$$(\text{Effect-Npp}) \frac{(\text{Effect-weakening}) \frac{\Phi \mid \Gamma \vdash v : \forall \alpha. A}{\Phi, \alpha \mid \Gamma \vdash v : \forall \alpha. A} \quad \Phi, \alpha \vdash \alpha}{\Phi, \alpha \mid \Gamma \vdash : A \left[\alpha / \alpha\right] A}$$

$$\overline{\Phi \mid \Gamma \vdash \Lambda \alpha. v \; \alpha : \forall \alpha. A (1)}$$