

# CS7015 (Deep Learning) : Lecture 8

Regularization: Bias Variance Tradeoff, l2 regularization, Early stopping,  
Dataset augmentation, Parameter sharing and tying, Injecting noise at input,  
Ensemble methods, Dropout

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## Acknowledgements

- Chapter 7, Deep Learning book
- Ali Ghodsi's Video Lectures on Regularization<sup>a</sup>
- Dropout: A Simple Way to Prevent Neural Networks from Overfitting<sup>b</sup>

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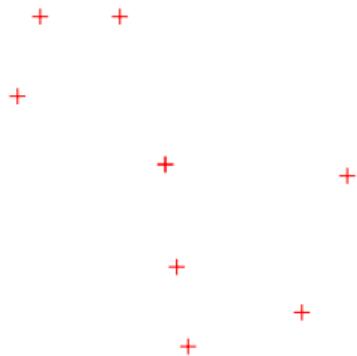
<sup>a</sup>[Lecture 2.1](#) and [Lecture 2.2](#)

<sup>b</sup>[Dropout](#)

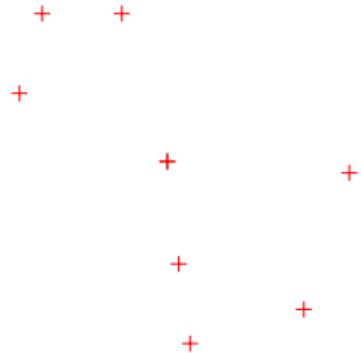
# Module 8.1 : Bias and Variance

We will begin with a quick overview of bias, variance and the trade-off between them.

- Let us consider the problem of fitting a curve through a given set of points

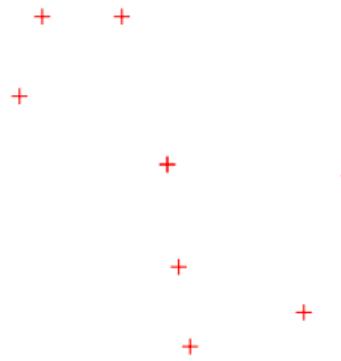


The points were drawn from a sinusoidal function (the true  $f(x)$ )



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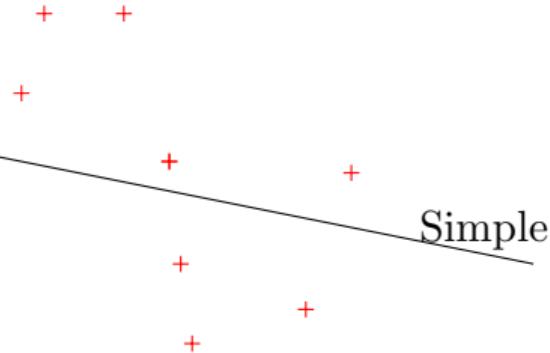
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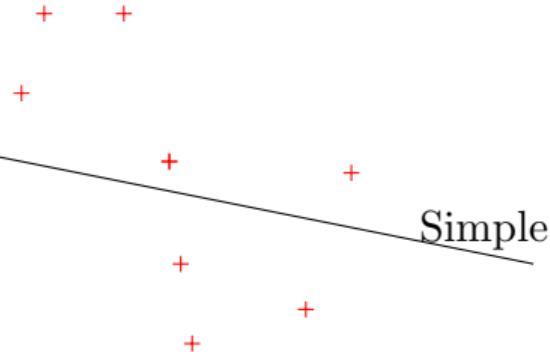
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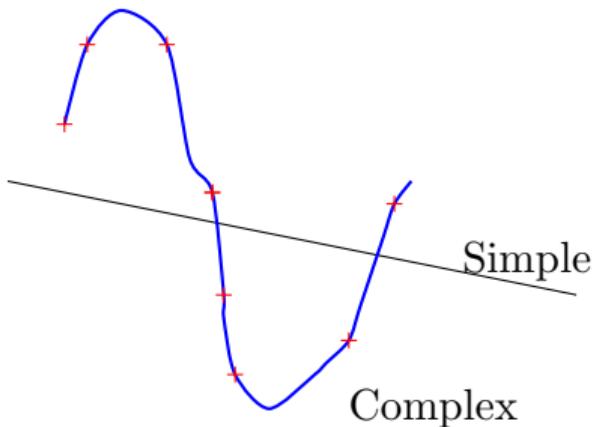
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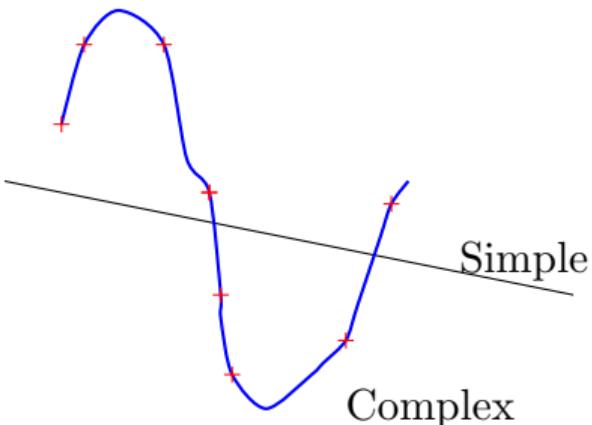
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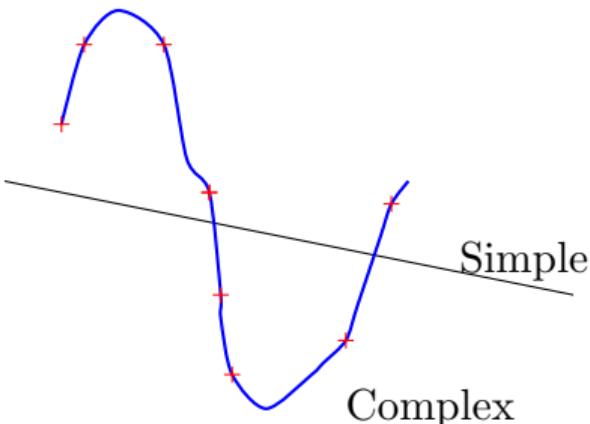
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- Note that in both cases we are making an assumption about how  $y$  is related to  $x$ . We have no idea about the true relation  $f(x)$



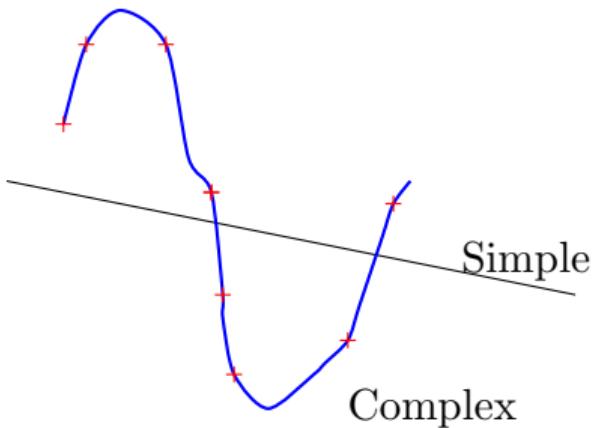
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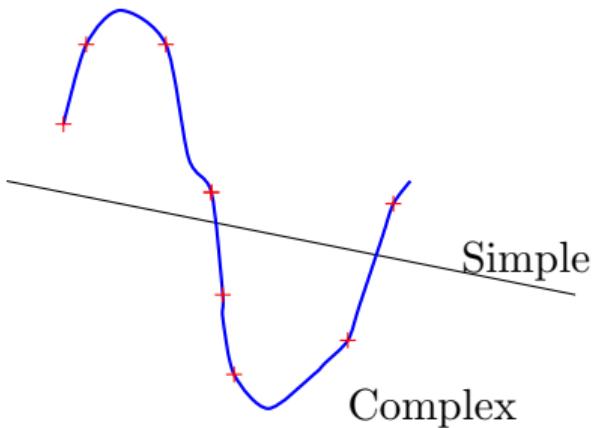
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- The training data consists of 100 points



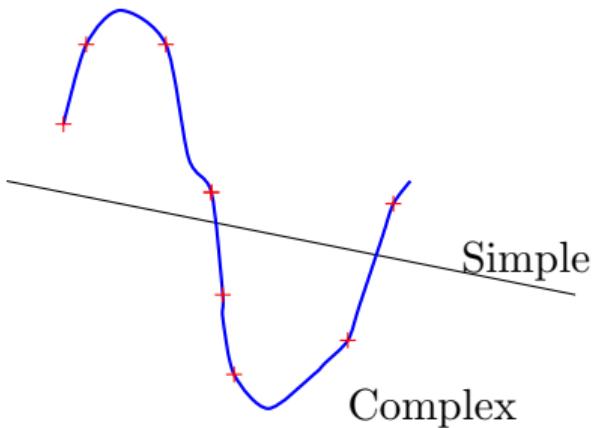
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- We sample 25 points from the training data and train a simple and a complex model



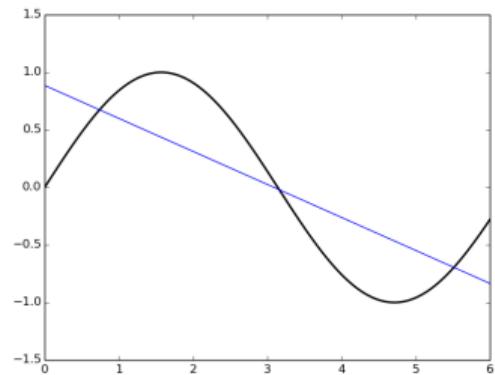
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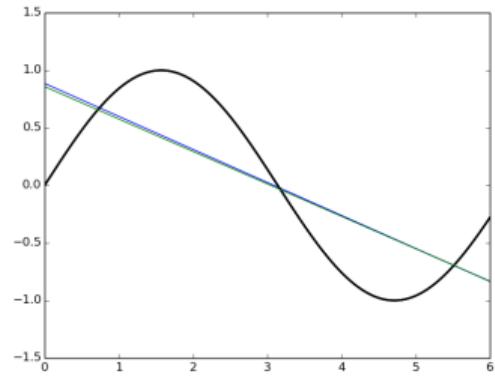
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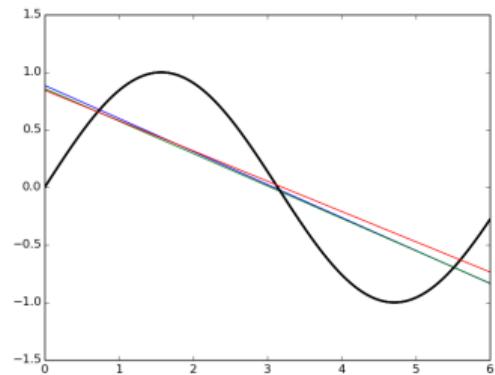


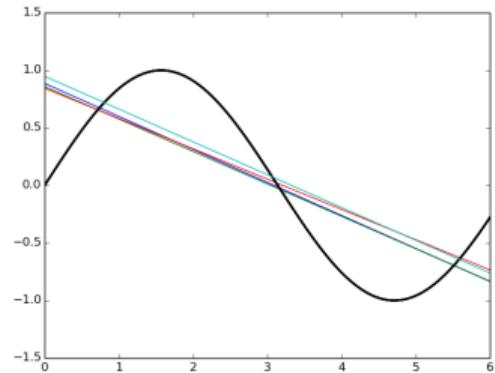
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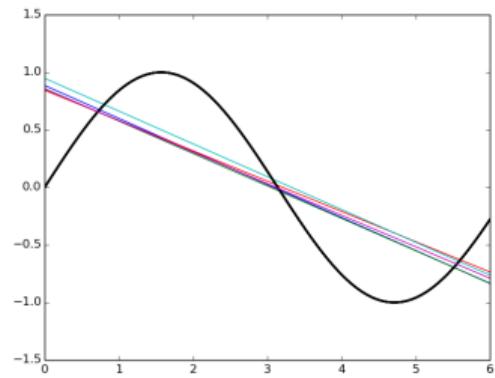
- We sample 25 points from the training data and train a simple and a complex model
- We repeat the process ' $k$ ' times to train multiple models (each model sees a different sample of the training data)
- We make a few observations from these plots

