural

hearing loss

Hearing aids may be helpful; per otolaryngologist & audiologist Community hearing services through early intervention or school district

Conductive

hearing loss

Standard treatment by otolaryngologist May incl consideration of tympanostomy tubes

Coats disease /

Low visual

acuity /

Glaucoma &/or

cataracts

Per treating ophthalmologist Laser photocoagulation & cryotherapy for Coats disease Per low vision specialist Incl community & school services for visually impaired students

Congenital

heart defect

Standard treatment per cardiologist Conservative or surgical approaches according to specific heart defect & overall health status of patient

Cryptorchidism

Standard treatment per urologist

Dysplastic

kidneys

Standard treatment per neurologist Kidney replacement therapy for end-stage kidney disease

Hyponatremia

Sodium supplementation After eval for syndrome of SIADH has excluded this diagnosis

Skeletal

abnormalities

Orthopedic & rehab eval Orthotics & splints &/or surgery as needed

Family/

Community

Ensure appropriate social work involvement to connect families w/local resources, respite, & support. Coordinate care to manage multiple subspecialty appointments, equipment, medications, & supplies.

Ongoing assessment of need for palliative care involvement &/or home nursing Consider involvement in adaptive sports or Special Olympics.

ASM = anti-seizure medication; OT = occupational therapy; PT = physical therapy; SIADH = syndrome of inappropriate antidiuretic hormone¹. Education of parents/caregivers regarding common seizure presentations is appropriate. For information on non-medical interventions and coping strategies for children diagnosed with epilepsy, see Epilepsy Foundation Toolbox.² To date, SIADH has not been found in those with hyponatremia who have undergone

evaluation. **Developmental Delay / Intellectual Disability Management Issues** The following information represents typical management recommendations for individuals with developmental delay &/ intellectual disability in the United States; standard recommendations may vary from country to country. **Ages 0-3 years.** Referral to an early intervention program is recommended for access to occupational, physical, speech, and feeding therapy as well as infant mental health services, special educators, and sensory impairment specialists. In the US, early intervention is a federally funded program available in all states that provides in-home services to target individual therapy needs. **Ages 3-5 years.** In the US, developmental preschool through the local public school district is recommended. Before placement, an evaluation is made to determine needed services

and therapies and an individualized education plan (IEP) is developed for those who qualify based on established motor, language, social, or cognitive delay. The early intervention program typically assists with this transition. Developmental preschool is center based; for children too medically unstable to attend, home-based services are provided. All ages. Consultation with a developmental pediatrician is recommended to ensure the involvement of appropriate community, state, and educational agencies (US) and to support parents in maximizing quality of life. Some issues to consider:

IEP services: An IEP provides specially designed instruction and related services to children who qualify. IEP services will be reviewed annually to determine whether any changes are needed. Special education law requires that children participating in an IEP be in the least restrictive environment feasible at school and included in general education as much as possible, when and where appropriate. Vision and hearing consultants should be a part of the child's IEP team to support access to academic material. PT, OT, and speech services will be provided in the IEP to the extent that the need affects the child's access to academic material. Beyond that, private supportive therapies based on the affected individual's needs may be considered. Specific recommendations regarding type of therapy can be made by a developmental pediatrician. As a child enters the teen years, a transition plan should be discussed and incorporated in the IEP. For those receiving IEP services, the public school district is required to provide services until age 21.

A 504 plan (Section 504: a US federal statute that prohibits discrimination based on disability) can be considered for those who require accommodations or modifications such as front-of-class seating, assistive technology devices, classroom scribes, extra time between classes, modified assignments, and enlarged text.

Developmental Disabilities Administration (DDA) enrollment is recommended. DDA is a US public agency that provides services and support to qualified individuals. Eligibility differs by state but is typically determined by diagnosis and/or associated cognitive/adaptive disabilities. Families with limited income and resources may also qualify for supplemental security income (SSI) for their child with a disability.

Social/Behavioral Concerns Children may qualify for and benefit from interventions used in treatment of autism spectrum disorder, including applied behavior analysis (ABA). ABA therapy is targeted to the individual child's behavioral, social, and adaptive

strengths and weaknesses and typically performed one on one with a board-certified behavior analyst.Consultation with a developmental pediatrician may be helpful in guiding parents through appropriate behavior management strategies or providing prescription medications, such as medication used to treat attention-deficit/hyperactivity disorder, when necessary.Concerns about serious aggressive or destructive behavior can be addressed by a pediatric psychiatrist.

