Number of Steps to Reduce a Number to Zero (View)

Given an integer `num`, return *the number of steps to reduce it to zero*.

In one step, if the current number is even, you have to divide it by `2`, otherwise, you have to subtract `1` from it.

Example 1:

```
Input: num = 14

Output: 6

Explanation:

Step 1) 14 is even; divide by 2 and obtain 7.

Step 2) 7 is odd; subtract 1 and obtain 6.

Step 3) 6 is even; divide by 2 and obtain 3.

Step 4) 3 is odd; subtract 1 and obtain 2.

Step 5) 2 is even; divide by 2 and obtain 1.

Step 6) 1 is odd; subtract 1 and obtain 0.
```

Example 2:

```
Input: num = 8

Output: 4

Explanation:

Step 1) 8 is even; divide by 2 and obtain 4.

Step 2) 4 is even; divide by 2 and obtain 2.

Step 3) 2 is even; divide by 2 and obtain 1.

Step 4) 1 is odd; subtract 1 and obtain 0.
```

Example 3:

```
Input: num = 123

Output: 12
```

Constraints:

- $0 <= num <= 10^6$