Table 1 shows how to add a table caption and reference a table.

| Col1 | Col2 | Col3 | Col4 |
|------|------|-------|------|
| 1 | 6 | 87837 | 787 |
| 2 | 7 | 78 | 5415 |
| 3 | 545 | 778 | 7507 |
| 4 | 545 | 18744 | 7560 |
| 5 | 88 | 788 | 6344 |
| | | | |

Table 1: Table to test captions and labels.