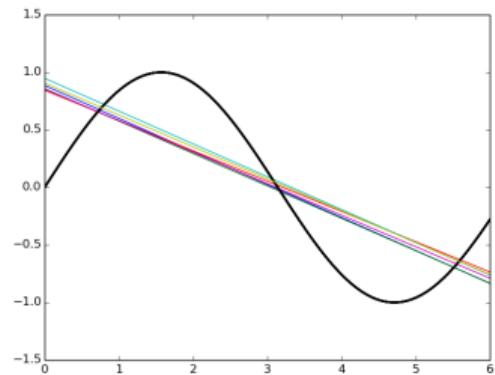


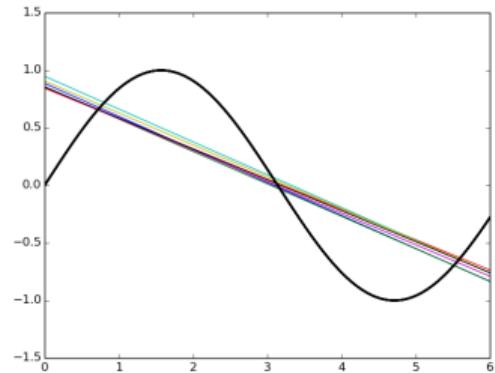


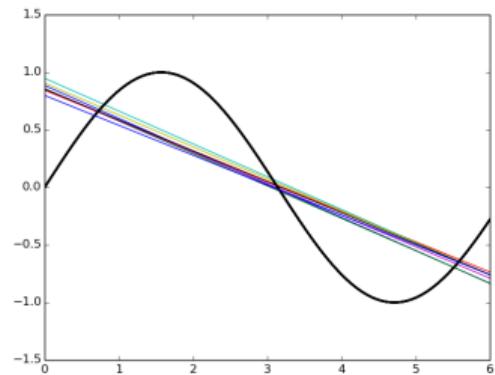


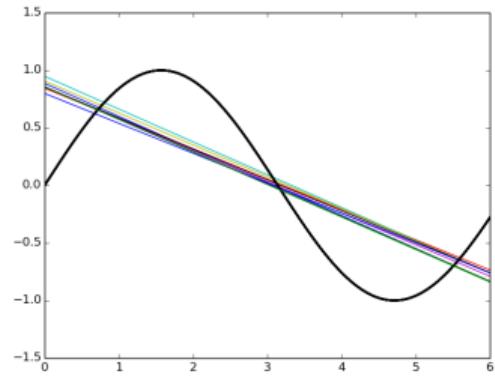


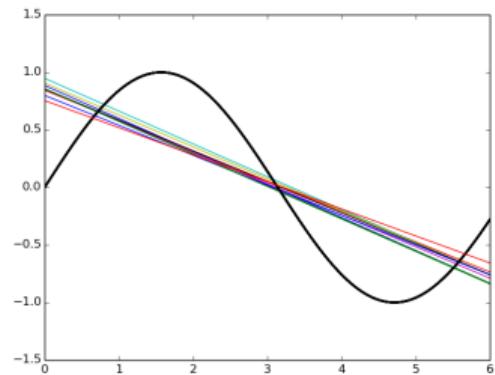


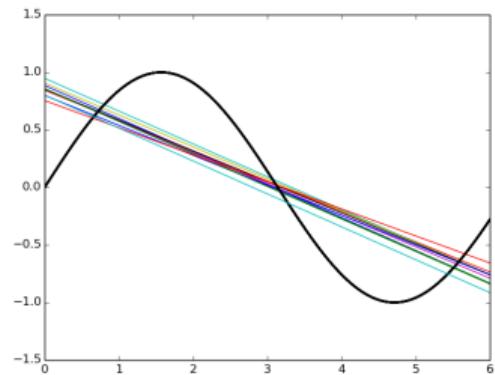


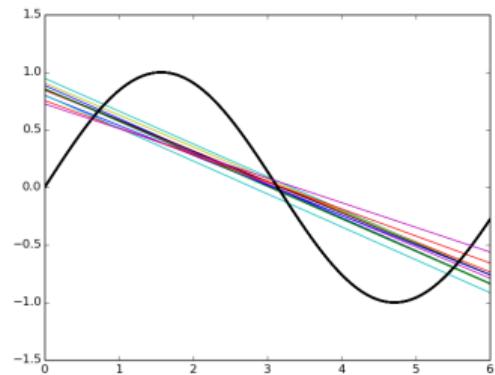


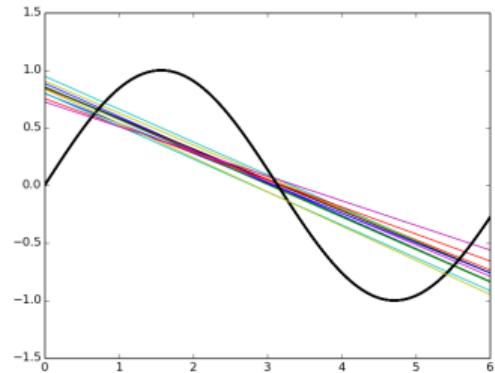


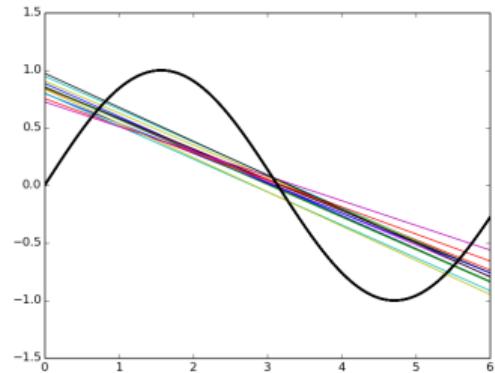


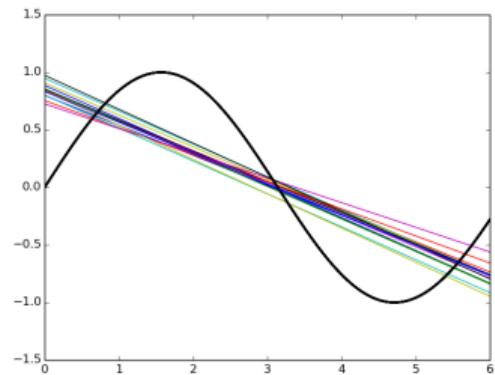


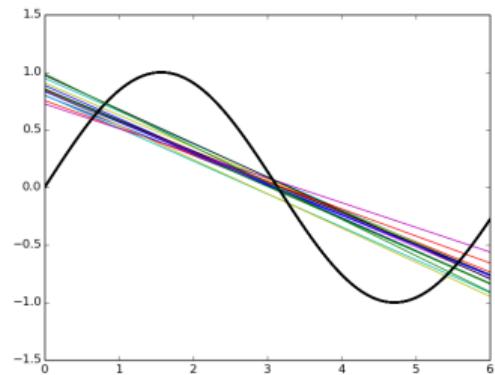


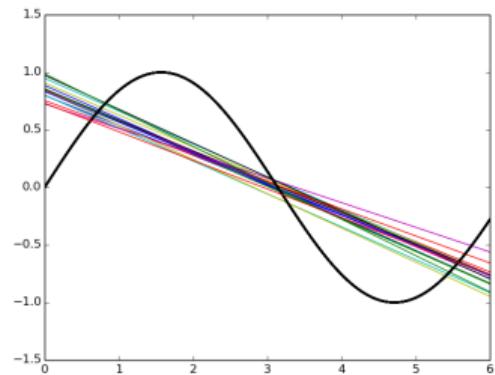


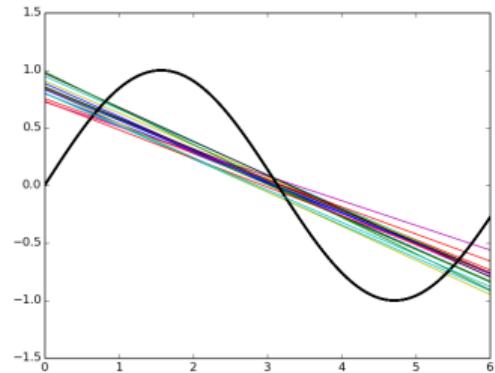


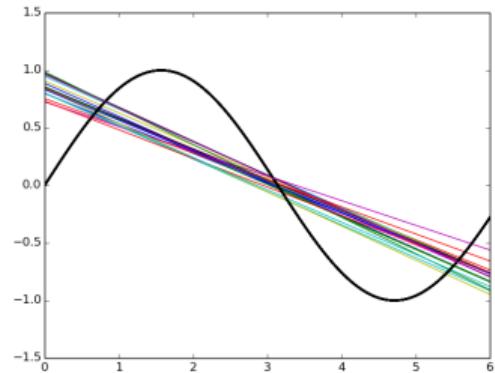


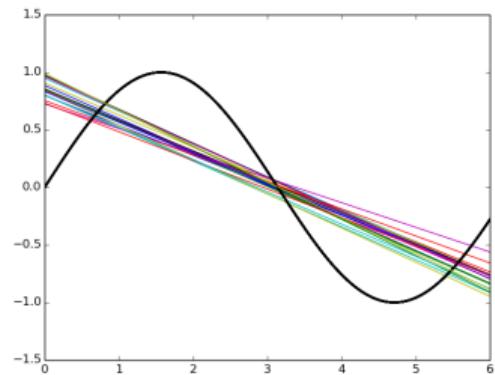


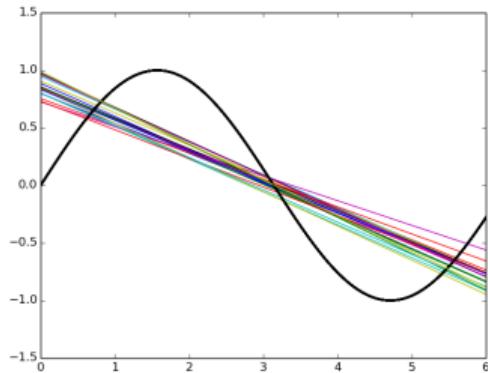




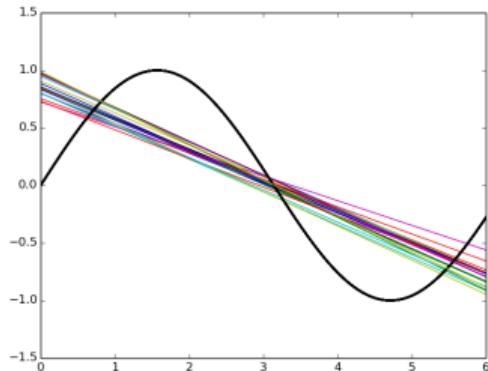




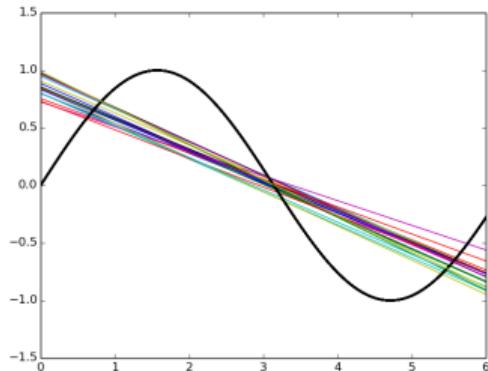




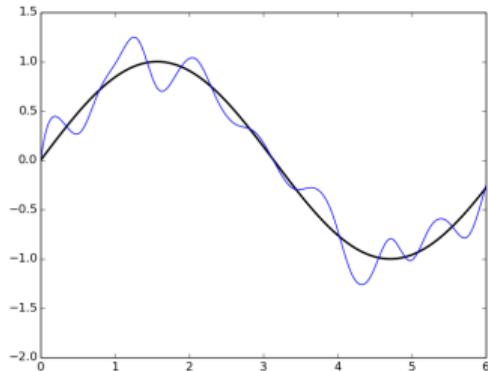
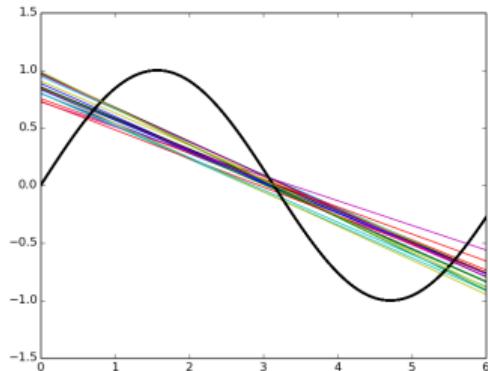
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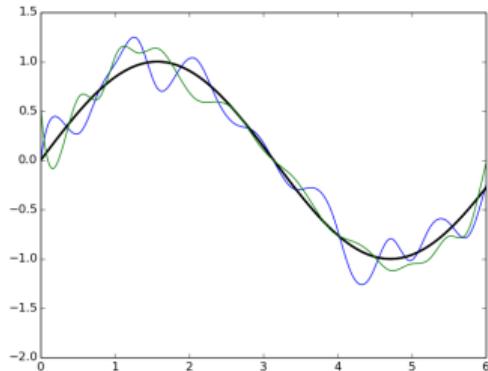
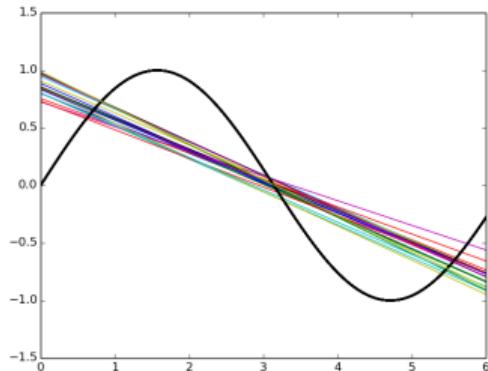
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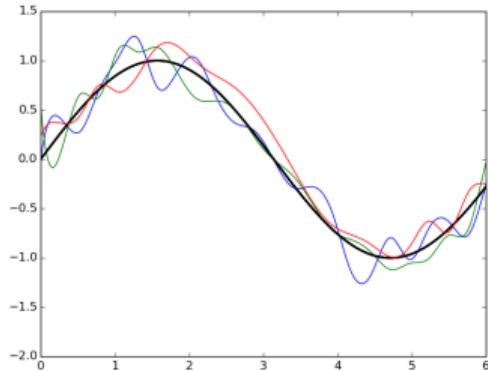
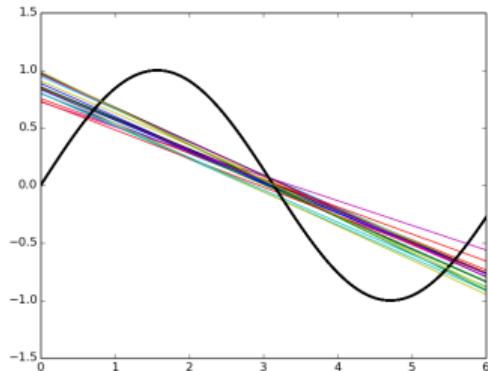
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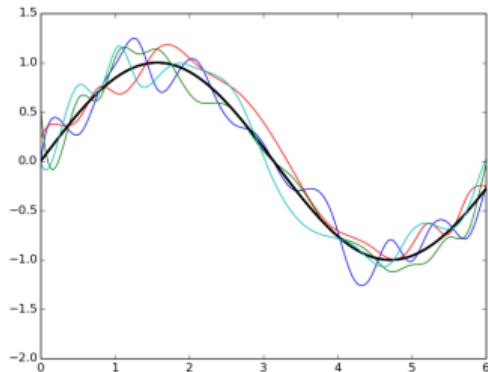
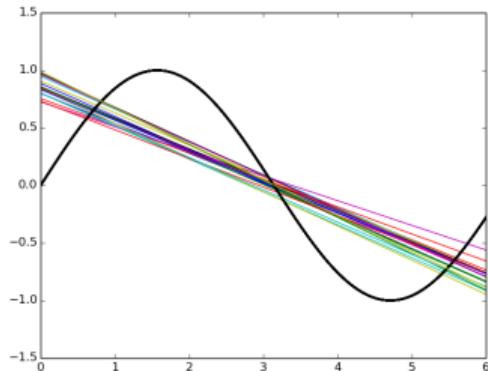
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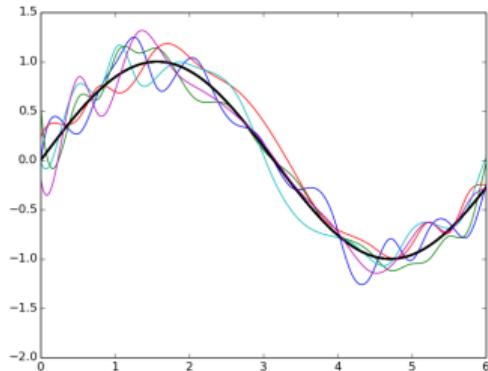
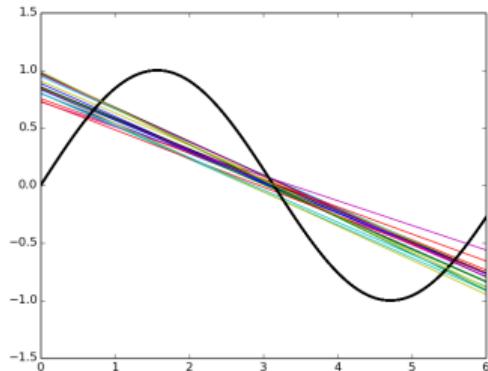
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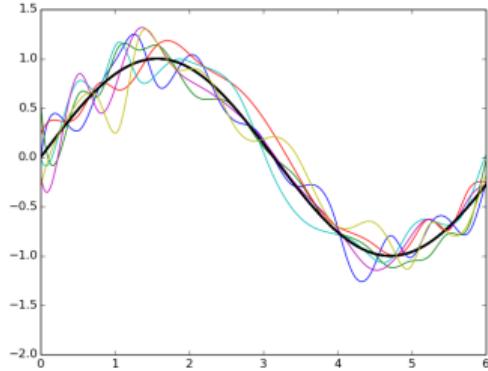
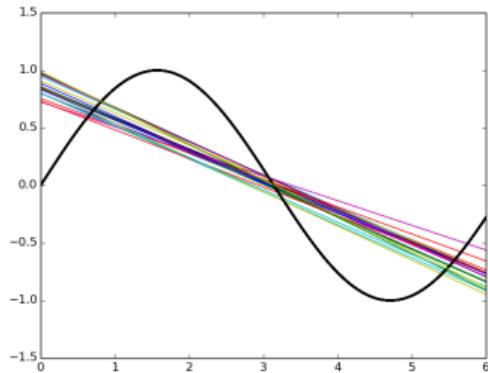
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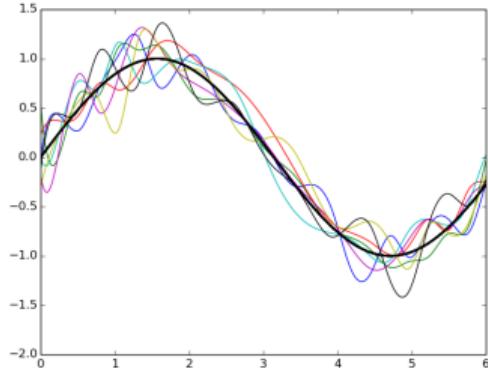
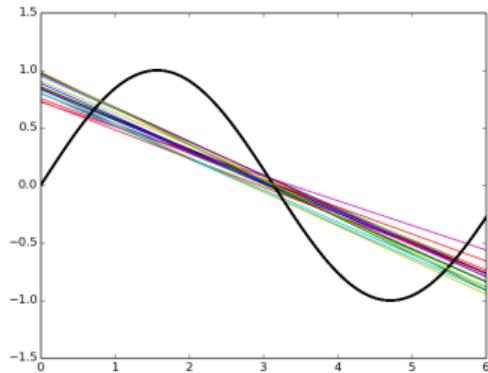
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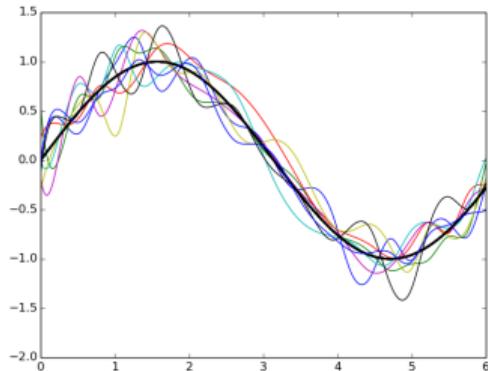
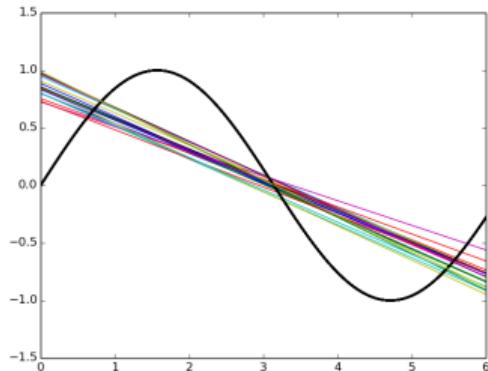
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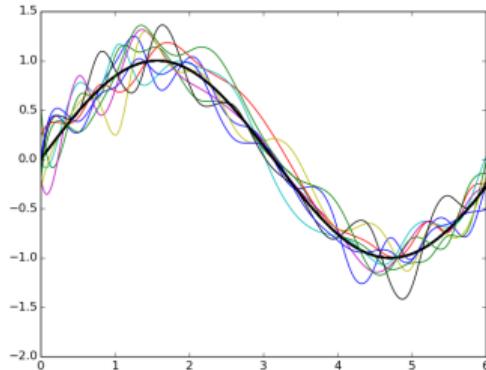
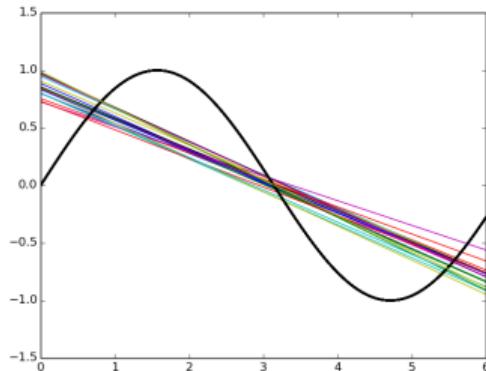
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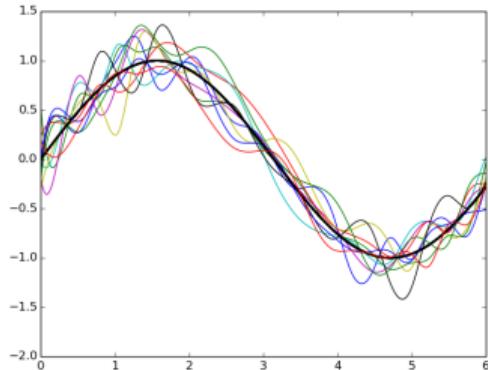
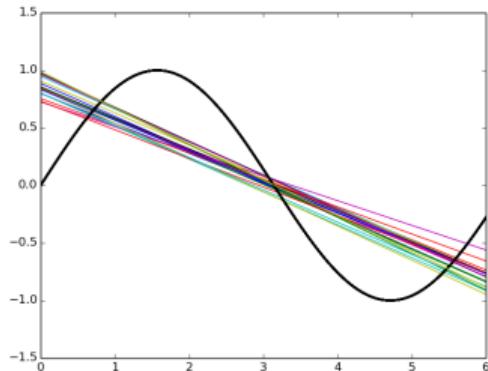
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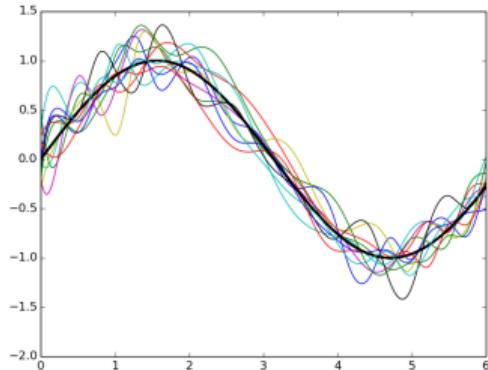
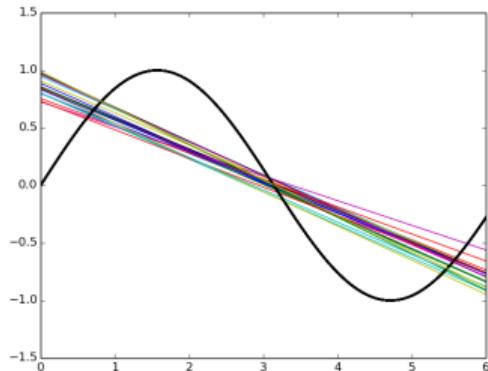
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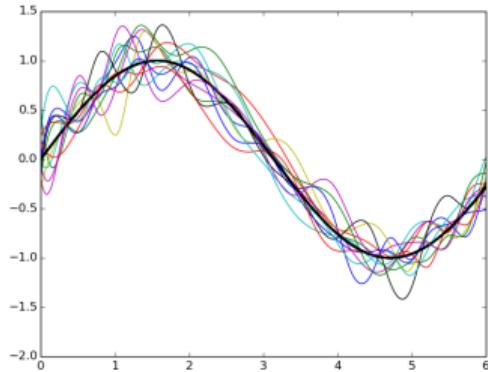
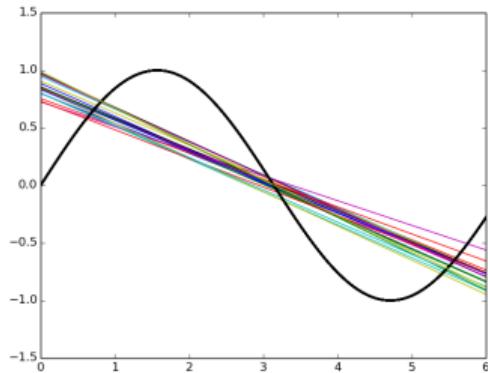
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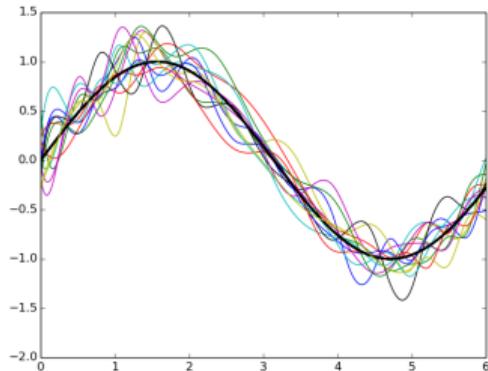
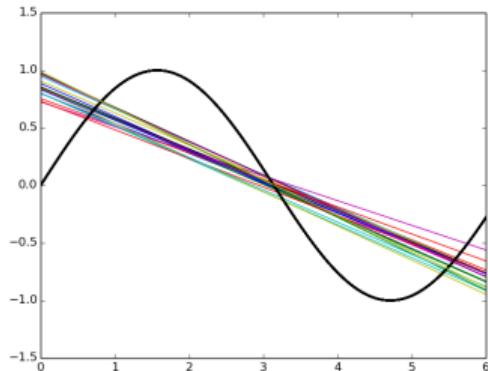
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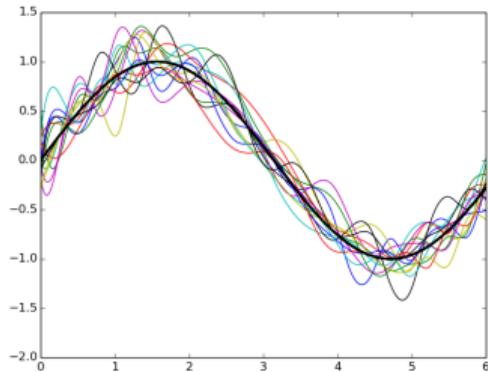
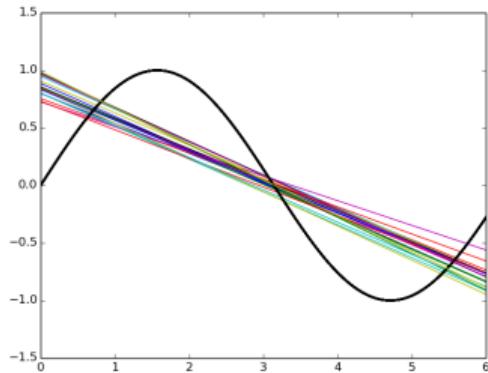
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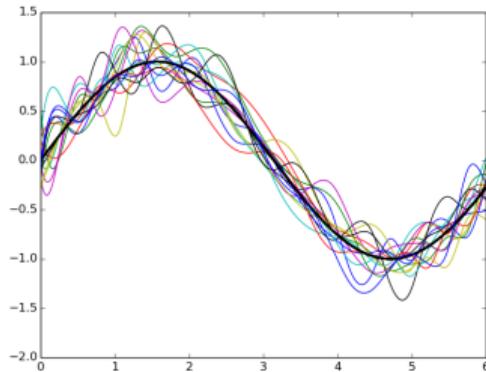
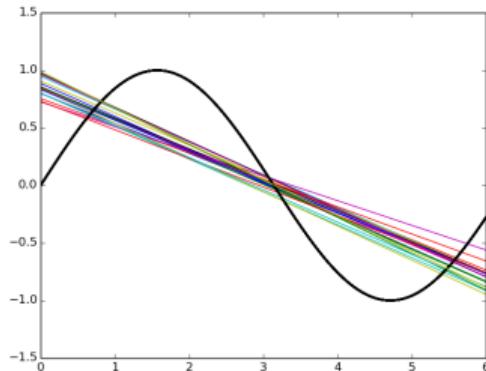
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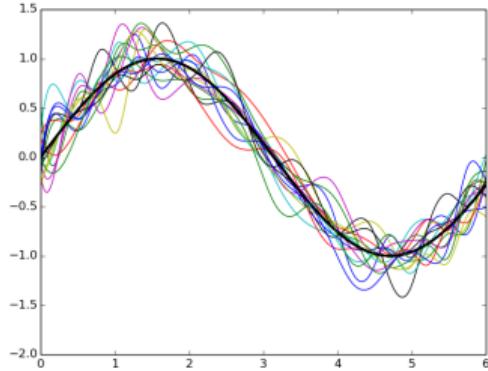
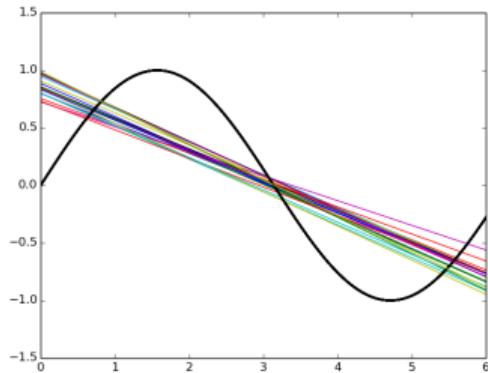
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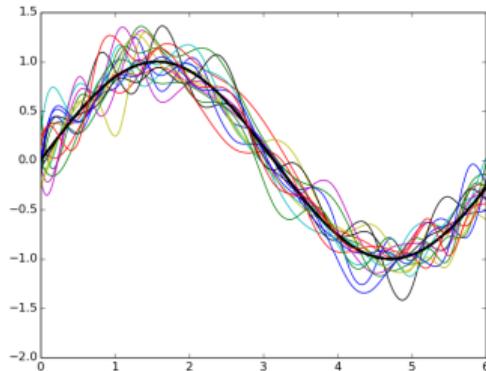
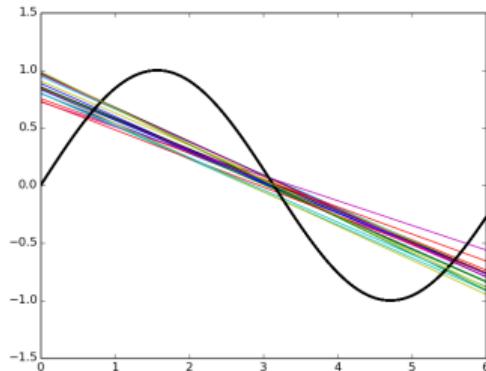
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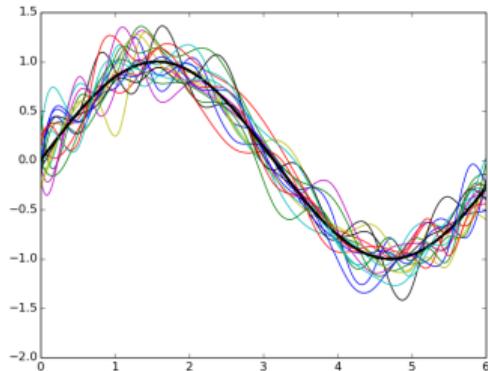
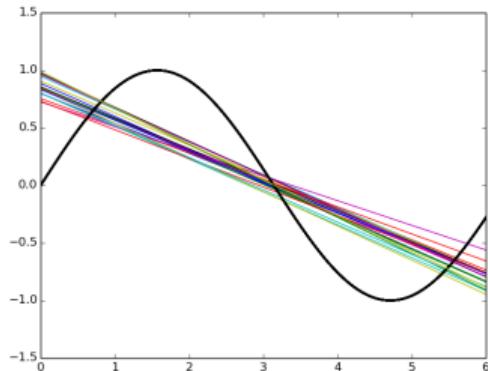
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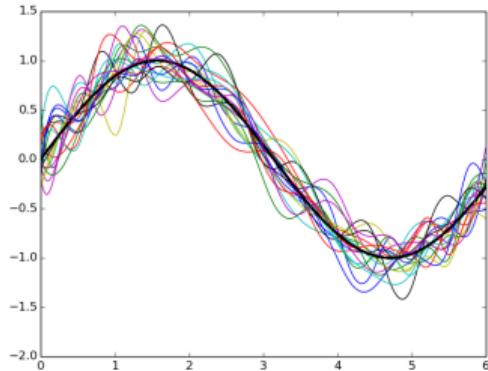
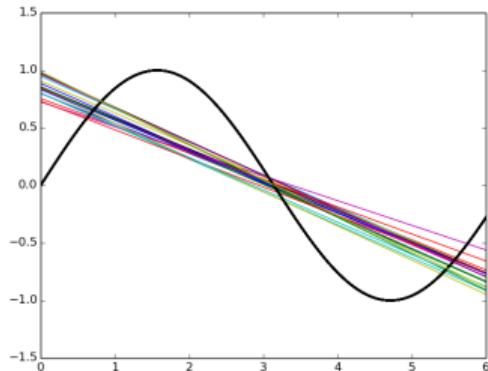
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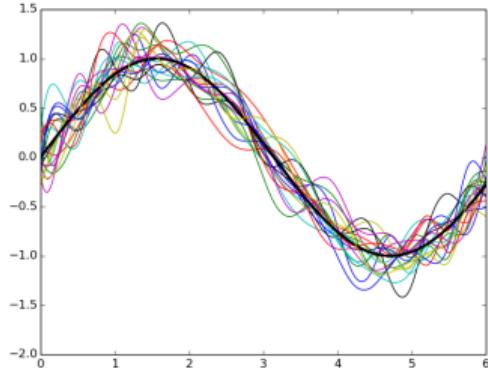
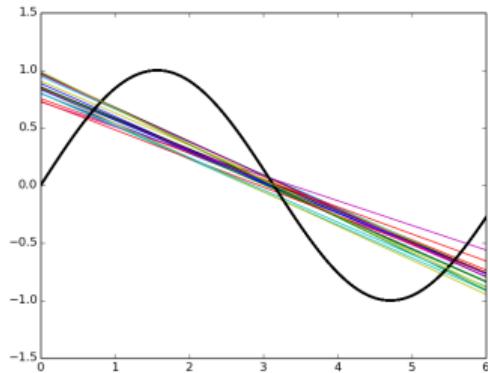
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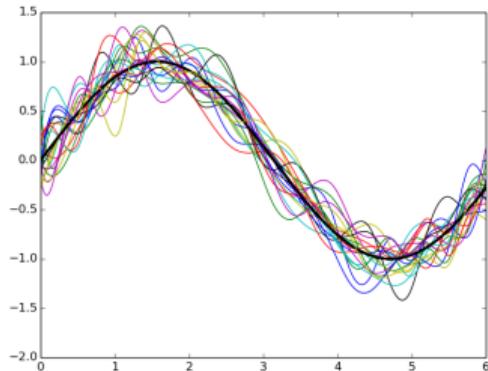
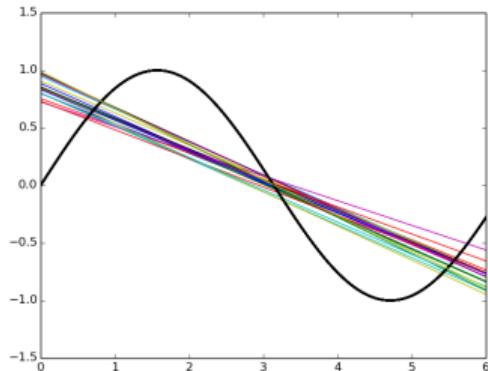
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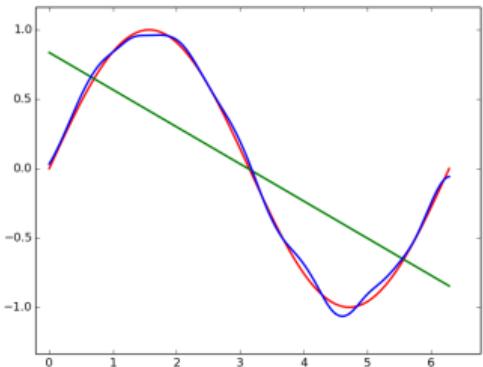
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- However they are very far from the true sinusoidal curve (under fitting)
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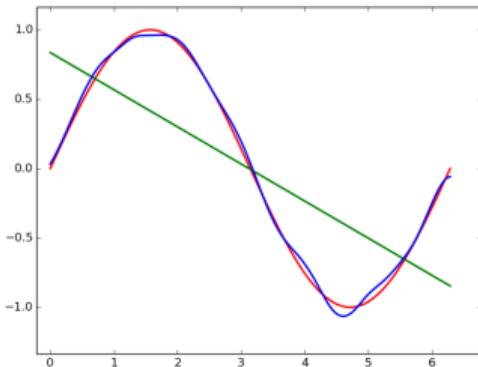
- Let  $f(x)$  be the true model (sinusoidal in this case) and  $\hat{f}(x)$  be our estimate of the model (simple or complex, in this case) then,

$$\text{Bias } (\hat{f}(x)) = E[\hat{f}(x)] - f(x)$$

Green Line: Average value of  $\hat{f}(x)$  for the simple model

Blue Curve: Average value of  $\hat{f}(x)$  for the complex model

Red Curve: True model ( $f(x)$ )



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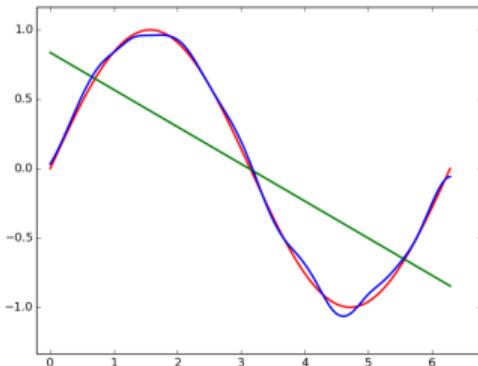
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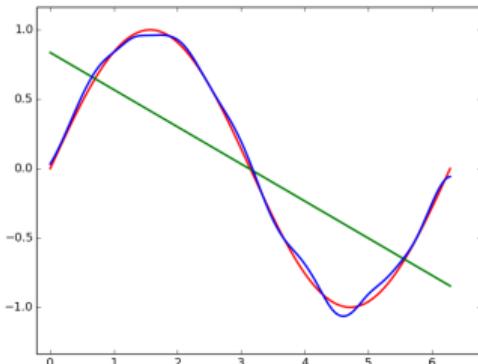
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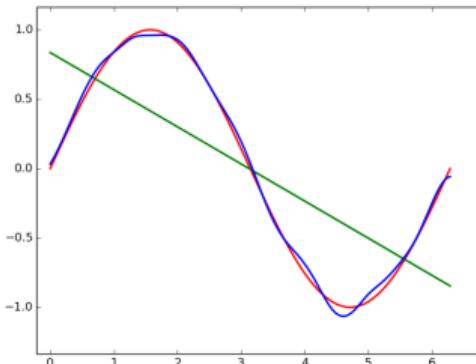
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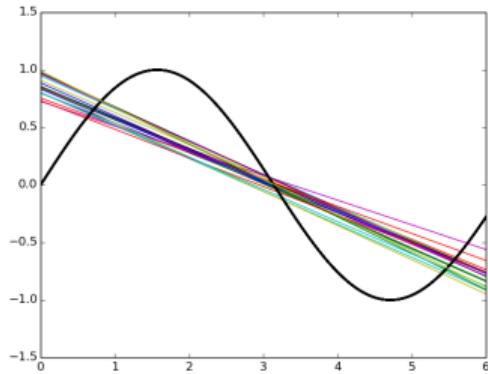
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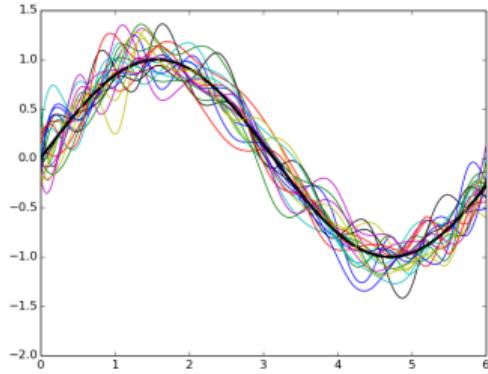
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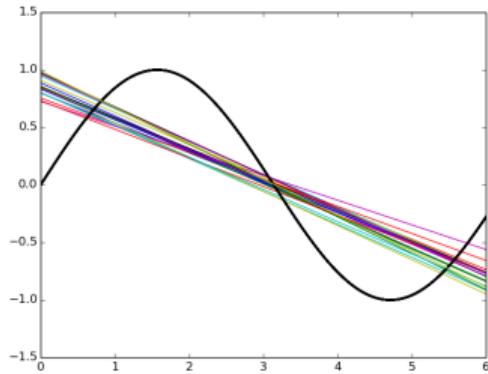
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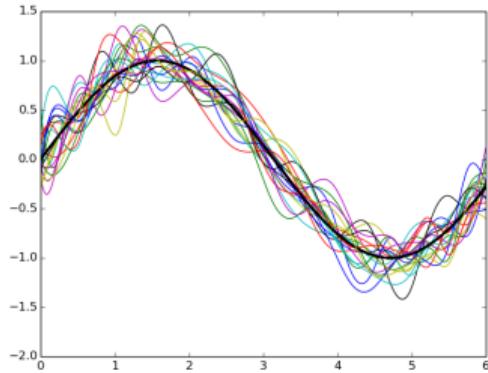
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(Standard definition from statistics)



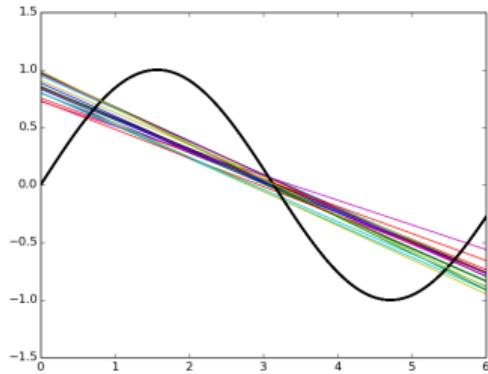


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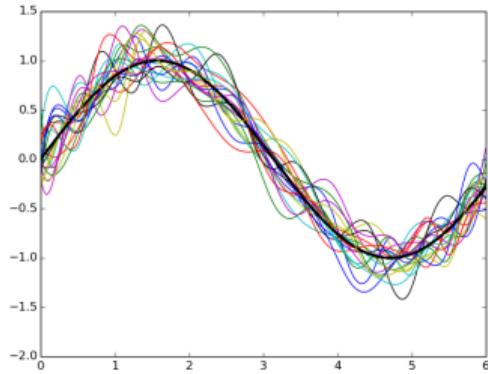


- Roughly speaking it tells us how much the different  $\hat{f}(x)$ 's (trained on different samples of the data) differ from each other

