

## ISELP (Individualized Social Emotional Learning Plan)

### Goals and Outcomes:

#### Short-term:

1. Improve conflict resolution skills by developing tools and strategies to communicate effectively when feeling unheard.
2. Enhance academic engagement, especially in reading and coding courses, Carletta's favorite subjects.
3. Implement strategies to manage distractions at school, so as to maintain focus on academic goals.

#### Long-term:

1. Foster the development of clear pathways towards future career goals, with a focus on college preparation.
2. Strengthen social-emotional skills and the capacity to form positive relationships with more teachers and peers at school.
3. Cultivate a sustainable passion for reading and writing.

### Champions SEL Curriculum Enhancement:

#### Social Emotional Learning Plan for October

##### [October]

##### [Week 1]: Focus on Health & Wellness

Activity details: Participate in mindfulness activities that can help manage distractions and stress in school.

##### [Week 2]: Focus on Communication Skills

Activity details: Engage in role-playing exercises that simulate scenarios where conflict resolution and assertive communication skills could be practiced.

##### [Week 3]: Focus on Academic Engagement

Activity details: Engage in study group sessions and one-on-one tutoring for reading and coding class.

##### [Week 4]: Focus on Personal Development

Activity details: Explore interests and career potentials related to reading and coding.

#### Social Emotional Learning Plan for November

##### [November]

##### [Week 1]: Focus on Community Involvement

Activity details: Participate in a community book club or coding group.

[Week 2]: Focus on Relationship Building

Activity details: Attend workshops and activities aimed at enhancing communication and relationship building with teachers and peers.

[Week 3]: Focus on College Preparation

Activity details: Attend a college fair or seminar, research potential colleges for getting degree in the field of interest.

[Week 4]: Focus on Future Goal Planning

Activity details: Develop an individual plan for achieving short and long term goals, and identify strategies for keeping it on track.

Please note that this plan might be adjusted to better suit Carletta's needs or preferences. Regular check-ins and updates will be a fundamental part of this SEL process.