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# PROJECT PROPOSAL

**Alanah:** "Suicide solution was harder than I thought to list down. But suicide risk assessment remains a clinically challenging and intellectually inadequate task.."

**Zhacquo:** "Knowing the rationale that I contribute brings me to a realization that suicide is indeed not a joke; individuals commit suicide because they can't handle their issues in life; it's a means for people to avoid pain and suffering; they attempt suicide to escape their problems."

**Jupeth:** "While writing the acknowledgment i could feel goosebumps just to the thought what if a suicidal person does really read this, it would really be an honor that hopefully, it will help. But also leads to tell them that when we commit suicide we realize that committing suicide is a sin to our selves"

**Daniel:** "Dedicating a prayer for this project is a honor especially about s#cide i just hope that those words can help them in the name of God"

In order to prevent suicides, everyone has a responsibility to play.

- Attempt to encourage healing and adopt community solutions to help prevent more suicides.
- Increase public awareness of depression and the hazards of suicide.
- Improve mental health among adolescents and young adults.

## INTRODUCTION

Divorce is just acknowledged in today's modern culture if it is legal and sanctioned by the law. Divorce is just like a typhoon for every child on a rainy day, destroying the beauty of a rainbow created by mum and dad's cooperation. It signifies that the parents will no longer be one and will be separated. In other opinion, we can convey that divorce became a culture that evolves in from the time to time in the society. Another complicating element is that partners frequently dispute on what precipitated their breakup, which is unsurprising. (1) A lack of dedication. Lack of commitment might appear nebulous and difficult to show (or refute), especially to the individual who is being accused. (2) Infidelity Relationships. This large range may reflect the fact that at least some divorced persons regard an affair as the final straw following a series of other marital issues. (3) Abuse in the home. This could be due to the fact that women are far more likely than men to experience intimate partner violence, and victims of abuse are far more likely than perpetrators to blame the behavior for their divorce. (4) Issues with communication. When you and your partner are constantly disagreeing, it's easy to spot. Keep an eye out for recurring disputes about the same item or conflicts that never truly get addressed, even if the confrontations were not that often or unpleasant. And in sense of religious matter. The first hearing on bills to legalize divorce in a primarily Catholic country was attended by a number of Catholic Church representatives, with the Philippines and the Vatican being the only states without a divorce law. According to the Catholic Bishops' Conference of the Philippines (CBCP), no legislation, such as an absolute divorce law, may be implemented to undo what God has joined in holy matrimony. It stated that marriage should be free of government intrusion. "In terms of objective moral law, it is an unjust law that cannot bind anyone in conscience," CBCP Family and Life Office's Fenny Tatad remarked. "Marriage, an inviolable social institution, is the foundation of the family," says Section 2 of Article 15 of the Constitution.

JUPETH



The gamer

DANIEL



The school boy

ALANAH



The off-cam leader

ZHACQUIO



The Basketball player



# RATIONALE

Suicide is typically regarded as an unfavorable conclusion. Although suicidal behavior cannot be consistently anticipated, several groups and organizations have developed standards of care for treating individuals who are suicidal. The notes' mood was divided into three categories: melancholy and hopelessness, neutral affect, and aggression. Age, sex, marital status, and suicidal method all had an impact. The findings are presented with examples from every classification and mentioned in terms of how it contributes to knowing the causes of death, recognizing the suicide's purpose, supporting the relatives in dealing with the suicide, and bringing attention to all those aspects for which intervention could have prevented the suicide. Friends and relatives who have been affected by a suicide loss are frequently kept in the dark. Guilt and prejudice keep them from speaking honestly far too frequently. Suicidal thoughts, like mental illnesses, can strike anyone at any age, regardless of gender or culture. Suicide is a tough topic to talk about, yet it is crucial because preventative measures need to be improved. Major depression, significant traumatic stress, family history of suicide, and being closely acquainted with those who have died by suicide are all major risks factors for suicidal behavior.

## SOLUTION

The following are some suggestions for preventing suicide.



(1) Be there with them. Talking with a caring friend and unburdening yourself from your problems might go a long way toward reducing the enormous pressure that can lead to a suicide attempt. It takes no special abilities to be a great listener. Remain patient and understanding, however, don't get into a fight or try to solve problems in a basic way.



(2) Keep in mind that secrets have the potential to kill. If the person requests you not to tell anyone, keep in mind that you will have to break your pledge to aid them. Fulfilling a promise which leads to our friend or loved one killing their own life is superior to making a promise which goes to them taking their own life.



(3) Never invalidate their emotions. Even though we may believe their difficulties aren't severe enough to warrant suicide thoughts or actions, what matters is how serious they believe they are. If it is important to them, suicide may appear to be a viable alternative in their minds.



(4) Advise them to get assistance. Even while some suicides appear to occur out of nowhere, the person was most likely depressed for a long time before committing himself. Encourage them to make an appointment with a mental health expert, even if it takes some time and persistence. After they've scheduled an appointment, stay in touch with them to urge them to keep their appointments and treatment programs.



# PRAAYER AND ACKNOWLEDGEMENTS

We entreat you, Lord Jesus Christ, to assist everyone who is suicidal.

Assist them in receiving the assistance they require.

They must be safeguarded. stop them from committing suicide.

We require them.

They're fantastic.

Lord Jesus, let them sense our love and your love.

We beseech you, Lord, to console the suicide victims.

Assure them that they are unique individuals.

Remind them of their hero status. Instill wonderful thoughts of their suicide angels in their heads.

Lord, provide them with whatever they require.

Assist them in their suffering.

Give them a reason to believe.

Give them some solace.

Provide them with direction.

Assist them in their recovery.

And assist them in whatever way you can. Lord Jesus, let them sense our love and your love.

Then let those suicide angels do their work.

And when they're tired, may their suicide angels hoist them on their wings.

We weep for the suicide angels, Lord.

They are now in Paradise with you, Lord.

Those angels are among Heaven's most powerful angels.

We honor those of you who have contemplated suicide or tried suicide.

We admire your strength and determination to bear and go forward in the face of such adversity. Many of you who are caring for loved ones who are suicidal are recognized. We recognize your fear and powerlessness, as well as your never-ending efforts to encourage them to live. We recognize the immense sorrow, the life that had been lived, and the complicated and often perplexing feelings that accompanied the ever-present ache but for those you who have lost a loved one to suicide. May your loss serve as a foundation for heritage and a quest to find healing and new meaning of life. We honor all of our loved ones who have died by suicide, as well as those in our community. We honor all of the lives lost to suicide in our community, as well as those who are dealing with life today.