Table 7. Treatment of Manifestations: SETD2-NDD with or without Macrocephaly/OvergrowthView in own windowManifestation/ConcernTreatmentConsiderations/Other

Obesity

Diet & exerciseConsider nutrition consultation.

Developmental

Delay

See Developmental Delay / Intellectual Disability Management Issues.

Autism spectrum

disorder

See Social/Behavioral Concerns.

Seizures

Standardized treatment w/ASM by experienced neurologistMany ASMs may be effective; none has been demonstrated effective specifically for this disorder.Education of parents/caregivers 1

Hypothyroidism

Standard treatment per endocrinologist

Growth hormone

deficiency

Growth hormone therapyPer endocrinologist

Precocious

puberty

Standard treatment per endocrinologistDepending on age, hormonal suppression may be considered.

Hypotonia /

Joint

hypermobility

Orthopedics / physical medicine & rehab / PT & OT incl stretching to help avoid positional scoliosis & fallsConsider need for positioning & mobility devices, disability parking placard.

Scoliosis

Standard treatment per orthopedist

Strabismus /

Refractive error

Standard treatment per ophthalmologist

Hearing loss

Hearing aids may be helpful; per otolaryngologist & audiologist.Community hearing services through early intervention or school district

Congenital

heart defect

Standard treatment per cardiologist

Cryptorchidism

Standard treatment per urologist

Family/

Community

Ensure appropriate social work involvement to connect families w/local resources, respite, & support. Coordinate care to manage multiple subspecialty appointments, equipment, medications, & supplies.

Ongoing assessment of need for palliative care involvement &/or home nursing Consider involvement in adaptive sports or Special Olympics.

ASM = anti-seizure medication; OT = occupational therapy; PT = physical therapy1. Education of parents/caregivers regarding common seizure presentations is appropriate. For information on non-medical interventions and coping strategies for children diagnosed with epilepsy, see Epilepsy Foundation Toolbox.

Treatment of Manifestations: SETD2-NDD with or without Macrocephaly/Overgrowth

Manifestation/Concern Treatment Considerations/Other

Obesity

Diet & exercise Consider nutrition consultation.

Developmental

Delay

See Developmental Delay / Intellectual Disability Management Issues.

Autism spectrum

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See Social/Behavioral Concerns.

Seizures

Standardized treatment w/ASM by experienced neurologist
Many ASMs may be effective; none has been demonstrated effective specifically for this disorder.
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Standard treatment per endocrinologist

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Growth hormone therapy
Per endocrinologist

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Many ASMs may be effective; none has been demonstrated effective specifically for this disorder.

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Ensure appropriate social work involvement to connect families w/local resources, respite, & support.

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Table 8. Treatment of Manifestations: SETD2-NDD with Multiple Congenital Anomalies (c.5218C>T Pathogenic Variant)View in own windowManifestation/ConcernTreatmentConsiderations/Other Feeding

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Feeding therapyGastrostomy tube placement may be required for persistent feeding issues.

Low threshold for clinical feeding eval &/or radiographic swallowing study when showing clinical signs or symptoms of dysphagia

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Hypoventilation

Consider tracheostomy in those w/significant issues.Neonates often benefit from a high level of care, such as admission to a Level IV neonatal intensive care unit.Supplemental oxygenAs needed to support oxygen saturations; may be needed particularly during sleep

Developmental

Delay

See Developmental Delay / Intellectual Disability Management Issues.

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Standard treatment per cardiologistConservative or surgical approaches according to specific heart defect & overall health status of patient

Cryptorchidism

Standard treatment per urologist

Dysplastic

kidneys

Standard treatment per neurologistKidney replacement therapy for end-stage kidney disease

Hyponatremia

Sodium supplementation After eval for syndrome of SIADH has excluded this diagnosis¹;2

Skeletal

abnormalities

Orthopedic & rehab eval Orthotics & splints &/or surgery as needed

Family/

Community

Ensure appropriate social work involvement to connect families w/local resources, respite, & support. Coordinate care to manage multiple subspecialty appointments, equipment, medications, & supplies.

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Treatment of Manifestations: SETD2-NDD with Multiple Congenital Anomalies (c.5218C>T Pathogenic Variant)

Manifestation/Concern Treatment Considerations/Other

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To date, SIADH has not been found in those with hyponatremia who have undergone evaluation.

