



Eastern Cone-Headed Lizard



OVERVIEW



- Scientific Name: *Laemantus longipes*
- Origin: Central America
- Ease of Care: Intermediate
- Potential Adult Size: 20 to 28 inches
- Life Span: Around 15 years
- Behaviour: Nocturnal
- Diet: Insectivore
- Handling: Advanced
- Humidity: 70-90% Daytime, up to 100% Overnight

TOP TIPS

- ✓ Spray the enclosure regularly to provide plenty of water droplets for your lizard to drink
- ✓ Provide a substrate that aids holding humidity
- ✓ Add live plants to help maintain humidity

HOUSING

The HabiStat Glass Terrarium 91.4 x 45.7 x 90cm (HGT9190) is ideal for this species from a juvenile to an adult.

EQUIPMENT NEEDED

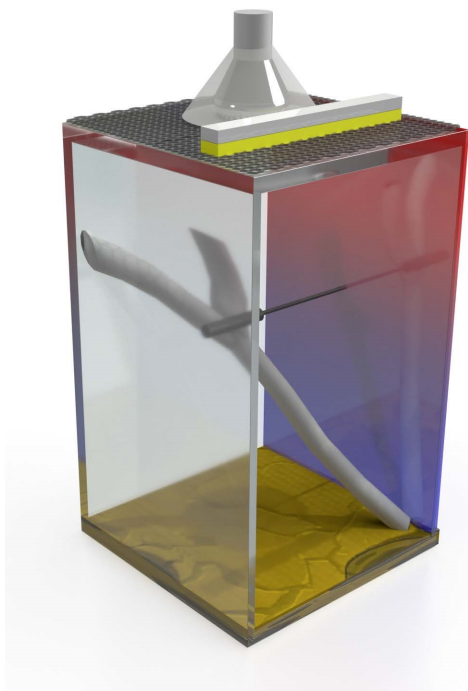


- Housing: Terrarium
- Heating: Heat Bulb
- Lighting: UV Tube (Light Cycle: 12 hours of light)
- Substrate: HabiStat Jungle Bio or Arcadia EarthMix
- Water: Water Dish & Misting

ENVIRONMENT



Arboreal Terrarium Setup



Heating

The Eastern Cone-Headed Lizard (*Laemantus longipes*) are an ectothermic (cold-blooded) animal and take all their heat requirements from external sources.

- Background Temp: 22°C-25°C (72-77°F)
- HOT Spot: 30°C -32°C (86-90°F)
- Night-Time Temp: 15°C-20°C (59-68°F)

The HabiStat 100w heat bulb (HBB100) should be set up using a ceramic bulb holder such as the Arcadia Reflector Clamp Lamp with Ceramic Holder (RARMG160), which can be placed on the mesh roof of the Terrarium.

The 100w heat bulb should be used in conjunction

with a HabiStat Dimming Thermostat (HTDW). Dimming thermostats are designed to regulate temperatures using a thermostat probe (also known as a sensor). Correct placement of the probe is critical to avoid overheating and injury to the animal. Check temperatures regularly, using a reliable dual thermometer and hygrometer to ensure that there are no extreme fluctuations.

Lighting

Place the Arcadia Pro T5 6% (RARTP39F) on the mesh roof of the Terrarium. This will supply realistic UVB levels within the enclosure.

Ensure that it is fitted correctly and within the manufacturers recommended distances.

Substrates and Decoration

Personal choice will dictate how you decorate your enclosure, but we recommend the following as examples:

- HabiStat Jungle Bio (HSJB10), or Arcadia EarthMix (RARE10)
- HabiStat Cork Branch (HDB1), HabiStat Grapevine (HSGV) and HabiStat Tea Tree Branch (HSNTB) will offer shelter and enrichment within the enclosure
- Live or artificial plant decoration will provide darker areas for the animal to use as shelter

DIET & WATER



Ensure the Eastern Cone-Headed Lizard has a varied diet with a mixture of insects.

Insects such as Crickets (HOUSECR), Locust (LCST), and Roaches (LDL8) are some of their favourites.

Always provide a source of fresh water, such as the HabiStat Sandstone Water Dish (HRSSCL) on the floor of the enclosure. Mist the enclosure daily as needed to provide another hydration option.

SUPPLEMENTATION



Eastern Cone-Headed Lizards need additional supplementation in the form of a calcium and multi-vitamin powder such as Arcadia Earth Pro-A (RAREP100) and Arcadia Earth Pro Calcium Mg (RAREPCM80). Follow the on-pack instructions.

ADDITIONAL INFORMATION



- As a diurnal species, the Eastern Cone-Headed Lizard (*Laemantus longipes*) requires a day/night cycle of light and heat in their enclosure.
- Using the HabiStat Humidifier (HDH01) overnight will help to maintain the species humidity requirements.

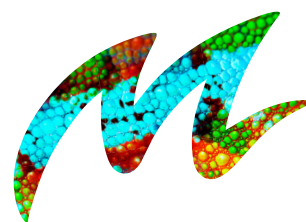
HEALTH & HYGIENE



We recommend the following cleaning routine to keep your Eastern Cone-Headed Lizard healthy and happy:

| | Water | Substrate | Enclosure |
|---------|----------------------------------|--|---|
| Daily | Change old water for fresh water | Spot clean | Check vents on enclosure are not blocked and allow air to pass through freely |
| Weekly | Disinfect water bowl or dish | Agitate substrate to prevent any bacterial build up and to allow any dirty bedding to be removed | Wipe down glass and walls with a reptile safe disinfectant |
| Monthly | | Take out old substrate and replace with new substrate | Wipe down inside the enclosure and disinfect décor with a reptile safe disinfectant |

Always wash your hands, surfaces and equipment with warm water and disinfectant immediately before and after handling your animal, their food, enclosure, and any other equipment.



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