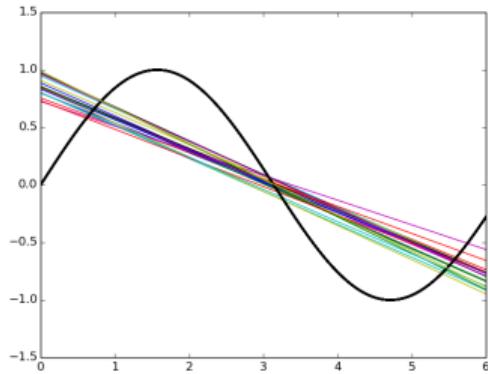


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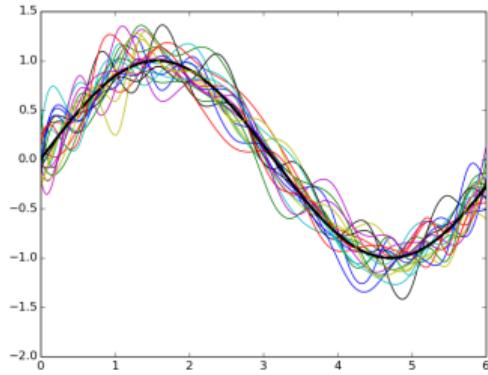
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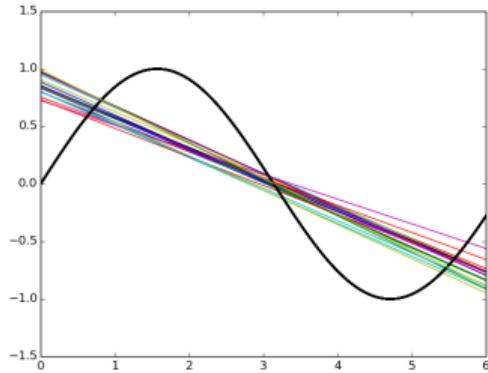


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- It is clear that the simple model has a low variance whereas the complex model has a high variance

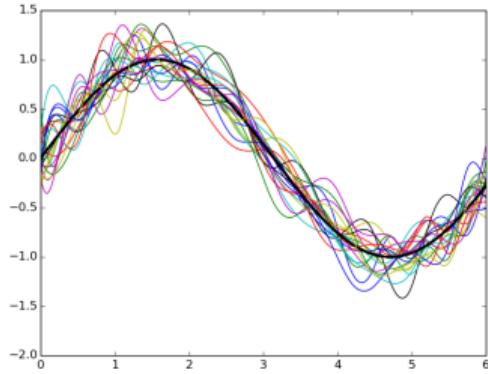


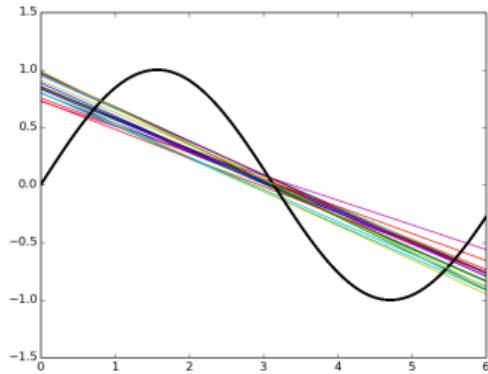
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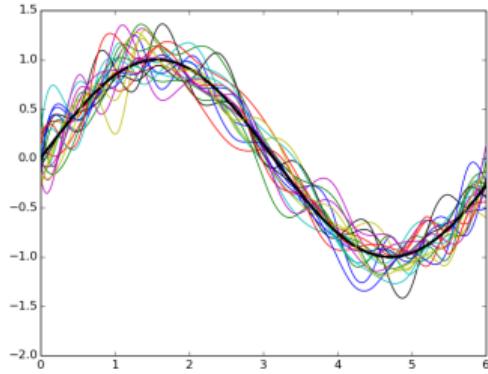


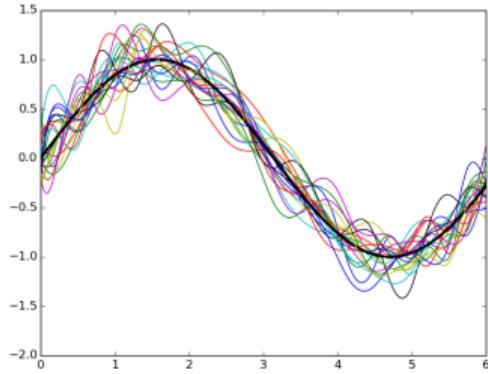
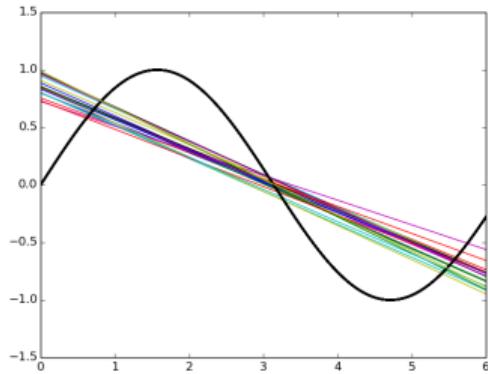
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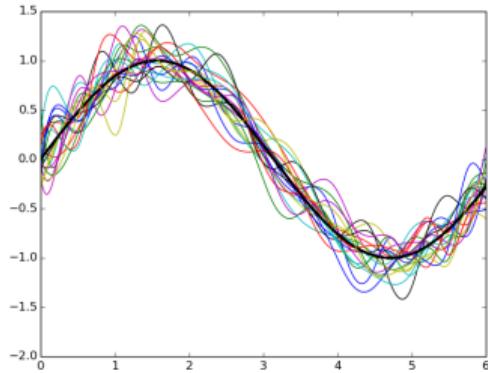
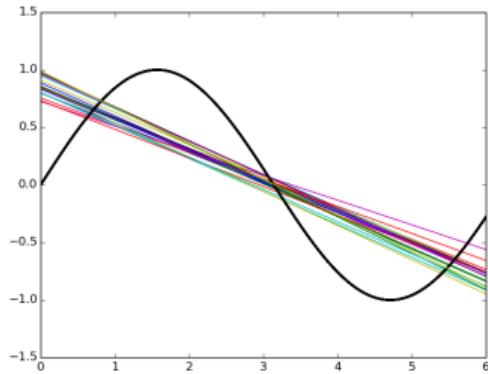


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- There is always a trade-off between the bias and variance
- Both bias and variance contribute to the mean square error. Let us see how

## Module 8.2 : Train error vs Test error

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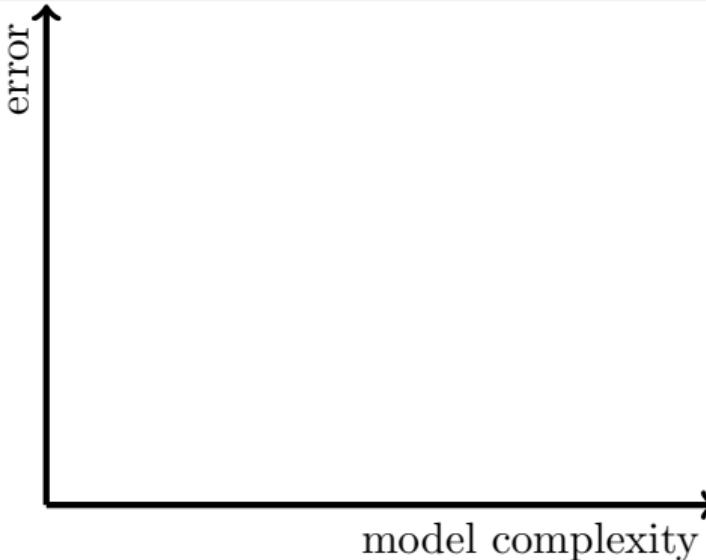
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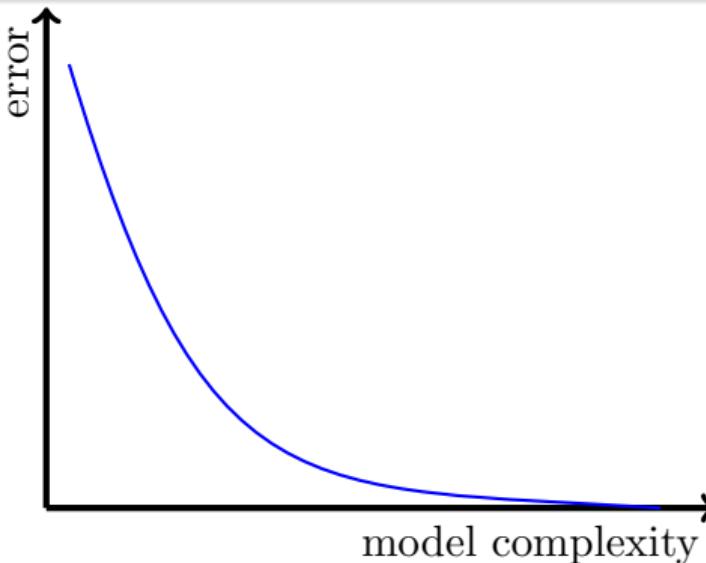
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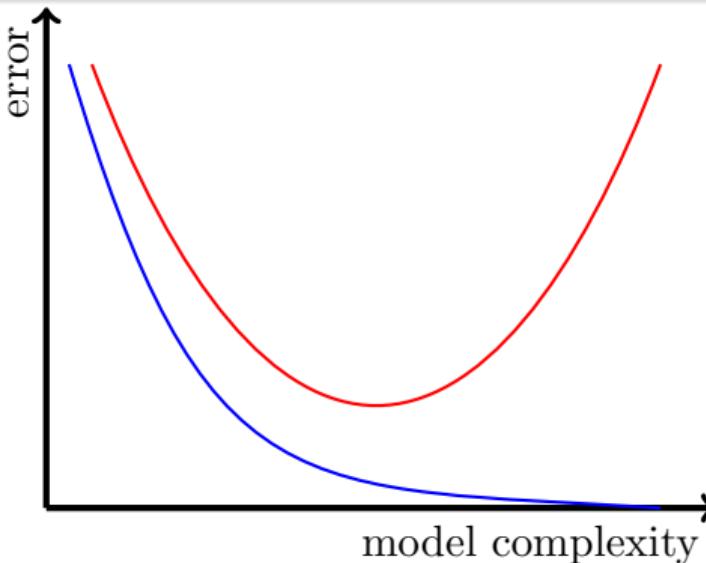
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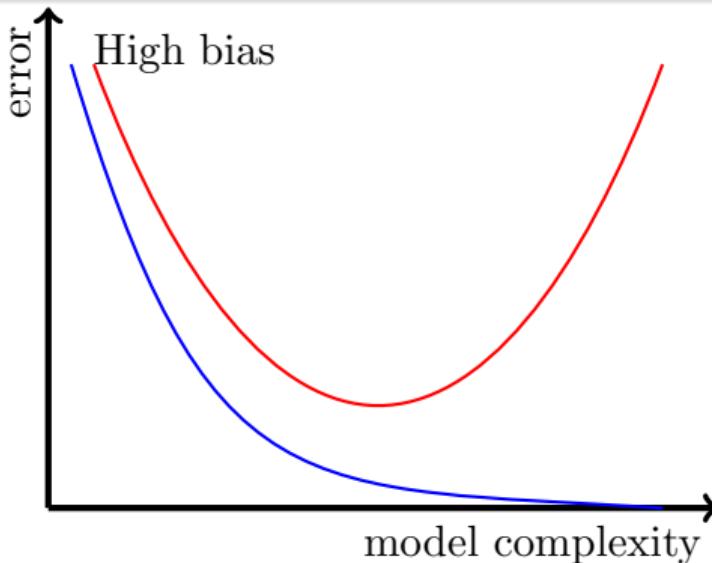
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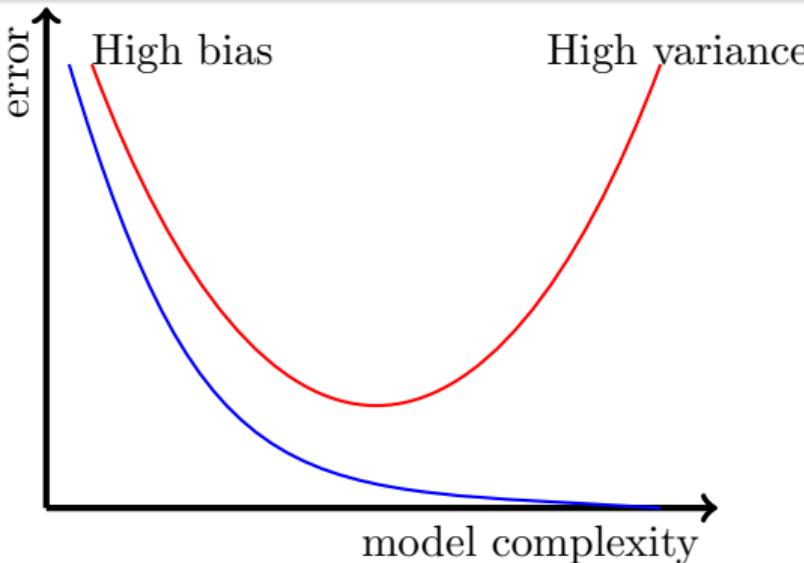
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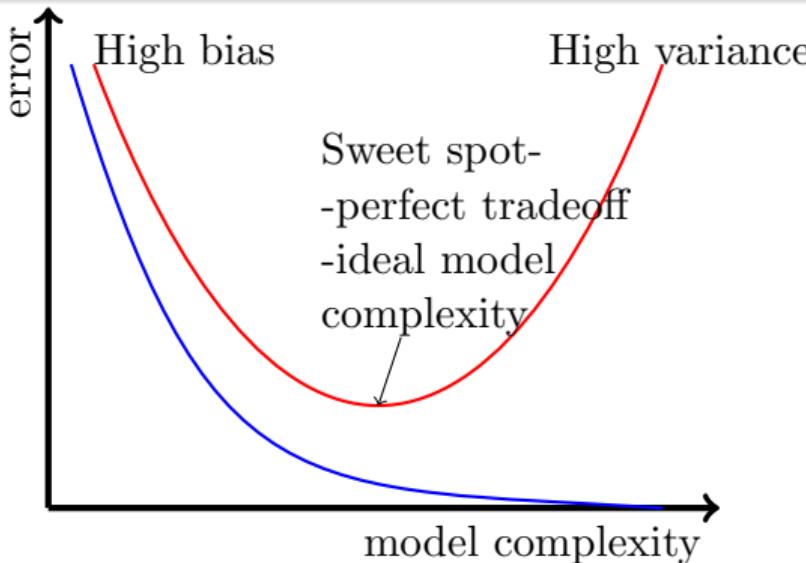
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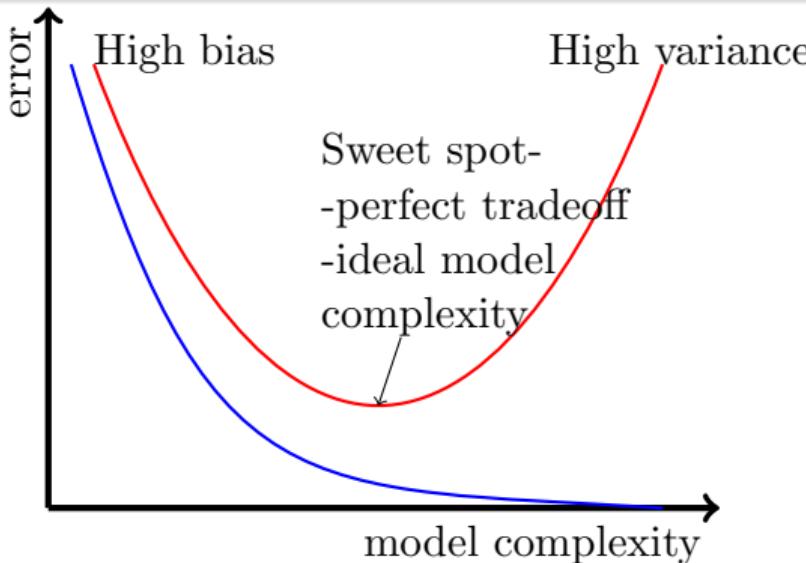
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- We will concretize this intuition mathematically now and eventually show how to account for the optimism in the training error

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- We will see how to estimate this empirically using the observation  $y_i$  & prediction  $\hat{y}_i$

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$$\therefore E[(\hat{f}(x_i) - f(x_i))^2] = E[(\hat{y}_i - y_i)^2] - E[\varepsilon_i^2] + 2E[\varepsilon_i(\hat{f}(x_i) - f(x_i))]$$

We will take a small detour to understand how to empirically estimate an Expectation and then return to our derivation

- Suppose we have observed the goals scored( $z$ ) in  $k$  matches as  
 $z_1 = 2, z_2 = 1, z_3 = 0, \dots z_k = 2$

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$$E[z] = \frac{1}{k} \sum_{i=1}^k z_i$$

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- Analogy with our derivation: We have a certain number of observations  $y_i$  & predictions  $\hat{y}_i$  using which we can estimate

$$E[(\hat{y}_i - y_i)^2] = \frac{1}{m} \sum_{i=1}^m (\hat{y}_i - y_i)^2$$

... returning back to our derivation

$$E[(\hat{f}(x_i) - f(x_i))^2] = E[(\hat{y}_i - y_i)^2] - E[\varepsilon_i^2] + 2E[\varepsilon_i(\hat{f}(x_i) - f(x_i))]$$

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- We can empirically evaluate R.H.S using training observations or test observations

### Case 1: Using test observations

$$E[(\hat{f}(x_i) - f(x_i))^2] = E[(\hat{y}_i - y_i)^2] - E[\varepsilon_i^2] + 2E[\varepsilon_i(\hat{f}(x_i) - f(x_i))]$$

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### Case 1: Using test observations

$$\underbrace{E[(\hat{f}(x_i) - f(x_i))^2]}_{true\ error}$$

$$E[(\hat{f}(x_i) - f(x_i))^2] = E[(\hat{y}_i - y_i)^2] - E[\varepsilon_i^2] + 2E[\varepsilon_i(\hat{f}(x_i) - f(x_i))]$$

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### Case 1: Using test observations

$$\underbrace{E[(\hat{f}(x_i) - f(x_i))^2]}_{true\ error} = \underbrace{\frac{1}{m} \sum_{i=n+1}^{n+m} (\hat{y}_i - y_i)^2}_{empirical\ estimation\ of\ error} -$$

$$E[(\hat{f}(x_i) - f(x_i))^2] = E[(\hat{y}_i - y_i)^2] - E[\varepsilon_i^2] + 2E[\varepsilon_i(\hat{f}(x_i) - f(x_i))]$$

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$\therefore \text{covariance}(X, Y)$

$$E[(\hat{f}(x_i) - f(x_i))^2] = E[(\hat{y}_i - y_i)^2] - E[\varepsilon_i^2] + 2E[\varepsilon_i(\hat{f}(x_i) - f(x_i))]$$

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$$\therefore \text{covariance}(X, Y) = E[(X - \mu_X)(Y - \mu_Y)]$$

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$$\begin{aligned}\therefore \text{covariance}(X, Y) &= E[(X - \mu_X)(Y - \mu_Y)] \\ &= E[(X)(Y - \mu_Y)] \text{ (if } \mu_X = E[X] = 0)\end{aligned}$$

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$$\underbrace{E[(\hat{f}(x_i) - f(x_i))^2]}_{true\ error} = \underbrace{\frac{1}{m} \sum_{i=n+1}^{n+m} (\hat{y}_i - y_i)^2}_{empirical\ estimation\ of\ error} - \underbrace{\frac{1}{m} \sum_{i=n+1}^{n+m} \varepsilon_i^2}_{small\ constant} + 2 \underbrace{E[\varepsilon_i(\hat{f}(x_i) - f(x_i))]}_{= covariance(\varepsilon_i, \hat{f}(x_i) - f(x_i))}$$

$$\begin{aligned}\therefore \text{covariance}(X, Y) &= E[(X - \mu_X)(Y - \mu_Y)] \\ &= E[(X)(Y - \mu_Y)] (\text{if } \mu_X = E[X] = 0) \\ &= E[XY] - E[X]\mu_Y\end{aligned}$$

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- None of the test observations participated in the estimation of  $\hat{f}(x)$  [the parameters of  $\hat{f}(x)$  were estimated only using training data]

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$$\therefore \varepsilon \perp (\hat{f}(x_i) - f(x_i))$$

$$\therefore E[\varepsilon_i \cdot (\hat{f}(x_i) - f(x_i))] = E[\varepsilon_i] \cdot E[\hat{f}(x_i) - f(x_i)] = 0 \cdot E[\hat{f}(x_i) - f(x_i)]$$

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$$\therefore \text{true error} = \text{empirical test error} + \text{small constant}$$

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- None of the test observations participated in the estimation of  $\hat{f}(x)$ [the parameters of  $\hat{f}(x)$  were estimated only using training data]

$$\therefore \varepsilon \perp (\hat{f}(x_i) - f(x_i))$$

$$\therefore E[\varepsilon_i \cdot (\hat{f}(x_i) - f(x_i))] = E[\varepsilon_i] \cdot E[\hat{f}(x_i) - f(x_i)] = 0 \cdot E[\hat{f}(x_i) - f(x_i)] = 0$$

$$\therefore \text{true error} = \text{empirical test error} + \text{small constant}$$

- Hence, we should always use a validation set(independent of the training set) to estimate the error

## Case 2: Using training observations

$$\underbrace{E[(\hat{f}(x_i) - f(x_i))^2]}_{\text{true error}} = \underbrace{\frac{1}{n} \sum_{i=1}^n (\hat{y}_i - y_i)^2}_{\text{empirical estimation of error}} - \underbrace{\frac{1}{n} \sum_{i=1}^n \varepsilon_i^2}_{\text{small constant}} + 2 \underbrace{E[\varepsilon_i(\hat{f}(x_i) - f(x_i))]}_{\text{covariance } (\varepsilon_i, \hat{f}(x_i) - f(x_i))}$$

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Now,  $\varepsilon \not\perp \hat{f}(x)$  because  $\varepsilon$  was used for estimating the parameters of  $\hat{f}(x)$

$$\therefore E[\varepsilon_i \cdot (\hat{f}(x_i) - f(x_i))]$$

## Case 2: Using training observations

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Now,  $\varepsilon \not\perp \hat{f}(x)$  because  $\varepsilon$  was used for estimating the parameters of  $\hat{f}(x)$

$$\therefore E[\varepsilon_i \cdot (\hat{f}(x_i) - f(x_i))] \neq E[\varepsilon_i] \cdot E[\hat{f}(x_i) - f(x_i)]$$

## Case 2: Using training observations

$$\underbrace{E[(\hat{f}(x_i) - f(x_i))^2]}_{\text{true error}} = \underbrace{\frac{1}{n} \sum_{i=1}^n (\hat{y}_i - y_i)^2}_{\text{empirical estimation of error}} - \underbrace{\frac{1}{n} \sum_{i=1}^n \varepsilon_i^2}_{\text{small constant}} + 2 \underbrace{E[\varepsilon_i(\hat{f}(x_i) - f(x_i))]}_{\text{covariance } (\varepsilon_i, \hat{f}(x_i) - f(x_i))}$$

Now,  $\varepsilon \not\perp \hat{f}(x)$  because  $\varepsilon$  was used for estimating the parameters of  $\hat{f}(x)$

$$\therefore E[\varepsilon_i \cdot (\hat{f}(x_i) - f(x_i))] \neq E[\varepsilon_i] \cdot E[\hat{f}(x_i) - f(x_i)] \neq 0$$

Hence, the empirical train error is smaller than the true error and does not give a true picture of the error

## Case 2: Using training observations

$$\underbrace{E[(\hat{f}(x_i) - f(x_i))^2]}_{\text{true error}} = \underbrace{\frac{1}{n} \sum_{i=1}^n (\hat{y}_i - y_i)^2}_{\text{empirical estimation of error}} - \underbrace{\frac{1}{n} \sum_{i=1}^n \varepsilon_i^2}_{\text{small constant}} + 2 \underbrace{E[\varepsilon_i(\hat{f}(x_i) - f(x_i))]}_{\text{covariance } (\varepsilon_i, \hat{f}(x_i) - f(x_i))}$$

Now,  $\varepsilon \not\perp \hat{f}(x)$  because  $\varepsilon$  was used for estimating the parameters of  $\hat{f}(x)$

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Hence, the empirical train error is smaller than the true error and does not give a true picture of the error

But how is this related to model complexity? Let us see

## Module 8.3 : True error and Model complexity

Using Stein's Lemma (and some trickery) we can show that

$$\frac{1}{n} \sum_{i=1}^n \varepsilon_i (\hat{f}(x_i) - f(x_i)) = \frac{\sigma^2}{n} \sum_{i=1}^n \frac{\partial \hat{f}(x_i)}{\partial y_i}$$

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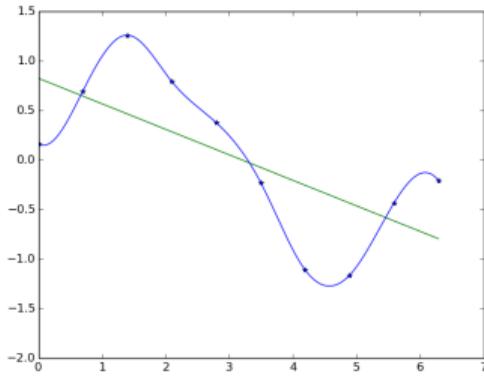
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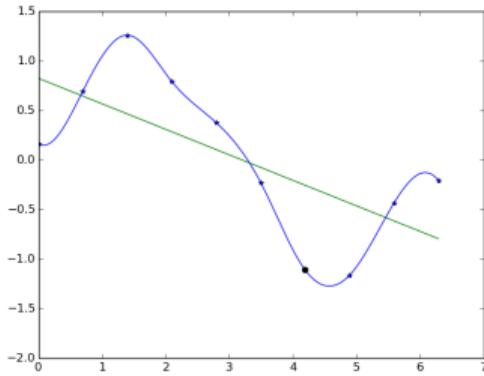
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- Can you link this to model complexity?
- Yes, indeed a complex model will be more sensitive to changes in observations whereas a simple model will be less sensitive to changes in observations
- Hence, we can say that  
true error = empirical train error + small constant +  $\Omega(\text{model complexity})$

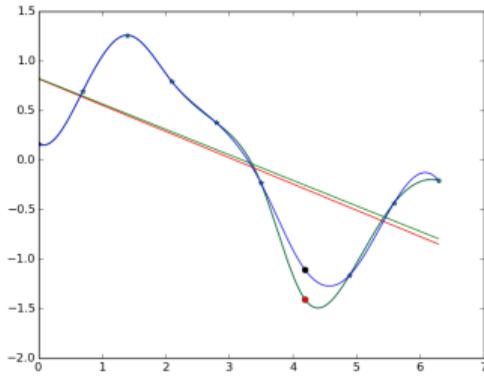
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- Let us verify that indeed a complex model is more sensitive to minor changes in the data
- We have fitted a simple and complex model for some given data
- We now change one of these data points
- The simple model does not change much as compared to the complex model

- Hence while training, instead of minimizing the training error  $\mathcal{L}_{train}(\theta)$  we should minimize

$$\min_{w.r.t \theta} \mathcal{L}_{train}(\theta) + \Omega(\theta) = \mathcal{L}(\theta)$$

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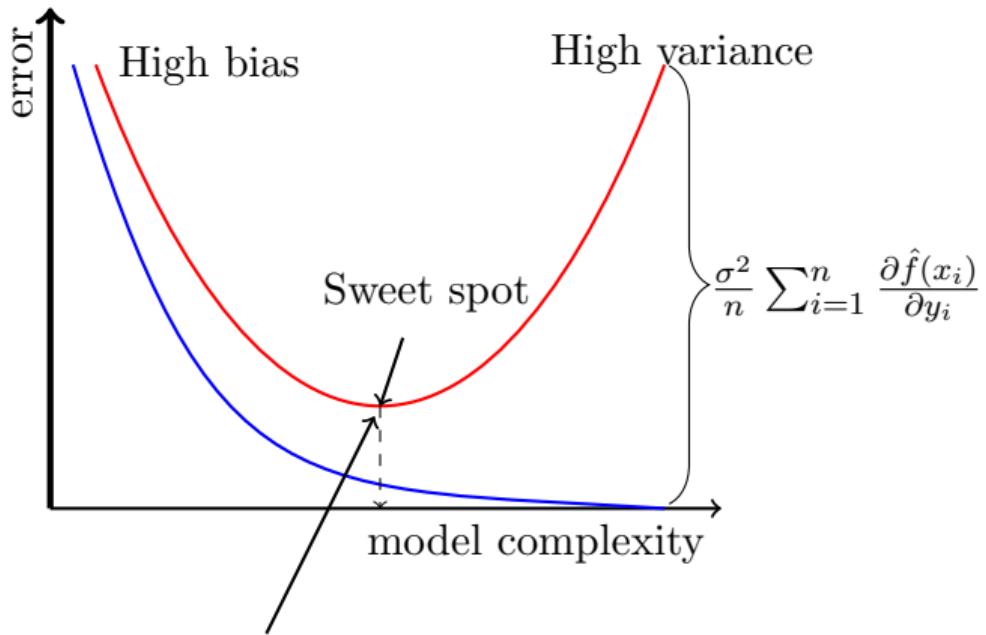
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- This is the basis for all regularization methods
- We can show that  $l_1$  regularization,  $l_2$  regularization, early stopping and injecting noise in input are all instances of this form of regularization.