Developmental Delay / Intellectual Disability Management Issues

The following information represents typical management recommendations for individuals with developmental delay and/or intellectual disability in the United States; standard recommendations may vary from country to country.

Ages 0-3 years. Referral to an early intervention program is recommended for access to occupational, physical, speech, and feeding therapy as well as infant mental health services, special educators, and sensory impairment specialists. In the US, early intervention is a federally funded program available in all states that provides in-home services to target individual therapy needs.

Ages 3-5 years. In the US, developmental preschool through the local public school district is recommended. Before placement, an evaluation is made to determine needed services and therapies and an individualized education plan (IEP) is developed for those who qualify based on established motor, language, social, or cognitive delay. The early intervention program typically assists with this transition. Developmental preschool is center based; for children too medically unstable to attend, home-based services are provided.

All ages. Consultation with a developmental pediatrician is recommended to ensure the involvement of appropriate community, state, and educational agencies (US) and to support parents in maximizing quality of life. Some issues to consider:

IEP services: An IEP provides specially designed instruction and related services to children who qualify. IEP services will be reviewed annually to determine whether any changes are needed. Special education law requires that children participating in an IEP be in the least restrictive environment feasible at school and included in general education as much as possible, when and where appropriate. Vision and hearing consultants should be a part of the child's IEP team to support access to academic material. PT, OT, and speech services will be provided in the IEP to the extent that the need affects the child's access to academic material. Beyond that, private supportive therapies based on the affected individual's needs may be considered. Specific recommendations regarding type of therapy can be made by a developmental pediatrician. As a child enters the teen years, a transition plan should be discussed and incorporated in the IEP. For those receiving IEP

services, the public school district is required to provide services until age 21. A 504 plan (Section 504: a US federal statute that prohibits discrimination based on disability) can be considered for those who require accommodations or modifications such as front-of-class seating, assistive technology devices, classroom scribes, extra time between classes, modified assignments, and enlarged text. Developmental Disabilities Administration (DDA) enrollment is recommended. DDA is a US public agency that provides services and support to qualified individuals. Eligibility differs by state but is typically determined by diagnosis and/or associated cognitive/adaptive disabilities. Families with limited income and resources may also qualify for supplemental security income (SSI) for their child with a disability.

IEP services:

An IEP provides specially designed instruction and related services to children who qualify.

IEP services will be reviewed annually to determine whether any changes are needed.

Special education law requires that children participating in an IEP be in the least restrictive environment feasible at school and included in general education as much as possible, when and where appropriate.

Vision and hearing consultants should be a part of the child's IEP team to support access to academic material.

PT, OT, and speech services will be provided in the IEP to the extent that the need affects the child's access to academic material. Beyond that, private supportive therapies based on the affected individual's needs may be considered. Specific recommendations regarding type of therapy can be made by a developmental pediatrician.

As a child enters the teen years, a transition plan should be discussed and incorporated in the IEP. For those receiving IEP services, the public school district is required to provide services until age 21.

A 504 plan (Section 504: a US federal statute that prohibits discrimination based on disability) can be considered for those who require accommodations or modifications such as front-of-class seating, assistive technology devices, classroom scribes, extra time between classes, modified assignments, and enlarged text.

Developmental Disabilities Administration (DDA) enrollment is recommended. DDA is a US public agency that provides services and support to qualified individuals. Eligibility differs by state but is typically determined by diagnosis and/or associated cognitive/adaptive disabilities.

Families with limited income and resources may also qualify for supplemental security income (SSI) for their child with a disability.

Social/Behavioral Concerns Children may qualify for and benefit from interventions used in treatment of autism spectrum disorder, including applied behavior analysis (ABA). ABA therapy is targeted to the individual child's behavioral, social, and adaptive strengths and weaknesses and typically performed one on one with a board-certified behavior analyst. Consultation with a developmental pediatrician may be helpful in guiding parents through appropriate behavior management strategies or providing prescription medications, such as medication used to treat attention-deficit/hyperactivity disorder, when necessary. Concerns about serious aggressive or destructive behavior can be addressed by a pediatric psychiatrist.

