COT Report Calculations:

1. Percentage Change Long:

Percentage Change Long = (Long Change / (Current Long + Previous Long)) * 100

2. Percentage Change Short:

Percentage Change Short = (Short Change / (Current Short + Previous Short)) * 100

3. Percentage Change Net:

Percentage Change Net = ((Current Net - Previous Net) / (|Current Net| + |Previous Net|)) * 100

4. Percentage Change Open Interest:

Percentage Change Open Interest = (Open Interest Change / Current Open Interest) * 100

Example:

Current Long = 1000, Previous Long = 900

Current Short = 500, Previous Short = 450

Current Open Interest = 1500, Open Interest Change = 200

Percentage Change Long = round($(100 / 1900) * 100, 1) \approx 5.3\%$

Percentage Change Short = round($(50 / 950) * 100, 1) \approx 5.3\%$

Percentage Change Net = round($(50 / 950) * 100, 1) \approx 5.3\%$

Percentage Change Open Interest = round((200 / 2800) * 100, 1) ≈ 7.1%

Summary:

Sometimes the percentages being equal can seem counter-intuitive.

All changes (percentage long change, percentage short change, and percentage net change) are indeed 5.3%. This results because both long and short values have changed by the same relative amount (100 units for long and 50 units for short) in this particular scenario.