$\Omega(\theta)$  should ensure  
that model has rea-  
sonable complexity

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## Different forms of regularization

- $l_2$  regularization

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## Module 8.4 : $l_2$ regularization

## Different forms of regularization

- $l_2$  regularization
- Dataset augmentation
- Parameter Sharing and tying
- Adding Noise to the inputs
- Adding Noise to the outputs
- Early stopping
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- Let us see the geometric interpretation of this

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- Let us analyse the case when  $\alpha \neq 0$

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where  $D = (\Lambda + \alpha\mathbb{I})^{-1}\Lambda$ , is a diagonal matrix which we will see in more detail soon

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- So what is happening here?

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- However if  $\alpha = 0$  then  $Q$  rotates  $Q^T w^*$  back to give  $w^*$
- If  $\alpha \neq 0$  then let us see what  $D$  looks like

$$\begin{aligned}\tilde{w} &= Q(\Lambda + \alpha\mathbb{I})^{-1}\Lambda Q^T w^* \\ &= QDQ^T w^* \\ (\Lambda + \alpha\mathbb{I})^{-1} &= \left[ \quad \right]\end{aligned}$$

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- If  $\alpha \neq 0$  then let us see what  $D$  looks like

$$\begin{aligned}\tilde{w} &= Q(\Lambda + \alpha\mathbb{I})^{-1}\Lambda Q^T w^* \\ &= QDQ^T w^* \\ (\Lambda + \alpha\mathbb{I})^{-1} &= \left[ \begin{array}{c} \frac{1}{\lambda_1 + \alpha} \\ \vdots \end{array} \right]\end{aligned}$$

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 D &= (\Lambda + \alpha\mathbb{I})^{-1}\Lambda
 \end{aligned}$$

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- So what is happening now?

$$\begin{aligned}\tilde{w} &= Q(\Lambda + \alpha\mathbb{I})^{-1}\Lambda Q^T w^* \\ &= QDQ^T w^*\end{aligned}$$

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$$\tilde{w} = Q(\Lambda + \alpha\mathbb{I})^{-1}\Lambda Q^T w^*$$

$$= QDQ^T w^*$$

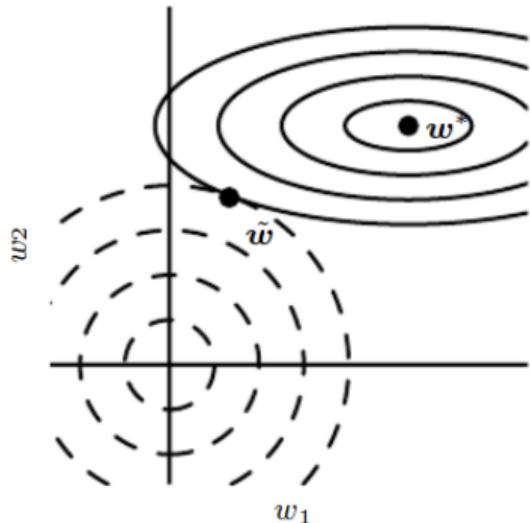
$$(\Lambda + \alpha\mathbb{I})^{-1} = \begin{bmatrix} \frac{1}{\lambda_1+\alpha} & & & \\ & \frac{1}{\lambda_2+\alpha} & & \\ & & \ddots & \\ & & & \frac{1}{\lambda_n+\alpha} \end{bmatrix}$$

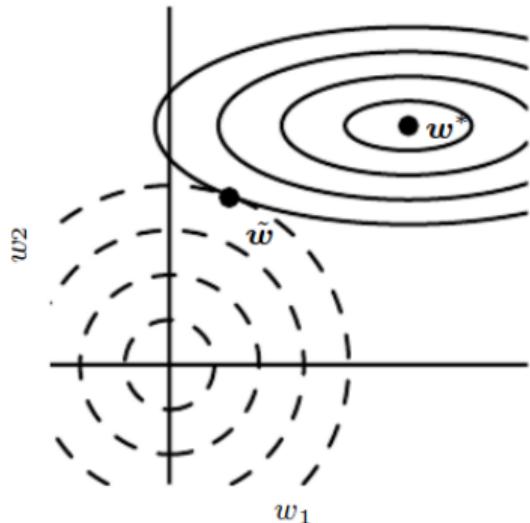
$$D = (\Lambda + \alpha\mathbb{I})^{-1}\Lambda$$

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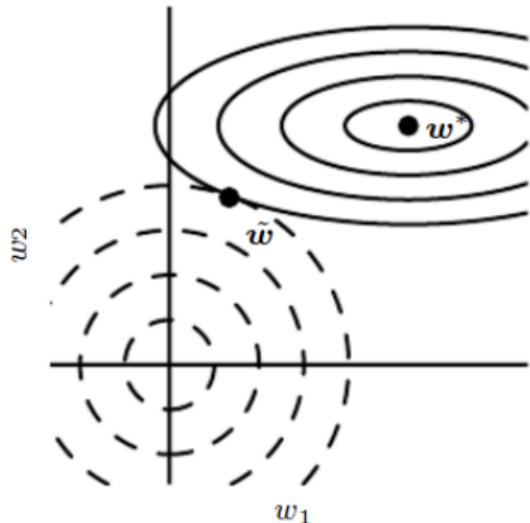
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- if  $\lambda_i \ll \alpha$  then  $\frac{\lambda_i}{\lambda_i+\alpha} = 0$
- Thus only significant directions (larger eigen values) will be retained.

Effective parameters =  $\sum_{i=1}^n \frac{\lambda_i}{\lambda_i + \alpha} < n$

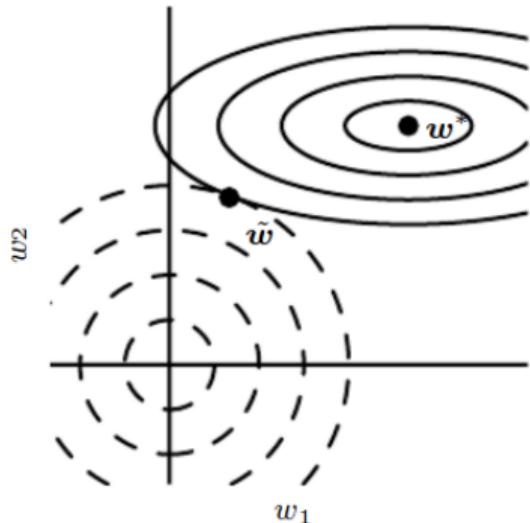




- The weight vector( $w^*$ ) is getting rotated to ( $\tilde{w}$ )



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- All of its elements are shrinking but some are shrinking more than the others



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- All of its elements are shrinking but some are shrinking more than the others
- This ensures that only important features are given high weights

## Module 8.5 : Dataset augmentation

## Different forms of regularization

- $l_2$  regularization
- Dataset augmentation
- Parameter Sharing and tying
- Adding Noise to the inputs
- Adding Noise to the outputs
- Early stopping
- Ensemble methods
- Dropout

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label = 2



label = 2

[given training data]



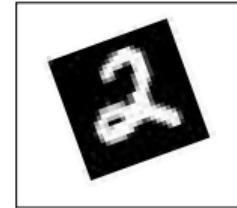
label = 2

[given training data]



label = 2

[given training data]

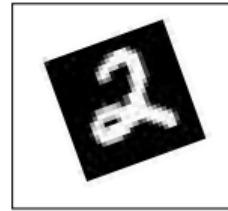


rotated by  $20^\circ$

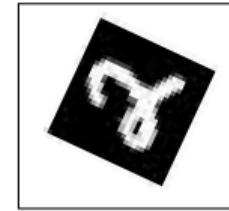


label = 2

[given training data]



rotated by  $20^\circ$

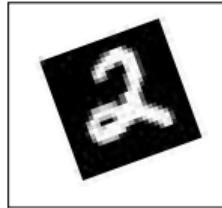


rotated by  $65^\circ$

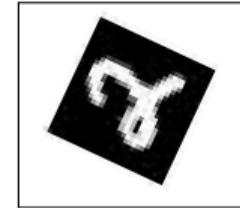


label = 2

[given training data]



rotated by  $20^\circ$



rotated by  $65^\circ$



shifted vertically

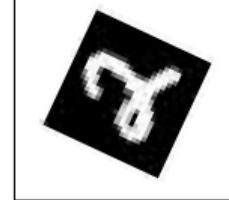


label = 2

[given training data]



rotated by  $20^\circ$



rotated by  $65^\circ$



shifted vertically



shifted horizontally

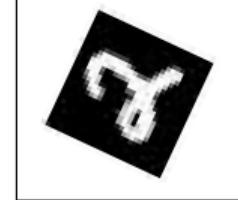


label = 2

[given training data]



rotated by 20°



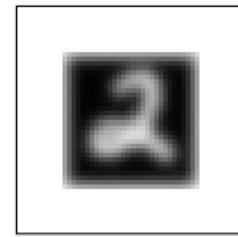
rotated by 65°



shifted vertically



shifted horizontally



blurred

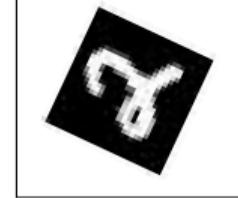


label = 2

[given training data]



rotated by 20°



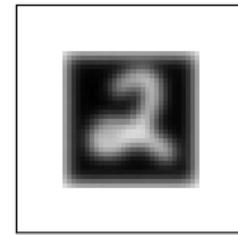
rotated by 65°



shifted vertically



shifted horizontally



blurred



changed some pixels

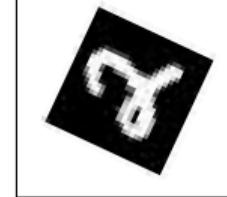


label = 2

[given training data]



rotated by 20°



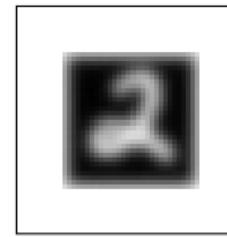
rotated by 65°



shifted vertically



shifted horizontally



blurred



changed some pixels

label = 2

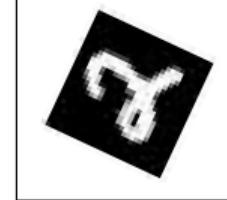


label = 2

[given training data]



rotated by 20°



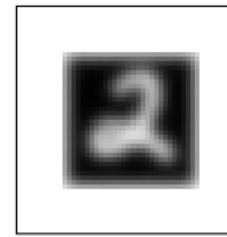
rotated by 65°



shifted vertically



shifted horizontally



blurred



changed some pixels

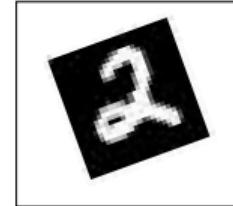
label = 2

[augmented data = created using some knowledge of the task]

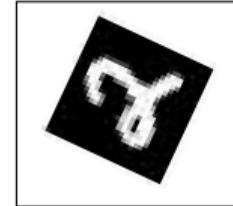


label = 2

[given training data]  
We exploit the fact that certain transformations to the image do not change the label of the image.



rotated by 20°



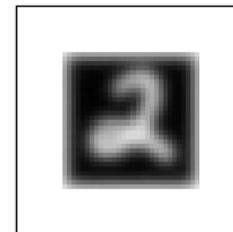
rotated by 65°



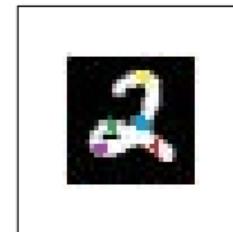
shifted vertically



shifted horizontally



blurred



changed some pixels

label = 2

[augmented data = created using some knowledge of the task]

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- Works well for image classification / object recognition tasks
- Also shown to work well for speech
- For some tasks it may not be clear how to generate such data

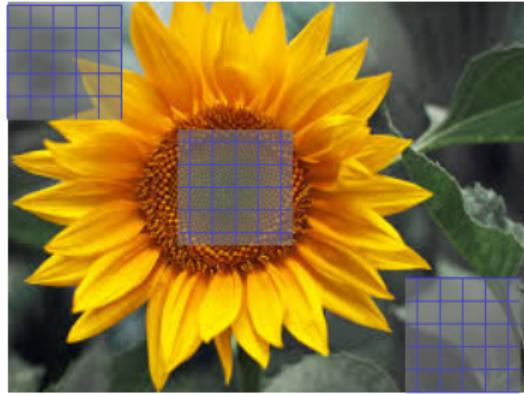
## Module 8.6 : Parameter Sharing and tying

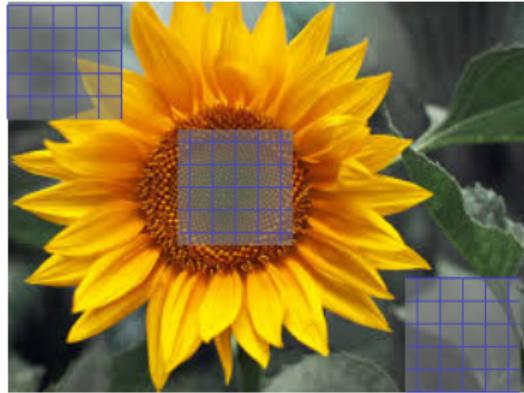
## Other forms of regularization

- $l_2$  regularization
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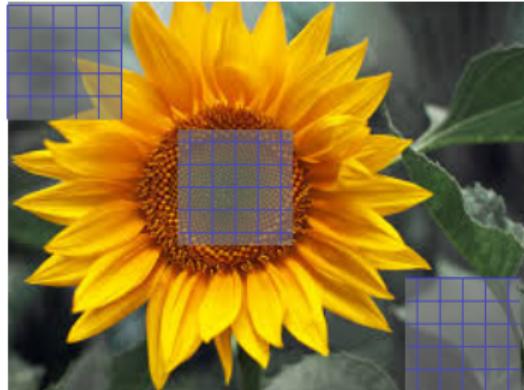
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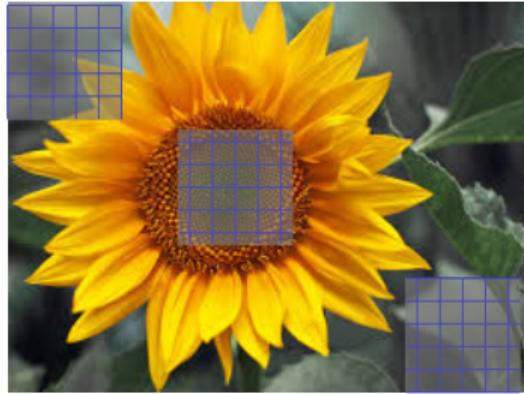


## Parameter Sharing



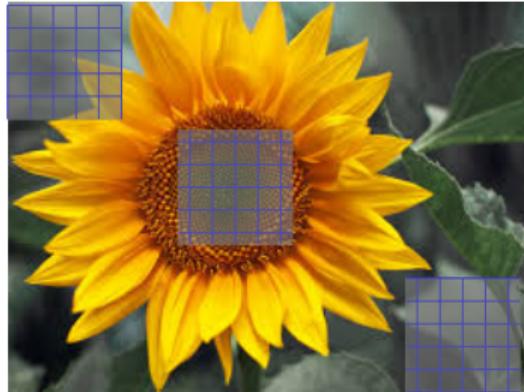
## Parameter Sharing

- Used in CNNs



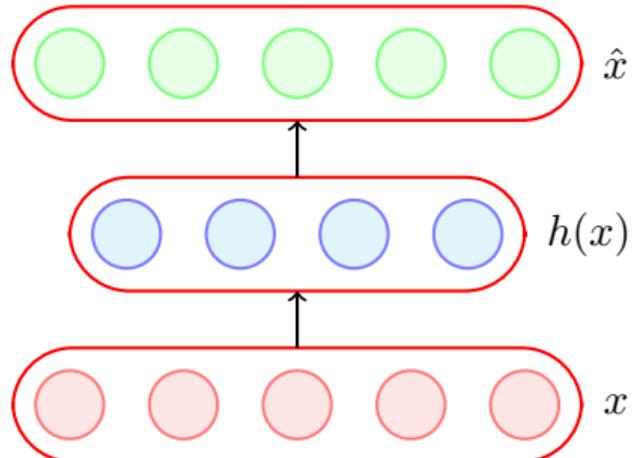
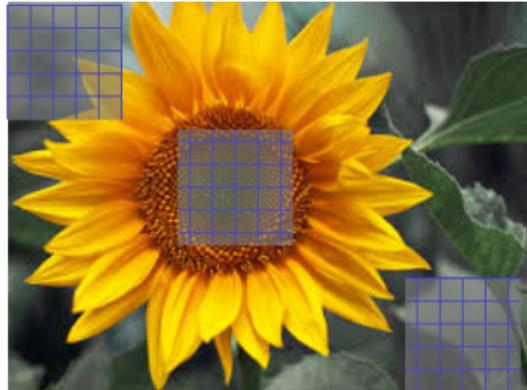
## Parameter Sharing

- Used in CNNs
- Same filter applied at different positions of the image



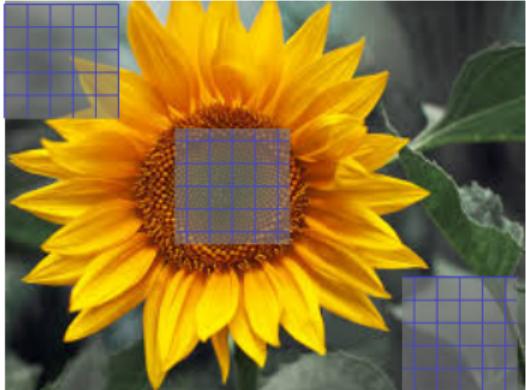
## Parameter Sharing

- Used in CNNs
- Same filter applied at different positions of the image
- Or same weight matrix acts on different input neurons



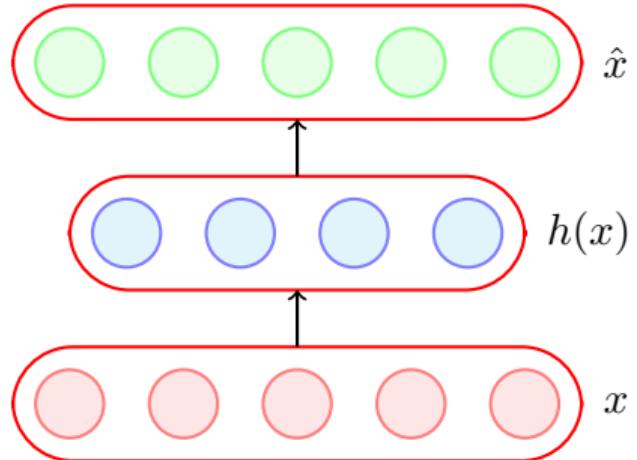
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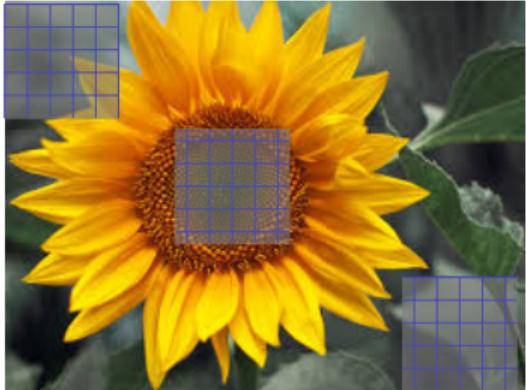


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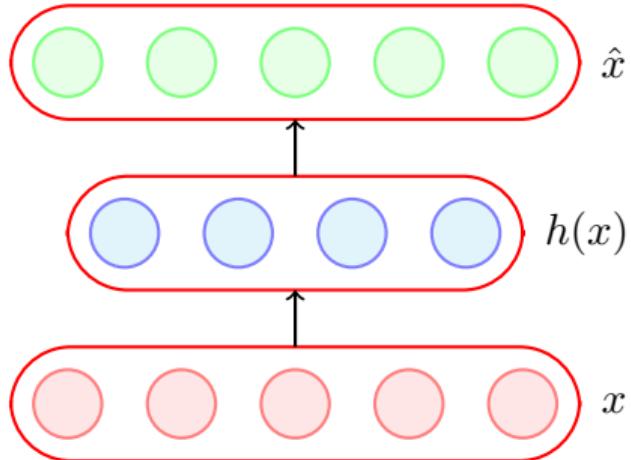


## Parameter Tying



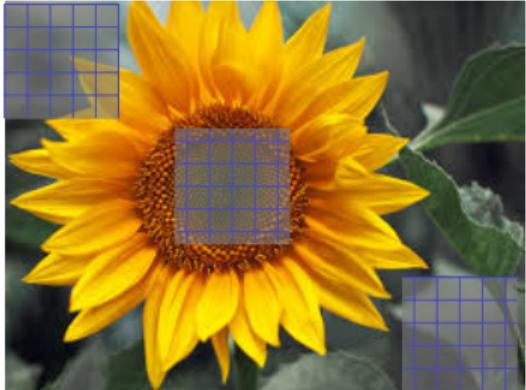
## Parameter Sharing

- Used in CNNs
- Same filter applied at different positions of the image
- Or same weight matrix acts on different input neurons



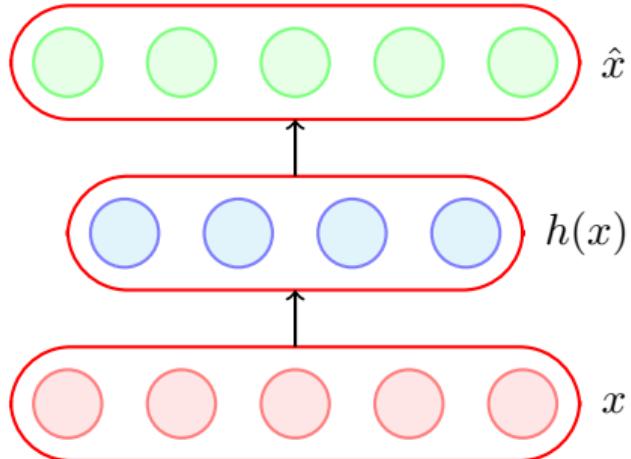
## Parameter Tying

- Typically used in autoencoders



## Parameter Sharing

- Used in CNNs
- Same filter applied at different positions of the image
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## Parameter Tying

- Typically used in autoencoders
- The encoder and decoder weights are tied.

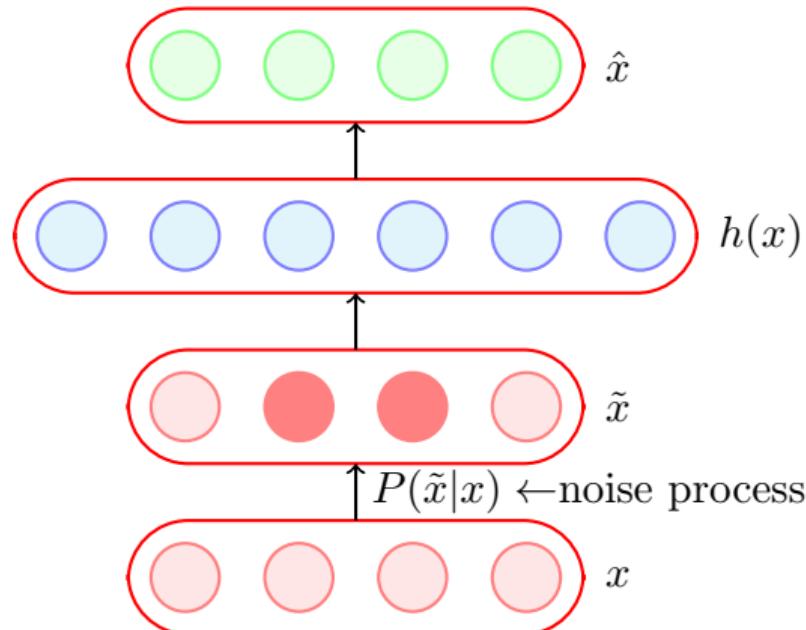
## Module 8.7 : Adding Noise to the inputs

## Other forms of regularization

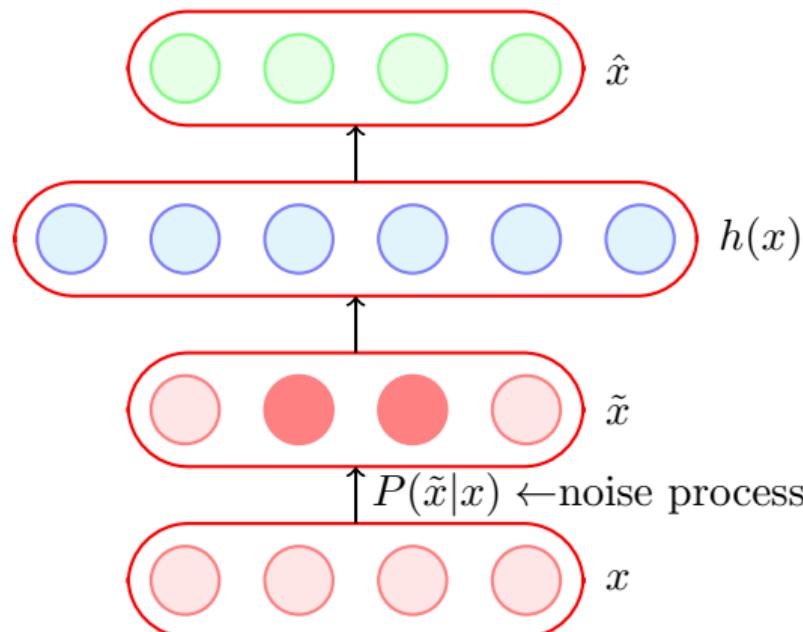
- $l_2$  regularization
- Dataset augmentation
- Parameter Sharing and tying
- Adding Noise to the inputs
- Adding Noise to the outputs
- Early stopping
- Ensemble methods
- Dropout