Surveillance Table 9 and Table 10 summarize the recommended surveillance for individuals with

SETD2-NDD with or without macrocephaly/overgrowth and those with SETD2-NDD with MCA, respectively. Table 9. Recommended Surveillance for Individuals with SETD2-NDD with or without Macrocephaly/Overgrowth

Constitutional

Measurement of growth parameters
Monthly weight checks at home for obesity prevention starting in 2nd yr of life

Developmental

delay

Monitor developmental progress & educational needs. At each visit

Psychiatric/

Behavioral

Monitor for anxiety, attention, & aggressive or self-injurious behavior.

Neurologic

Monitor those w/seizures as clinically indicated. Assess for new manifestations incl seizures, changes in tone, mvmt disorders.

Endocrinologic

TSH & free T4 Annually or as clinically indicated
Clinical eval for signs & symptoms of precocious puberty
At each visit during childhood

Musculoskeletal

Clinical eval for scoliosis
At each visit in childhood until completion of puberty

Eyes

Ophthalmologic eval Annually or as clinically indicated

Hearing

Audiologic eval

Family/

Community

Assess family need for social work support (e.g., palliative/respice care, home nursing, other local resources) & care coordination. At each visit

Table 10. Recommended Surveillance for Individuals with SETD2-NDD with Multiple Congenital Anomalies (c.5218C>T Pathogenic Variant)

View in own window

System/Concern Evaluation Frequency

Constitutional

Measurement of growth parameters Eval of nutritional status & safety of oral intake

At each visit

Respiratory

Monitor for evidence of aspiration, respiratory insufficiency.

Developmental

delay

Monitor developmental progress, educational needs.

Neurologic

Monitor those w/seizures as clinically indicated. Assess for new manifestations incl seizures, changes in tone, movement disorders.

Musculoskeletal

Physical medicine, OT/PT assessment of mobility, self-help skills

Hearing

Audiologic eval Annually or as clinically indicated

Eyes

Ophthalmologic eval

Endocrinologic

Electrolyte panel to incl sodium level to assess for hyponatremia At each visit during infancy

Family/

Community

Assess family need for social work support (e.g., palliative/respite care, home nursing, other local resources) & care coordination. At each visit OT = occupational therapy; PT = physical therapy

Table 9. Recommended Surveillance for Individuals with SETD2-NDD with or without

Macrocephaly/Overgrowth View in own window System/Concern Evaluation Frequency

Constitutional

Measurement of growth parameters Monthly weight checks at home for obesity prevention starting in 2nd yr of life

Developmental

delay

Monitor developmental progress & educational needs. At each visit

Psychiatric/

Behavioral

Monitor for anxiety, attention, & aggressive or self-injurious behavior.

Neurologic

Monitor those w/seizures as clinically indicated. Assess for new manifestations incl seizures, changes in tone, mvmt disorders.

Endocrinologic

TSH & free T4 Annually or as clinically indicated Clinical eval for signs & symptoms of precocious puberty At each visit during childhood

Musculoskeletal

Clinical eval for scoliosis At each visit in childhood until completion of puberty

Eyes

Ophthalmologic eval Annually or as clinically indicated

Hearing

Audiologic eval

Family/

Community

Assess family need for social work support (e.g., palliative/respice care, home nursing, other local resources) & care coordination. At each visit

Recommended Surveillance for Individuals with SETD2-NDD with or without

Macrocephaly/Overgrowth

System/Concern	Evaluation	Frequency
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Constitutional

Measurement of growth parameters	Monthly weight checks at home for obesity prevention starting in 2nd yr of life
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Developmental

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Psychiatric/

Behavioral

Monitor for anxiety, attention, & aggressive or self-injurious behavior.

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Musculoskeletal

Clinical eval for scoliosis At each visit in childhood until completion of puberty

Eyes

Ophthalmologic eval Annually or as clinically indicated

Hearing

Audiologic eval

Family/

Community

Assess family need for social work support (e.g., palliative/respice care, home nursing, other local resources) & care coordination. At each visit

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Assess for new manifestations incl seizures, changes in tone, mvmt disorders.

Table 10. Recommended Surveillance for Individuals with SETD2-NDD with Multiple Congenital Anomalies (c.5218C>T Pathogenic Variant) View in own

window System/Concern Evaluation Frequency

Constitutional

Measurement of growth parameters Eval of nutritional status & safety of oral intake

At each visit

Respiratory

Monitor for evidence of aspiration, respiratory insufficiency.

Developmental

delay

Monitor developmental progress, educational needs.

