Learn Docker in 1 Week



Day 1: Docker Fundamentals

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Learn Docker in 1 Week Day 1: Docker Fundamentals

What is Docker?

Docker is a platform that allows you to package applications with all their dependencies irto containers. These containers can run consistently on any environment—from your laptop to a production server.



Why Containers?

Containers are livahtwelgt, portable, and fast compare virtual machines.

 Registry: A place to store and distribute Dockér images (e.g. Docker Hub)

Key Concepts:

Image: A snnapshof of your application + environment.

Registry: A runnning instance of an image.

Regtsrg: (Docker Hub)

Hands-On: docker run hello-world

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Day 2: Installing Docker + CLI Tour

- Install Docker
 - Linux: Install via package manager (apt, dhf, etc.)
 - Windows/Mac: Install Docker Desktop.
- Key Commands to Know:

docker version Shows Docker version docker info Shows system-ivde info

Docker Daemon

Docker works as a client-server architecture.

The docker command talks to the Docker daemon, which does the heavy lifting.

> After installing, test with: docker run busybox echo "Docker is ready!"

Day 3: Containers, Images & Lifecycle

Pulling & Running Images:

- docker pull nginx
- docker run -d -p 8080:80 nginx



Managing Containers:

- docker ps # Running containers
- docker stop <id> Stop a container
- docker rm <id> # Remove a container
- docker logs <id> # View logs

Lifecycle:

create → run → pause → stop → remove

Every container has a lifecycle. Managing this well ensures optimized system resources.

Inspect:

docker inspect <container>

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Day 4: Dockerfile, Build, Tag, Push

Dockerfile: Custom Image Blueprint



```
FROM python:3.11
WORKDIR /app
COPY . .
RUN pip install -r requirements.txt
CMD ["python", "app.py"]
```

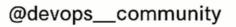
Build Image: docker build -t myapplatest.

Tag and Push to Docker Hub:

docker tag myapp yourusername/myapp docker push yourusername/myapp

Multi-stage builds (Intro)

Use it to reduce final image size and isolate build vs run layers.



Day 5: Volumes, Bind Mounts & Persistence





What is a Volume?

A Docker-managed directory on host for persistent storage.

docker volume create myvoldocker run -v myvol:/data
nginx

Rine

Bind Mounts

Mount a specific host path inside concatainer.

docker run -v \$(pwd):/app myapp

Use Cases

- Keep databases (eg., PostgreSQL) persistent
- · Share logs or configuration between host and

Inspect volumes

docker volume inspect myvol

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Day 6: Docker Networking & Port Mapping

Port Mapping: docker run -p 8080:80 nginx

Maps host port 8080 to container port 80.

Networks: Bridge: Default network

(for standalone containers.)

Host: Uses host's networktack

(Linux-only)

Communicate docker network create mynet

Between docker run --network=mynet

Containers: -name webapp myapp

Now webapp can reach redis using

container name.

DAY 7: DOCKER COMPOSE & FINAL PROJECT



What is Docker Compose?

A YAML-based tool to define and run muiti-container applications.

→ Sample docker-compose.yml:

```
version: "3
services:
    web:
        build:
        myvol
    regi<sup>d</sup>
    redis
/>
```

> Key Commands:

docker-compose up
Stops all servicesdown

version: "3
services:
 buidge ..
 ports: 5000
>
redis

FINAL PROJECT:

A Python Flask App that counts visits using Redis.





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