## Other forms of regularization

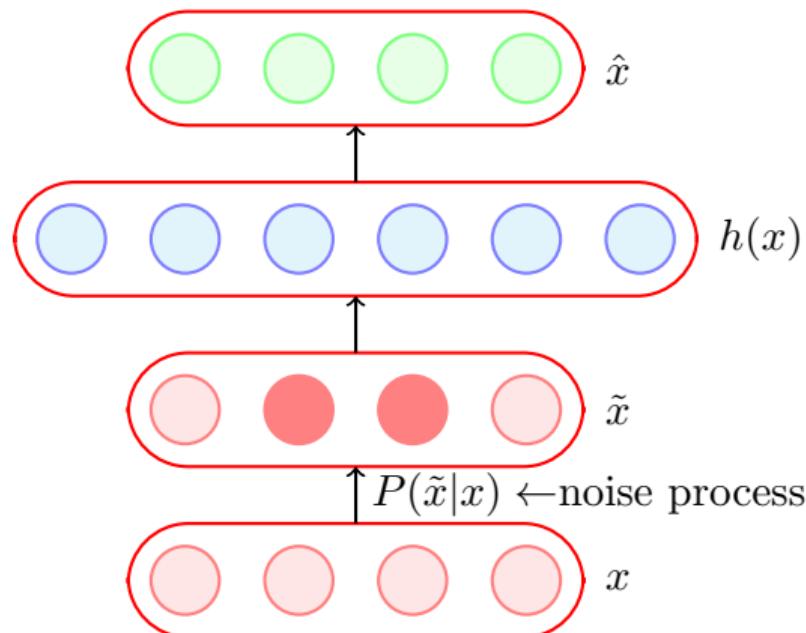
- $l_2$  regularization
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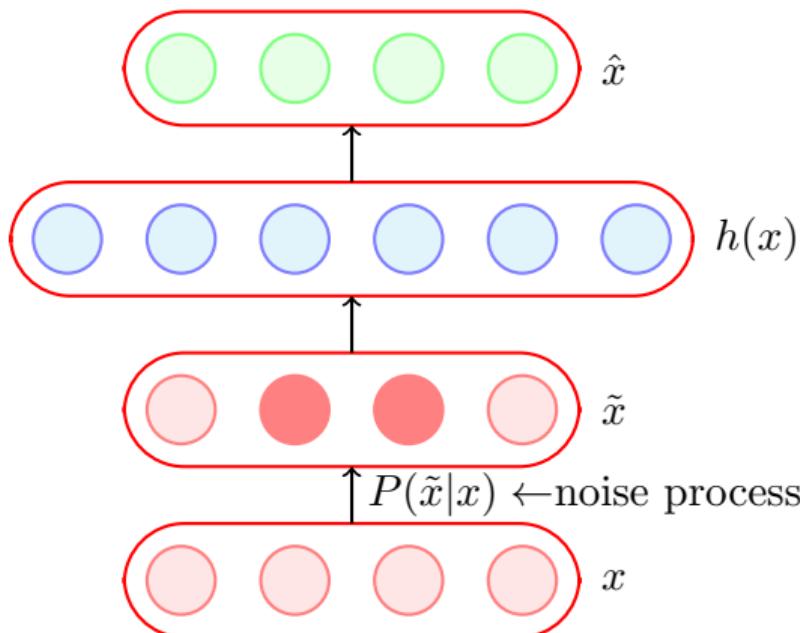
- We saw this in Autoencoder

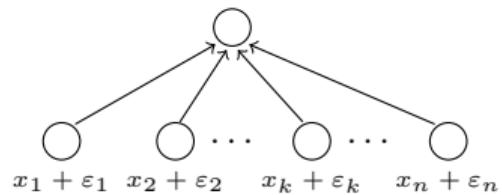


- We saw this in Autoencoder
- We can show that for a simple input output neural network, adding Gaussian noise to the input is equivalent to weight decay ( $L_2$  regularisation)

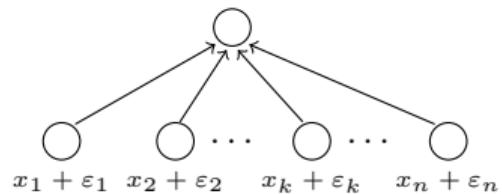


- We saw this in Autoencoder
- We can show that for a simple input output neural network, adding Gaussian noise to the input is equivalent to weight decay ( $L_2$  regularisation)
- Can be viewed as data augmentation



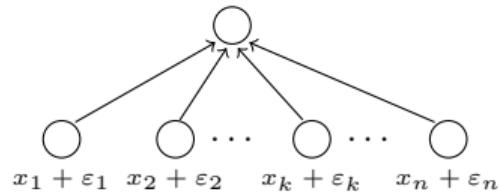


$$\varepsilon \sim \mathcal{N}(0, \sigma^2)$$



$$\varepsilon \sim \mathcal{N}(0, \sigma^2)$$

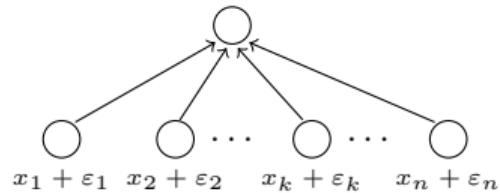
$$\tilde{x}_i = x_i + \varepsilon_i$$



$$\varepsilon \sim \mathcal{N}(0, \sigma^2)$$

$$\tilde{x}_i = x_i + \varepsilon_i$$

$$\hat{y} = \sum_{i=1}^n w_i x_i$$

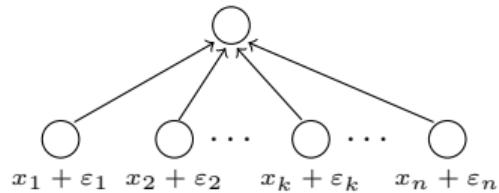


$$\varepsilon \sim \mathcal{N}(0, \sigma^2)$$

$$\tilde{x}_i = x_i + \varepsilon_i$$

$$\hat{y} = \sum_{i=1}^n w_i x_i$$

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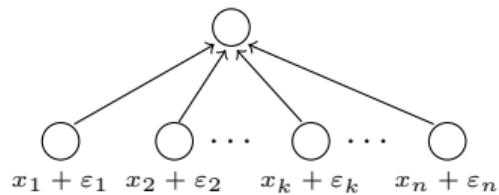
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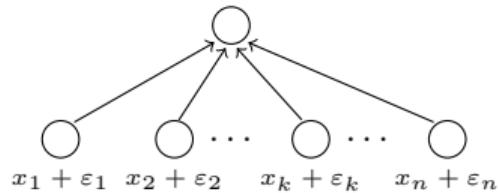
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$$= \hat{y} + \sum_{i=1}^n w_i \varepsilon_i$$

We are interested in  $E[(\tilde{y} - y)^2]$



$$\varepsilon \sim \mathcal{N}(0, \sigma^2)$$

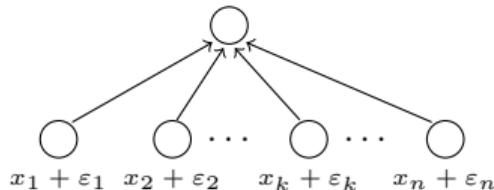
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$$= \hat{y} + \sum_{i=1}^n w_i \varepsilon_i$$



We are interested in  $E[(\tilde{y} - y)^2]$

$$E[(\tilde{y} - y)^2] = E \left[ \left( \hat{y} + \sum_{i=1}^n w_i \varepsilon_i - y \right)^2 \right]$$

$$\varepsilon \sim \mathcal{N}(0, \sigma^2)$$

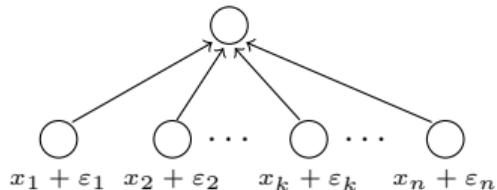
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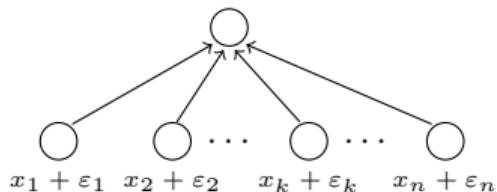
$$\tilde{y} = \sum_{i=1}^n w_i \tilde{x}_i$$

$$= \sum_{i=1}^n w_i x_i + \sum_{i=1}^n w_i \varepsilon_i$$

$$= \hat{y} + \sum_{i=1}^n w_i \varepsilon_i$$

We are interested in  $E[(\tilde{y} - y)^2]$

$$\begin{aligned} E[(\tilde{y} - y)^2] &= E \left[ \left( \hat{y} + \sum_{i=1}^n w_i \varepsilon_i - y \right)^2 \right] \\ &= E \left[ \left( (\hat{y} - y) + \left( \sum_{i=1}^n w_i \varepsilon_i \right) \right)^2 \right] \end{aligned}$$



$$\varepsilon \sim \mathcal{N}(0, \sigma^2)$$

$$\tilde{x}_i = x_i + \varepsilon_i$$

$$\hat{y} = \sum_{i=1}^n w_i x_i$$

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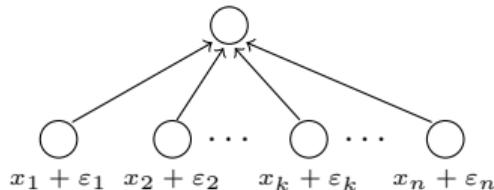
$$= \sum_{i=1}^n w_i x_i + \sum_{i=1}^n w_i \varepsilon_i$$

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We are interested in  $E[(\tilde{y} - y)^2]$

$$\begin{aligned} E[(\tilde{y} - y)^2] &= E \left[ \left( \hat{y} + \sum_{i=1}^n w_i \varepsilon_i - y \right)^2 \right] \\ &= E \left[ \left( (\hat{y} - y) + \left( \sum_{i=1}^n w_i \varepsilon_i \right) \right)^2 \right] \end{aligned}$$

$$= E[(\hat{y} - y)^2] + E \left[ 2(\hat{y} - y) \sum_{i=1}^n w_i \varepsilon_i \right] + E \left[ \left( \sum_{i=1}^n w_i \varepsilon_i \right)^2 \right]$$



$$\varepsilon \sim \mathcal{N}(0, \sigma^2)$$

$$\tilde{x}_i = x_i + \varepsilon_i$$

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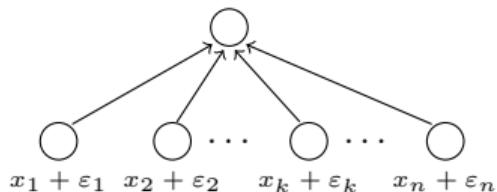
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( $\because \varepsilon_i$  is independent of  $\varepsilon_j$  and  $\varepsilon_i$  is independent of  $(\hat{y}-y)$ )



$$\varepsilon \sim \mathcal{N}(0, \sigma^2)$$

$$\tilde{x}_i = x_i + \varepsilon_i$$

$$\hat{y} = \sum_{i=1}^n w_i x_i$$

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We are interested in  $E[(\tilde{y} - y)^2]$

$$\begin{aligned}
 E[(\tilde{y} - y)^2] &= E \left[ \left( \hat{y} + \sum_{i=1}^n w_i \varepsilon_i - y \right)^2 \right] \\
 &= E \left[ \left( (\hat{y} - y) + \left( \sum_{i=1}^n w_i \varepsilon_i \right) \right)^2 \right] \\
 &= E[(\hat{y} - y)^2] + E \left[ 2(\hat{y} - y) \sum_{i=1}^n w_i \varepsilon_i \right] + E \left[ \left( \sum_{i=1}^n w_i \varepsilon_i \right)^2 \right] \\
 &= E[(\hat{y} - y)^2] + 0 + E \left[ \sum_{i=1}^n w_i^2 \varepsilon_i^2 \right] \\
 &\quad (\because \varepsilon_i \text{ is independent of } \varepsilon_j \text{ and } \varepsilon_i \text{ is independent of } (\hat{y} - y)) \\
 &= (E[(\hat{y} - y)^2]) + \sigma^2 \sum_{i=1}^n w_i^2 \quad (\text{same as } L_2 \text{ norm penalty})
 \end{aligned}$$

## Module 8.8 : Adding Noise to the outputs

## Other forms of regularization

- $l_2$  regularization
- Dataset augmentation
- Parameter Sharing and tying
- Adding Noise to the inputs
- **Adding Noise to the outputs**
- Early stopping
- Ensemble methods
- Dropout



0	0	1	0	0	0	0	0	0	0
---	---	---	---	---	---	---	---	---	---

Hard targets



0	0	1	0	0	0	0	0	0	0
---	---	---	---	---	---	---	---	---	---

Hard targets

$$\text{minimize} : \sum_{i=0}^9 p_i \log q_i$$



0	0	1	0	0	0	0	0	0	0
---	---	---	---	---	---	---	---	---	---

Hard targets

$$\text{minimize} : \sum_{i=0}^9 p_i \log q_i$$

true distribution :  $p = \{0, 0, 1, 0, 0, 0, 0, 0, 0, 0\}$



0	0	1	0	0	0	0	0	0	0
---	---	---	---	---	---	---	---	---	---

Hard targets

$$\text{minimize} : \sum_{i=0}^9 p_i \log q_i$$

true distribution :  $p = \{0, 0, 1, 0, 0, 0, 0, 0, 0, 0\}$

estimated distribution :  $q$



0	0	1	0	0	0	0	0	0	0
---	---	---	---	---	---	---	---	---	---

Hard targets

$$\text{minimize} : \sum_{i=0}^9 p_i \log q_i$$

true distribution :  $p = \{0, 0, 1, 0, 0, 0, 0, 0, 0, 0\}$

estimated distribution :  $q$

## Intuition

- Do not trust the true labels, they may be noisy



0	0	1	0	0	0	0	0	0	0
---	---	---	---	---	---	---	---	---	---

Hard targets

$$\text{minimize} : \sum_{i=0}^9 p_i \log q_i$$

true distribution :  $p = \{0, 0, 1, 0, 0, 0, 0, 0, 0, 0\}$

estimated distribution :  $q$

## Intuition

- Do not trust the true labels, they may be noisy
- Instead, use soft targets



$\frac{\varepsilon}{9}$	$\frac{\varepsilon}{9}$	$1 - \varepsilon$	$\frac{\varepsilon}{9}$						
-------------------------	-------------------------	-------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------

Soft targets



$\frac{\varepsilon}{9}$	$\frac{\varepsilon}{9}$	$1 - \varepsilon$	$\frac{\varepsilon}{9}$						
-------------------------	-------------------------	-------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------

Soft targets

$\varepsilon = \text{small positive constant}$



$\frac{\varepsilon}{9}$	$\frac{\varepsilon}{9}$	$1 - \varepsilon$	$\frac{\varepsilon}{9}$						
-------------------------	-------------------------	-------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------

Soft targets

$\varepsilon = \text{small positive constant}$

$$\text{minimize} : \sum_{i=0}^9 p_i \log q_i$$



$\frac{\varepsilon}{9}$	$\frac{\varepsilon}{9}$	$1 - \varepsilon$	$\frac{\varepsilon}{9}$						
-------------------------	-------------------------	-------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------

Soft targets

$\varepsilon = \text{small positive constant}$

$$\text{minimize} : \sum_{i=0}^9 p_i \log q_i$$

$$\text{true distribution + noise} : p = \left\{ \frac{\varepsilon}{9}, \frac{\varepsilon}{9}, 1 - \varepsilon, \frac{\varepsilon}{9}, \dots \right\}$$



$\frac{\varepsilon}{9}$	$\frac{\varepsilon}{9}$	$1 - \varepsilon$	$\frac{\varepsilon}{9}$						
-------------------------	-------------------------	-------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------	-------------------------

Soft targets

$\varepsilon = \text{small positive constant}$

$$\text{minimize} : \sum_{i=0}^9 p_i \log q_i$$

$$\text{true distribution + noise} : p = \left\{ \frac{\varepsilon}{9}, \frac{\varepsilon}{9}, 1 - \varepsilon, \frac{\varepsilon}{9}, \dots \right\}$$

estimated distribution :  $q$

## Module 8.9 : Early stopping

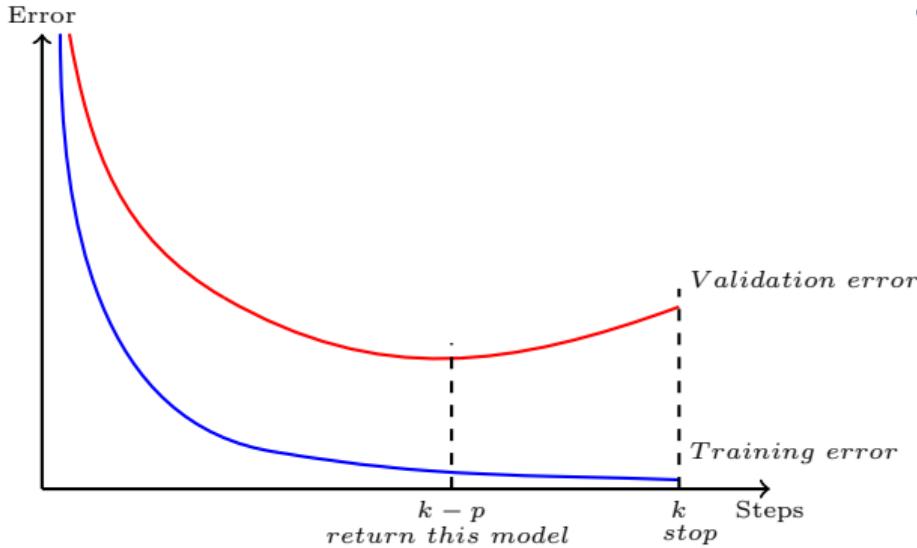
## Other forms of regularization

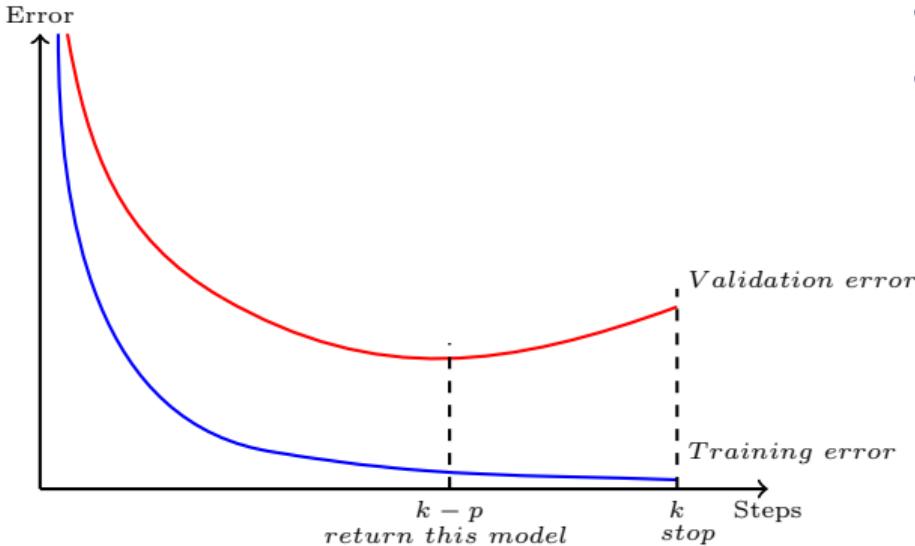
- $l_2$  regularization
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- Early stopping
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## Other forms of regularization

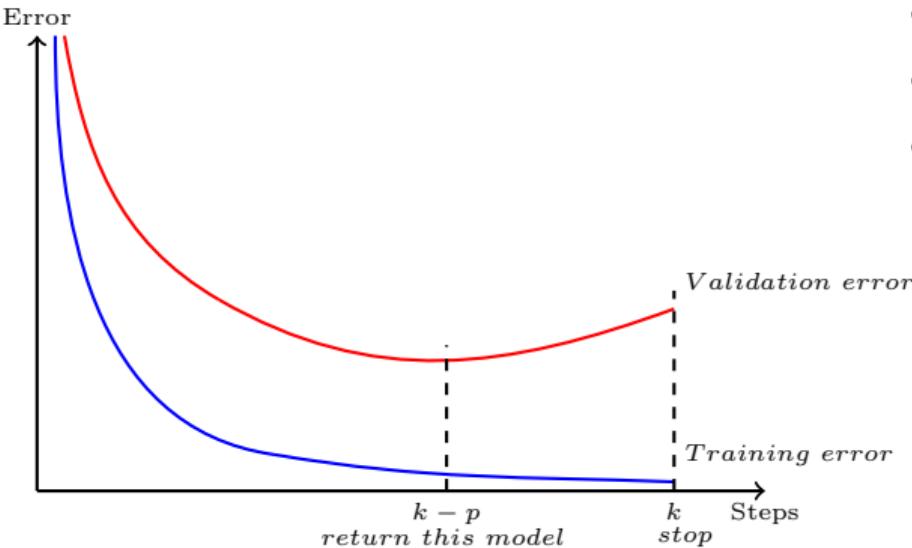
- $l_2$  regularization
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- Track the validation error

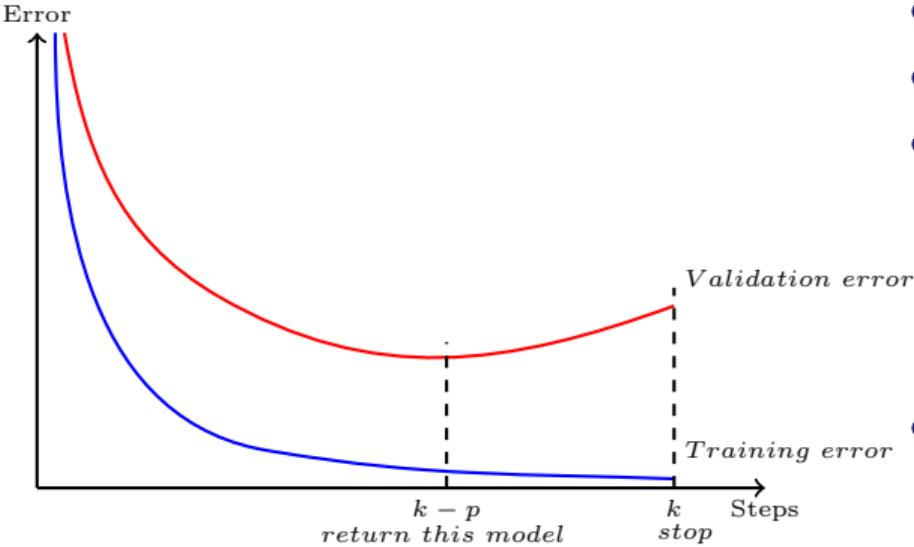




- Track the validation error
- Have a patience parameter  $p$

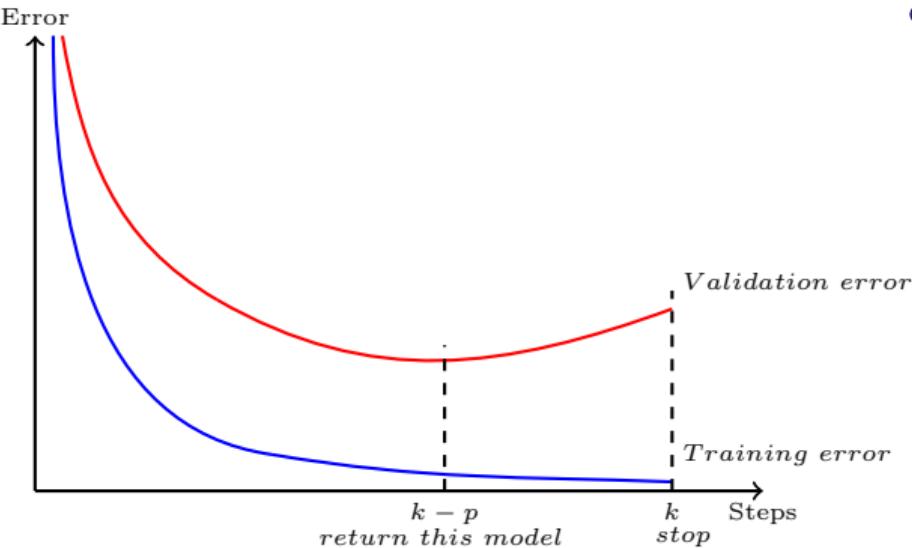


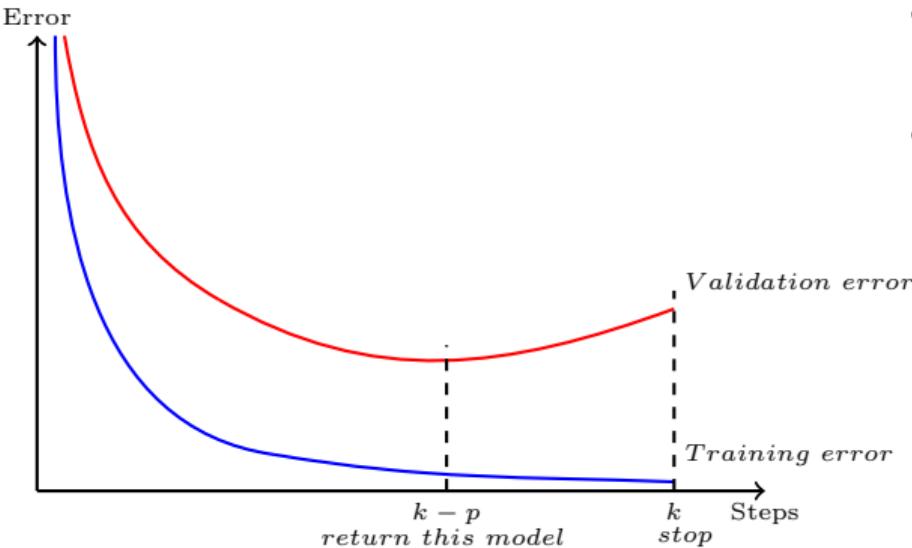
- Track the validation error
- Have a patience parameter  $p$
- If you are at step  $k$  and there was no improvement in validation error in the previous  $p$  steps then stop training and return the model stored at step  $k - p$



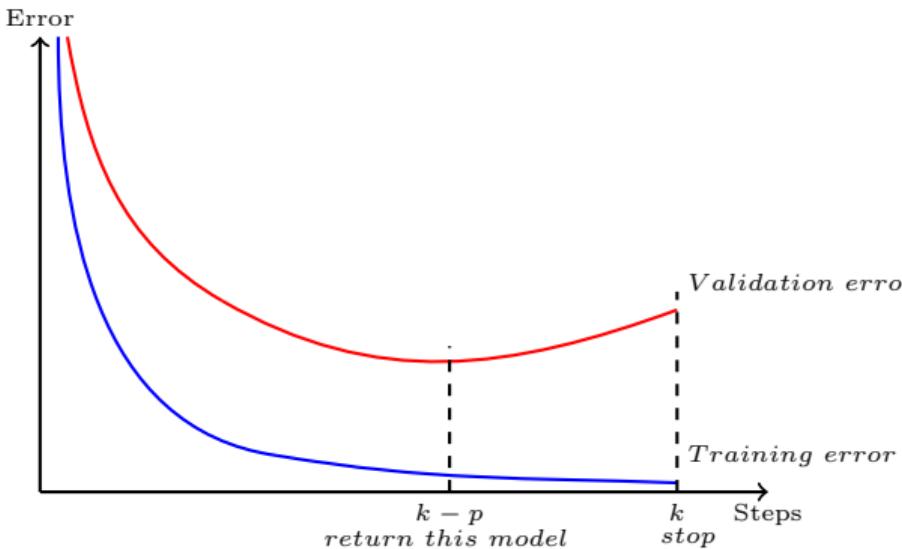
- Track the validation error
- Have a patience parameter  $p$
- If you are at step  $k$  and there was no improvement in validation error in the previous  $p$  steps then stop training and return the model stored at step  $k - p$
- Basically, stop the training early before it drives the training error to 0 and blows up the validation error

- Very effective and the mostly widely used form of regularization

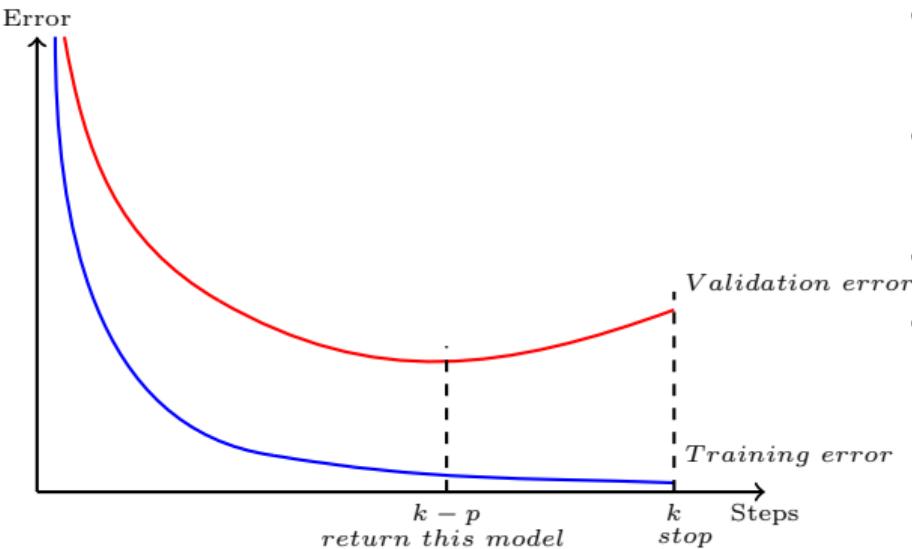




- Very effective and the mostly widely used form of regularization
- Can be used even with other regularizers (such as  $l_2$ )

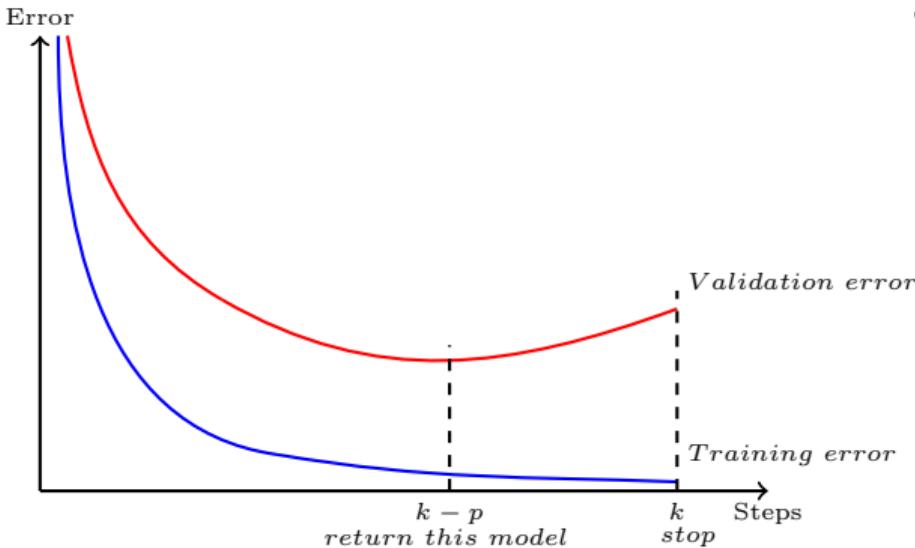


- Very effective and the mostly widely used form of regularization
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- How does it act as a regularizer ?