Neurologic

Monitor those w/seizures as clinically indicated. Assess for new manifestations incl seizures, changes in tone, movement disorders.

Musculoskeletal

Physical medicine, OT/PT assessment of mobility, self-help skills

Hearing

Audiologic eval Annually or as clinically indicated

Eyes

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Endocrinologic

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Family/

Community

Assess family need for social work support (e.g., palliative/respite care, home nursing, other local resources) & care coordination. At each visit OT = occupational therapy; PT = physical therapy

Recommended Surveillance for Individuals with SETD2-NDD with Multiple Congenital Anomalies

(c.5218C>T Pathogenic Variant)

System/ConcernEvaluationFrequency

Constitutional

Measurement of growth parametersEval of nutritional status & safety of oral intake

At each visit

Respiratory

Monitor for evidence of aspiration, respiratory insufficiency.

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Monitor developmental progress, educational needs.

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Musculoskeletal

Physical medicine, OT/PT assessment of mobility, self-help skills

Hearing

Audiologic evalAnnually or as clinically indicated

Eyes

Ophthalmologic eval

Endocrinologic

Electrolyte panel to incl sodium level to assess for hyponatremiaAt each visit during infancy

Family/

Community

Assess family need for social work support (e.g., palliative/respite care, home nursing, other local resources) & care coordination. At each visit

Measurement of growth parameters

Eval of nutritional status & safety of oral intake

Monitor those w/seizures as clinically indicated.

Assess for new manifestations incl seizures, changes in tone, movement disorders.

OT = occupational therapy; PT = physical therapy

OT = occupational therapy; PT = physical therapy

OT = occupational therapy; PT = physical therapy

Evaluation of Relatives at Risk See Genetic Counseling for issues related to testing of at-risk relatives for genetic counseling purposes.

Therapies Under Investigation Search ClinicalTrials.gov in the US and EU Clinical Trials Register in Europe for access to information on clinical studies for a wide range of diseases and conditions.

Note: There may not be clinical trials for this disorder.

Genetic Counseling

Genetic counseling is the process of providing individuals and families with information on the nature, mode(s) of inheritance, and implications of genetic disorders to help them

make informed medical and personal decisions. The following section deals with genetic risk assessment and the use of family history and genetic testing to clarify genetic status for family members; it is not meant to address all personal, cultural, or ethical issues that may arise or to substitute for consultation with a genetics professional. —ED.Mode of InheritanceSETD2 neurodevelopmental disorders (SETD2-NDDs) are inherited in an autosomal dominant manner.Risk to Family Members

Parents of a proband

An individual diagnosed with a SETD2-NDD may have the disorder as the result of a SETD2 pathogenic variant inherited from a parent. To date, transmission of a SETD2 pathogenic variant from a parent to a child has been reported in one family; it is unknown whether the heterozygous parent had features of a SETD2-NDD [O'Roak et al 2012a].Molecular genetic testing is recommended for the parents of the proband to confirm their genetic status and to allow reliable recurrence risk counseling.If the SETD2 pathogenic variant identified in the proband is not identified in either parent, the following possibilities should be considered:The proband has a de novo SETD2 pathogenic variant. Note: A pathogenic variant is reported as "de novo" if: (1) the pathogenic variant found in the proband is not detected in parental DNA; and (2) parental identity testing has confirmed biological maternity and paternity. If parental identity testing is not performed, the variant is reported as "assumed de novo" [Richards et al 2015].The proband inherited a SETD2 pathogenic variant from a parent with germline (or somatic and germline) mosaicism.* Mosaicism for a SETD2 pathogenic variant has been observed in one individual. This individual was mildly affected and presented with hearing loss, Chiari malformation, epilepsy, hypoglycemia, and normal intelligence [Rabin, personal communication]. Note: Testing of parental leukocyte DNA may not detect all instances of somatic mosaicism and will not detect a pathogenic variant that is present in the germ cells only.* A parent with somatic and germline mosaicism for a SETD2 pathogenic variant may be mildly/minimally affected.The family history of some individuals diagnosed with SETD2-NDD may appear to be negative because of failure to recognize the disorder in family members or reduced penetrance. Therefore, an apparently negative family history cannot be confirmed unless molecular

