ISELP (Individualized Social Emotional Learning Plan) for Carletta Davis

Goals and Outcomes:

## Short-term:

- 1. Enhancing engagement: Encourage active participation in reading and coding classes as they are her favourite subjects.
- 2. Improving conflict resolution: Address her concerns about feeling unheard and being perceived as a problem.

## Long-term:

- 1. Developing clear pathways towards future careers: Offer guidance and specific steps to turn her goal of going to college into a concrete plan.
- 2. Improving social-emotional skills: Continuous practice to manage distractions at school effectively.

Champion's SEL Curriculum Enhancement:

Social Emotional Learning Plan for October - November

October: Focus - Improving communication & Understanding feelings

Week 1: Introduction to Empathetic Listening techniques and exercises.

Week 2: Role play activity: 'Being in the other's shoes,' focusing on understanding different perspectives in a conflict.

Week 3: Self-reflection exercises - understanding one's emotions and how they affect interactions.

Week 4: Developing Emotional Intelligence - Understanding emotional triggers and managing reactions.

November: Focus - Engagement & Building relationships

Week 1: Start a book club centred on her favourite subjects (reading and coding) to increase her engagement and interaction with peers.

Week 2: Workshop on building effective relationships with teachers/peers - focusing on opening lines of communication and building trust.

Week 3: Simulating group projects to encourage teamwork, communication, and understanding.

Week 4: Reflection week - Discuss progress on communication, understanding perspectives, and feedback session.

The activities will be adjusted based on Carletta's progress, feedback, and comfort level. Always ensure her individual needs are met and she feels heard throughout the process.