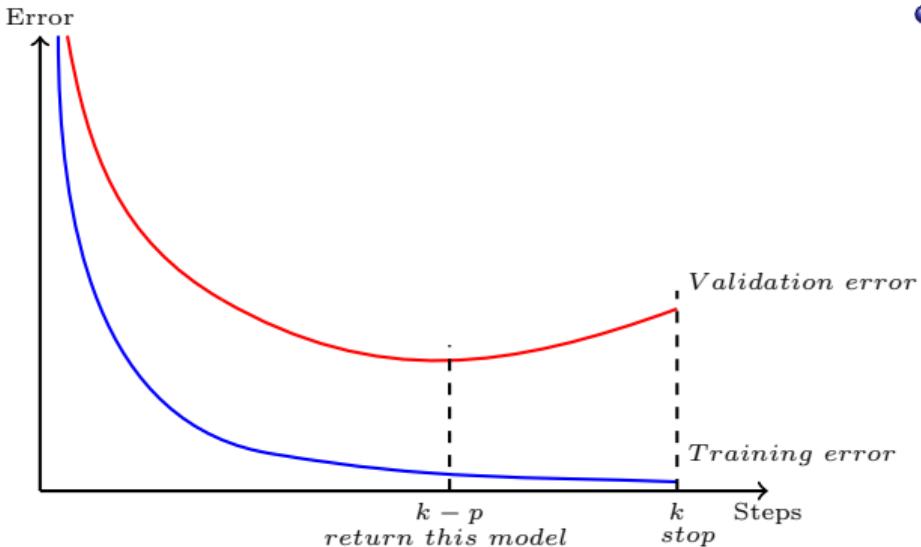
- Very effective and the mostly widely used form of regularization
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- How does it act as a regularizer ?
- We will first see an intuitive explanation and then a mathematical analysis

- Recall that the update rule in SGD is



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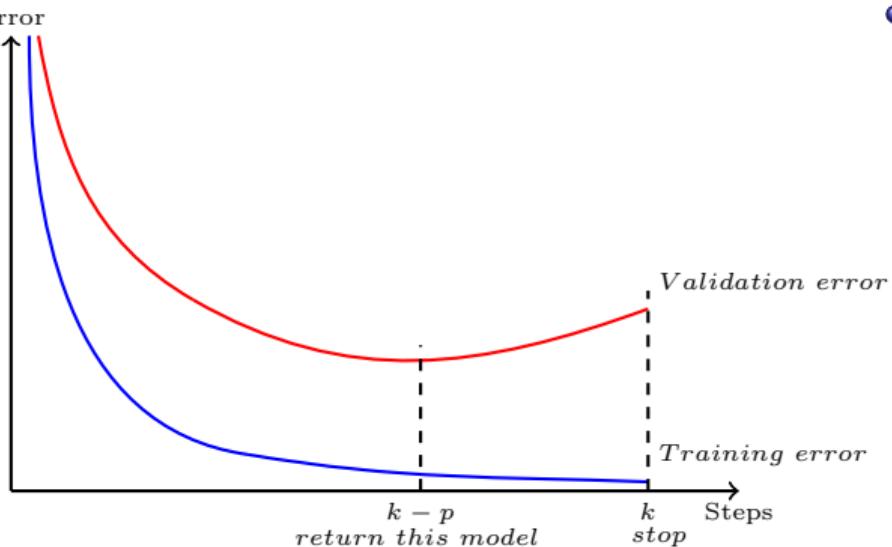
$$w_{t+1} = w_t - \eta \nabla w_t$$



- Recall that the update rule in SGD is

$$w_{t+1} = w_t - \eta \nabla w_t$$

$$= w_0 - \eta \sum_{i=1}^t \nabla w_i$$



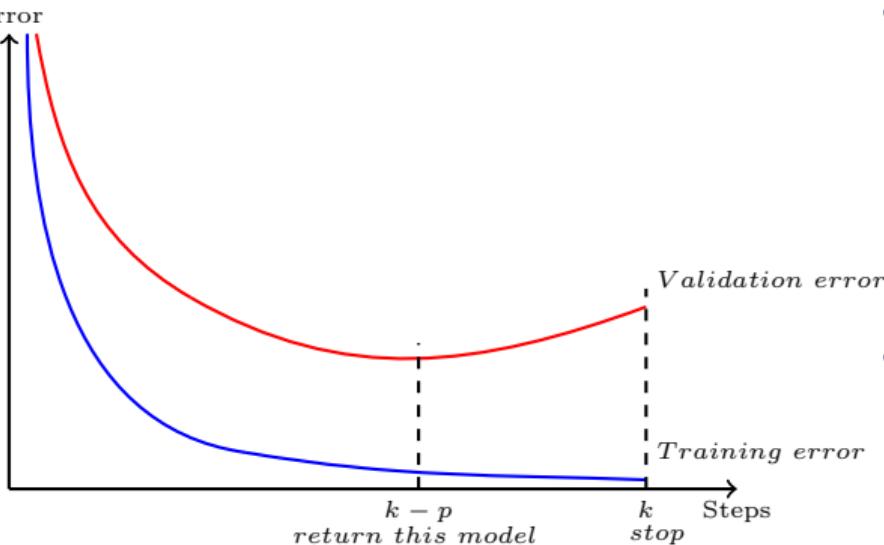
Error

- Recall that the update rule in SGD is

$$w_{t+1} = w_t - \eta \nabla w_t$$

$$= w_0 - \eta \sum_{i=1}^t \nabla w_i$$

- Let  $\tau$  be the maximum value of  $\nabla w_i$  then



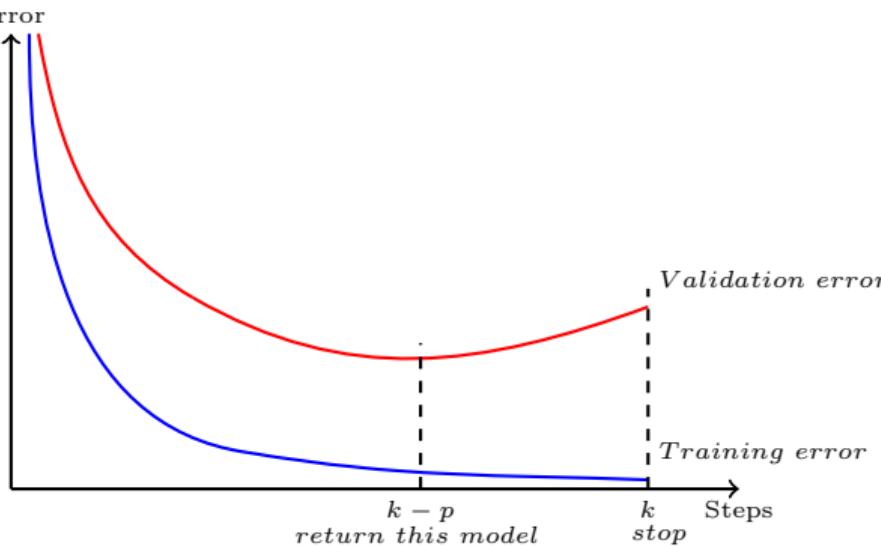
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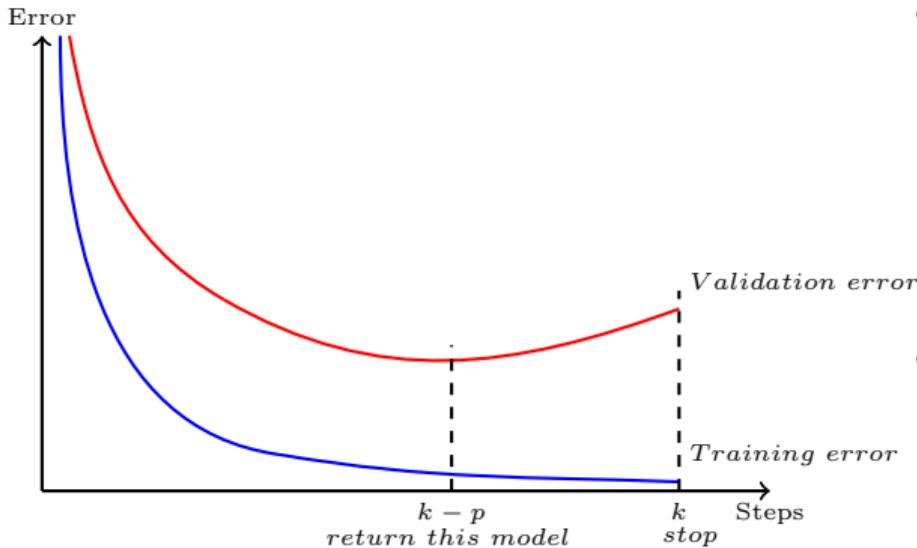
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$$|w_{t+1} - w_0| \leq \eta t |\tau|$$





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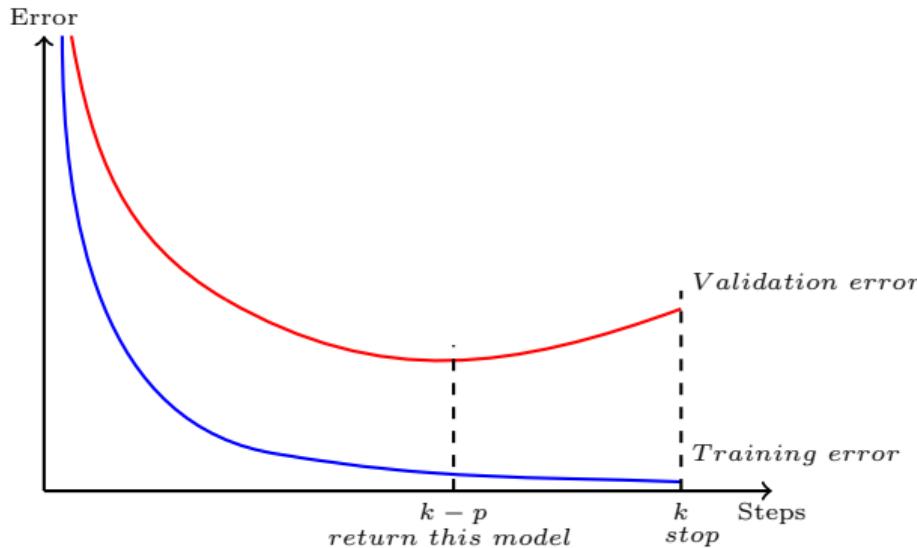
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- Thus,  $t$  controls how far  $w_t$  can go from the initial  $w_0$



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- Let  $\tau$  be the maximum value of  $\nabla w_i$  then

$$|w_{t+1} - w_0| \leq \eta t |\tau|$$

- Thus,  $t$  controls how far  $w_t$  can go from the initial  $w_0$
- In other words it controls the space of exploration

We will now see a mathematical analysis of this

- Recall that the Taylor series approximation for  $\mathcal{L}(w)$  is

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$$\mathcal{L}(w) = \mathcal{L}(w^*) + (w - w^*)^T \nabla \mathcal{L}(w^*) + \frac{1}{2} (w - w^*)^T H (w - w^*)$$

- Recall that the Taylor series approximation for  $\mathcal{L}(w)$  is

$$\begin{aligned}\mathcal{L}(w) &= \mathcal{L}(w^*) + (w - w^*)^T \nabla \mathcal{L}(w^*) + \frac{1}{2} (w - w^*)^T H (w - w^*) \\ &= \mathcal{L}(w^*) + \frac{1}{2} (w - w^*)^T H (w - w^*) \quad [ w^* \text{ is optimal so } \nabla \mathcal{L}(w^*) \text{ is 0 } ]\end{aligned}$$

- Recall that the Taylor series approximation for  $\mathcal{L}(w)$  is

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- We observe that  $w_t = \tilde{w}$ , if we choose  $\varepsilon, t$  and  $\alpha$  such that

$$(I - \varepsilon\Lambda)^t = (\Lambda + \alpha I)^{-1}\alpha$$

## Things to be remember

- Early stopping only allows  $t$  updates to the parameters.

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- Early stopping will thus effectively shrink the parameters corresponding to less important directions (same as weight decay).

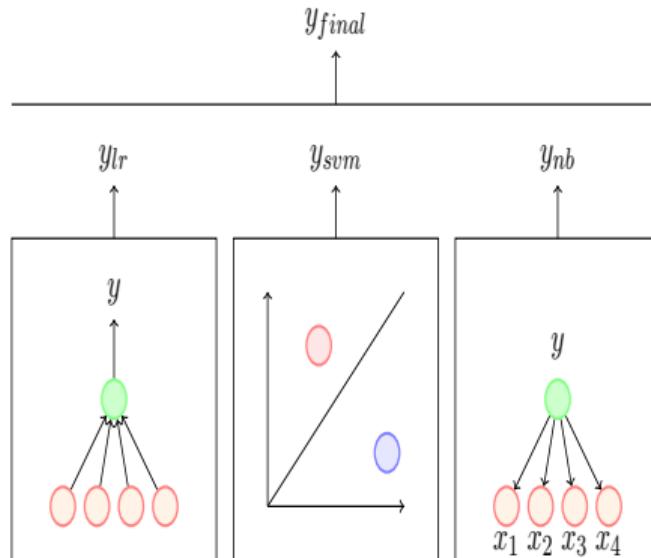
## Module 8.10 : Ensemble methods

## Other forms of regularization

- $l_2$  regularization
- Dataset augmentation
- Parameter Sharing and tying
- Adding Noise to the inputs
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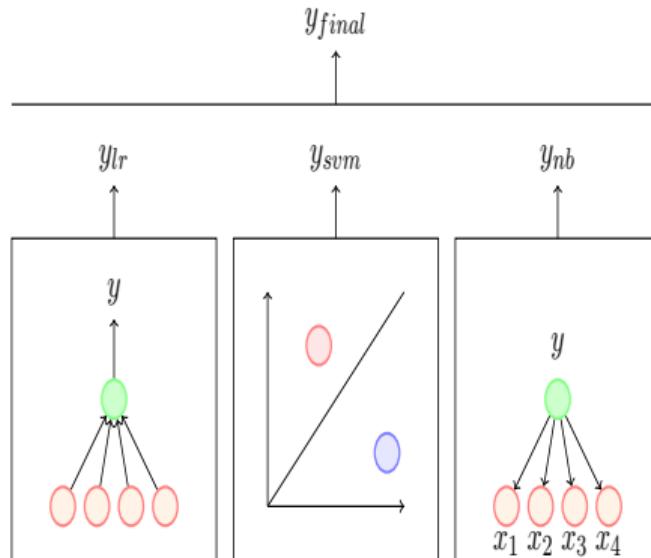


*Logistic Regression*

*SVM*

*Naive Bayes*

- Combine the output of different models to reduce generalization error

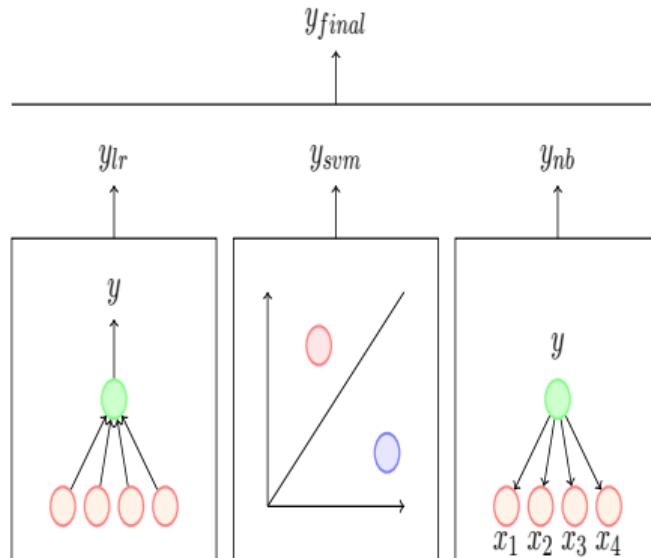


*Logistic Regression*

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- Combine the output of different models to reduce generalization error
- The models can correspond to different classifiers

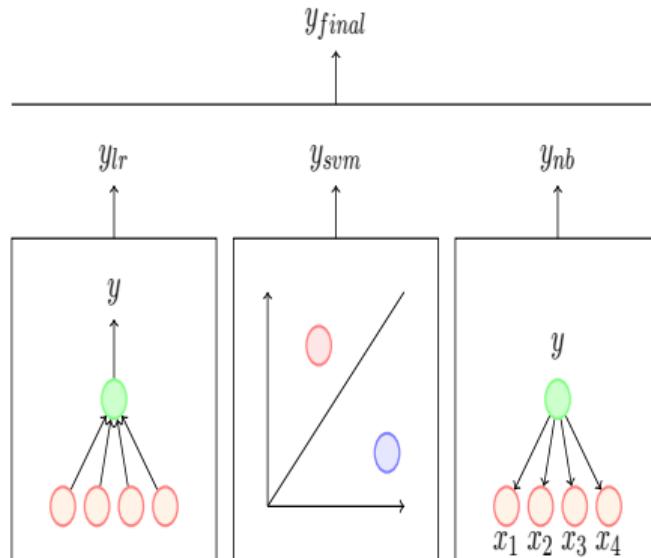


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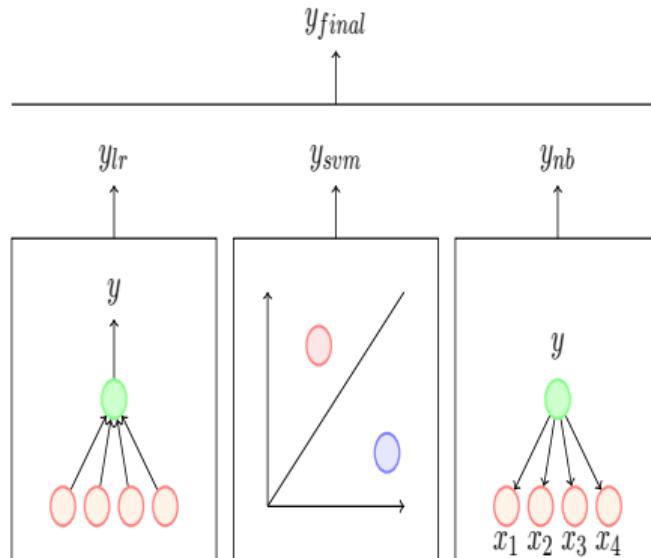


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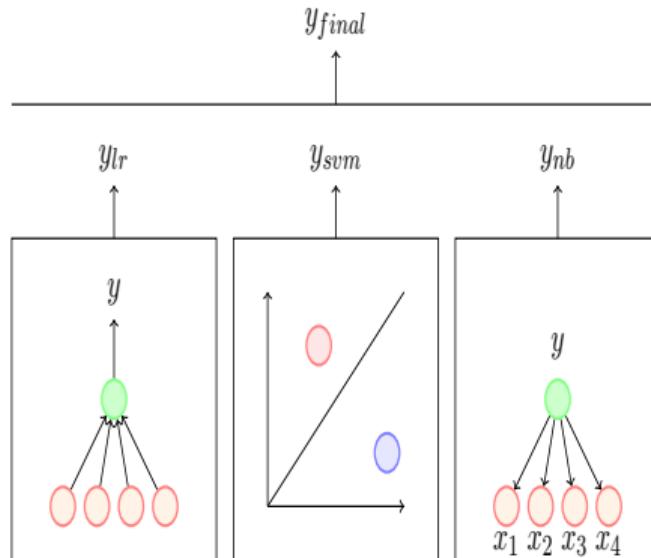


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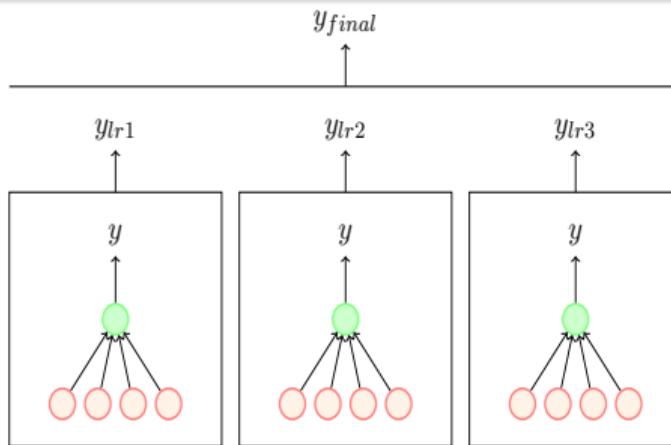


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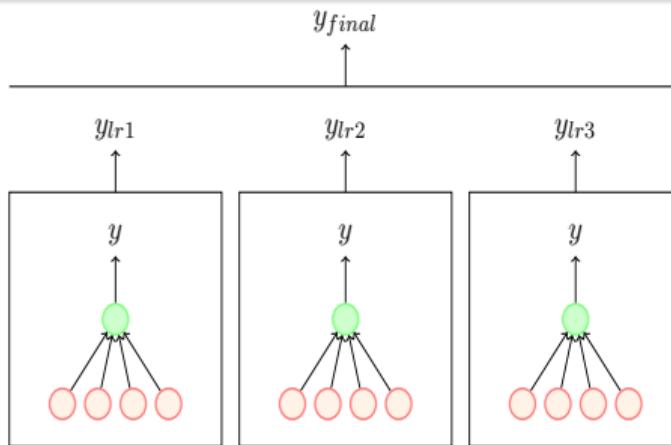
- Combine the output of different models to reduce generalization error
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Logistic  
Regression

Logistic  
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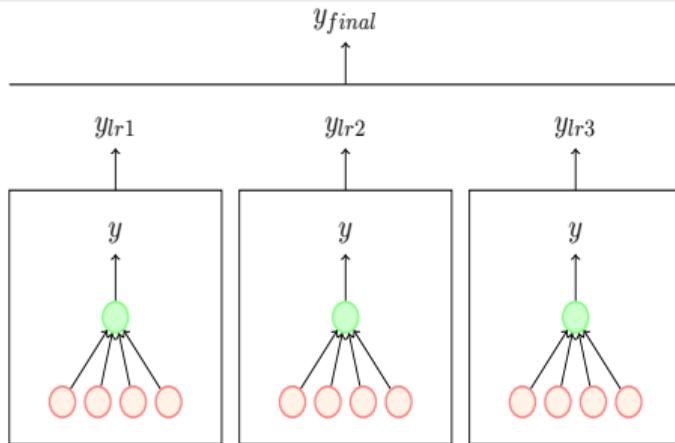
Logistic  
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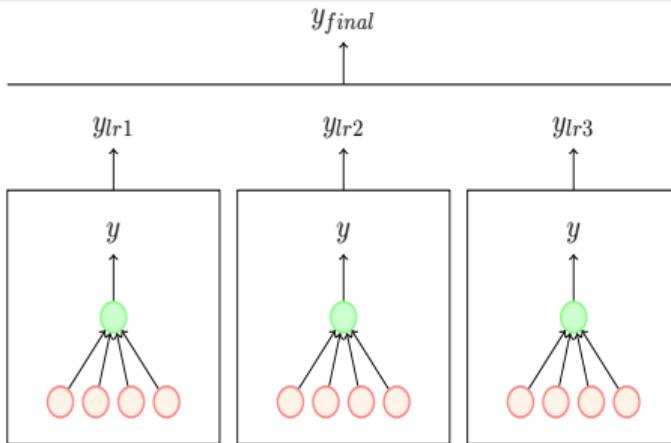


*Logistic  
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- Bagging: form an ensemble using different instances of the same classifier

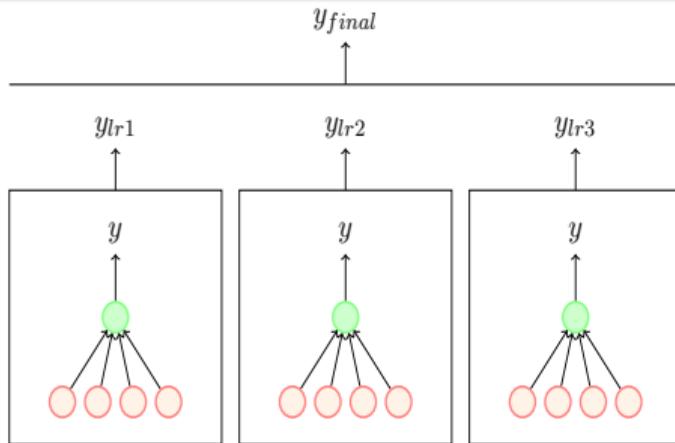


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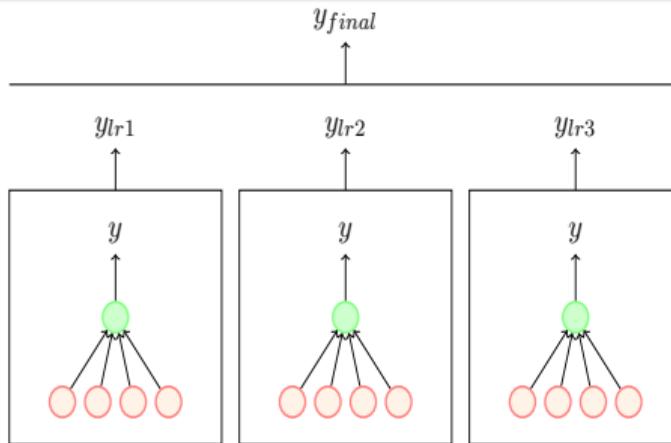
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*Logistic  
Regression*

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Each model trained with a different sample of the data (sampling with replacement)

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- If the errors of the model are independent or uncorrelated then  $C = 0$  and the mse of the ensemble reduces to  $\frac{1}{k}V$
- On average, the ensemble will perform at least as well as its individual members

## Module 8.11 : Dropout

## Other forms of regularization

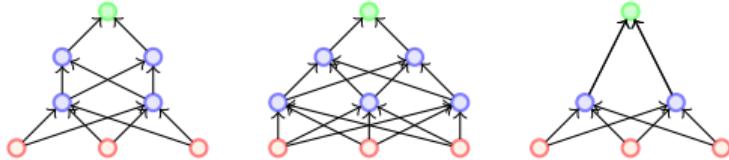
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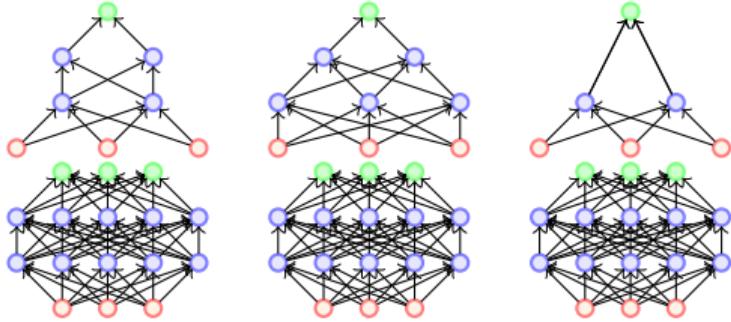
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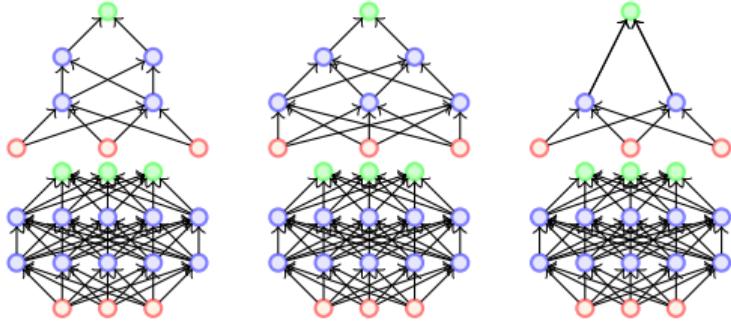
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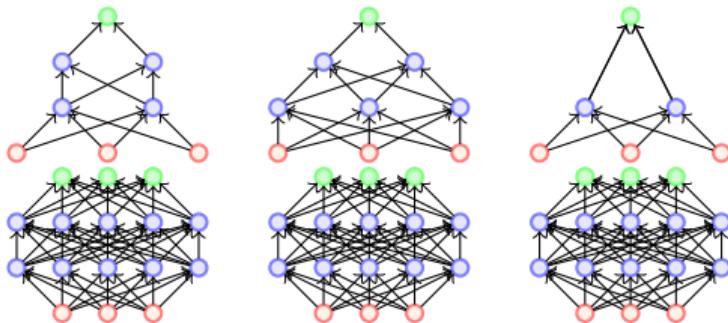


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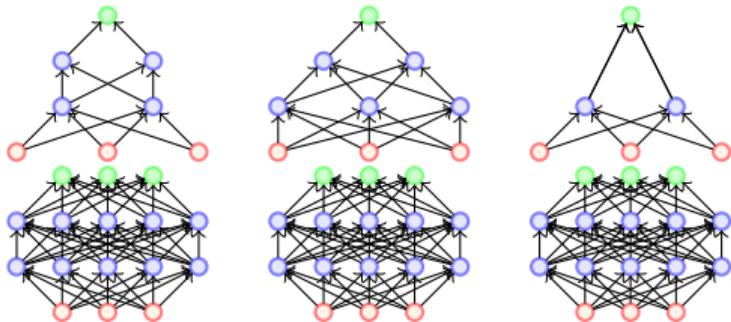


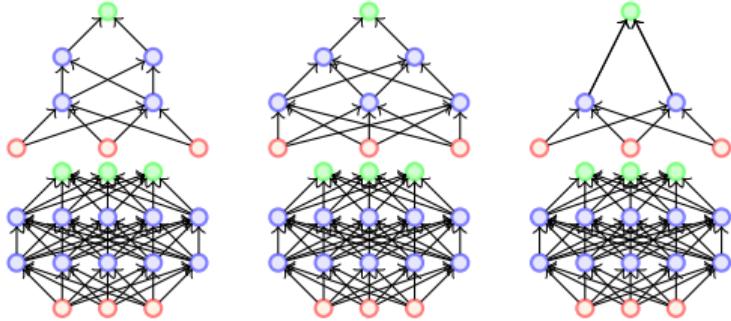
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- Training several large neural networks for making an ensemble is prohibitively expensive
- Option 1: Train several neural networks having different architectures(obviously expensive)
- Option 2: Train multiple instances of the same network using different training samples (again expensive)
- Even if we manage to train with option 1 or option 2, combining several models at test time is infeasible in real time applications

- Dropout is a technique which addresses both these issues.