genetic testing has demonstrated that neither parent is heterozygous for the pathogenic variant identified in the proband. Sibs of a proband. The risk to sibs of the proband depends on the genetic status of the proband's parents: If a parent of the proband is affected is known to have the pathogenic variant identified in the proband, the risk to the sibs of inheriting the pathogenic variant is 50%. The penetrance of SETD2-NDD in a sib who inherits a familial pathogenic variant and the likelihood of intrafamilial clinical variability are unknown. If the proband has a known SETD2 pathogenic variant that cannot be detected in the leukocyte DNA of either parent, the recurrence risk to sibs is estimated to be 1% because of the theoretic possibility of parental germline mosaicism [Rahbari et al 2016]. If the parents have not been tested for the SETD2 pathogenic variant but are clinically unaffected, the risk to the sibs of a proband appears to be low. However, sibs of a proband with clinically unaffected parents are still presumed to be at increased risk for a SETD2-NDD because of the possibility of reduced penetrance in a heterozygous parent or the theoretic possibility of parental germline mosaicism. Offspring of a proband. Each child of an individual with a SETD2-NDD has a 50% chance of inheriting the SETD2 pathogenic variant. Other family members. The risk to other family members depends on the status of the proband's parents: if a parent has the SETD2 pathogenic variant, the parent's family members may be at risk. Related Genetic Counseling Issues

Family planning

The optimal time for determination of genetic risk and discussion of the availability of prenatal/preimplantation genetic testing is before pregnancy. It is appropriate to offer genetic counseling (including discussion of potential risks to offspring and reproductive options) to young adults who are affected. Prenatal Testing and Preimplantation Genetic Testing Once the SETD2 pathogenic variant has been identified in an affected family member, prenatal testing for a pregnancy at increased risk and preimplantation genetic testing are possible. Differences in perspective may exist among medical professionals and within families regarding the use of prenatal testing. While most centers would consider use of prenatal testing to be a personal decision, discussion of these issues may be helpful.

Mode of Inheritance SETD2 neurodevelopmental disorders (SETD2-NDDs) are inherited in an autosomal dominant manner.

Risk to Family Members

Parents of a proband

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identified in the proband. Sibs of a proband. The risk to sibs of the proband depends on the genetic status of the proband's parents: If a parent of the proband is affected or is known to have the pathogenic variant identified in the proband, the risk to the sibs of inheriting the pathogenic variant is 50%. The penetrance of SETD2-NDD in a sib who inherits a familial pathogenic variant and the likelihood of intrafamilial clinical variability are unknown. If the proband has a known SETD2 pathogenic variant that cannot be detected in the leukocyte DNA of either parent, the recurrence risk to sibs is estimated to be 1% because of the theoretic possibility of parental germline mosaicism [Rahbari et al 2016]. If the parents have not been tested for the SETD2 pathogenic variant but are clinically unaffected, the risk to the sibs of a proband appears to be low. However, sibs of a proband with clinically unaffected parents are still presumed to be at increased risk for a SETD2-NDD because of the possibility of reduced penetrance in a heterozygous parent or the theoretic possibility of parental germline mosaicism. Offspring of a proband. Each child of an individual with a SETD2-NDD has a 50% chance of inheriting the SETD2 pathogenic variant. Other family members. The risk to other family members depends on the status of the proband's parents: if a parent has the SETD2 pathogenic variant, the parent's family members may be at risk.

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If the proband has a known SETD2 pathogenic variant that cannot be detected in the leukocyte DNA of either parent, the recurrence risk to sibs is estimated to be 1% because of the theoretic possibility of parental germline mosaicism [Rahbari et al 2016].

If the parents have not been tested for the SETD2 pathogenic variant but are clinically unaffected, the risk to the sibs of a proband appears to be low. However, sibs of a proband with clinically unaffected parents are still presumed to be at increased risk for a SETD2-NDD because of the possibility of reduced penetrance in a heterozygous parent or the theoretic possibility of parental germline mosaicism.

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consider use of prenatal testing to be a personal decision, discussion of these issues may be helpful.

Resources

GeneReviews staff has selected the following disease-specific and/or umbrella support organizations and/or registries for the benefit of individuals with this disorder and their families. GeneReviews is not responsible for the information provided by other organizations. For information on selection criteria, [click here](#).

Luscan-Lumish SETD2 Support

Email: support@luscan-lumish.org

www.luscan-lumish.org

American Association on Intellectual and Developmental Disabilities (AAIDD)

Phone: 202-387-1968 Fax: 202-387-2193

www.aaidd.org

Autism Society

Phone: 800-328-8476 Email: info@autism-society.org

www.autismsociety.org

National Center on Birth Defects and Developmental Disabilities (NCBDDD)

Phone: 800-232-4636 (toll-free); 888-232-6348 (TTY)

www.cdc.gov/ncbddd

Luscan-Lumish SETD2 Support

Email: support@luscan-lumish.org

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Molecular Genetics Information in the Molecular Genetics and OMIM tables may differ from that

elsewhere in the GeneReview: tables may contain more recent information. —ED.Table
A.SETD2 Neurodevelopmental Disorders: Genes and DatabasesView in own
windowGeneChromosome LocusProteinLocus-Specific DatabasesHGMDClinVar

SETD2

3p21​.31

Histone-lysine N-methyltransferase SETD2

SETD2 @ LOVD

SETD2

SETD2

Data are compiled from the following standard references: gene from
HGNC;
chromosome locus from
OMIM;
protein from UniProt.

For a description of databases (Locus Specific, HGMD, ClinVar) to which links are provided, click
here.Table B.OMIM Entries for SETD2 Neurodevelopmental Disorders (View All in OMIM) View in
own window

612778SET DOMAIN-CONTAINING PROTEIN 2; SETD2

616831LUSCAN-LUMISH SYNDROME; LLS

620155RABIN-PAPPAS SYNDROME; RAPAS

620157INTELLECTUAL DEVELOPMENTAL DISORDER, AUTOSOMAL DOMINANT 70;

MRD70Molecular PathogenesisSETD2 codes for a histone methyltransferase that trimethylates the lysine at position 36 of histone H3 (H3K36me3) [Edmunds et al 2008]. Deficiency of the SETD2

protein has been associated with loss of H3K36me3 and abnormal DNA methylation [Xu et al 2019].

SETD2 is a dual-function methyltransferase for histones and microtubules and plays an important role in transcriptional regulation, genomic stability, and cytoskeletal functions [Zhou et al 2011, Park

et al 2016, McDaniel & Strahl 2017]. Loss-of-function variants in SETD2 lead to hypomethylation of H3 at K36, which has been associated with overgrowth [Weinberg et al 2019]. Evidence from

hypermethylation of polycomb-regulated regions [Heyn et al 2019] and association with

microcephalic dwarfism points to possible loss of function associated with the variant c.5218C>T

(p.Arg1740Trp) in SETD2 neurodevelopmental disorder with multiple congenital

anomalies. Mechanism of disease causation. Loss of function

Table 11. Notable SETD2 Pathogenic Variants

View in own windowReferenceSequencesDNA Nucleotide ChangePredicted Protein ChangeComment [Reference]

NM_014159;7

NP_054878;5

c.5218C>Tp.Arg1740TrpOnly variant known to be assoc w/SETD2-NDD w/MCA [Rabin et al

2020]c.5219G>Ap.Arg1740GlnOnly variant known to be assoc w/SETD2-NDD w/normal growth &

w/o macrocephaly [Rabin et al 2020]Variants listed in the table have been provided by the authors.

GeneReviews staff have not independently verified the classification of variants. GeneReviews

follows the standard naming conventions of the Human Genome Variation Society

(varnomen;hgvs.org). See Quick Reference for an explanation of nomenclature. MCA =

multiple congenital anomaliesCancer and Benign TumorsSETD2 is a tumor suppressor gene.

Somatic variants have been detected in a variety of cancers, including clear cell renal cell,

gastrointestinal, lung, pancreatic, and osteosarcoma [Li et al 2016, Chen et al 2020]. Somatic

variants are also described in primary central nervous system tumors [Viaene et al 2018] and

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SETD2 Neurodevelopmental Disorders: Genes and Databases

SETD2

3p21​.31

Histone-lysine N-methyltransferase SETD2

SETD2 @ LOVD

SETD2

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Notable SETD2 Pathogenic Variants

ReferenceSequence	DNA Nucleotide Change	Predicted Protein Change	Comment [Reference]
NM_014159.7			

NP_054878.5

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Chapter NotesAuthor NotesDr John Pappas: nyulangone.orgRevision History22 September 2022 (sw) Revision: epigenetic signature analysis (Establishing the Diagnosis, Option 2)30 December 2021 (ma) Review posted live4 January 2021 (jp) Original submission

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