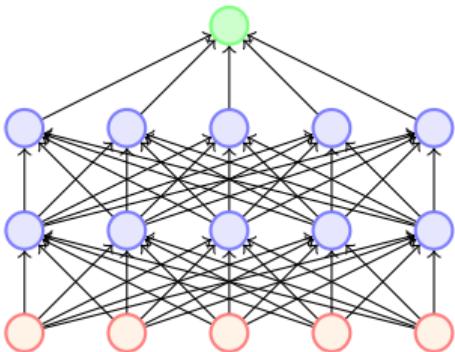


- Dropout is a technique which addresses both these issues.
- Effectively it allows training several neural networks without any significant computational overhead.

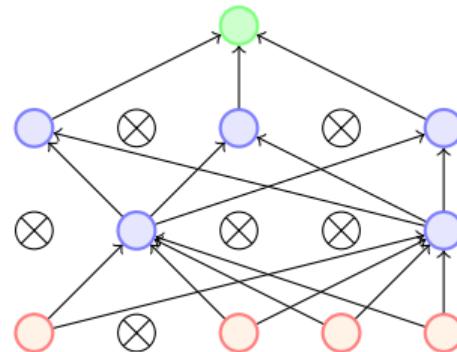
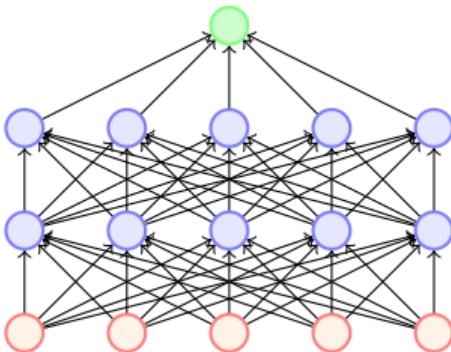




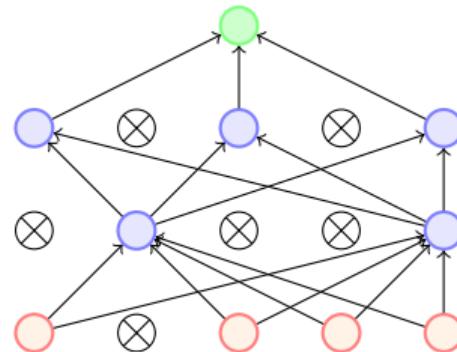
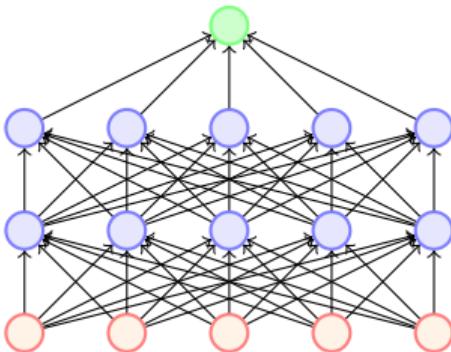
- Dropout is a technique which addresses both these issues.
- Effectively it allows training several neural networks without any significant computational overhead.
- Also gives an efficient approximate way of combining exponentially many different neural networks.



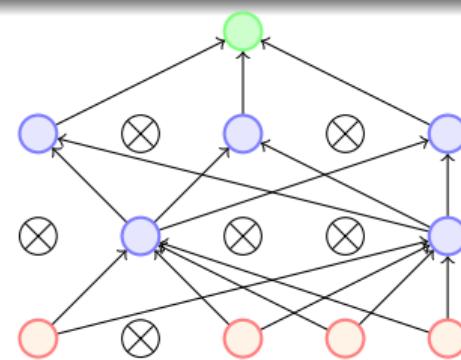
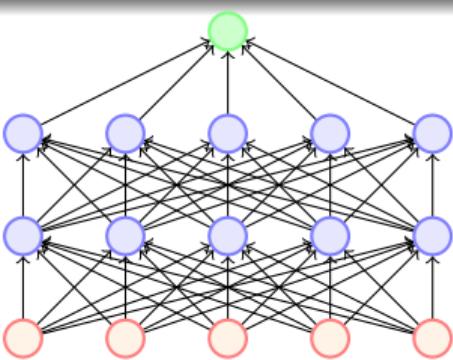
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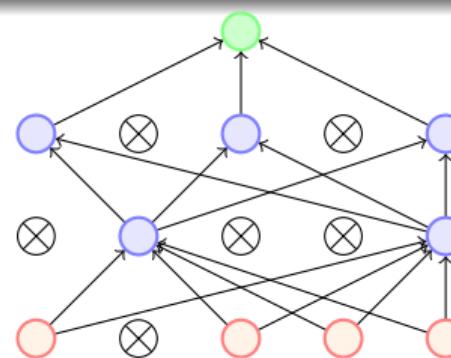
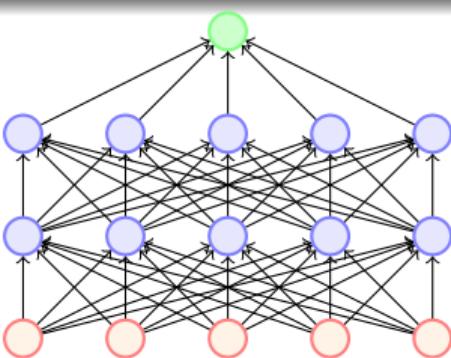


- Dropout refers to dropping out units
- Temporarily remove a node and all its incoming/outgoing connections resulting in a thinned network

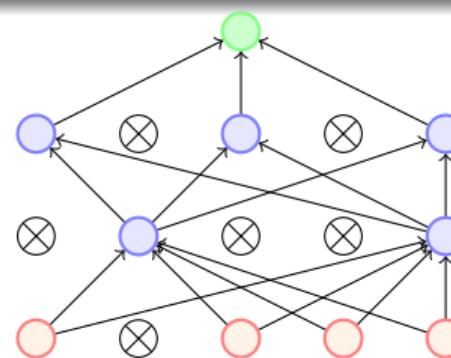
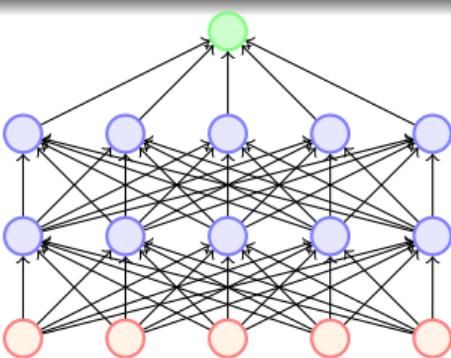


- Dropout refers to dropping out units
- Temporarily remove a node and all its incoming/outgoing connections resulting in a thinned network
- Each node is retained with a fixed probability (typically  $p = 0.5$ ) for hidden nodes and  $p = 0.8$  for visible nodes

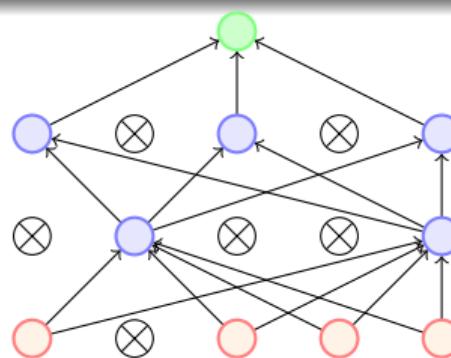
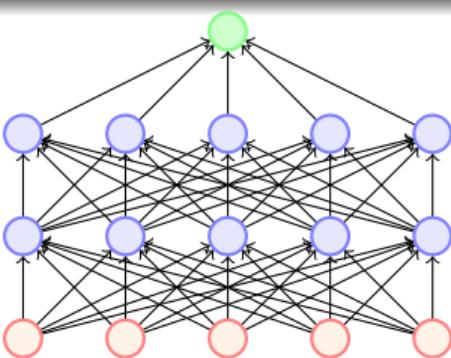




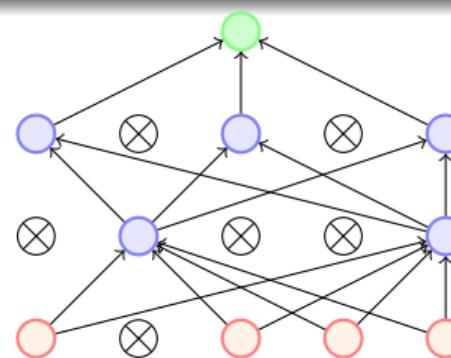
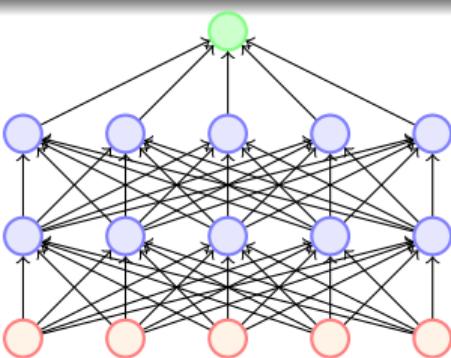
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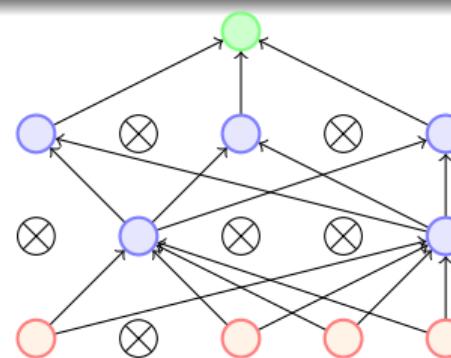
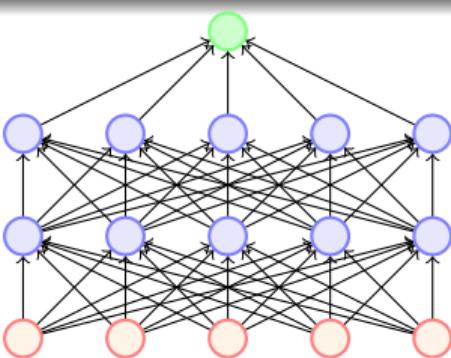
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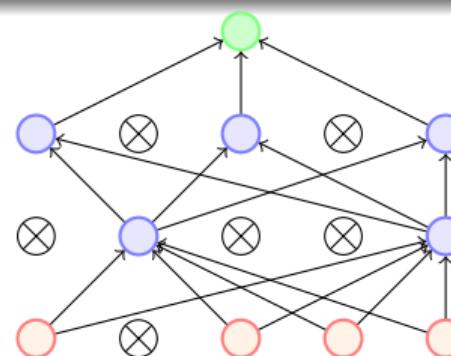
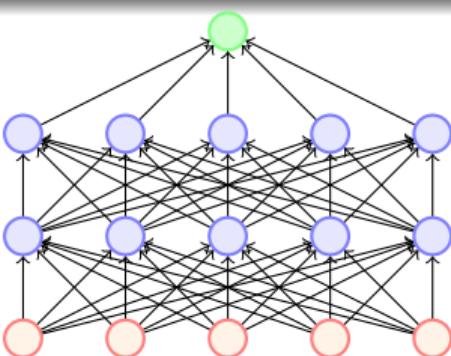
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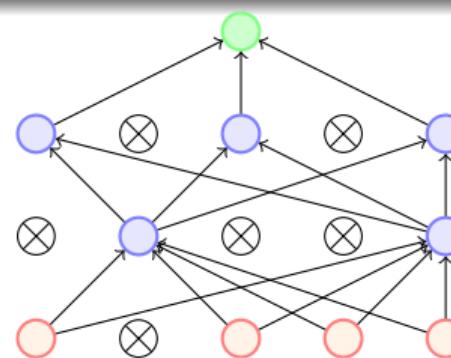
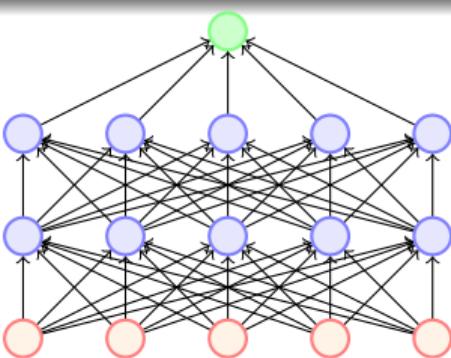
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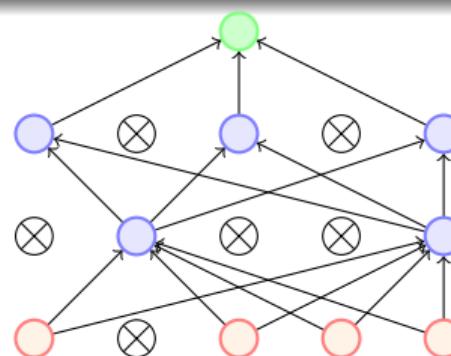
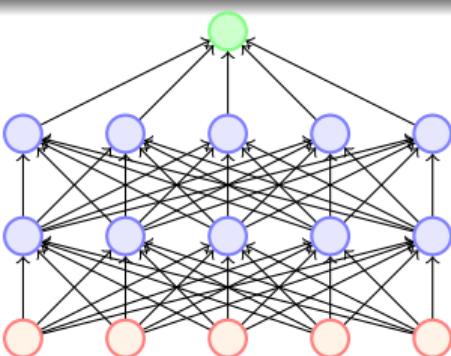
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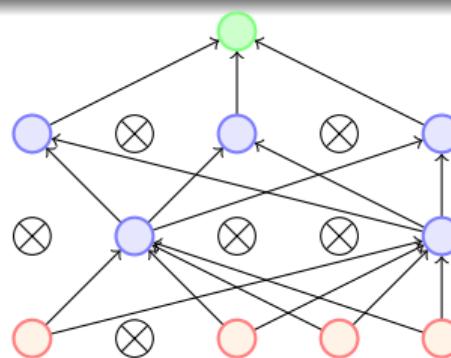
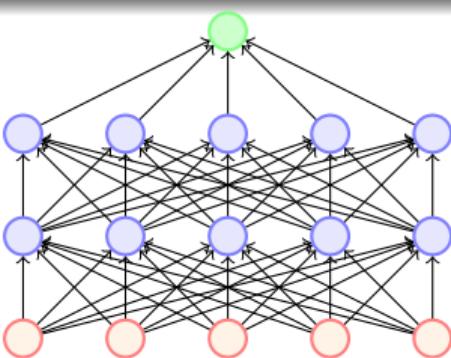
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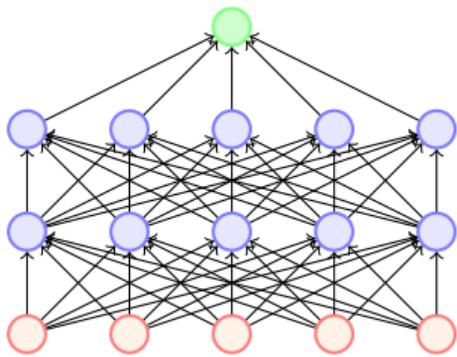
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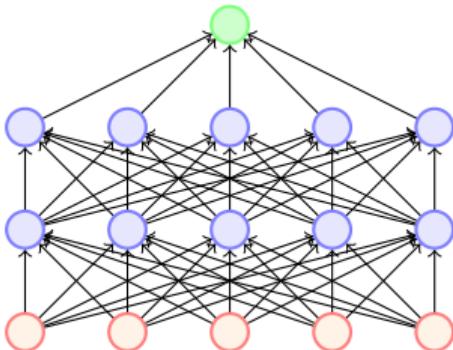


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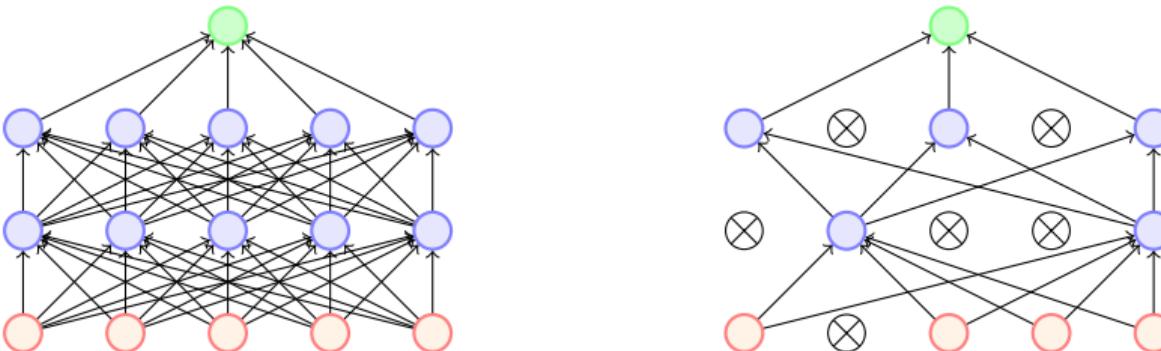


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- Let us see how?

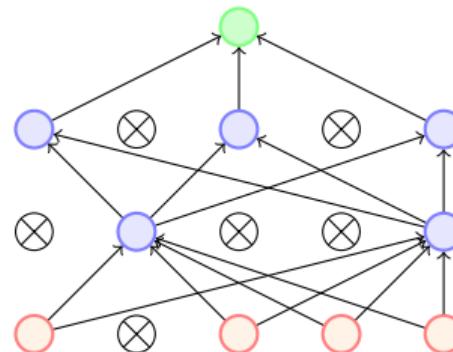
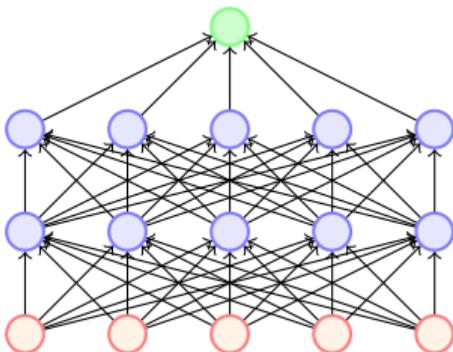




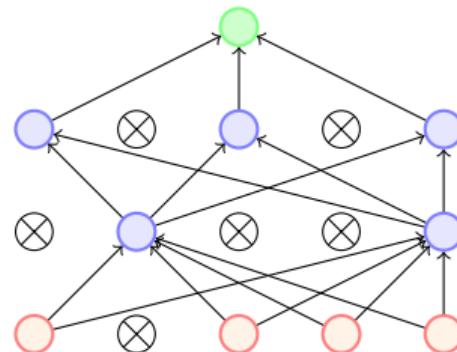
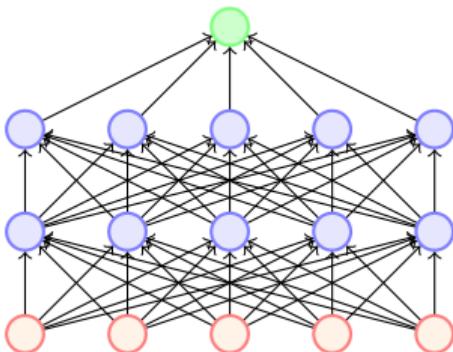
- We initialize all the parameters (weights) of the network and start training



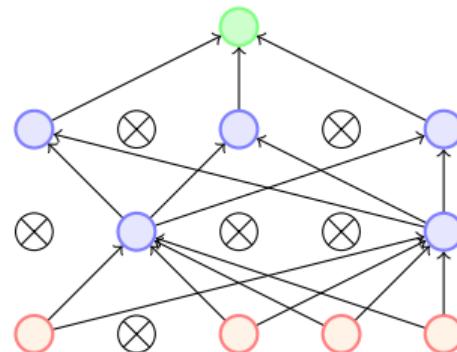
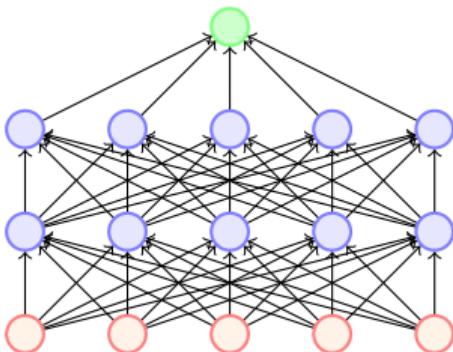
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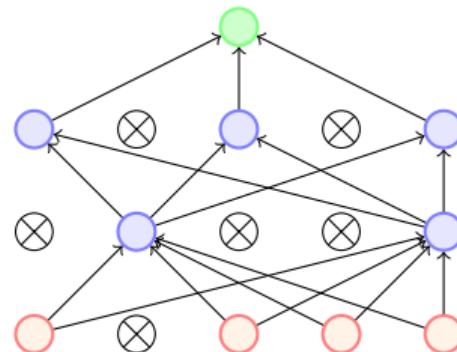
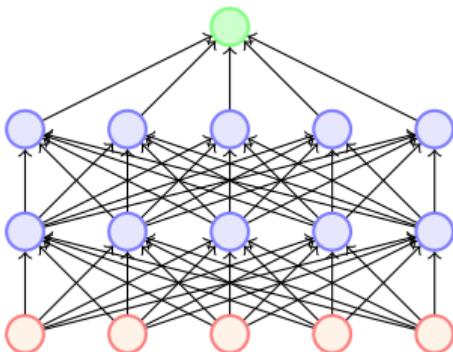
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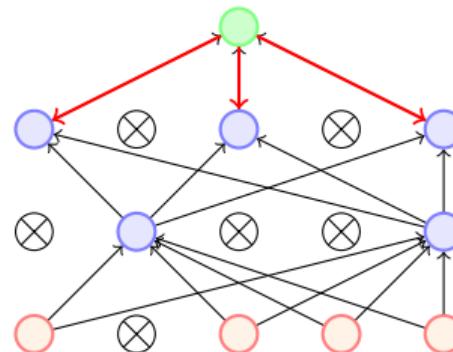
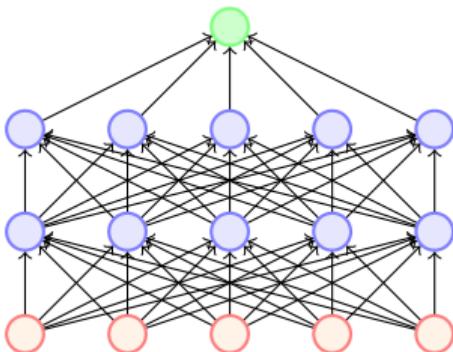
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- Which parameters will we update?



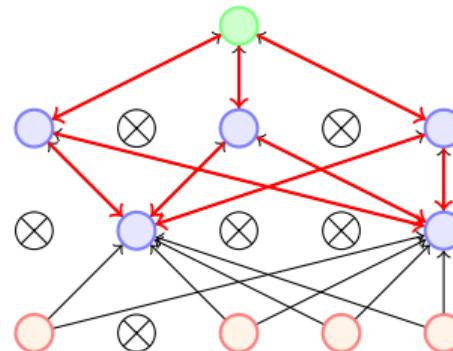
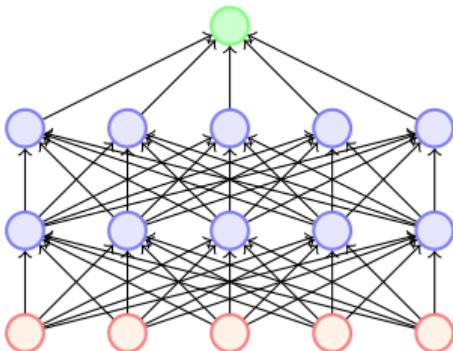
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- Which parameters will we update? Only those which are active



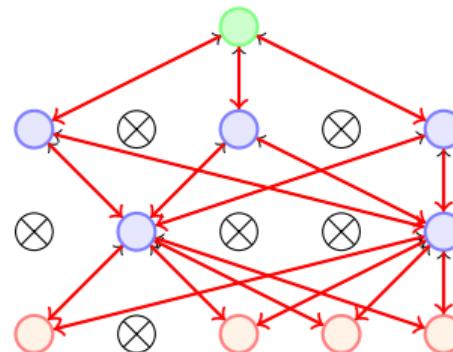
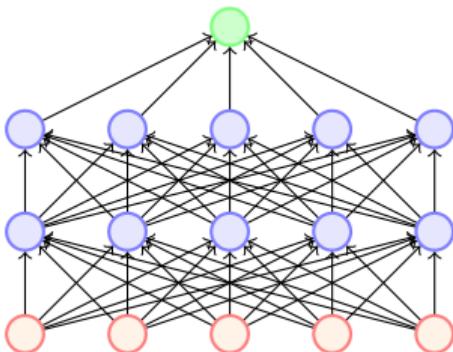
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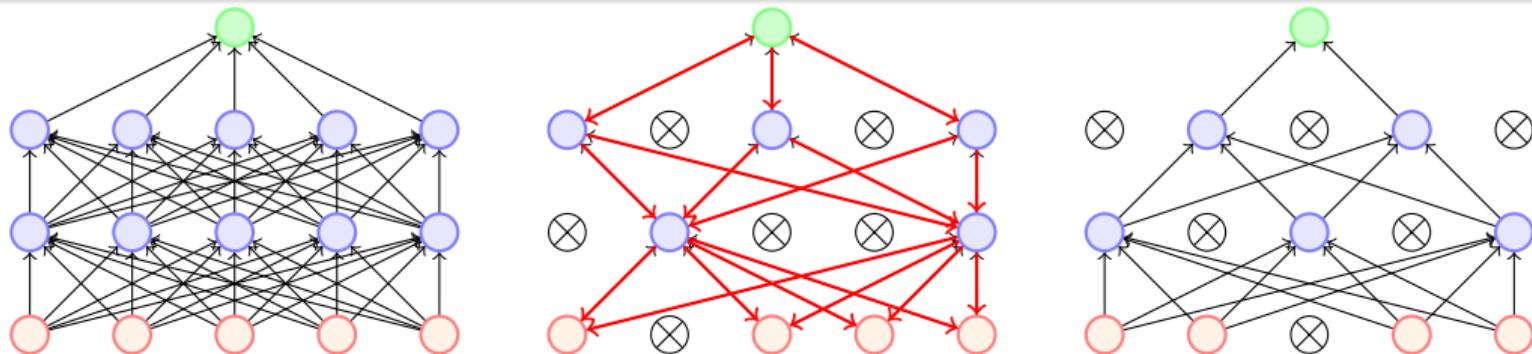
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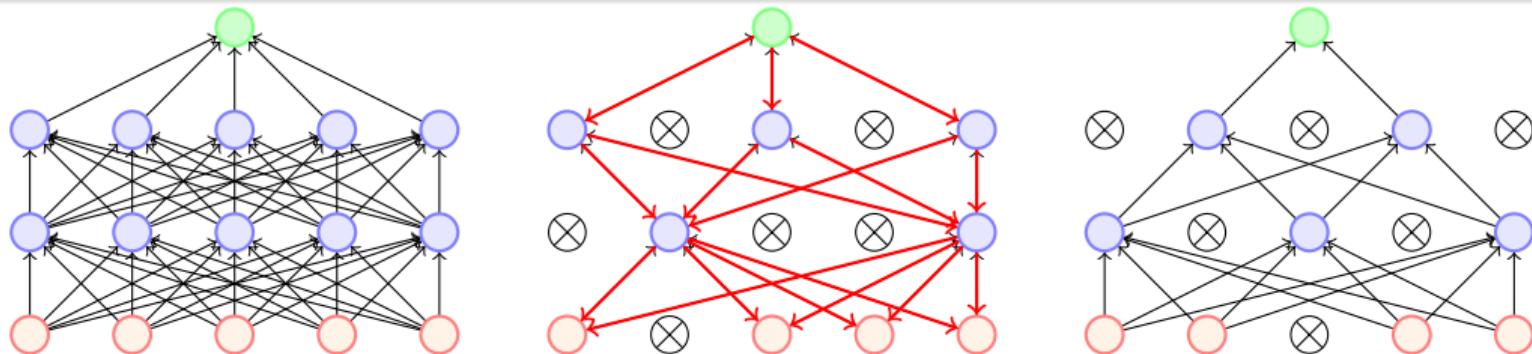
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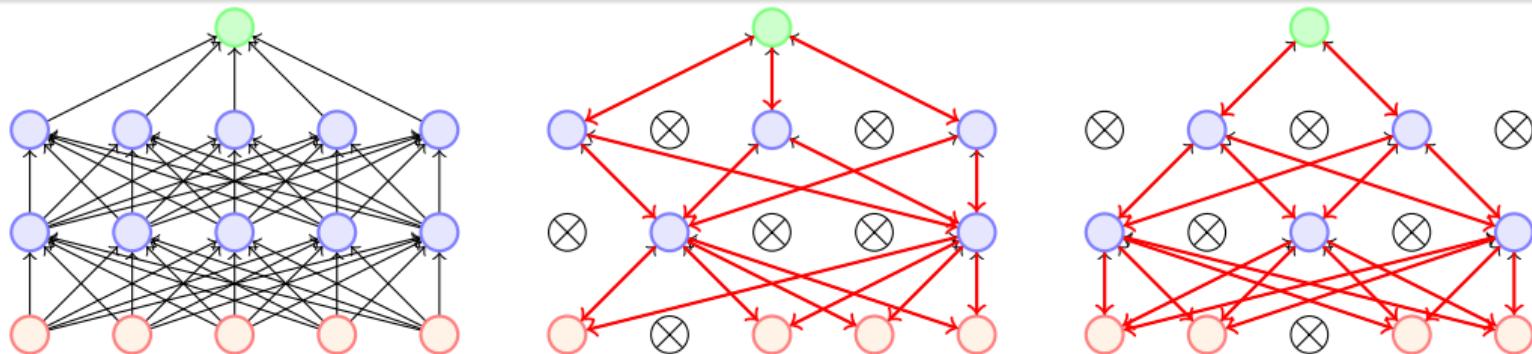
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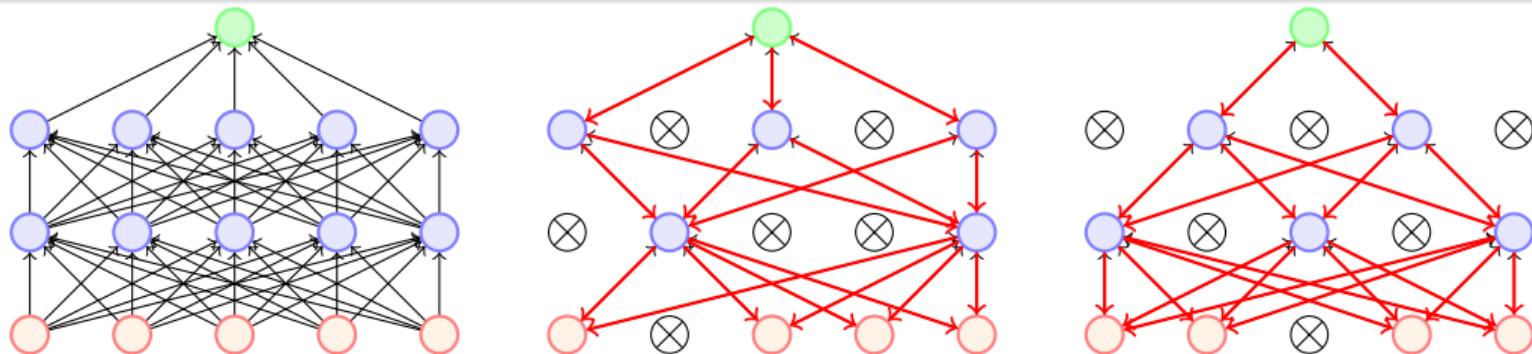
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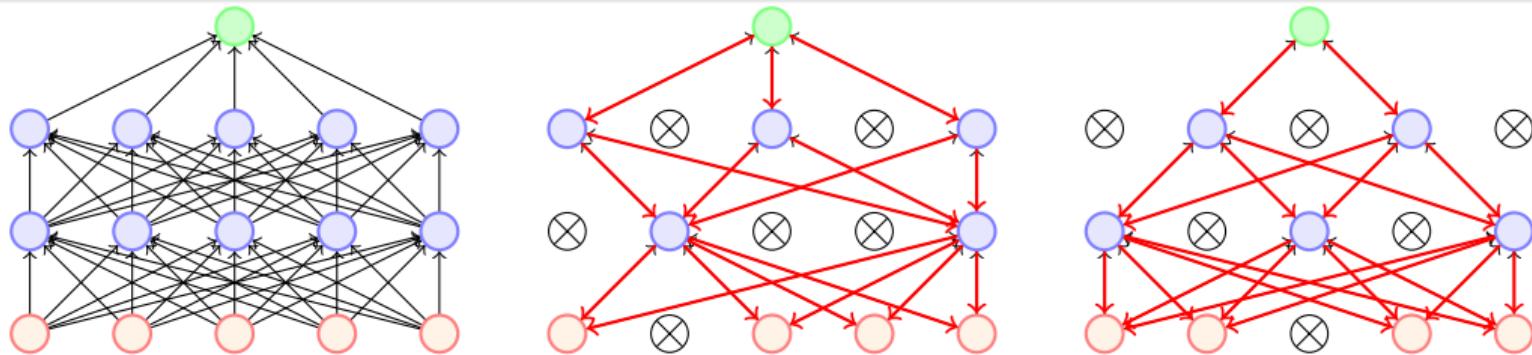
- For the second training instance (or mini-batch), we again apply dropout resulting in a different thinned network
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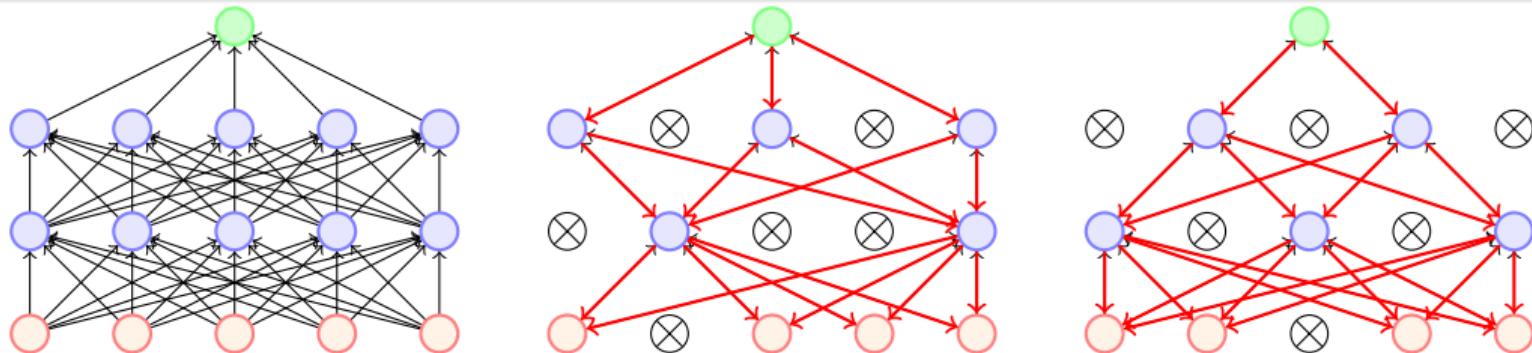
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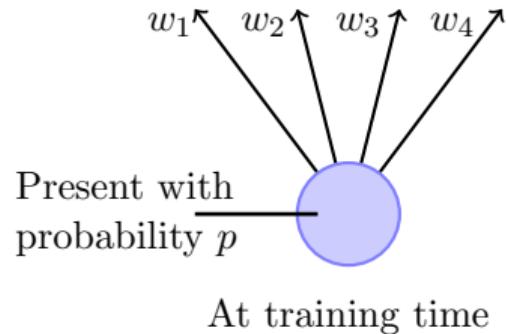
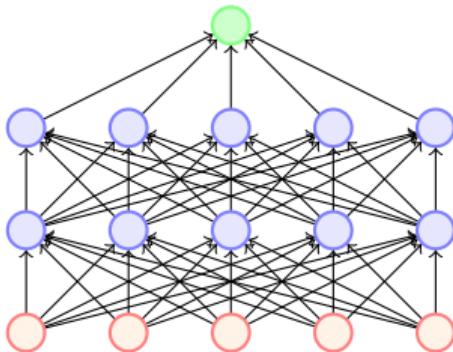
- For the second training instance (or mini-batch), we again apply dropout resulting in a different thinned network
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- If the weight was active for both the training instances then it would have received two updates by now

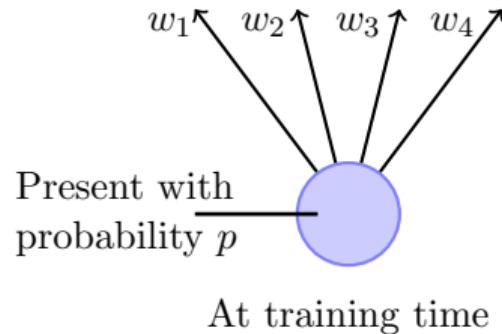
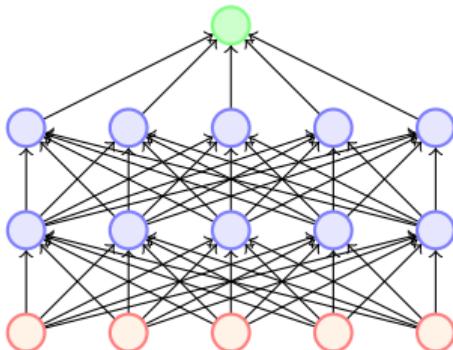


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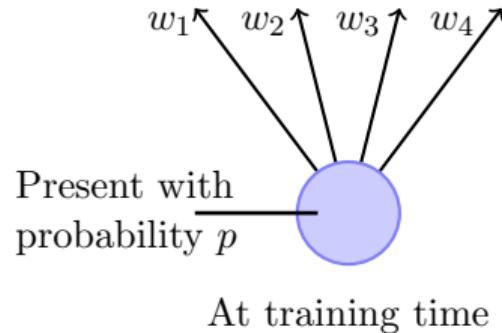
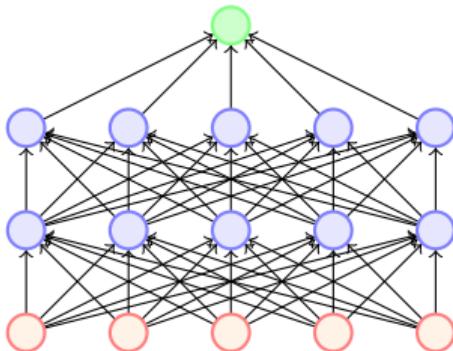


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- If the weight was active for only one of the training instances then it would have received only one update by now
- Each thinned network gets trained rarely (or even never) but the parameter sharing ensures that no model has untrained or poorly trained parameters

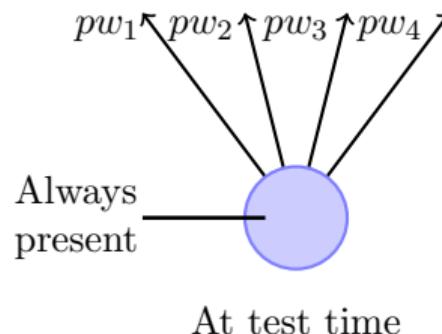
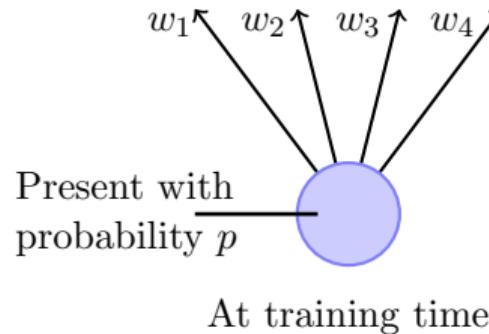
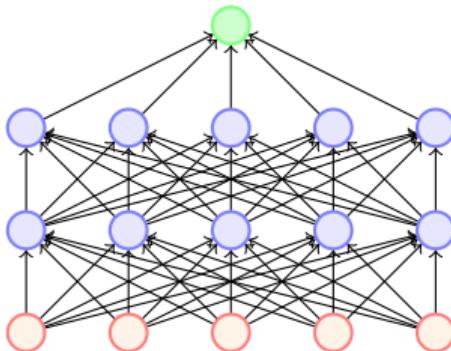




- What happens at test time?

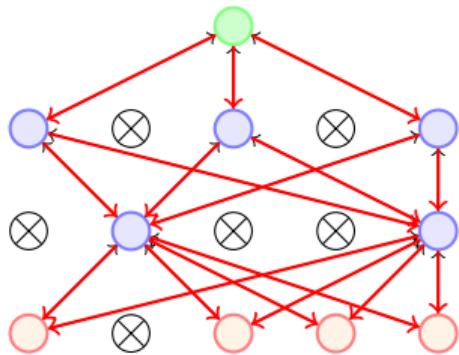


- What happens at test time?
- Impossible to aggregate the outputs of  $2^n$  thinned networks

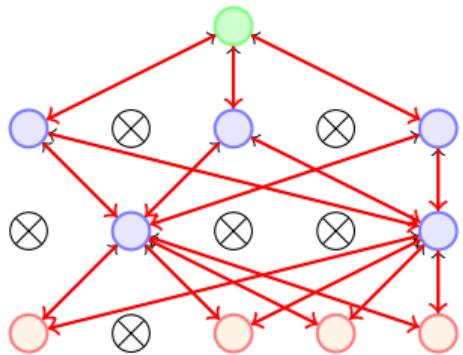


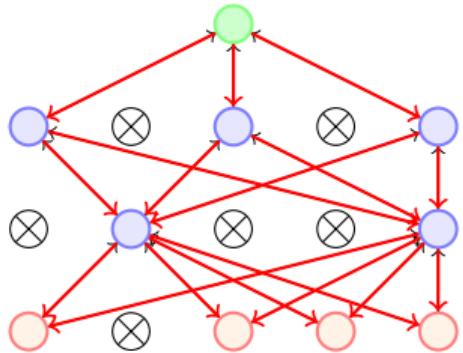
- What happens at test time?
- Impossible to aggregate the outputs of  $2^n$  thinned networks
- Instead we use the full Neural Network and scale the output of each node by the fraction of times it was on during training

- Dropout essentially applies a masking noise to the hidden units

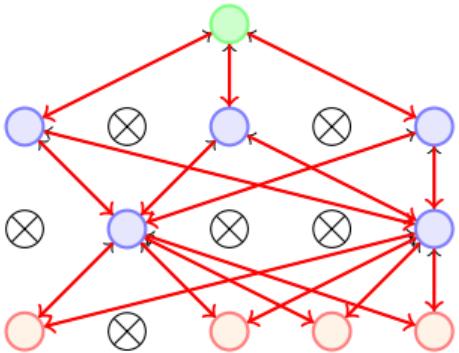


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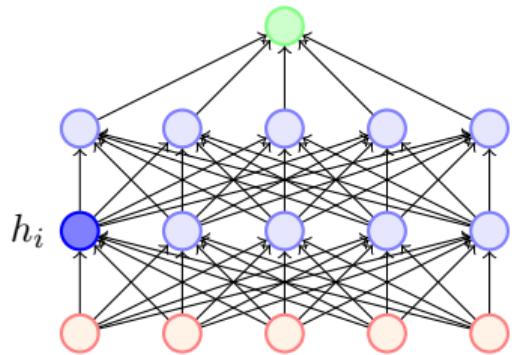




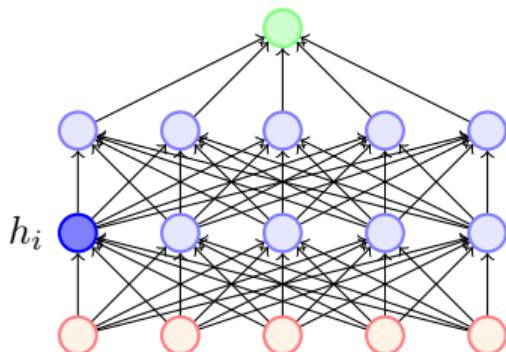
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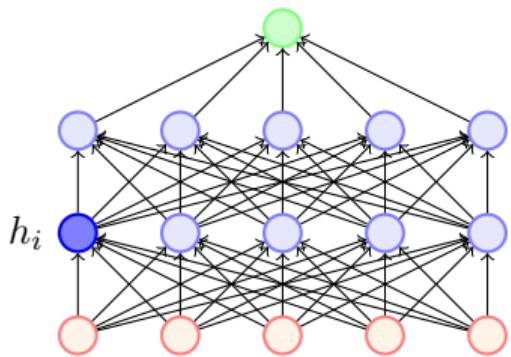
- Dropout essentially applies a masking noise to the hidden units
- Prevents hidden units from co-adapting
- Essentially a hidden unit cannot rely too much on other units as they may get dropped out any time
- Each hidden unit has to learn to be more robust to these random dropouts

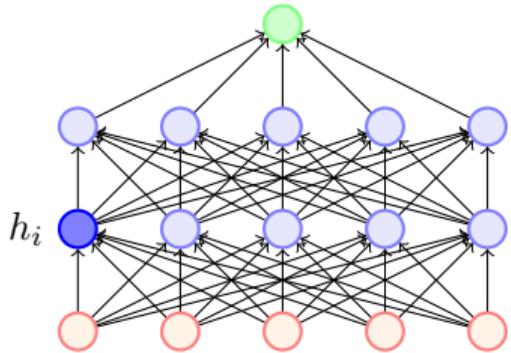


- Here is an example of how dropout helps in ensuring redundancy and robustness

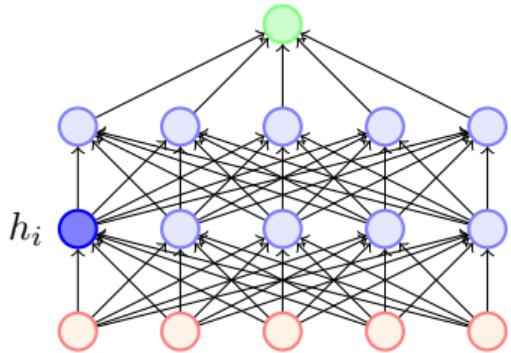


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- Suppose  $h_i$  learns to detect a face by firing on detecting a nose

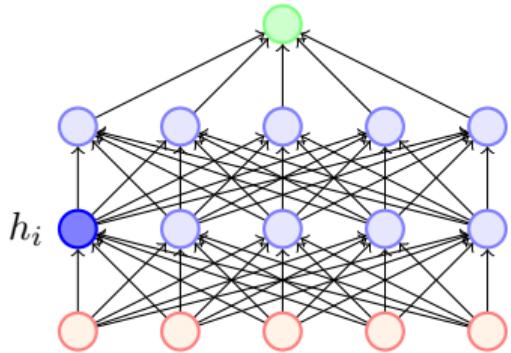




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- Suppose  $h_i$  learns to detect a face by firing on detecting a nose
- Dropping  $h_i$  then corresponds to erasing the information that a nose exists
- The model should then learn another  $h_i$  which redundantly encodes the presence of a nose
- Or the model should learn to detect the face using other features

## Recap

- $l_2$  regularization
- Dataset augmentation
- Parameter Sharing and tying
- Adding Noise to the inputs
- Adding Noise to the outputs
- Early stopping
- Ensemble methods
- Dropout

# Appendix

- To prove: The below two equations are equivalent

$$w_t = (I - \eta Q \Lambda Q^T) w_{t-1} + \eta Q \Lambda Q^T w^*$$

$$w_t = Q[I - (I - \varepsilon \Lambda)^t] Q^T w^*$$

- To prove: The below two equations are equivalent

$$\begin{aligned}w_t &= (I - \eta Q \Lambda Q^T) w_{t-1} + \eta Q \Lambda Q^T w^* \\w_t &= Q[I - (I - \varepsilon \Lambda)^t] Q^T w^*\end{aligned}$$

- Proof by induction:

- To prove: The below two equations are equivalent

$$\begin{aligned}w_t &= (I - \eta Q \Lambda Q^T) w_{t-1} + \eta Q \Lambda Q^T w^* \\w_t &= Q[I - (I - \varepsilon \Lambda)^t] Q^T w^*\end{aligned}$$

- Proof by induction:
- Base case:  $t = 1$  and  $w_0 = 0$ :

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- Base case:  $t = 1$  and  $w_0 = 0$ :
- $w_1$  according to the first equation:

$$\begin{aligned}w_1 &= (I - \eta Q \Lambda Q^T) w_0 + \eta Q \Lambda Q^T w^* \\&= \eta Q \Lambda Q^T w^*\end{aligned}$$

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$$= \eta Q \Lambda Q^T w^*$$

- $w_1$  according to the second equation:

$$w_1 = Q(I - (I - \eta \Lambda)^1) Q^T w^*$$

$$= \eta Q \Lambda Q^T w^*$$

- Induction step: Let the two equations be equivalent for  $t^{th}$  step

$$\begin{aligned}\therefore w_t &= (I - \eta Q \Lambda Q^T) w_{t-1} + \eta Q \Lambda Q^T w^* \\ &= Q[I - (I - \varepsilon \Lambda)^t] Q^T w^*\end{aligned}$$

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- Proof that this will hold for  $(t+1)^{th}$  step

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- Proof that this will hold for  $(t+1)^{th}$  step

$$w_{t+1} = (I - \eta Q \Lambda Q^T) w_t + \eta Q \Lambda Q^T w^*$$

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- Induction step: Let the two equations be equivalent for  $t^{th}$  step

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- Proof that this will hold for  $(t+1)^{th}$  step

$$\begin{aligned}w_{t+1} &= (I - \eta Q \Lambda Q^T) w_t + \eta Q \Lambda Q^T w^* \\ (\text{using } w_t &= Q[I - (I - \varepsilon \Lambda)^t] Q^T w^*) \\ &= (I - \eta Q \Lambda Q^T) Q(I - (I - \eta \Lambda)^t) Q^T w^* + \eta Q \Lambda Q^T w^* \\ (\text{Opening this bracket}) \\ &= \textcolor{red}{IQ}(I - (I - \eta \Lambda)^t) Q^T w^* - \textcolor{red}{\eta Q \Lambda Q^T} Q(I - (I - \eta \Lambda)^t) Q^T w^* + \eta Q \Lambda Q^T w^* \\ &= Q(I - (I - \eta \Lambda)^t) Q^T w^* - \eta Q \Lambda Q^T Q(I - (I - \eta \Lambda)^t) Q^T w^* + \eta Q \Lambda Q^T w^*\end{aligned}$$

- Continuing

$$w_{t+1} = Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda Q^T Q(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^*$$

- Continuing

$$\begin{aligned}w_{t+1} &= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda Q^T Q(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* \\&= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* (\because Q^T Q = I)\end{aligned}$$

- Continuing

$$\begin{aligned}w_{t+1} &= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda Q^T Q(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* \\&= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* (\because Q^T Q = I) \\&= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* \\&= Q[(I - (I - \eta\Lambda)^t) - \eta\Lambda(I - (I - \eta\Lambda)^t) + \eta\Lambda]Q^T w^*\end{aligned}$$

- Continuing

$$\begin{aligned}w_{t+1} &= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda Q^T Q(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* \\&= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* (\because Q^T Q = I) \\&= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* \\&= Q[(I - (I - \eta\Lambda)^t) - \eta\Lambda(I - (I - \eta\Lambda)^t) + \eta\Lambda]Q^T w^* \\&= Q[I - (I - \eta\Lambda)^t + \eta\Lambda(I - \eta\Lambda)^t]Q^T w^*\end{aligned}$$

- Continuing

$$\begin{aligned}w_{t+1} &= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda Q^T Q(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* \\&= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* (\because Q^T Q = I) \\&= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* \\&= Q[(I - (I - \eta\Lambda)^t) - \eta\Lambda(I - (I - \eta\Lambda)^t) + \eta\Lambda]Q^T w^* \\&= Q[I - (I - \eta\Lambda)^t + \eta\Lambda(I - \eta\Lambda)^t]Q^T w^* \\&= Q[I - (I - \eta\Lambda)^t(I - \eta\Lambda)]Q^T w^*\end{aligned}$$

- Continuing

$$\begin{aligned}w_{t+1} &= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda Q^T Q(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* \\&= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* (\because Q^T Q = I) \\&= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* \\&= Q[(I - (I - \eta\Lambda)^t) - \eta\Lambda(I - (I - \eta\Lambda)^t) + \eta\Lambda]Q^T w^* \\&= Q[I - (I - \eta\Lambda)^t + \eta\Lambda(I - \eta\Lambda)^t]Q^T w^* \\&= Q[I - (I - \eta\Lambda)^t(I - \eta\Lambda)]Q^T w^* \\&= Q(I - (I - \eta\Lambda)^{t+1})Q^T w^*\end{aligned}$$

- Continuing

$$\begin{aligned}w_{t+1} &= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda Q^T Q(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* \\&= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* (\because Q^T Q = I) \\&= Q(I - (I - \eta\Lambda)^t)Q^T w^* - \eta Q\Lambda(I - (I - \eta\Lambda)^t)Q^T w^* + \eta Q\Lambda Q^T w^* \\&= Q[(I - (I - \eta\Lambda)^t) - \eta\Lambda(I - (I - \eta\Lambda)^t) + \eta\Lambda]Q^T w^* \\&= Q[I - (I - \eta\Lambda)^t + \eta\Lambda(I - \eta\Lambda)^t]Q^T w^* \\&= Q[I - (I - \eta\Lambda)^t(I - \eta\Lambda)]Q^T w^* \\&= Q(I - (I - \eta\Lambda)^{t+1})Q^T w^*\end{aligned}$$

Hence, proved!